

Seneca, Choices for Life

On Site Guidelines & Prayer Guide

THE BEGINNING OF THE END OF ABORTION

40 DAYS FOR LIFE

Fall 2023 | Sept 27 - Nov 5

706.992.6700
support@senecacfl.org



seneca

EMERGENCIES (Medical or otherwise)—please dial 911

Thank you for coming to Seneca, Choices for Life to participate in 40 Days for Life. Seneca is a non-profit Christian ministry with the mission to make abortion unthinkable through prayer, intervention, and prevention. Our founding scripture is *Psalm 91:4* ***“He will cover you with his feathers and under his wings you will find refuge; His faithfulness will be your shield and rampart.”*** This verse was chosen because of the spiritual battle that fighting abortion truly is. We are fighting the enemy day in and day out to ensure families and mothers get the wrap-around support they need.

As the leader for 40 Days for Life in Columbus, Georgia, it is our honor to welcome you to create a culture of love and hope. As a Christian example of love, it is our calling to demonstrate the virtues of faith, hope, and love to all we encounter. As the great evangelist Paul wrote: ***“If I speak in the tongues of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal. If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing.”*** (1 Cor. 13:1-3). It is our hope to imitate this love in action! Our love demonstrates to our community that we are welcoming and safe—that **we** are the place of **shelter**, NOT the abortion facility.

Participants registered through our link to the 40 Days for Life website at www.senecacfl.life are welcome on Seneca’s property. Please scan the QR code to register. Or, sign the on-site “Statement of Peace” and place it in the Seneca mailbox. To ensure the integrity of the mission, we ask that all participants adhere to the following guidelines.

What to DO:

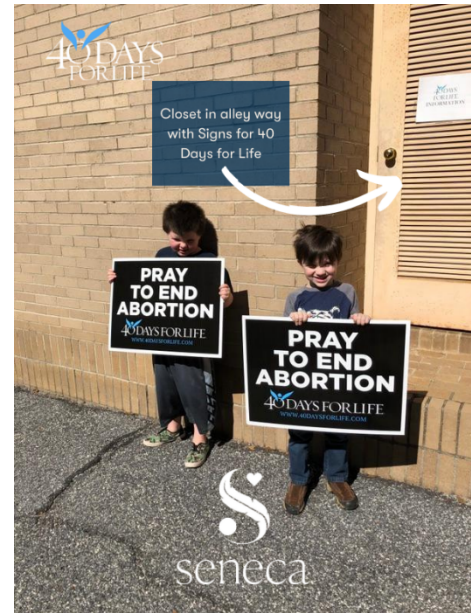
- Pray, Fast, Witness!
 - o On non-abortion days, you are welcome throughout the property of Seneca.
 - o On abortion days, we ask that you stay in specified prayer zones to allow for the highly trained Sidewalk Advocates to utilize the final-100-yards approach, similar to the highly trained “green berets” of the Army to battle the enemy in the final 100 yards, in the most trained manner possible. The surrounding prayer zones are likened to the Big Army or the widespread support network—the prayer partners for 40 Days for Life!!
- Be peaceful, prayerful, and law-abiding, through quiet prayer.
- Bring your bible or other devotional book to read from. Personal devotional time is valuable in such a busy world. Being at the abortion facility is like being at the foot of the cross. Such proximity to the suffering matters, especially to Jesus.

“Near the cross of Jesus stood his mother, his mother’s sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, “Woman, here is your son,” and to the disciple, “Here is your mother.” From that time on, this disciple took her into his home.”

--John 19: 25-27

- Look approachable. Pray, smile, and display Christian love and kindness.
- Pray in Small Groups. Two people are welcome to gather for prayer or scripture reading. Larger groups are discouraged because we don’t want to give the appearance of a mob. We ask that only 2-3 people max pray/read together at a time, otherwise it could be intimidating to the mothers we are trying to reach.

“For where two or three gather in my name, there am I with them.” -- Matthew 18:20
Signage:



- Do use ONLY 40 Days for Life official signage. This helps to ensure the culture is upheld. We don't want any condemning words or images displayed, as this will be a deterrent to women accepting the loving help of Christ offered by the trained advocates.
- Do be effective!! Spread out along the roadway to hold signs provided for you.
- Get signs from the closet in the alleyway between Seneca and the abortion facility. Put signs away when you have finished praying.

