

IMHA CONSTITUTION AND BY-LAWS

PART 1 - Constitution

Article 1 - Name

- This organization shall be call the Interlake Minor Hockey Association Inc. (Organized 1980). For brevity, the initials IMHA shall designate this organization.

Article 2 - Jurisdiction

- The IMHA shall be a member of Hockey Manitoba.
- The IMHA shall have jurisdiction over all minor hockey within the Interlake Region as provided for in the Hockey Manitoba Constitution and Bylaws.

Article 3 - Objectives

- Create and promote minor hockey in all towns in the Interlake Region under one organization - IMHA.
- Association believes that minor hockey is played for the love of the game and even though it is a very competitive sport, the emphasis should be placed on participation and insist on fair time for every player.
- Encourage among those adults interested in Minor Hockey the concept that hockey ability is secondary to the player.
- Promote a healthy concept of competition between all teams involved. It is the aim of IMHA that the concept of winning shall be secondary to the concepts of cooperation, sportsmanship, enjoyment and friendship. Said concept to be promoted by the parents, coaches, and managers.
- To secure the enforcement of the rules of the game as adopted by this council and to decide and adjust all matters in dispute between various clubs affiliated with it.
- To conduct matches between the various clubs to determine the Hockey Manitoba Regional Championships and League Regional Championships.
- To develop a planned program of leadership in all areas related to the development of hockey within the Interlake.

Article 4 - Membership

- The IMHA shall be open to membership from Minor Hockey Associations within the Interlake, and providing said Associations are willing to comply and abide with all the rules and regulations of the IMHA and Hockey Manitoba.
- All members of hockey associations must:

- Have representation at all meetings of the IMHA.
- Meet all the registry and financial commitments as set down by IMHA.
- Membership and Bond shall be subject to forfeiture or suspension in the event of failure to comply with any requirements of this constitutions. (Refer to Administration Fees Appendix A)

Article 5 - Governing the IMHA

- The governing of the IMHA will be under the direction of a Director with the Officers and Board of Directors in accordance with the constitution and bylaws.

Article 6 - Officers of the IMHA

- The officers of the IMHA shall be:
 - Director
 - Vice-Director - Male
 - Vice-Director - Female
 - Past President
 - Secretary
 - Treasurer

Article 7 - Board of Directors

- The IMHA Board of Directors shall consist of the officers; Development Coordinator, AAA Coordinator, two (2) Members-at-Large - North, two (2) Members-at-Large - South, IMHA Scheduler/Statistician, Referee-in-Chief, (Registrar provided by Hockey Manitoba).
- All members of the Board of directors shall be elected at the Annual Meeting (except the Assistant Development Coordinator, AAA Coordinator, IMHA Scheduler/Statistician, Referee-in-Chief) and all terms of office will be for two years.
 - Even year elections: Vice-Director (Female), Development Coordinator, Treasurer, Member-at-Large North (A), Member-at-Large South (A)
 - Odd year elections: Director, Vice-Director (Male), Secretary, Member-at-Large North (B), Member-at-Large South (B)
- IMHA will send out a request for nomination email no less than two weeks before the Annual Meeting.
- The Board of Directors shall appoint Assistant Development Coordinator, AAA Coordinator, IMH Scheduler/Statistician, Referee-in-Chief. IMHA Registrar is the Hockey Manitoba Registrar.
- The IMHA Board of Directors will appoint a committee for the regional program. A member from the IMHA Executive will be appointed to each team as the IMHA representative. An Executive member

shall not be appointed to a team if they have a child on said team. The representatives will have a defined role and provide reports to the Board for that team. The committee will be chaired by the AAA Coordinator, who will oversee all representatives and ensure teams are operating as per IMHA constitutions.

- Board members missing two consecutive meetings may be removed from the Board of Directors by order of the director and a two-thirds (2/3) vote of the entire Board of Directors, unless excused by the Director.
- Any Board member who by being remiss or neglectful of duty, or by conduct tending to impair his/her usefulness as a member of the Board of Directors, shall be deemed to have forfeited his/her position by order of the Director and a two-thirds (2/3) vote of the entire Board of Directors.
- At the conclusion of each season the Board of Directors will receive the following honorariums:
 - Director - \$1500
 - Vice-Director (2x) - \$1000
 - Referee-in-Chief - \$1000
 - Secretary - \$500
 - Treasurer - \$500
 - Development Co-ordinator - \$500
 - Member-at-Large (4x) - \$250
- All members of the Board of Directors will be bound by a Non-Disclosure Agreement for all matters discussed “In Camera” during meetings of the Board of Directors. Failure to abide by the NDA will result in immediate removal from the Board.
- Any Board Member who resigns their position at any point during their term is prohibited from putting their name forward or holding any position on the Board of Directors for a period of two (2) years.

Article 8 - Duties

• Director

- The Director shall preside at all IMHA and Board of Directors meetings and shall perform the duties usual to the office of Director.
- The Director shall exercise, in addition to his/her own powers, all duties and powers of the Board of Directors when it is impossible for him/her to obtain a vote of the Board of Directors in case of emergency.
- The Director shall have the power to suspend any player, coach, manager, or official of a team or association, or individual for un-sportsmanlike conduct on or off the ice, or for abusive language to any of the officials, or failure to comply with the rules or regulations of the IMHA or Hockey Manitoba. Such suspension to be effective until dealt with by the Officers.
- The Director will only vote in order to break a tie.

• Past President

- Secure nominees with Vice-Directors for Board of Directors.
- Attend IMHA meetings as an adviser.

