

# YARN

## CHEAT SHEET

### LACE

Lace, Fingering

US: 0/1, UK: 14/13, 2.00/2.25mm

### FINE

Fine, Sport, Baby

US: 4/5, UK: 9, 3.50/3.75mm

### MEDIUM

Medium, Worsted, Afghan,  
Aran/Heavy Worsted

US: 8/9, UK: 6/5, 5.00/5.50mm

### SUPER BULKY

Super Bulky, Roving

US: 13/15/17, UK: 00/000  
9.00/10.00mm

### SUPERFINE

Super Fine, Fingering, Sock, Baby

US: 2/3, UK: 12/11, 2.50/2.75mm

### LIGHT

Light, DK, Light Worsted

US: 6/7, UK: 8/7, 4.00/4.5mm

### BULKY

Bulky, Chunky

US: 10/10.5/10.75/11

UK: 4/3/2/1/0

6.00/6.5/7.00/7.5/8mm

### JUMBO

Jumbo, Roving

US: 13/15/17

12.00/15.00/20.00/50.00mm

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# KNITTING

## ABBREVIATIONS

<b>BO</b>	bind off	<b>rep</b>	repeat
<b>BOR</b>	beginning of round	<b>Rev St st</b>	reverse stockinette
<b>CN</b>	cable needle		stitch
<b>CC</b>	contrast color	<b>RH</b>	right hand
<b>CDD</b>	centered double dec	<b>rnd(s)</b>	round(s)
<b>CO</b>	cast on	<b>RS</b>	right side
<b>cont</b>	continue	<b>Sk</b>	skip
<b>dec</b>	decrease(es)	<b>SK2P</b>	sl, k2tog, pass
<b>DPN(s)</b>	double pointed needle(s)		slipped stitch over k2tog: 2 sts
<b>inc</b>	increase	<b>SKP</b>	sl, k, pssso: 1 st
<b>K</b>	knit	<b>SI</b>	slip
<b>K2tog</b>	knit 2 sts together	<b>SM</b>	slip marker
<b>KFB</b>	knit into front and back of	<b>SSK</b>	sl, sl, k these 2 sts
	stitch		tog
<b>K-wise</b>	knitwise	<b>SSP</b>	sl, sl, p these 2 sts
<b>LH</b>	left hand		tog tbl
<b>M</b>	marker	<b>SSSK</b>	sl, sl, sl, k these 3 sts
<b>M1</b>	make one stitch		tog
<b>M1L</b>	make one left-leaning stitch	<b>St st</b>	stockinette stitch
<b>M1R</b>	make one right-leaning	<b>st(s)</b>	stitch(es)
	stitch	<b>TBL</b>	through back loop
<b>MC</b>	main color	<b>TFL</b>	through front loop
<b>P</b>	purl	<b>tog</b>	together
<b>P2tog</b>	purl 2 sts together	<b>W&amp;T</b>	wrap & turn
<b>PM</b>	place marker	<b>WE</b>	work even
<b>PFB</b>	purl into front and back	<b>WS</b>	wrong side
	of stitch	<b>WYIB</b>	with yarn in back
<b>PSSO</b>	pass slipped stitch over	<b>WYIF</b>	with yarn in front
<b>PU</b>	pick up	<b>YO</b>	yarn over
<b>P-wise</b>	purlwise		

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# GLOSSARY

## COMMON STITCHES & TECHNIQUES

**Slipped Stitches (SI):** Always slip stitches purl-wise with yarn held to the wrong side of work, unless noted otherwise in the pattern.

### Make 1 Left-Leaning Stitch (M1L):

Inserting LH needle from front to back, PU the horizontal strand between the st just worked and the next st, and K TBL.

### Make 1 Right-Leaning Stitch (M1R):

Inserting LH needle from back to front, PU the horizontal strand between the st just worked and the next st, and K TFL.

**Slip, Slip, Knit (SSK):** (Slit K-wise) twice; insert LH needle into front of these 2 sts and knit them together.

**Centered Double Decrease (CDD):** Slip first and second sts together as if to work K2tog; K1; pass 2 slipped sts over the knit st.

**Stockinette Stitch** (St st, flat over any number of sts). Row 1 (RS): Knit all sts. Row 2 (WS): Purl all sts. Rep Rows 1-2 for pattern. *St st in the round: Knit every rnd.*

**Garner Stitch** (in the round over any number of sts). Rnd 1: Purl all sts. Rnd 2: Knit all sts. Rep Rnds 1-2 for pattern. *Garner Stitch flat: Knit every row. (One Garner ridge is comprised of two rows/rnds.)*

**1x1 Rib** (flat or in the round, over an even number of sts). Row/Rnd 1: (K1, P1) to end of row/rnd. Rep Row/Rnd 1 for pattern.

**2x2 Rib** (flat over a multiple of 4 sts plus 2). Row 1 (RS): K2, (P2, K2) to end of row. Row 2 (WS): P2, (K2, P2) to end of row. Rep Rows 1-2 for pattern.