Hours & Days:

- All participants are asked to sign-in upon arrival. Our goal is to have constant prayer 7 am-7 pm, petitioning the Father for an end to the scourge of abortion, which is creating such darkness in our midst with innocent lives being killed.
- This 12-hour vigil wraps around the prayer support for Seneca's team and helps send the message to the community that abortion is not wanted here!
- Seneca's operating hours are during the most likely abortion days/times. They are:

Wednesday	8:30 am – 3:00 pm
Thursday	8:30 am – 3:00 pm
Friday	8:30 am – 3:00 pm
Saturday	9:00 am – 12:30 pm

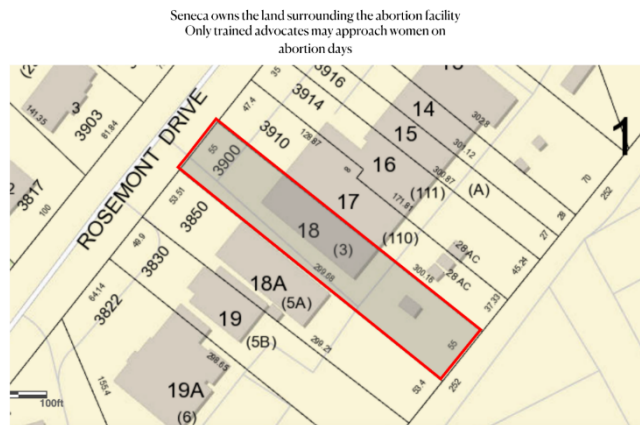
40 Days for Life will occur on non-abortion days and abortion days. Most days of any given week are non-abortion days. The abortion facility will not perform any other services on those days. They have limited staffing and offer no other medical services on non-abortion days. Their primary function on non-abortion days is to answer the phones and book appointments. Most Saturdays, however, are abortion days, so be aware that these days are very busy. Every prayer and participant is important, no matter when they are present on site!

What to Expect? Non-Abortion Days

- Prayer Zones: Along the alleyway between Seneca and the Abortion Facility, along the roadway, or in front of the Abortion Facility Sign or Seneca's Sign.
- Even if the clinic and Seneca appear to be closed, it is extremely important that all participants follow the laws governing property boundaries and stay on Seneca's property or the public right of way. The map here outlines in red the property that Seneca owns.

Why?

- Participants are here as a physical representation, a visible gesture in our community, that we Support Life. This includes the lives of the unborn and the born.
- We are NOT here to condemn or judge the parents, the workers, or anyone else on the property next door. This is not a protest!
- Our goal is to show God's love, even in the most difficult circumstances. Jesus Christ is the Hope and Help



that we all need to live happy and healthy lives, and we are here to humbly represent Him on Earth.

- If you have questions or concerns about activity, please email: admin@senecacfl.org

What to expect? **Abortion Days**

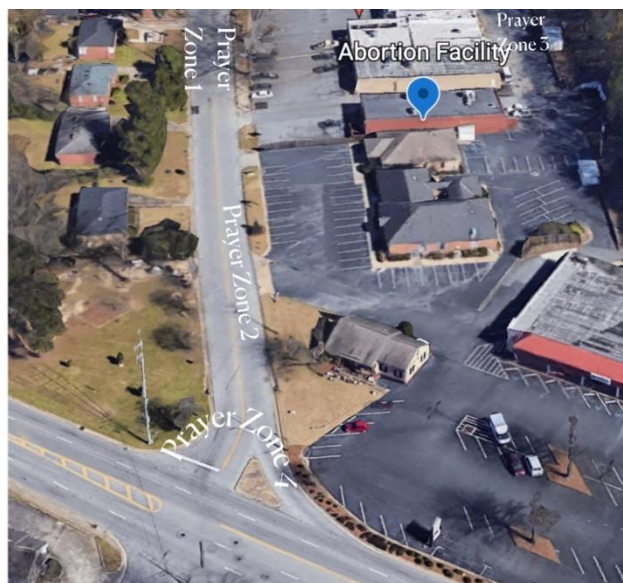
- If you've never experienced an "abortion day," you will likely have a variety of responses from sadness (when babies are not saved), to excitement (when they are).
- To protect the integrity of the mission and help serve the mothers with privacy and confidentiality, we ask that you not engage unless you are a certified Seneca Sidewalk Advocate. Email AmandaW@senecacfl.org for more information on becoming a Sidewalk Advocate!
- **Prayer Zones:** Please stay within the marked boundaries for prayer along the roadway in front of the hedges OR along the roadways leading up to the abortion facility. Pictured here are the four Prayer Zones for Abortion Days.

