

## Alternative Support

Care Net Pregnancy Center. All services free.

Pregnancy tests, options counseling, education, material support, local resources, life and parental skills training. 2460 Athens Ave, Redding. 530-246-7075

Lifelight. All services free. Pregnancy testing, counseling, classes, Earn While You Learn program. 2929 Bechelli Lane, Redding. 530-222-5200

Quality Women's Health: search for providers at [getyourcare.org](http://getyourcare.org)

Women's Centers: search for care centers at [optionline.org](http://optionline.org)

Post Abortion care:

Rachel's Vineyard at [Rachelsvineyard.org](http://Rachelsvineyard.org).

[Hopeafterabortion.com](http://Hopeafterabortion.com).

[Abortionpillreversal.com](http://Abortionpillreversal.com) 877-558-0333

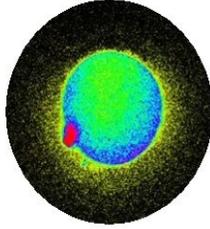
Care Net and Lifelight can provide referrals to community resources according to your needs: medical centers, food, social services, county services and much more. Let them know your concerns.

You are not alone. Others are there to help!

### The Miracle of Life!

Day 1: At conception there is a brilliant flash of light.

The cells start multiplying at an astronomical pace.



Week 3: There is a beating heart.



### Week 8:



At just 8 weeks the baby is well proportioned.

Every organ is present.

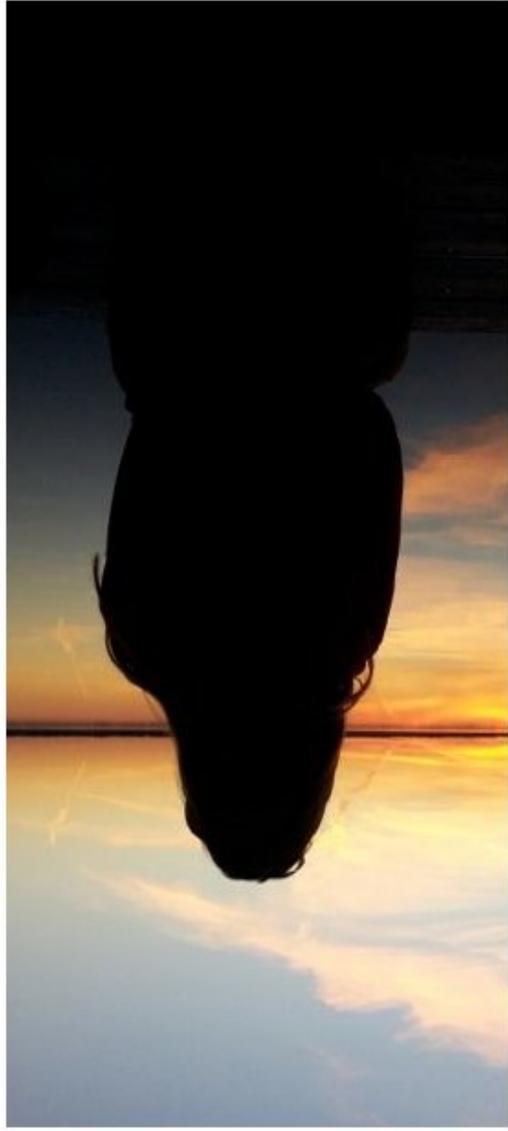
The baby has tiny hands

and feet. The liver is making blood,

the kidney is functioning and the

heart is beating steadily.

Life is precious. Protect it.



# Choices

## Women's Health

Informed choices make for the best choices. Women's health centers such as Planned Parenthood and other abortion centers are often very good at PR and creating an image that they offer essential quality health care for women. But does their image and advertising match the facts? Do these places put women's health above all other priorities? Decide for yourself. Typically these abortion providers have:

- \* **No medical doctors on staff.**
- \* **No registered nurses on staff.**
- \* **No formal medical training.**
- \* **Facilities that do not comply with strict medical standards.**
- \* **No mammograms.**
- \* **No or very little pre-natal care.**
- \* **No services for newborns.**
- \* **No services for young children.**

At their core, these are abortion businesses. Their big ticket item is abortion. These abortion businesses have a variety of services for women who are inclined to abort but they have no or very few services for women who want to care for their babies. Is it really pro-choice to offer little or nothing to those who choose to keep and care for their babies?

## Services

The services offered by most abortion businesses are limited and often incomplete. For instance, they offer mammogram referrals but no mammograms. This is basically saying we can't do mammograms, all we can do is tell you about another place that can do them. Why not go straight to the place that can actually do mammograms?

Most abortion businesses will do STD and other testing but they cannot treat STDs or offer professional medical guidance on the best treatment plan for you. Why not go to a real medical institution that can offer the best treatment plan after testing?

## Birth control

There are many options for birth control and every woman deserves accurate and unbiased information about each option. Some birth control methods prevent conception but many commonly used methods don't prevent conception, they destroy a developing embryo. Many frequently used forms of birth control are considered abortive. Many methods have undesired side effects that should be discussed with a trained medical professional. Can an abortion business be trusted to give the most accurate and unbiased information when they have no objections to terminating embryonic human life and they actually make money if their advice leads to abortion later on?

## Pregnancy

Pregnancy, whether planned or unplanned, is a major life event. A woman who learns she is pregnant is faced with choices that can't be taken lightly. You owe it to yourself to take your time, weigh important decisions carefully and make an informed choice. This shouldn't be done rashly or out of fear or pressure. It's worth it to take your time and find out about support and options that are available. You are not alone.

Abortion businesses have been known to push abortion as the quick and easy answer. This should be expected since this is where they make their big money. You don't have to be rushed into one choice, their choice. There are people who will support you. Many women get over the initial shock of an unplanned pregnancy and discover that there is help and hope. Many women choose adoption over abortion.

Abortion businesses sometimes bill themselves as empowering women. How empowering is it to tell a woman that she can't handle being a mother? It's not empowering to say, "You can't handle the responsibilities of a child, let us relieve you of those responsibilities by aborting your unborn child." It's not empowering to push abortion while not informing women of the possible negative physical and emotional consequences of abortion.