- Will assist Director and Vice-Directors as assigned by the Director.
- **Vice-Director - Male**
 - The Vice-Director - Male shall be responsible for the education, development and promotion of male hockey in the Region.
 - He/she will also be the IMHA's representative to the Development Council at all their meetings.
 - In the absence of the Director, have all the powers and perform all the duties of the Director. He/she shall also perform all such duties as may be asked of this position by the Director.
- **Vice-Director - Female**
 - The Vice-Director - Female shall be responsible for the education, development and promotion of female hockey in the Region.
 - He/She will also be the IMHA's representative to the Female Council at all their meetings.
 - Shall be responsible for all regional player development programs (ie: Female Directors Cup/ Female Rising Stars).
 - He/she shall also perform other duties as may be asked of this position by the Director.
- **Secretary**
 - In charge of all official league correspondence and recording of minutes at IMHA and league meetings.
 - Receive and mail all league statistics to IMHA Director, Vice-Directors, and respective Officers.
- **Treasurer**
 - Handles all IMHA financial transactions.
- **Executive Members-at-Large (2 positions North/2 positions South)**
 - The Executive Members-at-Large shall be league conveners, ie U9, U11, U13, U15 and U18 leagues to be determined at fall reorganizational meeting.
 - Responsible for answering questions and dealing with issues from these teams, players, parents and coaches that may arise.
 - Other assignments and tasks as directed by the IMHA Executive and the Region.
- **Development Coordinator**
 - The Development Coordinator shall be responsible for all regional development programs (ie: U9 Jamboree) and Hockey Manitoba player development programs (ie: U7 Jamboree, Directors Cup and Rising Stars) and overseeing all regional players, and Hockey Manitoba player development programs, coaches and parent training of hockey in the Region.
 - Perform other duties as may be asked of this position by the Director.
- **Assistant Development Coordinator**
 - The Assistant Development Coordinator shall assist the Development Coordinator for all regional (ie: U9 Jamboree) and Hockey Manitoba player development programs (ie: U7 Jamboree, Directors Cup and Rising Stars) and overseeing all regional players, and Hockey Manitoba player development programs, coaches and partner training of hockey in the region.
 - Perform other duties as may be asked of this position by the Director.
- **AAA Coordinator**

- The AAA Coordinator shall be responsible for all coach development, player development programs and overseeing all players, coaches, and partner training of AA/AAA hockey in the Region.
- Perform all other duties as may be required by the Director.
- **Registrar**
 - NOTE: Under Hockey Manitoba formulation
- **Referee-in-Chief**
 - Improve the refereeing in the region by organizing referee clinics and assess refereeing situations in all member associations by attending games, whenever possible at IMHA expense upon prior approval of the Director.
 - Assist and advise the division committee and league executive on matters pertaining to refereeing.
 - Organize a meeting before the league start with all the local Referee-in-Chiefs to explain and discuss special league rules.
 - Shall at random, evaluate referees in game situations and report such evaluations to the Director.

Article 9 - Amendments

- Amendments or alterations can be made to the constitution only at the Annual Meeting. All amendments must be presented in writing to the Director two (2) weeks prior to the Annual Meeting.
- All amendments must be approved by a two-thirds (2/3) majority of the voting members. We can take the vote with less than 66% attendance.

Article 10 - Annual Meetings

- The Annual Meeting of the IMHA will be held no later than April 30th of each year at a location and date to be decided by the officers of the IMHA, alternating locations between north and south beginning 2017, with odd years being in the south and even years in the north.

PART 2 - By-laws/Membership

Membership

- For administrative purposes the IMHA shall split into North and South Divisions.
- The North Division shall include the following: Arborg, Fisher River, Lake Manitoba, Peguis, Pinaymootang (Fairford), and Riverton.
- The South Division shall include the following: Gimli, Lundar (Lakeside), St. Laurent, Stonewall, Stony Mountain, Teulon and Warren.

- The administrative North-South split will not necessarily be followed when the league schedules are drawn.
- Teams making request to play outside of the division shall make the request at the fall reorganizational meeting.
- Each member association shall designate their representative who will attend IMHA meetings. Said representative or his/her delegate will be eligible to carry one vote at all IMHA meetings and shall have the following duties:
 - Represent IMHA in her/her home town.
 - Represent his/her town in IMHA meetings.
 - Ensure his/her community observes all rules and regulations.
 - Shall ensure a Referee-in-Chief from his/her community is appointed and the name is forwarded to the Secretary.
 - Shall ensure all game reports are in the league hands within three (3) days of home games played.
 - Shall try and attend all home games him/herself or through a representative.
 - All local associations are required to hold player registration prior to September 15th of each year.
 - Each member association to declare colours. Colours may only be changed with approval from IMHA. (See Appendix B for declared colours)

Meetings

- All meetings of the IMHA shall be called by the Director.
- At all meetings of the IMHA and of its committees a quorum shall consist of a majority of voting members entitled to be present.
- All motions shall be decided by a majority of vote unless otherwise provided for in the constitution. In the case of a tie, the presiding officer shall cast the deciding vote.
- All IMHA meetings can be done in the form of face-to-face, teleconference (webinar) or conference call. It will be the decision of the chairperson to determine the format used.
- Voting rights will be one vote per Association, in good standing. Members of the IMHA Board of Directors will be one vote per elected position. Those members of the IMHA Board of Directors who also hold a position on their location Association's board will be permitted to only one vote. Proxy votes will not be allowed.
- The meetings of the IMHA are, but not limited to the following:
 - Fall reorganizational
 - Approximately first (1st) weekend of October.
 - Starting date of season.
 - Notification of Hockey Canada, Hockey Manitoba and IMHA changes
 - Entry of new communities.
 - ALL communities post bonds, supply team entry lists and club executive.
 - All member associations to bring game ice times and teams.