Thank you so much for coming out to participate in 40 Days for Life! We pray that this will richly bless your life and the lives of the people around you.

If you are struggling after an abortion, please contact Seneca or make a confidential text/call/email to our Healing Coordinator:

Deborak Penzak
(240) 423-6083

hismercy4you@hotmail.com



Dear Prayer Partners,

This prayer walk was designed to increase awareness of the many realities that women, men, and their unborn babies live in. It serves as an opportunity to foster empathy whereby we lend our hearts, in love, to share in the vulnerability and pain each person is suffering. It is an invitation to encounter Christ within each woman, and it is a call to discern God's will for your own life to serve, in varying capacities, families experiencing an unplanned pregnancy.

We ask you to meditate on the scriptures provided and to be open to His promptings in your own heart as you pray through the questions below:

- **What can I do now for those families who have been, are, and will be, in this reality?**
- **What is my church doing to help this family?**
- **Do I have empathy for this woman?**
- **What would I do if I were in this position?**

Take the time now to purify your soul and come to the Lord in Adoration, Confession, Thanksgiving, and Supplication. We thank you for fasting and praying—asking God to rescue these babies from being aborted and to help these mothers and fathers understand the travesty of abortion.

“He will cover you with His Feathers, and under His wings you will find Refuge.” --Psalm 91:4

Come Holy Spirit, open my heart and guide me to loving each and every person in the situations I will encounter in this prayer walk.

Adoration

Father God in heaven, You are most Holy. I lift my voice in praise to You, for You are all knowing and all powerful, and there is nothing You cannot do.

Daniel 2:20, Chronicles 16:28, Ephesians 1:6, Exodus 15:2

Confession

Please forgive me, Oh God, for my pride and selfishness; for my disobedience, for my unkind thoughts and words against others. I repent of my careless ways. I know that I have hurt You in doing these things. I have wounded others as well. There is no good in me apart from You. Help me to examine myself; to forgive those who have hurt me, and to remember that if I have unforgiveness within myself that You cannot forgive me.

Colossians 3:13, Matthew 6:12, Matthew 6:14-15, Luke 17:3-4

Thankfulness

Thank you God, that You are my heavenly Father full of grace and mercy. Please remind me that I should show grace and mercy toward others. Help me to love others as You have loved me. Thank you God for Your love bestowed upon me. Thank you for saving my soul. Thank you for Your grace and mercy poured down

upon Your children. Thank you that You desire for me to be a part of sharing Your love with others. Thank you that Your love endures forever. Thank you for the gifts that You have and will bestow upon Your children as we continue to know and trust You in everything. Help me to give thanks in all circumstances, for this is Your will, for Your glory. Thank you that I can talk to You and that You hear my prayers. Help me to have a greater faith in You. Thank you for the babies that You have rescued by interceding in their lives. Thank you for the mothers and fathers of these babies that You have opened their eyes to the beautiful gift of life, and shown them that abortion is not from You, the Creator of life.

2 Chronicles 5:13; 2 Corinthians 4:15, 9:11; Psalm 9:1

Supplication

Oh Lord, please hear this prayer. May Your will be done. Please use us mightily at Seneca. Please help us to trust in You and not in ourselves. Help us to reach out to these ladies in prayer with a pure love for their lives; that they might honor You and not themselves. Please give us wisdom and understanding from You first, and how we can continue in Your ministry and not try to make it ours.

Philippians 4:6; 1 Timothy 2:1; Psalm 143:1

Prayers for Pro Life Ministry

Dearest Lord, please increase my faith to know that in due season, this abortion facility will close and be replaced with a place of hope and healing. Increase my love for all people to help facilitate the conversion of all the employees, doctors, and nurses; that they may see the light of Christ and choose life. Increase my faith to know that You are ultimately and completely in control of all things. May You be praised now and forever!

