

# 40 DAYS FOR LIFE®



## Kalamazoo Campaign Vigil Guide

*Information for 40 Days for Life prayer volunteers*

*Now the word of the LORD came to me, saying,  
"Before I formed you in the womb I knew you, and  
before you were born I consecrated you; I appointed you  
a prophet to the nations." ~ Jeremiah 1:4-5*

## Introduction

40 Days for Life is a community-based campaign that takes a determined, peaceful approach to showing local communities the consequences of abortion in their own neighborhoods, for their own friends and families. It puts into action a desire to cooperate with God in the carrying out of His plan for the end of abortion. It draws attention to the evil of abortion through the use of:

- Prayer and fasting
- Constant vigil
- Community outreach

We're praying for...

All those wounded by abortion in the past, now and in the future, including: mothers with no choice, fathers with no hope, families with no say, and babies with no chance. Remember: you are the last sign of hope for those entering the facility, and the first sign of mercy for those coming out. We pray in a special way for all those who work at Planned Parenthood; No one grows up wanting to work in the abortion industry.

God has unleashed tremendous (world-wide) campaigns of prayer and fasting for bringing about an end to the scourge of abortion. Every person joining forces in these campaigns is binding themselves with the army of God! And, we know that with God ALL things are possible. After ten years of steadfast prayer, we pray for the day when the Kalamazoo Planned Parenthood abortion clinic will close its doors forever.

Our campaign is always interested in improving! If you have suggestions for updates to this document, please contact us at [40dayskalamazoo@gmail.com](mailto:40dayskalamazoo@gmail.com). May God bless your sacrifices of prayer and fasting!

## Important Contacts

Facebook: 40 Days for Life of Kalamazoo

Email: [40DaysKalamazoo@gmail.com](mailto:40DaysKalamazoo@gmail.com)

Website: [40daysforlife.com/Kalamazoo](http://40daysforlife.com/Kalamazoo)

Campaign Leaders: **Brenda Sinkovitz** - 269.491.0377 and **Joe Magalski** - 989.992.6085

Sidewalk Advocates for Life: **Mary Jeske** - 219-393-0644 / [20mlj3@gmail.com](mailto:20mlj3@gmail.com)

## Donations

Tax-deductible donations can be directed to our sponsoring organization, Coalition for Life (please specify 40 Days for Life when donating). Donations must be made payable to:

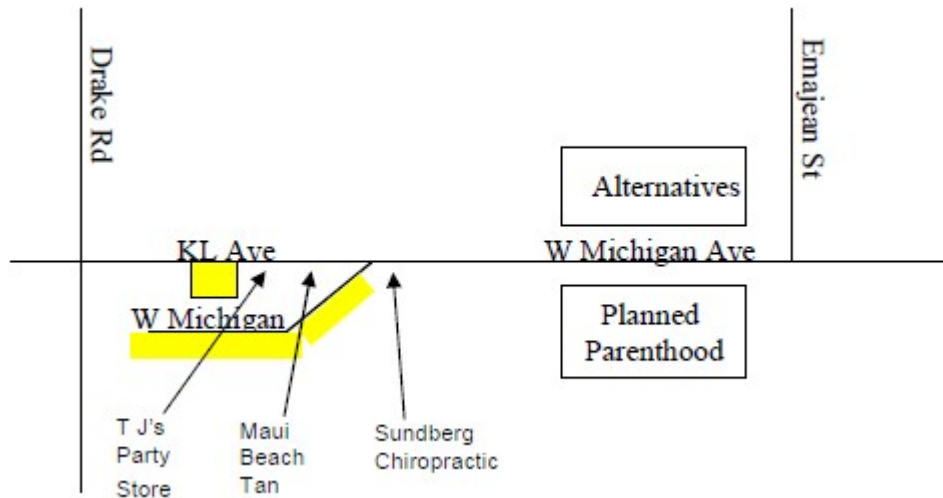
**Coalition for Life – Kalamazoo**

7082 N 30<sup>th</sup> St.

Richland, MI 49083

## Location

In the Kalamazoo area, we pray on the sidewalk in front of the Planned Parenthood abortion clinic located at 4201 W Michigan Ave.



## Parking

Parking is available on the dead-end street (W Michigan Ave) 2 blocks west of Planned Parenthood (toward Drake Road next to Sundberg Chiropractic) or in the empty lot to the west of the Party store - see yellow highlighting on map.