- Teams are categorized (A, B, C) for league play.
- Mid-season realignment meeting
 - Near or before holiday break.
 - Teams can move from A, B, C divisions based on their results thus far in the season.
 - Any team in an A Division at the conclusion of the midseason realignment meeting must compete in the A Division playoffs.
- League playoff meeting
 - Few days after league ends.
 - Communicate league statistics (ie: team standings in league)
 - Set up playoff game times by hosting communities.
- Annual meeting
 - As per IMHA constitution.
 - Changes to IMHA constitution.
 - Notification of Hockey Canada/Hockey Manitoba events/changes.
 - Schedule clinics (ie: referee, coaches, trainers)
 - Election of new executive.
 - Addition to Agenda must be in writing two (2) weeks prior to the AGM.

Dues

- The annual team membership fee to the IMHA is to be set at the Reorganization meeting in the fall and payable to the IMHA Secretary.
- Teams not participating in the IMHA league play but wishing to register their payers must pay league fees.
- A performance bond of \$1,000.00 will be assessed to every member association in the IMHA league.
- Member associations failing to pay such fees at the time of registration shall forfeit all rights to be represented at, or vote at any meeting of the IMHA and are ineligible to participate in IMHA league play until such fees are paid. (Refer to Appendix A - Administration Fees)

Complaints

- The following procedure is to be followed in regards to complaints filed against another IMHA Association to the Interlake Minor Hockey Board of Directors:
 - Observe the 24 hour rule.
 - Contact home association President with complaint/concern in writing.
 - Complaint must be made in writing by Association Representative to the Director of Interlake Minor Hockey, verbal/phone complaints will not be accepted.

- Director of IMHA will review the complaint and forward to the Discipline/Complaint Committee to action.
- If warranted, involved parties will be notified of immediate suspension until such time as the Discipline/Complaint Committee has completed their review of the complaint, spoken to necessary individuals, etc.
- Upon completion of review by the Discipline/Complaint Committee, a complete report and recommendation for disciplinary action (if warranted) will be provided to the Director of IMHA and the Board of Directors.
- Board of Directors will review the recommendation of the Discipline/Complaint Committee and modify if necessary.
- Director of IMHA will notify involved parties of the outcome in writing.

Protest and Appeals

- Appeals for minimum suspensions will not be entertained.
- A notice of intent to protest must be given to the IMHA Director within 24 hours after the game in question.
- Protests and all evidence in support thereof must be signed by the President and Secretary of the protesting club and shall be in the hands of the IMHA Director within 72 hours after the game in question. A certified cheque representing a non-refundable administration fee in the amount of \$150.00 (no GST) made payable to Interlake Minor Hockey Association shall accompany all APPEAL and PROTEST applications.
- The IMHA Director shall not consider or accept protests on the phone.
- No protest shall be considered over a referee's decision as to fact, such as scoring of goals etc.
- Any appeal pertaining to decision made by the Regional Registration Committee shall be processed as per the Hockey Manitoba Handbook.
- Director shall have the option of delegating protest to the Divisional Director of the Board of Directors.

Referees

- All referees must be certified with Hockey Canada/Hockey Manitoba.
- U9 - home community will supply both referees.
- U11 - home community will supply both referees and a referee coach for league games.
 - For playoff games - each team will supply one referee, unless both teams agree to use referees from each community, with the home team supplying the referee coach.
 - The referee coach will be on the ice in addition to the two regular referees. The referee coach will be identified by a different colour jersey and will not be allowed to make calls during the game, but is allowed to provide guidance and feedback to the referees during the game.

- For the 2018-19 season, IMHA will provide a \$20/game subsidy to help offset the extra costs with a referee coach when used in the U11 league and playoff games.
- U13 - home community will supply both referees for league games.
 - For playoff games - each team will supply one referee, unless both teams agree to use referees from each community.
- If a visiting team is unable to supply a referee, they shall make the necessary arrangements to have the home team supply both referees and shall agree to pay for such costs. During League Playoff Tournaments it will be the responsibility of each community to supply a referee.
- Deciding games 3 or 5 in a playoff series will have neutral referees assigned to them by the league referee-in-chief with the two teams splitting the cost 50/50, unless the teams involved agree to use a referee from each community.
- If a team requests neutral referees for a game that isn't a deciding game 3 or 5 in a playoff series, the requesting team will cover the total cost of the officials assigned by the league referee-in-chief.
- U15 & U18
 - 3 or 4 man system will be used.
 - Home community supplies linesmen.
 - Neutral referees will be assigned by the league referee-in-chief.

Coaches

- The aim of the league is to foster and promote good sportsmanship and to this end a review of coaching practices may be carried out as circumstances warrant. If League Officers feel the coaching practices of coaches/managers is questionable and falls short of the aim of the league, such coaches/managers are subject to suspension.
- Coaching qualifications - required so ignorance is not a valid excuse.
- U7 - All coaches coaching within the U7 Program must have the Coach 1 certifications. This must have minimum Certified Coach Level, and any additional requirements of Hockey Manitoba prior to being carded.
- All coaches and trainers for teams within IMHA are required to provide their community Association with a current Criminal Record and Vulnerable Sector Check prior to the start of league games each season. Community Associations are required to provide IMHA with a list of all coaches and confirmation that a current Criminal Record and Vulnerable Sector Check has been obtained.