I pray that there will be a spirit of unity among all the volunteers and a spirit of grace and mercy out in the parking lot of Seneca. I pray that we may be blessed to build a culture of life in the Chattahoochee Valley and by joining forces with Sound Choices, all pro-life groups and churches, that all lives will be spared from abortion in our community.

Please bless the mothers and fathers that have joined our case management here at Seneca. Please lead our case manager, the client advocates, sidewalk advocates, and all of the Seneca staff and prayer partners to do all that You have for us to accomplish. Please bless the staff and volunteers of Sound Choices and Seneca to share the gospel in their loving acts by serving through action and grace. May the glory be Yours in all we say and do! We love You, sweet Jesus, because You loved us first, not because we are worthy, but because You are our loving Savior and there is none as Holy and Mighty as You. Amen.

Prayer Walk

1. When my cousin was pregnant five years ago, my family treated her horribly. There was no shower, no one at the hospital; she was put out. I'm the only one who visits her. Am I strong enough to have this baby without support?

"Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with You. He will not leave you or forsake you." --Deut. 31:6

2. My husband is deploying in 3 weeks. We just moved here, and I am suffering with terrible depression. I feel so alone. How can I manage being pregnant and alone right now?

"Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand." --Isa. 41:10

3. I go to church every Sunday. I've never heard my pastor talk about abortion and I've never seen the word abortion in the Bible. It's legal; what's the problem?

"But be doers of the word, and not hearers only, deceiving yourselves." --James 1:22

4. I have cancer. My doctor is encouraging me to abort. He's right; how can I emotionally or physically deal with a pregnancy right now?

"More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope."
--Rom. 5:3-4

5. My husband hurts me. I have tried to leave but it is so hard. The local shelters are always full and I don't know anyone that can take me in. How can I bring an innocent baby into this situation?

"Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy him. For God's temple is holy, and you are that temple." --1 Cor. 3:16-17

6. I had an abortion 2 years ago. I try not to think about it. I never thought I would be in this place again; I just have to do this one more time. If I was able to do it once, why can't I do it twice?

"We know that we are from God, and the whole world lies in the power of the evil one." --1 John 5:19

7. I said no, but he didn't care. Now I am pregnant. How can I give birth to my rapist's son?

"When the righteous cry for help, the Lord hears and delivers them out of all their troubles. The Lord is near to the brokenhearted and saves the crushed in spirit."
--Ps. 34:17-19

8. I don't want an abortion, but my boyfriend says we are not having any more children. He gave me the money and told me to not come home until it was done. What would you do?

“Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things.” –1 Cor. 13:4-7

9. The same day I found out I was pregnant, I received my college acceptance letter in the mail. My mom and dad say I can't go to college and raise a child. How can I disappoint everyone who believed in me?

“Casting all your anxieties on him, because he cares for you.” –1 Peter 5:7

10. I have a 6 month old and 3 other kids at home. I love them all so much, but I get so anxious and depressed after each pregnancy. How can I put my family through that again so soon?

“Children are a heritage from the Lord, offspring a reward from him. Like arrows in the hands of a warrior are children born in one's youth. Blessed is the man whose quiver is full of them.” –Ps. 127:3-5

11. We lost our home after I was let go from my job for missing too many days of work. My 4 year old has an autoimmune disorder and gets very sick sometimes. I have to take off work to take her to the doctor. We couldn't make ends meet on just my husband's income. How can I afford a baby right now?

“But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore, I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.” –2 Cor. 12:9

12. My unborn baby has downs syndrome. I already have other children at home. How can I find the time, money, and the strength to care for this child?

“I can do all this through him who gives me strength.” –Phil. 4:13

13. It was a difficult time in my marriage; regrettably, I had an affair. My husband and I are back together; we want to work things out. I am pregnant from my one-night stand. If I continue this pregnancy, I will risk losing my marriage. How can I take that chance?

“No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.” –1 Cor. 10:13

14. I just got a promotion. I am not ready to be a mother yet. This is my body and my right to choose. I know what is best for me. Who are you to tell me I am wrong?

“Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.” –1 Cor. 6:19-20