

40 DAYS FOR LIFE®



Kalamazoo Campaign Vigil Guide

Information for 40 Days for Life prayer volunteers

*Now the word of the LORD came to me, saying,
"Before I formed you in the womb I knew you, and
before you were born I consecrated you; I appointed you
a prophet to the nations." ~ Jeremiah 1:4-5*

Introduction

40 Days for Life is a community-based campaign that takes a determined, peaceful approach to showing local communities the consequences of abortion in their own neighborhoods, for their own friends and families. It puts into action a desire to cooperate with God in the carrying out of His plan for the end of abortion. It draws attention to the evil of abortion through the use of:

- Prayer and fasting
- Constant vigil
- Community outreach

We're praying for...

All those wounded by abortion in the past, now and in the future, including: mothers with no choice, fathers with no hope, families with no say, and babies with no chance. Remember: you are the last sign of hope for those entering the facility, and the first sign of mercy for those coming out. We pray in a special way for all those who work at Planned Parenthood; No one grows up wanting to work in the abortion industry.

God has unleashed tremendous (world-wide) campaigns of prayer and fasting for bringing about an end to the scourge of abortion. Every person joining forces in these campaigns is binding themselves with the army of God! And, we know that with God ALL things are possible. After ten years of steadfast prayer, we pray for the day when the Kalamazoo Planned Parenthood abortion clinic will close its doors forever.

Our campaign is always interested in improving! If you have suggestions for updates to this document, please contact us at 40dayskalamazoo@gmail.com. May God bless your sacrifices of prayer and fasting!

Important Contacts

Facebook: 40 Days for Life of Kalamazoo

Email: 40DaysKalamazoo@gmail.com

Website: 40daysforlife.com/Kalamazoo

Campaign Leaders: **Brenda Sinkovitz** - 269.491.0377 and **Joe Magalski** - 989.992.6085

Sidewalk Advocates for Life: **Mary Jeske** - 219-393-0644 / 20mlj3@gmail.com

Donations

Tax-deductible donations can be directed to our sponsoring organization, Coalition for Life (please specify 40 Days for Life when donating). Donations must be made payable to:

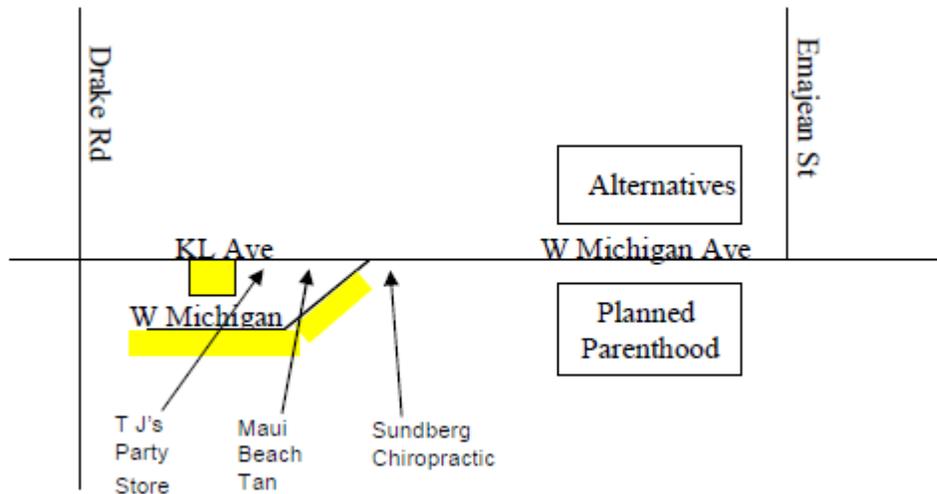
Coalition for Life – Kalamazoo

7082 N 30th St.

Richland, MI 49083

Location

In the Kalamazoo area, we pray on the sidewalk in front of the Planned Parenthood abortion clinic located at 4201 W Michigan Ave.



Parking

Parking is available on the dead-end street (W Michigan Ave) 2 blocks west of Planned Parenthood (toward Drake Road next to Sundberg Chiropractic) or in the empty lot to the west of the Party store - see yellow highlighting on map.