Registration

- All players must be registered in accordance with the provisions of the Hockey Manitoba Handbook.
 - Exception: U18 aged players will be ineligible to apply for overage status to play at the U15 level.
- All census combining shall be required to obtain approval from the IMHA at the Reorganization meeting for the current season.
- Note: Once combinations have been approved, no further request will be necessary in future unless combined structure is changed.

Team Registration

- Team entry forms must be completed and submitted (along with entry fees and initial roster) to East Zone Registrar according to Hockey Manitoba rules.
- All member associations need to declare teams by September 15th (including numbers).
- Associations must place their teams in age divisions as follows:
 - 1 team - team placed in A or B upon request.
 - 2 teams - 1 in A / 1 in B or C.
 - 3 teams - 1 in A / 1 in B / 1 in C. OR 1 in A / 2 in B until Realignment meeting as determined at the Reorganizational Meeting.
- Number of teams and IMHA fees must be submitted to IMHA at the fall Reorganizational meeting, to be held approximately first (1st) weekend in October of each year. All information must be complete, as it is required by the convener to complete the schedule as soon as possible.
- Conveners will be assigned at the scheduling meeting, and given all team entry information pertaining to their category.

U9 and U11

- These categories will be comprised of North and South Divisions with league play and playoff formats to be determined on a year to year basis.
- These categories will be convened by a Member-at-Large as directed by the Board of Directors.
- U11 league to start the season with North/South Divisions to seed the teams. After mid-season realignment meeting, North and South combine until the end of the season.

U13, U15 and U18

- These categories will be comprised of the entire Interlake with league play and playoff formats to be determined on a year to year basis.
- These categories will be convened by a Member-at-Large as directed by the Board of Directors.
- U15 and U18 Interlake Minor Hockey house leagues are to be no-bodychecking.

IMHA Scheduler/Statistician

- Approve any changes to league schedules once they have been approved and distributed by IMHA.
- Monitor that games have been completed as scheduled.
- Teams must report any problems with completing of scheduled games, and any requests for any changes to schedule must be made to the league scheduling coordinator prior to changes.

- All game change requests must be accompanied with an alternate game date and time set for within fourteen (14) days of the scheduled game being changed.
- Game change requests must have a valid reason.
- IMHA Scheduler/Statistician will receive an honorarium of \$5/game scheduled for IMHA league games.

Game Sheets

- Incomplete or illegible game sheets subject to administrative fees.
- League games require league game number.
- All players in players box must be listed on game sheet. Only players in full equipment allowed in players box.
- All team officials (coaches, managers, trainers) in the players box to have names printed on game sheet.
- Game sheets must be completed according to Hockey Manitoba Rules and Regulations.

Rules and Regulations (IMHA)

- Rules of Hockey Canada and its Provincial affiliate Hockey Manitoba shall apply in all games. The only exceptions shall be this rules, included in this document which are added by the IMHA to meet our own conditions.
- That where the provisions of this Constitution, By-laws, Regulations are inconsistent with the Constitutions, By-laws and Regulations of Hockey Canada and Hockey Manitoba, the Hockey Canada and Hockey Manitoba Constitution, By-laws and Regulations shall prevail.

Special Rules (IMHA)

- Special Rules of the IMHA are in effect for ALL Interlake Minor Hockey games. An Interlake Minor Hockey game is a league game, league playoff game, regional Hockey Manitoba playoff game, and exhibition game played in the Interlake, and a sanctioned tournament game played in the Interlake. An exhibition game or sanctioned tournament game played outside the Interlake, or a Hockey Manitoba playoff Provincial tournament game are NOT defined as Interlake Minor Hockey games.
- IMHA adds a one (1) game suspension to all Hockey Manitoba suspensions, which has been included in the following guidelines.
 - **Game Misconducts**
 - Game misconduct any time in game - 1 game suspension.
 - Game misconduct in last 10 minutes of game or OT - 2 game suspension.
 - Any additional game misconducts assessed will result in an additional 1 game suspension for each game misconduct assessed.

- **Checking from Behind**
 - 2 minute minor & game misconduct any time in game - 1 game suspension.
 - 2 minute minor & game misconduct in last 10 minutes or OT - 2 game suspension.
 - 5 minute minor & game misconduct any time in game - 2 game suspension.
 - 2nd offence - 3 game suspension.
 - 3rd offence - 5 game suspension.
- **Fighting**
 - 1st offence - 2 game suspension.
 - 2nd offence - 4 game suspension.
 - 3rd offence - 6 game suspension & reviewed by IMHA.
 - And instigator penalty will result in an additional 1 game suspension.
- **Gross Misconduct**
 - 1st offence - 3 game suspension.
 - 2nd offence - 4 to 6 game suspension.
- **Match Penalties**
 - Hair pulling, pulling face mask, head butting, spearing , butt ending, kicking, deliberate attempt to injure.
 - 1st offence (no injury) - 4 game suspension.
 - 1st offence (injury) - 6 game suspension.
 - 2nd offence - 6 game suspension.
 - Spitting 1st offence - 6 game suspension.
 - Spitting 2nd offence - Indefinite suspension.
- **Profane & Abusive Language by Coach, Manager or Player (Game Misconduct)**
 - 1st offence - 3 game suspension.
 - 2nd offence - to 6 game suspension.
- **Racial/Ethnic Slurs (Game Misconduct)**
 - 1st offence - 6 game suspension & letter of apology.
 - 2nd offence - A hearing with the IMHA Discipline Committee with a decision to be determined.
- **Team coaches and management are responsible to ensure suspensions are served appropriately.**
 - In tournaments, suspensions will take effect once the offender has returned to IMHA.
- Four Minor Penalties : Accumulation of four (4) minor penalties results in game ejection.
- Penalty Minute Accumulation Responsibility: The responsibility is on the timekeeper to notify the referee that accumulation of penalty minutes comes into effect.
- **Late Start**

