# May 2024

## Adult Day Center Activity Calendar

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
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</thead>
</table>
| **“The month of May is the gateway to summer.”**
~Jean Hersey | 9:00 - Hot Bean Juice  
10:00 - Walking Club  
10:30 - Extra! Extra!  
11:15 - Lunch  
12:30 - iSpy  
1:00 - BINGO  
2:00 - Let's Get Crafty  
3:00 - Penny Ante | 9:00 - Morning Music  
10:00 - Mindful Meditation  
10:30 - Today's News  
11:15 - Lunch  
12:30 - Math Mania  
1:00 - Guess the Singer iN2L  
2:00 - BINGO  
3:00 - Hang Man | 9:00 - Rise and Grind  
10:00 - You pick the Stretch  
10:30 - Dear Abby  
11:15 - Lunch  
12:30 - Walking Club  
1:00 - Movie Marathon  
2:00 - National Have a Coke Day  
3:00 - iN2L Games | 9:00 - Cup of Jo  
10:00 - Walking Club  
10:30 - CNN 10  
11:15 - Lunch  
12:30 - Hidden Objects  
1:00 - Name That Tune  
2:00 - Crafty Critters  
3:00 - Would You Rather | 9:00 - Tea Talk  
10:00 - Walking Club  
10:30 - Daily Chronicles  
11:15 - Lunch  
12:30 - Hidden Objects  
1:00 - Name That Tune  
2:00 - Crafty Critters  
3:00 - Would You Rather | **Bird Day!!** |
| **Happy Mother's Day!!**  
*Mother's Day*  
National Skilled Nursing Care Week | 9:00 - Hot Bean Juice  
10:00 - Walking Club  
10:30 - Talk of the Town  
11:15 - Lunch  
12:30 - Math Mania  
1:00 - BINGO  
2:00 - Crafty Critters  
3:00 - Would You Rather | 9:00 - Morning Music  
10:15 - BINGO  
10:30 - Dance Party  
11:15 - Lunch  
12:30 - Hidden Objects  
1:00 - Look What I Made  
2:00 - Bowling  
3:00 - Outdoor Relaxation | 9:00 - Cup of Jo  
10:00 - Walking Club  
10:30 - Extral Extral!!  
11:15 - Lunch  
12:30 - iSpy  
1:00 - Name That Tune  
2:00 - BINGO  
3:00 - Penny Ante | **National Armed Forces Day!!**  
Thank you to all those who have served!  
*Armaged Forces Day* |
| **In May, let your spirit be renewed and your soul be refreshed.”**
~Anonymous | 9:00 - Coffee & Conversation  
10:00 - Mindful Meditation  
10:30 - Current Events  
11:15 - Lunch  
12:30 - Walking Club  
1:00 - News / Exercise  
2:00 - Look What I Made  
3:00 - Penny Ante | 9:00 - Hot Bean Juice  
10:15 - BINGO  
10:30 - Horoscopes  
11:15 - Lunch  
12:30 - Hidden Objects  
1:00 - Name that Artist  
2:00 - Outdoor Karaoke  
3:00 - Would You Rather | 9:00 - Morning Music  
10:00 - Walking Club  
10:30 - Today's News  
11:15 - Lunch  
12:30 - Walking Club  
1:00 - Name That Tune  
2:00 - Crafty Critters  
3:00 - Hang Man | **“The world’s favorite season is the spring. All things seem possible in May.”**
~Edwin Way Teale |
| **National Blueberry Cheesecake Day!!**  
Thank you to all those who have served!  
*Victoria Day (Canada)* | 9:00 - Coffee & Conversation  
10:00 - Walking Club  
10:30 - Extra! Extra!  
11:15 - Lunch  
12:30 - Word Scramble  
1:00 - Plant a Plant  
2:00 - BINGO  
3:00 - Free Painting Time | 9:00 - Tea Talk  
10:15 - BINGO  
10:30 - Dear Abby  
11:15 - Lunch  
12:30 - iSpy  
1:00 - Tour of New Haven  
2:00 - ABCit  
3:00 - Name 10 | 9:00 - Morning Music  
10:00 - Mindful Meditation  
10:30 - Current Events  
11:15 - Lunch  
12:30 - Math Mania  
1:00 - Building Shrooms  
2:00 - BINGO  
3:00 - Hang Man | **Independent Activities Include:**  
Coloring, Word Searches, Crafts, Outdoor Time and More!! |
| **Closed for Memorial Day!!**  
Thank you to all those who have served!  
*Memorial Day* | 9:00 - Coffee & Conversation  
10:00 - Walking Club  
10:30 - Extra! Extra!  
11:15 - Lunch  
12:30 - Walking Club  
1:00 - News / Exercise  
2:00 - Look What I Made  
3:00 - Penny Ante | 9:00 - Tea Talk  
10:15 - BINGO  
10:30 - You pick the Stretch  
11:15 - Lunch  
12:30 - iSpy  
1:00 - Tour of New Haven  
2:00 - ABCit  
3:00 - Name 10 | 9:00 - Morning Music  
10:00 - Mindful Meditation  
10:30 - Current Events  
11:15 - Lunch  
12:30 - Math Mania  
1:00 - Building Shrooms  
2:00 - BINGO  
3:00 - Hang Man | **All Activities are Subject to Change** |

Mary Wade Adult Day Center 118 Clinton Ave, New Haven, CT 06513