Planned Parenthood Hours

Monday	9 am – 5 pm
Tuesday	11 am – 7 pm
Wednesday	9 am – 6 pm
Thursday	9 am – 5 pm (Abortions are done)
Friday	9 am – 5 pm (Abortions are done)
Saturday	Closed
Sunday	Closed

Signing Up to Pray

Kalamazoo prayer vigil hours are: Monday through Saturday; 8:00 am to 8:00 pm.

Join the campaign, indicating your prayer commitment through contact with:

- Online calendar – 40daysforlife.com/kalamazoo
- By email – 40dayskalamazoo@gmail.com
- Contacting campaign leaders (see page 1)
- Through your local church coordinator

Suggestions for praying

- Join with others on the sidewalk or stand apart in a way that is comfortable for you
- Stand facing the building or face the road, always remaining mindful of sidewalk traffic
- Pray a set of prayers in keeping with your faith tradition (example: the Rosary)
- Use the 40 Days for Life Devotional Prayers available in booklet form from campaign leaders or online at <https://www.40daysforlife.com/resources-devotionals.aspx>
- Bring along a Bible or other appropriate prayer materials
 - One such resource: "The Catholic Devotional - A Collection of Prayers and Inspiration for Every Catholic"

Statement of Peace

All prayer vigil participants are asked to abide by the following guidelines. A document, entitled, "Statement of Peace", is available in the resources section of our local campaign website: [40daysforlife/kalamazoo](https://40daysforlife.com/kalamazoo). All participants are asked to sign the form and forward it to campaign leaders.

Signing a STATEMENT OF PEACE involves the commitment to the following:

I testify to the following:

1. I will only pursue peaceful solutions to the violence of abortion when volunteering with the 40 Days for Life campaign
2. I will show compassion and reflect Christ's love to all abortion clinic employees, volunteers and customers
3. I understand that acting in a violent or harmful manner immediately and completely disassociates me from the 40 Days for Life campaign
4. I am in no way associated with the abortion clinic or its affiliates either by way of employment, informant, volunteer, client, or otherwise

5. While standing on the public right of way in front of the abortion clinic:
 - I will not obstruct the driveways or footpath
 - I will not drop litter on the public right of way
 - I will closely attend to any children I bring to the prayer vigil
 - I will not threaten, physically contact, or verbally abuse the abortion clinic employees, volunteers, or customers
 - I will not vandalize private property
 - I will cooperate with the local authorities

Peaceful Vigils - Good Practices

1. **CONDUCT.** In keeping with the precepts stated in the Statement of Peace, no actions during a vigil should be aggressive in any way.
2. **VOCAL PRAYERS.** Devotions made aloud should always be offered with consideration for others praying nearby who may be of differing faith traditions.
3. **VOLUME of VOICE.** Praying or singing aloud can be a beautiful testament to our Faith. Maintaining a temperate volume that invites others to listen but doesn't disrupt their own prayer is recommended.
4. **LOUD NOISES.** Making loud statements or sounds is incompatible with the peaceful message of the vigil.
5. **INFORMATION ABOUT ABORTION.** Should information about abortion pill reversal, post-abortion healing, pregnancy testing/support be requested, please offer information in a loving manner.
6. **BELONGINGS.** Only essential items needed by prayer volunteers should be brought to the vigil site.
7. **FOOD AND DRINK.** Any food or drink necessary to sustain a prayer volunteer during their time of prayer should be consumed with a discretion that does not distract from the primary purpose of the vigil, prayer.
8. **SIGNS.** Positive Life-affirming signs are allowed as long as they are not placed in the ground.