## Planned Parenthood Hours

Monday	9 am – 5 pm
Tuesday	9 am – 5 pm
Wednesday	9 am – 5 pm
Thursday	8 am – 4 pm
Friday	8 am – 4 pm
Saturday	Closed
Sunday	Closed

## Signing Up to Pray

Kalamazoo prayer vigil hours are: Monday through Saturday; 8:00 am to 8:00 pm.

Join the campaign, indicating your prayer commitment through contact with:

- Online calendar – [40daysforlife.com/kalamazoo](https://www.40daysforlife.com/kalamazoo)
- By email – [40dayskalamazoo@gmail.com](mailto:40dayskalamazoo@gmail.com)
- Contacting campaign leaders (see page 1)
- Through your local church coordinator

## Suggestions for praying

- Join with others on the sidewalk or stand apart in a way that is comfortable for you
- Stand facing the building or face the road, always remaining mindful of sidewalk traffic
- Pray a set of prayers in keeping with your faith tradition (example: the Rosary)
- Use the 40 Days for Life Devotional Prayers available in booklet form from campaign leaders or online at <https://www.40daysforlife.com/resources-devotionals.aspx>
- Bring along a Bible or other appropriate prayer materials
  - One such resource: "The Catholic Devotional - A Collection of Prayers and Inspiration for Every Catholic"

## Statement of Peace

All prayer vigil participants are asked to abide by the following guidelines. A document, entitled, "Statement of Peace", is available in the resources section of our local campaign website: [40daysforlife/kalamazoo](https://www.40daysforlife.com/kalamazoo). All participants are asked to sign the form and forward it to campaign leaders.

Signing a STATEMENT OF PEACE involves the commitment to the following:

I testify to the following:

1. I will only pursue peaceful solutions to the violence of abortion when volunteering with the 40 Days for Life campaign
2. I will show compassion and reflect Christ's love to all abortion clinic employees, volunteers and customers
3. I understand that acting in a violent or harmful manner immediately and completely disassociates me from the 40 Days for Life campaign
4. I am in no way associated with the abortion clinic or its affiliates either by way of employment, informant, volunteer, client, or otherwise

5. While standing on the public right of way in front of the abortion clinic:
  - I will not obstruct the driveways or footpath
  - I will not drop litter on the public right of way
  - I will closely attend to any children I bring to the prayer vigil
  - I will not threaten, physically contact, or verbally abuse the abortion clinic employees, volunteers, or customers
  - I will not vandalize private property
  - I will cooperate with the local authorities

## **Peaceful Vigils - Good Practices**

1. **CONDUCT.** In keeping with the precepts stated in the Statement of Peace, no actions during a vigil should be aggressive in any way.
2. **VOCAL PRAYERS.** Devotions made aloud should always be offered with consideration for others praying nearby who may be of differing faith traditions.
3. **VOLUME of VOICE.** Praying or singing aloud can be a beautiful testament to our Faith. Maintaining a temperate volume that invites others to listen but doesn't disrupt their own prayer is recommended.
4. **LOUD NOISES.** Making loud statements or sounds is incompatible with the peaceful message of the vigil.
5. **INFORMATION ABOUT ABORTION.** Should information about abortion pill reversal, post-abortion healing, pregnancy testing/support be requested, please offer information in a loving manner.
6. **BELONGINGS.** Only essential items needed by prayer volunteers should be brought to the vigil site.
7. **FOOD AND DRINK.** Any food or drink necessary to sustain a prayer volunteer during their time of prayer should be consumed with a discretion that does not distract from the primary purpose of the vigil, prayer.
8. **SIGNS.** Positive Life-affirming signs are allowed as long as they are not placed in the ground.

