



# ALLSTAR / PREP BUILDING JUDGES REFERENCE SHEET

STUNT PARTICIPATION GUIDE (Based on 4 person groups)			
# ATHLETES	MAJ.	MOST	MAX
5 - 7	1	1	1
8 - 11	2	2	2
12 - 15	2	2	3
16 - 19	3	3	4
20 - 23	3	4	5
24 - 27	4	5	6
28 - 31	4	5	7
32 - 35	5	6	8
36 - 38	5	7	9

STUNT DIFFICULTY	ALLSTAR	PREP	FACTORS
No skills performed	0	0	<ul style="list-style-type: none"> <li>% Participation (÷4)</li> <li>Degree of difficulty (technical skills required / intricacy, flexibility and amplitude)</li> <li>Minimal bases / single based skills</li> <li>Variety of skills / loads / trans / dismounts (level &amp; non level)</li> <li>Pace and combo of skills</li> </ul>
Low difficulty	0-8	0-4	
Average to above average difficulty	8-16	4-8	
Very difficult skills	16-20	8-10	
STUNT EXECUTION	ALLSTAR	PREP	FACTORS
No skills performed	0	0	<ul style="list-style-type: none"> <li>Execution of skills (control/speed/flow; mistakes; includes load/trans/dismount)</li> <li>Stability; control during trans; stance (bases/spotters)</li> <li>Alignment; body control; uniform flexibility (top)</li> <li>Synchronization / timing</li> <li>Uniformity of technique</li> </ul>
Below average execution	0-8	0-8	
Average to above average execution	8-16	8-16	
Excellent execution	16-20	16-20	

PYRAMID DIFFICULTY	ALLSTAR	PREP	FACTORS
No skills performed	0	0	<ul style="list-style-type: none"> <li>% Participation / minimal bases</li> <li>Degree of difficulty (technical skills required / intricacy, flexibility and amplitude)</li> <li>Use of structures</li> <li>Variety of skills / loads / trans / dismounts (level &amp; non level)</li> <li>Pace and combo of skills</li> </ul>
Low difficulty	0-8	0-4	
Average to above average (with 2 or more structures)	8-16	4-8	
Very difficult skills (with 2 or more structures)	16-20	8-10	
PYRAMID EXECUTION	ALLSTAR	PREP	FACTORS
No skills performed	0	0	<ul style="list-style-type: none"> <li>Execution of skills (control/speed/flow; mistakes; includes load/trans/dismount)</li> <li>Stability; control during trans; stance (bases &amp; spotters)</li> <li>Alignment; body control; uniform flexibility (top)</li> <li>Synchronization / timing</li> <li>Uniformity of technique</li> </ul>
Below average execution	0-8	0-8	
Average to above average	8-16	8-16	
Excellent execution	16-20	16-20	

TOSS PARTICIPATION GUIDE (Based on 5 person toss groups)			
# ATHLETES	MAJ.	MOST	MAX
5 - 9	1	1	1
10 - 14	2	2	2
15 - 19	2	2	3
20 - 24	3	3	4
25 - 29	3	4	5
30 - 34	4	5	6
35 - 38	4	6	7

TOSS DIFFICULTY	ALLSTAR	FACTORS
No skills performed	0	<ul style="list-style-type: none"> <li>% Participation (÷5)</li> <li>Degree of difficulty (technical skills required / intricacy and flexibility / amplitude)</li> <li>Height</li> <li>Variety / additional skills (level &amp; non level; except L2)</li> <li>Combo of skills (loads/trans/dismounts, etc.)</li> </ul>
Low difficulty	0-2	
Average to above average difficulty	2-4	
Very difficult skills	4-5	
TOSS EXECUTION	ALLSTAR	FACTORS
No skills performed	0	<ul style="list-style-type: none"> <li>Execution of skills (control; pace; mistakes)</li> <li>Base technique (solid stance; close together; using arms/legs; follow thru; timing; reaching up)</li> <li>Top technique (basket position; stands quickly; control; ride to top; pointed toes; hits skill precisely; positioning after skill &amp; during catch; uniform flexibility)</li> <li>Catch (arms high; close; legs absorb; controlled)</li> <li>Synchronization / timing</li> <li>Uniformity of height</li> </ul>
Below average	0-2	
Average to above average execution	2-4	
Excellent execution	4-5	

BUILDING CREATIVITY	ALLSTAR	PREP	FACTORS *(Includes Tosses)
Below average creativity	0-4	0-2	<ul style="list-style-type: none"> <li>Visuals (loads/trans/dismounts)</li> <li>Innovative / unique</li> <li>Intricate ideas / elements</li> </ul>
Average to above average creativity	4-8	2-4	
Excellent creativity	8-10	4-5	