Assurances Regarding Encountering Others

- Community members have a legal right to stand and pray on the public sidewalk and area police are well aware of our intentions and our individual rights.
- If police ever visit (a rare occurrence), listen attentively to everything they say. Do not hesitate to engage them in conversation (the sight of a police car can have a deterrent effect on those contemplating abortion). Politely explain that you are here to pray peacefully, have agreed to abide by all laws and understand that you may not block the sidewalk. If the police ask you to move or do something, obey promptly and courteously. If you are uncomfortable with the manner in which they interact with you, contact campaign leaders afterwards. If you can do so tactfully, ask for the officer's name.
- If anyone inquires as to the reason for your presence, simply tell them about the peaceful, prayerful 40 Days for Life Campaign. Be kind, gentle and compassionate. Mentally remind yourself that anyone you meet may have had an abortion or been involved with one. Explain we are there to help:
 - those who believe they have no choice but abortion
 - those who have been involved in an abortion in the past and are still hurting.
- If you are given a donation, thank them and then contact a campaign leader.
- When addressing a mother/couple contemplating abortion, direct them to Alternatives Pregnancy Center, which is right across the street; 4200 W. Michigan Ave. Ste. 100, Phone: 269-345-1740
- Help is available for post-abortive women from organization such as Project Rachel. Information is available online (hopeafterabortion.com) as well as from Caring Network and Coalition for Life – Kalamazoo. Brochures, information regarding counseling, healing retreats, and recognizing the symptoms of “Post Abortion Stress” are all available. Assume that ANYONE with whom you're talking has either had an abortion or been involved in one. Recognize that there can be pain, hopelessness, anger, guilt, unresolved grief, regret or self-hatred. Tread softly with the hearts of anyone you encounter.
- A woman at risk of homelessness may call Gabriel Network 800-AngelOK. Many mothers are told by their boyfriends or parents that if they don't have an abortion, they will be kicked out of the house. There is help available.
- Many have prayed for years without ever having an unexpected encounter. Keeping a prayerful disposition at all time greatly diminishes such interactions.
- Sidewalk Advocates for Life are people trained in engaging clients that come to Planned Parenthood so you may see them while you are at Planned Parenthood. If you are interested in finding out more about this ministry, contact TheirSidewalkAdvocates.org, or local leader Mary Jeske, 20mlj13@gmail.com.

Pregnancy Services / Options Counseling (courtesy of Sidewalk Advocates for Life)

Pregnancy Centers

Alternatives

4200 W. Michigan Ave. Ste. 100, Kalamazoo, MI 49006 Phone: 269-345-1740
Monday – Friday 10am – 4pm;
FREE, confidential, highly sensitive, urine-based pregnancy tests.
Walk-in's accepted for pregnancy test; call/visit to make an appointment for ultrasound.

Caring Network

1441 S. Westnedge Ave., Kalamazoo, MI 49008 Phone: 269-381-9800
FREE; Appointment Preferred: Monday – Friday 9am – 5pm
Walk-ins also available Mondays 3:00 - 4:30 pm
Also provides pregnancy tests, housing information, clothing, diapers and many more services
Ultrasounds are available from Holy Family Health Care Tuesdays 1 – 5pm (Sliding Fee Scale)

Holy Family Health Care

301 N. Center St., Hartford, MI 49057 Phone: 269-621-0011
Mon 8am – 8pm / Tues 8am – Noon / Wed 8am – 8pm / Thurs closed /
Fri 8am – 6pm / Sliding Fee Scale / Medicaid / many insurance plans
Well-woman services (breast exam, pap exams, etc.)

Family Health Center

117 W. Paterson Street, Kalamazoo, MI 49007 Phone: 269-349-2641
M-Thurs: 8am – 8pm / Fri: 8am – 6pm / Sat: 9am – 1pm
FREE Pregnancy Tests Mon – Fri 2-4pm. Other service fees on Medicaid/ Sliding Scale

STI/STD Screening

Alternatives

4200 W. Michigan Ave. Ste. 100, Kalamazoo, MI 49006 Phone: 269-345-1740
Monday – Friday 10am – 4pm
By Appointment Only: FREE confidential Chlamydia & Gonorrhea screening using urine sample.
FREE HIV screen with a finger poke for same day results. All tests performed by a registered nurse.

Family Health Center

117 W. Paterson Street, Kalamazoo, MI 49007 Phone: 269-349-2641
M-Thurs: 8am – 8pm / Fri: 8am – 6pm / Sat: 9am – 1pm

Abortion Pill Reversal

Medication abortion reversal is possible!!

Unplanned pregnancy can be scary and many women make decisions to abort their babies when they are terrified and stressed. After some time thinking about it, many women would like to change their minds about a MEDICATION ABORTION. There is an effective process for reversing the abortion pill, called “abortion pill reversal”. However, timing is very important.

For women having taken the first dose of the ABORTION PILL, MIFEPRISTONE (Mifeprex or RU-486) and regret the decision, there is help! A call to a 24/7 HOTLINE will provide nurse-directed counseling of options: **HOTLINE# (877) 558-0333**