## Assurances Regarding Encountering Others

- Community members have a legal right to stand and pray on the public sidewalk and area police are well aware of our intentions and our individual rights.
- If police ever visit (a rare occurrence), listen attentively to everything they say. Do not hesitate to engage them in conversation (the sight of a police car can have a deterrent effect on those contemplating abortion). Politely explain that you are here to pray peacefully, have agreed to abide by all laws and understand that you may not block the sidewalk. If the police ask you to move or do something, obey promptly and courteously. If you are uncomfortable with the manner in which they interact with you, contact campaign leaders afterwards. If you can do so tactfully, ask for the officer's name.
- If anyone inquires as to the reason for your presence, simply tell them about the peaceful, prayerful 40 Days for Life Campaign. Be kind, gentle and compassionate. Mentally remind yourself that anyone you meet may have had an abortion or been involved with one. Explain we are there to help:
  - those who believe they have no choice but abortion
  - those who have been involved in an abortion in the past and are still hurting.
- If you are given a donation, thank them and then contact a campaign leader.
- When addressing a mother/couple contemplating abortion, direct them to Alternatives Pregnancy Center, which is right across the street; 4200 W. Michigan Ave. Ste. 100, Phone: 269-345-1740
- Help is available for post-abortive women from organization such as Project Rachel. Information is available online ([hopeafterabortion.com](http://hopeafterabortion.com)) as well as from Caring Network and Coalition for Life – Kalamazoo. Brochures, information regarding counseling, healing retreats, and recognizing the symptoms of “Post Abortion Stress” are all available. Assume that ANYONE with whom you're talking has either had an abortion or been involved in one. Recognize that there can be pain, hopelessness, anger, guilt, unresolved grief, regret or self-hatred. Tread softly with the hearts of anyone you encounter.
- A woman at risk of homelessness may call Gabriel Network 800-AngelOK. Many mothers are told by their boyfriends or parents that if they don't have an abortion, they will be kicked out of the house. There is help available.
- Many have prayed for years without ever having an unexpected encounter. Keeping a prayerful disposition at all time greatly diminishes such interactions.
- Sidewalk Advocates for Life are people trained in engaging clients that come to Planned Parenthood so you may see them while you are at Planned Parenthood. If you are interested in finding out more about this ministry, contact [TheirSidewalkAdvocates.org](http://TheirSidewalkAdvocates.org), or local leader Mary Jeske, [20mlj13@gmail.com](mailto:20mlj13@gmail.com).

## Pregnancy Resource Centers

### *Alternatives*

4200 W. Michigan Ave. Ste. 100, Kalamazoo, MI 49006      Phone: 269-345-1740  
FREE - Pregnancy tests, Ultrasounds, Clothing, Diapers, Formula.  
Call to make an appointment.  
Monday – Friday 10am – 4pm  
For more information, go to <https://www.alternativescc.org/>

### *Caring Network*

1441 S. Westnedge Ave., Kalamazoo, MI 49008      Phone: 269-381-9800  
FREE Pregnancy tests, Clothing, Diapers, Parenting and pregnancy education classes.  
Appointment Preferred  
Monday – Friday 9am – 5pm  
For more information, go to <https://ccdok.org/caring-network/>

### *Bethany Christian Services*

6687 Seeco Drive Kalamazoo, Michigan 49009-5970      Phone: (269) 372-8800  
Pregnancy Support, Adoption, Family Counseling  
Monday – Friday 8am – 5pm  
For more information, go to <https://bethany.org/locations/us/michigan/southwest-michigan>

### *Pregnancy Helpline of Three Rivers*

172 E Michigan Ave, Three Rivers, MI 49093      Phone: 269-278-2211  
FREE: Pregnancy tests, Ultrasounds, Parenting Classes, Peer Mentoring  
Call to make an appointment.  
Monday – 10:00am to 2:00pm      Tuesday – 1:00pm to 5:00pm  
Thursday – 1:00pm to 7:00pm      Saturday – 9:00am to 12:00pm  
For more information, go to <https://pregnancyhelpline.org/>

### *Positive Options*

114 Chestnut St, Allegan, MI 49010      Phone: 269 686 7111  
FREE: Pregnancy tests, Ultrasounds, Parenting Classes  
Referrals To OB/GYN Physicians, Adoptions & Post Abortive Services Information On  
Pregnancy Options & Health Care  
Call to make an appointment.  
Thursday – 10:00am to 5:00pm  
For more information, go to <https://www.mypositiveoptions.org/>

### *OptionLine*

Online, Live Chat, Phone      Phone: 800-712-4357  
Pregnancy Support  
For more information, go to <https://optionline.org/>

## Abortion Pill Reversal

Medication abortion reversal is possible!!

Unplanned pregnancy can be scary and many women make decisions to abort their babies when they are terrified and stressed. After some time thinking about it, many women would like to change their minds about a MEDICATION ABORTION. There is an effective process for reversing the abortion pill, called “abortion pill reversal”. However, timing is very important.

For women having taken the first dose of the ABORTION PILL, MIFEPRISTONE (Mifeprex or RU-486) and regret the decision, there is help! A call to a 24/7 HOTLINE will provide nurse-directed counseling of options: **HOTLINE# (877) 558-0333**

Abortion Pill reversal is also available at Holy Family Healthcare, 301 North Center, Hartford Michigan 49057, 269-621-0011