- Comes into effect if one team is not ready to play at game time.
- 15 minute grace period.
- After 15 minutes, clock is started and a goal is awarded to non-offending team every five (5) minutes.
- If offending team is still unable to start at the end of the first (1st) period, the game is over.
- Teams require 6 players to start a game. No goaltender is required, as long as there are six (6) skaters. (Hockey Canada Rule Book)
- **Late Start - No Referee - (U9, U11, U13)**
 - It is a mandatory requirement for each team to supply a referee for league playoff games. (IMHA Constitution)
 - Games are never to start with only one referee.
 - In the event a team's referee has not shown up, the two teams involved will try to find a replacement referee for the game.
 - A half hour (30 minutes) after the game's schedule start time will be given to have a replacement on the ice. Common sense to prevail in dealing with unforeseen circumstances.
 - If a replacement referee can't be found in time, the offending team will be fined \$500 plus referee costs. (IMHA Constitution)
 - Game will be rescheduled.
 - If the home team is the offender, home ice advantage will be lost. Game will be rescheduled at the non-offending team's arena.

Suspension Criteria

- No suspended player will be allowed to play league, Hockey Manitoba sanctioned games, or exhibition games.
- Exhibition games or games played as an affiliate player do not count as games missed or sat out although said player MUST sit them out.
- IMHA adds one game to any suspension that is handed out. If a player gets a game misconduct then we add one game. If this occurs in the last 10 minutes of the game, then that player will sit 2 games.

Match Penalties

- All match penalties to be reported to the IMHA Director within 24 hours by the Referee.
- Any player receiving a Match Penalty is indefinitely suspended until his/her case is ruled on.
- The Director of IMHA shall rule on all Match Penalties except those involving referees, which will be turned over to Hockey Manitoba. IMHA Director's ruling may be appealed to Hockey Manitoba.

League Games

- Each division will determine independently the number of league games to be played. However, a minimum of 12 league games shall be played by each team.
- Based on a 10-week schedule, 4 teams per division, each team could place the other 4 times for a total of 12 games, prior to the mandatory cutoff date.
- A 5 team division would only play each other 3 times for a total of 12 games.
- If an association has a team in both A and B divisions in the same league, that association will be allowed to affiliate up to the higher ranked team (lateral AP) and/or affiliate up from a lower (Younger) league. A player can only AP laterally to a team in the same age division a maximum for 4 regular season games and cannot AP laterally for playoffs.
- Affiliated players can only be sourced from teams participating in league play within Interlake Minor Hockey.
- Teams may add eligible afflict players to supplement their rosters as follows:
 - U11 & U13 - up to 13 skaters and 2 goalies.
 - U15 & U18 - up to 15 skaters and 2 goalies.
- League play will begin approximately October 20th and will end approximately February 15th of each year, without extensions or exceptions from cut-off dates.
- Any home teams not reporting score and game sheets not sent in or any teams not completing all league games by the Monday (12:00pm) following the conclusion of the regular season will not be eligible for league playoffs.
- Each team will provide the IMHA Scheduler their home game ice times and days they are unavailable to play during the setons prior to the completion of the league schedule, by a date to be determined by he IMHA Scheduler (excluding U15 and U18).
- Home teams will wear white jerseys. Away teams will wear dark.

League Game Playing Times

- Juvenile and U18 - Three (3) twenty (20) minute periods stop time with a ten (1) minute rest between all periods.
- U15 - Two (2) fifteen (15) minute periods stop time back to back, with a ten (10) minute rest between second and third period and a final third period of twenty (20) minutes stop time.
- U13, U11 and U9 - three (3) fifteen (15) minute periods stop time with a ten (10) minute rest period between second and third period. Ice to be resurfaced before each game and between second and third period. This is applicable for games in all categories. Note: Any deviation from the above will have to be agreed upon by the coaches prior to the start of the game.
- GAMES: Should be scheduled between 9:00 am and 9:00 pm less mutually agreed upon.
- If there is a 7 goal spread at any time in the game, the game will go to straight running time. If the game gets back to under 7 goals the game goes back to stop time. Minor penalties shall be 2 minutes in length, whether playing straight or running time.

- For ALL age categories, at any time in the game.

Game Rescheduling

- 48 hours advanced notice must be given and all game rescheduling requests must be approved by IMHA Scheduler/Statistician and respective Convener.
- Teams requesting approval for a game reschedule (except for weather) must give a rescheduled date for said game.
- Failure to comply with giving 48 hours advanced notice or failure to attend a game (including not having enough players to play the game) will result in the offending team being assessed a \$500 fine and is responsible for covering the costs of the referees. \$300 of the assessed fine will go to the non-offending association and the remaining \$200 to IMHA.
- Games postponed due to weather shall be rescheduled within two (2) weeks by the IMHA Scheduler/Statistician and Convener notified.
- Only Hockey Manitoba playoffs will take precedence over the Interlake Minor League games and playoffs.