20	10	5
(.4)	(.2)	(.1)
20.0	10.0	5.0
19.6	9.8	4.9
19.2	9.6	4.8
18.8	9.4	4.7
18.4	9.2	4.6
18.0	9.0	4.5
17.6	8.8	4.4
17.2	8.6	4.3
16.8	8.4	4.2
16.4	8.2	4.1
16.0	8.0	4.0
15.6	7.8	3.9
15.2	7.6	3.8
14.8	7.4	3.7
14.4	7.2	3.6
14.0	7.0	3.5
13.6	6.8	3.4
13.2	6.6	3.3
12.8	6.4	3.2
12.4	6.2	3.1
12.0	6.0	3.0
11.6	5.8	2.9
11.2	5.6	2.8
10.8	5.4	2.7
10.4	5.2	2.6
10.0	5.0	2.5
9.6	4.8	2.4
9.2	4.6	2.3
8.8	4.4	2.2
8.4	4.2	2.1
8.0	4.0	2.0
7.6	3.8	1.9
7.2	3.6	1.8
6.8	3.4	1.7
6.4	3.2	1.6
6.0	3.0	1.5
5.6	2.8	1.4
5.2	2.6	1.3
4.8	2.4	1.2
4.4	2.2	1.1
4.0	2.0	1.0
3.6	1.8	0.9
3.2	1.6	0.8
2.8	1.4	0.7
2.4	1.2	0.6
2.0	1.0	0.5
1.6	0.8	0.4
1.2	0.6	0.3
0.8	0.4	0.2
0.4	0.2	0.1
0	0	0



# ALLSTAR / PREP JUMPS & TUMBLING JUDGES REFERENCE SHEET

## PARTICIPATION GUIDE

# Ath	MAJ.	MOST
5	3	4
6	4	5
7	4	6
8	5	6
9	5	7
10	6	8
11	6	9
12	7	9
13	7	10
14	8	11
15	8	12
16	9	12
17	9	13
18	10	14
19	10	15
20	11	15
21	11	16
22	12	17
23	12	18
24	13	18
25	13	19
26	14	20
27	14	21
28	15	21
29	15	22
30	16	23
31	16	24
32	17	24
33	17	25
34	18	26
35	18	27
36	19	27
37	19	28
38	20	29

JUMP DIFFICULTY & EXECUTION	ALLSTAR	PREP	FACTORS
No skills performed	0	0	<ul style="list-style-type: none"> <li>Percent of team participation</li> <li>Degree of difficulty (flex. and power req. for type of jump)</li> <li>Variety and combinations</li> <li>Height / Speed</li> <li>Position (leg position, legs straight, pointed toes, chest up, hip placement/hyperextension)</li> <li>Landings / Control (feet together; chest up)</li> <li>Synchronization / timing</li> <li>Uniformity of technique / form</li> </ul>
Jump skills executed with poor to below average technique, perfection, flexibility and synchronization	0 - 2	0 - 2	
Jump skills executed with average to above average technique, perfection, flexibility and synchronization	2 - 4	2 - 4	
Jump skills executed with excellent technique, perfection, flexibility & synchronization	4 - 5	4 - 5	

Note: The difficulty of jump/tumbling combinations are considered in tumbling difficulty only

STANDING TUMBLING / TUMBLING DIFFICULTY	ALLSTAR	PREP	FACTORS
No skills performed	0	0	<ul style="list-style-type: none"> <li>Percent of team participation</li> <li>Degree of difficulty / complexity</li> <li>Variety &amp; combinations</li> <li>Usage of synchronized passes</li> <li>Number of athletes per sync pass</li> </ul>
Non-difficult skills/passes	0 - 2	0 - 2	
Average to above average difficulty in skills/passes	2 - 4	2 - 4	
Very difficult skills/passes	4 - 5	4 - 5	

RUNNING TUMBLING DIFFICULTY	ALLSTAR	PREP	FACTORS
No skills performed	0	-	<ul style="list-style-type: none"> <li>Percent of team participation</li> <li>Degree of difficulty / complexity</li> <li>Variety &amp; combinations</li> <li>Usage of synchronized passes</li> <li>Number of athletes per sync pass</li> </ul>
Non-difficult passes. Minimal athletes per pass; minimal synchronized passes; below average synchronization; below average difficulty	0 - 2	-	
Moderately difficult passes. Minimal athletes per pass; minimal synchronized passes; average to above average synchronization; average to above average difficulty	2 - 4	-	
Very difficult passes. Many athletes per pass; multiple synchronized passes; excellent synchronization; high degree of difficulty	4 - 5	-	

NOTE: In Levels 1-4, individual tumbling passes (tumbling passes by a single person) will not be considered in the difficulty score

TUMBLING EXECUTION	ALLSTAR	PREP	FACTORS
No skills performed	0	0	<ul style="list-style-type: none"> <li>Execution of skills (mistakes, finished skills / passes)</li> <li>Positioning / body control / height</li> <li>Landings (controlled, feet together, chest up)</li> <li>Speed (consistent or building; connections)</li> <li>Synchronization / timing</li> <li>Uniformity of technique</li> </ul>
Below average technique and synchronization	0 - 2	0 - 2	
Average to above average technique and synchronization	2 - 4	2 - 4	
Excellent technique and synchronization	4 - 5	4 - 5	

5
(.1)
5.0
4.9
4.8
4.7
4.6
4.5
4.4
4.3
4.2
4.1
4.0
3.9
3.8
3.7
3.6
3.5
3.4
3.3
3.2
3.1
3.0
2.9
2.8
2.7
2.6
2.5
2.4
2.3
2.2
2.1
2.0
1.9
1.8
1.7
1.6
1.5
1.4
1.3
1.2
1.1
1.0
0.9
0.8
0.7
0.6
0.5
0.4
0.3
0.2
0.1
0

# ALLSTAR/PREP OVERALL JUDGES REFERENCE SHEET

<b>DANCE:</b> Equal consideration should be given to both execution and difficulty when assigning an ALLSTAR dance score		<b>PREP - DANCE EXECUTION ONLY</b>			
	<b>FACTORS</b>		<b>FACTORS</b>	<b>ALLSTAR</b>	<b>PREP</b>
<b>No dance</b>		<b>No dance</b>		0	0
<b>Minimal / low / below average</b>	<ul style="list-style-type: none"> <li>Percent of team participation</li> <li>Levels, formation changes &amp; visual effects</li> <li>Seamless transitions</li> <li>Footwork, partner work and floor work</li> <li>Pace and intricacy</li> <li>Precision of movement, perfection and technique</li> <li>Energy, confidence displayed &amp; entertainment value</li> <li>Uniformity of technique and synchronization</li> </ul>	<b>Low / below average</b>	<ul style="list-style-type: none"> <li>Precision of movement, perfection and technique</li> <li>Energy, confidence displayed &amp; entertainment value</li> <li>Uniformity of technique and synchronization</li> </ul>	0-2	0-2
<b>Some / average to above average</b>		<b>Average / above average</b>		2-4	2-4
<b>Multiple / many / variety / high / excellent / strong</b>		<b>High / excellent / strong</b>		4-5	4-5

<b>ROUTINE CREATIVITY</b>	<b>FACTORS</b>	<b>ALLSTAR</b>	<b>PREP</b>
<b>Minimal</b> incorporation of innovative, visual, unique and intricate ideas.	<ul style="list-style-type: none"> <li>Skill entries / transitions / exits</li> <li>Incorporations between skills / sections</li> <li>Visual, unique, creative ideas</li> <li>Impact and appeal</li> <li>Clarity</li> </ul>	0-2	-
<b>Average to above average</b> incorporation of innovative, visual, unique and intricate ideas.		2-4	-
<b>Excellent</b> incorporation of innovative, visual, unique and intricate ideas.		4-5	-

<b>FORMATIONS / TRANSITIONS</b>	<b>FACTORS</b>	<b>ALLSTAR</b>	<b>PREP</b>
<b>Below average</b> variety of formations, spacing and seamless patterns of movement. <b>Below average</b> pace and flow with timing problems throughout routine transitions along with <b>poor to below average</b> use of floor.	<ul style="list-style-type: none"> <li>Variety of formations</li> <li>Spacing throughout</li> <li>Seamless patterns of movement</li> <li>Timing, pace and flow</li> <li>Use of floor</li> </ul>	0-4	0-4
<b>Average to above average</b> variety of formations, spacing and seamless patterns of movement. <b>Average to above average</b> pace and flow with few timing issues in floor transitions and <b>average to above average</b> use of floor.		4-8	4-8
<b>Excellent</b> variety of formations, spacing and seamless patterns of movement. Formation changes are <b>cleanly</b> executed with little to no timing issues in floor transitions, <b>excellent</b> pace and flow. <b>Great</b> use of total floor.		8-10	8-10

<b>OVERALL ROUTINE IMPRESSION &amp; SHOWMANSHIP</b>	<b>FACTORS</b>	<b>ALLSTAR</b>	<b>PREP</b>
<b>Below average</b> effectiveness in performing a comprehensive and positive memorable experience.	<ul style="list-style-type: none"> <li>Successful routine / positive impact / memorable</li> <li>Energy, genuine expression &amp; athletic impression</li> <li>Confidence and eye contact</li> <li>Consistent showmanship throughout routine</li> </ul>	0-4	0-4
<b>Average to above average</b> effectiveness in performing a comprehensive and positive memorable experience.		4-8	4-8
<b>Excellent</b> effectiveness in performing a comprehensive and positive memorable experience.		8-10	8-10

10	5
(.2)	(.1)
10.0	5.0
9.8	4.9
9.6	4.8
9.4	4.7
9.2	4.6
9.0	4.5
8.8	4.4
8.6	4.3
8.4	4.2
8.2	4.1
8.0	4.0
7.8	3.9
7.6	3.8
7.4	3.7
7.2	3.6
7.0	3.5
6.8	3.4
6.6	3.3
6.4	3.2
6.2	3.1
6.0	3.0
5.8	2.9
5.6	2.8
5.4	2.7
5.2	2.6
5.0	2.5
4.8	2.4
4.6	2.3
4.4	2.2
4.2	2.1
4.0	2.0
3.8	1.9
3.6	1.8
3.4	1.7
3.2	1.6
3.0	1.5
2.8	1.4
2.6	1.3
2.4	1.2
2.2	1.1
2.0	1.0
1.8	0.9
1.6	0.8
1.4	0.7
1.2	0.6
1.0	0.5
0.8	0.4
0.6	0.3
0.4	0.2
0.2	0.1
0	0