

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Independent Activities Include: Coloring, Word Searches, Dominos, Cards, Games and More !!		1 9:00 - Java Jams 10:00 - Mindful Meditation 10:30 - Current Events 11:15 - Lunch 12:30 - iSpy w/ My Eye 1:00 - BINGO 2:00 - Waffle Week 3:00 - iN2L Games	2 9:00 - Iced Bean Juice 10:15 - BINGO 11:15 - Lunch 12:30 - Walking Club 1:00 - News / Exercise 2:00 - Let's Get Crafty 3:00 - Discard	3 9:00 - Sit n' Sip 10:00 - Chair Yoga 10:30 - CNN 10 11:15 - Lunch 12:30 - Word Scramble 1:00 - Bowling Day !! 2:00 - Look What I Made 3:00 - I Love Lucy	4 9:00 - Rise and Grind 10:00 - Daily Chronicle 10:30 - Walking Club 11:15 - Lunch 12:30 - Hidden Objects 1:00 - BINGO 2:00 - Natl. Wildlife Day 3:00 - Outdoors & Music	5 "September tries its best top have is forget summer." ~Bernard Williams
6 "I love September, especially when we're in it." ~Willie Stargell	7 Closed !! Enjoy the Long Weekend !! Labor Day	8 9:00 - Coffee & Convos 10:15 - BINGO 11:15 - Lunch 12:30 - 160 th B-day BBQ 1:00 - News / Exercise 2:00 - Natl. Ants on a Log 3:00 - Outdoors & Music	9 9:00 - Java Jams 10:00 - Zumba 10:30 - Dear Abby 11:15 - Lunch 12:30 - Math Mania 1:00 - Music w/ Jim S. 2:00 - Crafty Critters 3:00 - Would You Rather	10 9:00 - Iced Bean Juice 10:00 - Today's News 10:30 - Walking Club 11:15 - Lunch 12:30 - Count / Find 1:00 - Thursday Trivia 2:00 - UNO 3:00 - Hang Man	11 9:00 - Sit n' Sip 10:15 - BINGO 11:15 - Lunch 12:30 - Walking Club 1:00-Natl Day of Service and Remembrance 2:00 - News / Exercise 3:00 - iN2L Games Rosh Hashanah Begins	12 National Chocolate Milkshake Day !!
13 National Grandparents Day !! Grandparents Day	14 9:00 - Rise and Grind 10:00 - Extra! Extra! 10:30 - Zumba 11:15 - Lunch 12:30 - Walking Club 1:00 - BINGO 2:00 - Karaoke 3:00 - I Love Lucy	15 9:00 - Tea Talk 10:00 - Walking Club 10:30 - Daily Chronicle 11:15 - Lunch 12:30 - Word Scramble 1:00 - Tuesday Trivia 2:00 - Bowling 3:00 - Penny Ante	16 9:00 - Coffee & Convos 10:15 - BINGO 11:15 - Lunch 12:30 - Hidden Objects 1:00 - News / Exercise 2:00 - Natl. Guacamole 3:00 - Name 10	17 9:00 - Java Jams 10:00 - Morning Stretch 10:30 - Current Events 11:15 - Lunch 12:30 - iSpy w/ My Eye 1:00 - BINGO 2:00 - Let's Get Crafty 3:00 - Discard	18 9:00 - Fill Up Friday 10:30 - Music w/ John P. 11:15 - Lunch 12:30 - Math Mania 1:00 - News / Exercise 2:00 -Cheeseburger Day 3:00 - Hang Man	19 Happy Oktoberfest !! Oktoberfest Begins
20 Mary Wade Family Fun Day !! Yom Kippur Begins	21 9:00 - Sit n' Sip 10:00 - Chair Yoga 10:30 - Today's News 11:15 - Lunch 12:30 - iSpy w/ My Eye 1:00 - Movie Monday 2:30 - GO FISH 3:00 - iN2L Games	22 9:00 - Rise and Grind 10:15 - BINGO 11:15 - Lunch 12:30 - Count / Find 1:00 - News / Exercise 2:00 - Ice Cream Cone 3:00 - First Day of Fall Autumn Begins	23 9:00 - Tea Talk 10:00 - Mindful Meditation 10:30 - Talk of the Town 11:15 - Lunch 12:30 - Walking Club 1:00 - BINGO 2:00 - Charades 3:00 - Higher or Lower	24 9:00 - Coffee & Convos 10:00 - Daily Chronicle 10:30 - Zumba 11:15 - Lunch 12:30 - Math Mania 1:00 - Music w/ Tony V. 2:00 - Crafty Critters 3:00 - Penny Ante	25 9:00 - Java Jams 10:15 - BINGO 11:15 - Lunch 12:30 - Walking Club 1:00 - News / Exercise 2:00 - Look What I Made 3:00 - Would You Rather Sukkot Begins	26 "Wake me up when September ends!" ~Green Day
27 Walk To End Alzheimer's !!	28 9:00 - Monday Mud 10:00 - Current Events 10:30 - Morning Stretch 11:15 - Lunch 12:30 - Walking Club 1:00 - BINGO 2:00 - Let's Get Crafty 3:00 - Discard	29 9:00 - Sit n' Sip 10:00 - Walking Club 10:30 - Horoscopes 11:15 - Lunch 12:30 - Hidden Objects 1:00 - Look What I Made 2:00 - Charades 3:00 - Name 10	30 9:00 - Rise and Grind 10:15 - BINGO 11:15 - Lunch 12:30 - Word Scramble 1:00 - News / Exercise 2:00 - Fall Scavenger Hunt 3:00 - I Love Lucy	 September 2026 Adult Day Center Activity Calendar		