Tied Games

- Games shall remain tied for league play and teams awarded one (1) point each. For the purpose of the league the following point system will prevail:
 - 2 points per win
 - 1 point for tie
 - 0 points for loss

League Playoffs

- Each division will determine, independently, what method they will use to declare division champions in each category. Division Champions must be declared by the last Sunday in February.
- There will be no league playoffs for U9. In lieu of playoffs, a year-end jamboree or round robin tournament will be held.
- Players must play 50% of games with registered team to qualify for playoffs. (EXCEPTION: Doctors certificate or suitable explanation in writing may be accepted prior to playoffs)
- Only those awards approved by IMHA e presented at IMHA playoff games.
- For tournament format see Appendix D.
- A tie in regular season standings will follow Hockey Manitoba TIE BREAKER rule to determine the higher seed team.
- League playoffs format for U11, U13, U15 and U18 will be determined each year.

- League Playoffs will be scheduled by the IMHA Scheduler.
- Playoff home ice times to be submitted to the IMHA Scheduler by January 15th.
- Any playoff game not completed for the following reasons, the offending team will be removed from playoffs and fined.
 - Not enough players to start or complete a game.
 - Failure to show up for a game.

All Interlake League Championship

- Once the North and South Division League Champs have been declared they will play a 2 out of 3 game series to determine the Interlake Champs for their category.
- Interlake Championships will be organized by the IMHA Scheduler.
- The extra home game advantage will go to the North in odd number years and the South in even number years, beginning with South or West in 1996; North or East in 1997.

Playoff Tournaments and Regional Playoff Overtime

- Overtime shall be sudden victory.
- Two minute break.
- Teams do not change ends.
- 10 minute stop time period.
- Game is over when first goal is scored.
- If still tied after overtime period:
 - Off-ice break (re-surface ice)
 - Continue 20 minute sudden victory periods.
- Any overtime period shall be considered part of the game and all unexpired penalties shall remain in force.
- If either team declines to play in the necessary overtime period or periods, the game shall be declared a loss for that team.

Tournaments

- If all teams in the tournament are from the Interlake, apply 2 weeks prior to tournament date to east zone registrar, Hockey Manitoba for sanction.
- Provide team names and coaches, tournament rules, and dates. Upon completion of tournament, forward all game sheets to IMHA.

- If at least one team from outside the region (Interlake), apply to Hockey Manitoba.
- Note: As per Hockey Manitoba handbook, teams registered with Hockey Manitoba may only participate in sanctioned tournaments.
- Each team in the U11, U13, U15 and U18 age divisions are limited to a total of 3 tournaments throughout the season. Teams in the U9 age division are limited to 4 tournaments throughout the season. Tournaments cannot be all in the same half of the season.

Bingo

- Each community association maintains a \$1000 Performance Bond. All community associations will work one Bingo (3 to 5 people) to maintain the Bond or Bond will be forfeited. Any extra Bingo's will be worked by community associations requesting to work them with the revenue shared 50/50 with IMHA.

Interlake AA and AAA U15 and U18 Programs

- All male and female Interlake Regional AA and AAA teams are sanctioned by the IMHA.
- The teams' constitutions are available upon request.

Social Media and Cellular Phones

- Social Media:
 - Member of Interlake Minor Hockey will abide by the Hockey Manitoba Social Media Policy.
- Cell Phones & Hand-held Electronic Device Use
 - Except for head and assistant coaches, the unauthorized use of any form of cell phone or any other device capable of taking photos or videos is prohibited in any facility change rooms during an IMHA sanctioned event
 - The use of cell phones or any other device capable of taking photos or videos on or near the players' bench is strictly forbidden by any individuals.
 - In the event a head coach or assistant coach is required to take a phone call, they will remove themselves from the bench area provided there are other team officials remaining on the bench. Exceptions will be made for on-ice medical emergencies.
 - 1st offence: game ejection and 1 game suspension.
 - 2nd offence: game ejection and 2 game suspension.
 - Additional game suspension for each additional infraction.

PART 2 - Appendices

Appendix A: Administration Fees Criteria for IMHA Members

- At the Reorganizational meeting every year, each member minor hockey club must update their bond to the amount of \$1000.00.
- Any administration fees assessed to any club will be deducted from this bond, and bond must be reinstated to its full amount within 7 days of written notice from the IMHA Director.
- **Registration Fees**
 - \$75.00 per team including U7, teams playing in Winnipeg Minor Hockey and Female Hockey leagues and all travelling and Regional teams.
 - There is a \$5.00 per play fee for players U11 age and up.
 - There is a \$5.00 per player fee for U9 and above that will specifically go towards player, coach and referee development.
 - Must be paid by December 15th.
 - Associations with Registrations not paid by December 15th will not host and be out of league play.
- **Automatic administration fees as follows:**
 - Member associations failure to attend registrar meeting - \$500.00
 - Not providing game score (home team) and/or games sheets within 24 hours - \$25.00
 - Rescheduling of any game without IMHA Scheduler approval - \$250.00
 - Rescheduling a league game with greater than 48 hours notice once the league schedule has been finalized - \$50.00/game
 - No representative at any IMHA meeting - \$100.00
 - Each consecutive missed representation at any IMHA meeting - \$200.00
 - Failure to provide proper team entry lists at Reorganizational Meeting - \$50.00
 - Addition or removal of a team after the scheduling meeting - \$500.00
 - Not providing (by email) a completed Club Executive list at the Reorganizational meeting - \$50.00
 - Not providing (by email) a completed team contact list at the Reorganization meeting - \$50.00
 - Not submitting rosters to the Hockey Manitoba Registrar prior to first game played - \$250.00
 - Not providing initial roster, additions and deletions prior to December 15th - \$100.00
 - Not providing Hockey Manitoba provincial playoff forms to East Zone Registrar prior to December 15th - \$100.00