**2x2 Rib** (in the round over a multiple of 4 sts). Rnd 1: (K2, P2) to end of rnd. Rep Rnd 1 for pattern.

**Magic Loop Technique:** A technique using one long circular needle to knit in the round around a small circumference.

### Knitting in the Round with Two Circular

**Needles:** A technique using two long circulars to knit around a small circumference.

**Backward Loop Cast On:** A simple, all-purpose cast on that can be worked mid-row. Also called Loop, Single, or E-Wrap Cast On.

**Long Tail Cast On:** Fast and neat once you get the hang of it. Also referred to as the Slingshot Cast On.

**Cabled Cast On:** A strong and nice looking basic cast on that can be worked mid-project.

**3-Needle Bind Off:** Used to easily seam two rows of live stitches together.

**Felting Join** (to splice yarn): One method for joining a new length of yarn to the end of one that is already being used.

**Mattress Stitch:** A neat, invisible seaming method that uses the bars between the first and second stitches on the edges.

**Provisional Cast On** (crochet method): : Using a crochet hook, make a slipknot, then hold knitting needle in left hand, hook in right. With yarn in back of needle, work a chain st by pulling yarn over needle and through chain st. Move yarn back to behind needle, and rep for the number of sts required. Chain a few more sts off the needle, then break yarn and pull end through last chain. (CO sts may be incorrectly mounted; if so, work into backs of these sts.) To unravel later (when sts need to be picked up), pull chain end out; chain should unravel, leaving live sts.

**Provisional Cast On** (crochet chain method): With a crochet hook, use scrap yarn to make a slipknot and chain the number of sts to be cast on, plus a few extra sts. Insert tip of

knitting needle into first bump of crochet chain. Wrap project yarn around needle as if to knit, and pull yarn through crochet chain, forming first st. Rep this process until you have cast on the correct number of sts. To unravel later (when sts need to be picked up), pull chain out, leaving live sts.

**Judy's Magic Cast On:** This method creates stitches coming out in opposite directions from a seamless center line, perfect for starting toe-up socks. Directions: Make a slipknot and place loop around one of the two needles; anchor loop counts as first st. Hold needles tog, with needle that yarn is attached to on top. In other hand, hold yarn so tail goes over index finger and yarn attached to ball goes over thumb. Bring tip of bottom needle over strand of yarn on finger (top strand), around and under yarn and back up, making a loop around needle. Pull loop snug. Bring top needle (with slipknot) over yarn tail on thumb (bottom strand), around and under yarn and back up, making a loop around needle. Pull loop snug. Cont casting on sts until desired number is reached; top yarn strand always wraps around bottom needle, and bottom yarn strand always wraps around top needle.

**Stretchy Bind Off:** Directions: K2, \*insert LH needle into front of 2 sts on RH needle and knit them tog—1 st remains on RH needle. K1; rep from \* until all sts have been bound off.

**Jeny's Surprisingly Stretchy Bind Off** (for 1x1 Rib): Directions: Reverse YO, K1, pass YO over; \*YO, P1, pass YO and previous st over P1; reverse YO, K1, pass YO and previous st over K1; rep from \* until 1 st is left, then break working yarn and pull it through final st to complete BO.

**Kitchener Stitch** (also called Grafting): Seamlessly join two sets of live stitches together. Directions: With an equal number of sts on two needles, break yarn leaving a tail approx four times as long as the row of sts, and thread through a blunt yarn needle. Hold needles parallel with WSs facing in and both needles pointing to the right. Perform Step 2 on the first front st, then Step 4 on the first back st, then continue from Step 1, always pulling yarn tightly so the grafted row tension matches the knitted fabric: Step 1: Pull yarn needle K-wise through front st and drop st from knitting needle. Step 2: Pull yarn needle P-wise through next front st, leaving st on knitting needle. Step 3: Pull yarn needle P-wise through first back st and drop st from knitting needle. Step 4: Pull yarn needle K-wise through next back st, leaving st on knitting needle. Rep Steps 1-4 until all sts have been grafted together, finishing by working Step 1 through the last remaining front st, then Step 3 through the last remaining back st.

**Short Rows:** There are several options for how to handle short rows, so you may see different suggestions/instructions in a pattern.

**Wrap and Turn** (W&T) : Work until the st to be wrapped. If knitting: Bring yarn to front, SI next st P-wise, return yarn to back; turn work, and SI wrapped st onto RH needle. Cont across row. If purling: Bring yarn to back of work, SI next st P-wise, return yarn to front; turn work and SI wrapped st onto RH needle. Cont across row.

**Picking up Wraps:** Work to wrapped st. If knitting: Insert RH needle under wrap, then through wrapped st K-wise; K st and wrap tog. If purling: SI wrapped st P-wise onto RH needle, use LH needle to lift wrap and place it onto RH needle; SI wrap and st back onto LH needle, and P tog.

**German Short Rows:** Work to turning point; turn. WYIF, SI first st P-wise. Bring yarn over back of right needle, pulling firmly to create a "double stitch" on RH needle. If next st is a K st, leave yarn at back; if next st is a P, bring yarn to front between needles. When it's time to work into double st, knit both strands tog.

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