

## RCBA SPORTSMANSHIP PROGRAM

## Sportsmanship is the ability to:

Win without gloating
Lose without complaining
Treat your opponent with respect.

The RCBA has a Sportsmanship program every season. This program is to encourage positive and responsible conduct from players, coaches, and spectators during RCBA games. The program is simply a rating out of 10 after every RCBA game – each team is responsible for scoring their opponent on their sportsmanship throughout the game.

Below is a checklist to use as a guideline when evaluating your opposing team, which includes all coaches, players and spectators:

## SPORTSMANSHIP CHECKLIST:

- 1. My opposing team was on time ready to begin playing at the game's scheduled time.
- 2. My opposing team (coaches, players and spectators) were respectful to my team and the game officials.
- 3. The parents and spectators were good cheerleaders and applauded good plays, no matter who made them.
- 4. My opposing coach exemplified the RCBA core values: Fun, Fair Play and Development. He or she was not focused solely on the more talented players and allowed all members of the team to contribute.
- 5. My opposing team (coaches, players and spectators) was respectful of my team's effort. If they were out-performed they accepted it, learned from it, offered no excuses and moved on. If they out-performed my team, they enjoyed the victory, but did not gloat, did not belittle, and did not minimize my team's effort.
- 6. My opposing team (coaches, players and spectators) exhibited patience with each other, the game officials and my team.
- 7. My opposing team (coaches, players and spectators) had a good knowledge and understanding of the rules. When the rules were not clear to them they asked for clarification in polite and respectful manner.
- 8. My opposing team (coaches, players and spectators) managed to avoid arguments.
- 9. My opposing team (coaches, players and spectators) had a positive rapport with my team, each other and the game officials.
- 10. My opposing team ended the game smoothly regardless of the outcome. There was no pouting, boasting, gloating, or antagonistic emotions.

<sup>\*</sup>Any team given a rating of less than 5 out of 10 will be contacted by the office.