- Use of any ineligible player in any league game - \$50.00 plus loss of game, 2 game suspension of coach.
 - 2nd offence will result in \$250.00 fine and coach being suspended for balance of the season.
- Use of unregistered coach or manager - \$50.00
- Use of unqualified timekeepers resulting in game sheets being filled out incorrectly or incompletely - \$25.00
- Visiting club not supplying referee for any game without making prior arrangement with the home team - \$25.0 plus cost of second referee to home team.
 - If failure to make payment to home team, this amount will be added to IMHA fee and home team will be reimbursed by IMHA.
- Failure of home team to supply qualified referees or timekeepers - \$50.00 plus cost of referees
- Failure to provide team entry forms along with fees at the Division meetings as per By-laws - \$25.00 per team
- Missing games offending team - \$500, with \$300 forwarded to non-offending team and \$200 to IMHA.
 - Referee costs will also be paid by offending team.
 - 48 hours advance notice MUST be given in all game rescheduling requests, with the exception of bad weather.
- Any team leaving a dressing room/arena in an unclean state, damages an area, or causes damage to a dressing room will be fined the cost of the damages/cleaning which will be paid out of the respective team's association's bond.
 - If the Association's performance bond is less than \$650.00, said association will be suspended from all league play.
- Failure to comply with any rules of IMHA, Hockey Manitoba, or Hockey Canada, a fee of a maximum of \$35.00 can be levied by IMHA Director or a greater fee can be levied by a major opinion of the Executive.
- Appeal procedures in accordance with IMHA appeal fee for item 4 - No Deposit Required.
- A \$350 Bond would be paid by each association to pay for any legal fees. A \$2500 GIC would be set up from this bond amount.

Appendix B: Declared Colours

- Arborg: blue, white and gold
- Ashern: gold and black
- Fisher Branch: Philadelphia Flyers - orange, white and black
- Fisher River: Ottawa Senators - white, red and black
- Gimli: white, orange, black
- Lake Manitoba: Boston - black, white, yellow
- Lakeside: New York Rangers - blue, red, white

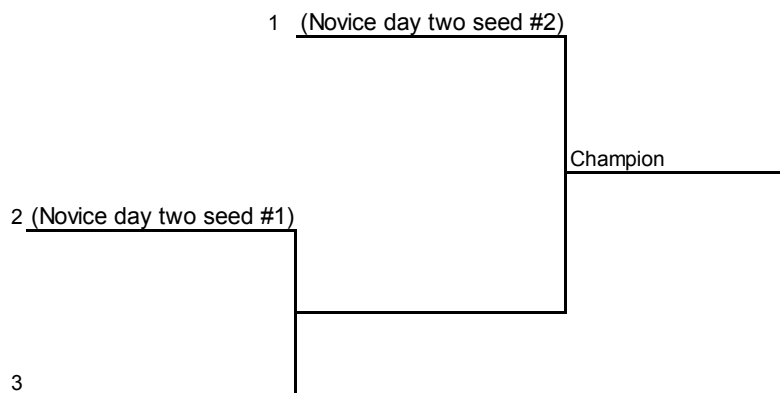
- Peguis: Red and black
- Pinaymootang (Fairford): TBD
- Riverton: red and white
- St. Laurent: blue, green, black
- Stonewall: St. Louis Blues - blue, white, yellow
- Stony Mountain: Calgary Flames - red, white, black, yellow
- Teulon: Boston Bruins - black, white, yellow
- Warren: Dallas Stars - green, gold, black

Appendix C: IMHA Fair and Equal Play Policy (Passed October 2, 1988)

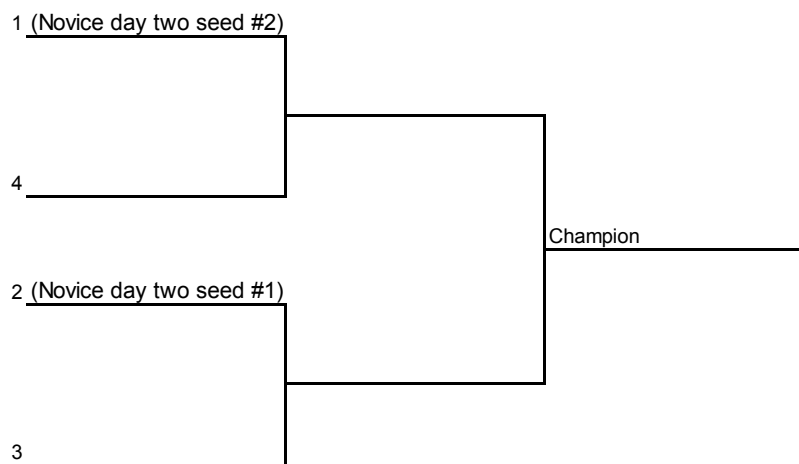
- Interlake Minor Hockey Association believes that minor hockey at the community club level is played for the love of the game and even though it is a very competitive sport, the emphasis should be placed on participation and insist on fair time for every player included.
- IMHA upon receipt of successive complaints in writing regarding unfair playing time, the Executive will have said complaints investigated and may suggest the coach in question not be permitted to coach any longer in the IMHA league.

Appendix D: Tournament Format for the IMHA League Playoffs

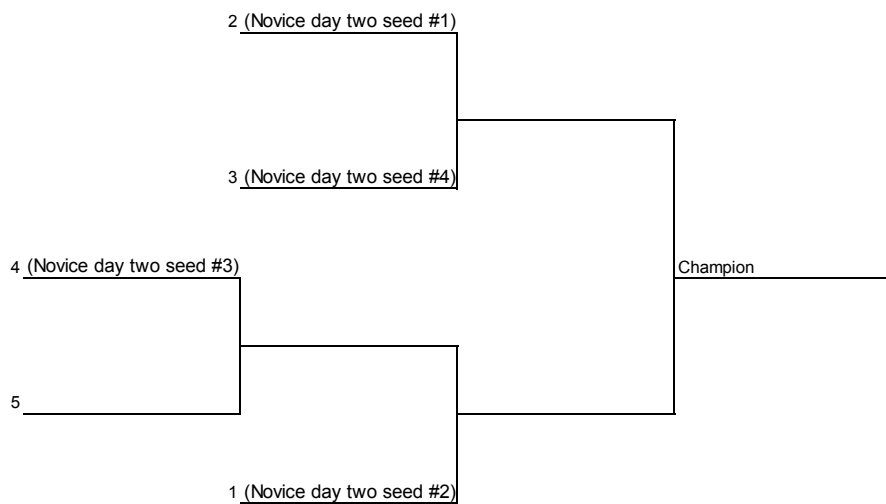
3 team playoff:



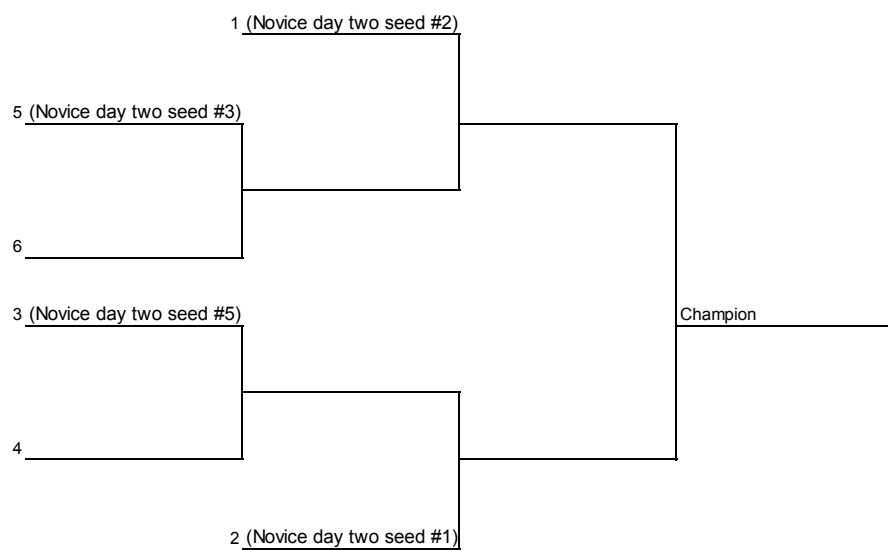
4 team playoff:



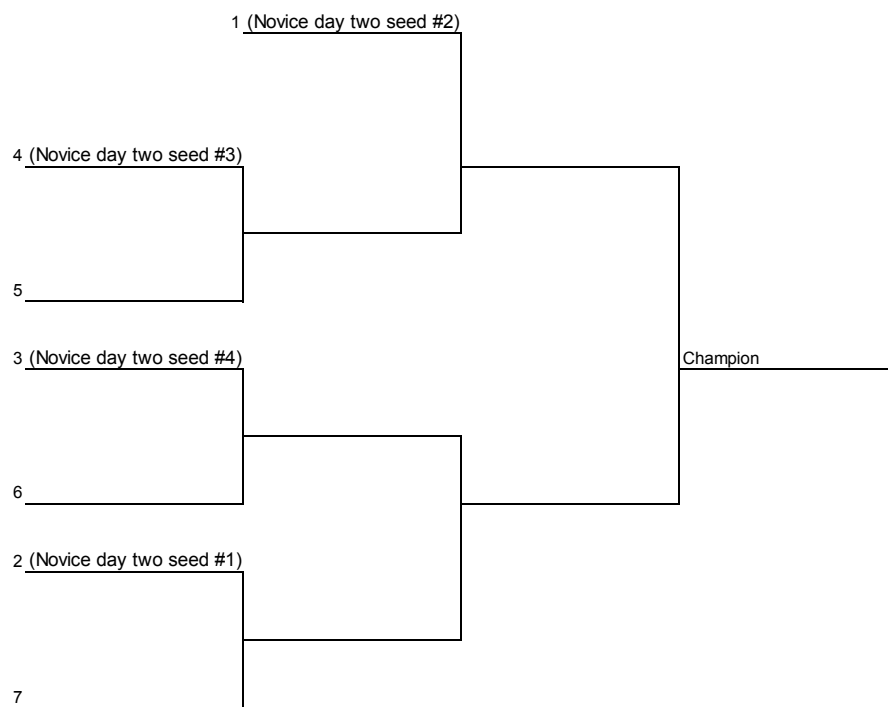
5 team playoff:



6 team playoff:



7 team playoff:



8 team playoff:

