

# *he Rosary of the Blessed Virgin Mary*

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## HOW TO PRAY THE ROSARY

1. Make the Sign of the Cross and say the "Apostles Creed."
2. Say the "Our Father."
3. Say three "Hail Marys."
4. Say the "Glory be to the Father."
5. Announce the First Mystery; then say the "Our Father."
6. Say ten "Hail Marys," while meditating on the Mystery.
7. Say the "Glory be to the Father."
8. After each decade say the following prayer requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy."
9. Announce the Second Mystery; then say the "Our Father." Repeat 6, 7, and 8 and continue with the Third, Fourth, and Fifth Mysteries in the same manner.
10. Say the 'Hail, Holy Queen' after the five decades are completed.



As a general rule, depending on the season, the Joyful Mysteries are said on Monday and Saturday; the Sorrowful Mysteries on Tuesday and Friday; the Glorious Mysteries on Wednesday and Sunday; and the Luminous Mysteries on Thursday.

With Ecclesiastical Approval

Marians of the Immaculate Conception  
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## PAPAL REFLECTIONS OF THE MYSTERIES

**The Joyful Mysteries** are marked by the joy radiating from the event of the Incarnation. This is clear from the very first mystery, the Annunciation, where Gabriel's greeting to the Virgin of Nazareth is linked to an invitation to messianic joy: "Rejoice, Mary." The whole of salvation ... had led up to this greeting. (*Prayed on Mondays and Saturdays, and optional on Sundays during Advent and the Christmas Season.*)

**The Luminous Mysteries:** Moving on from the infancy and the hidden life in Nazareth to the public life of Jesus, our contemplation brings us to those mysteries which may be called in a special way "mysteries of light." Certainly, the whole mystery of Christ is a mystery of light. He is the "Light of the world" (John 8:12). Yet this truth emerges in a special way during the years of His public life. (*Prayed on Thursdays.*)

**The Sorrowful Mysteries:** The Gospels give great prominence to the Sorrowful Mysteries of Christ. From the beginning, Christian piety, especially during the Lenten devotion of the Way of the Cross, has focused on the individual moments of the Passion, realizing that here is found the culmination of the revelation of God's love and the source of our salvation. (*Prayed on Tuesdays and Fridays, and optional on Sundays during Lent.*)

**The Glorious Mysteries:** "The contemplation of Christ's face cannot stop at the image of the Crucified One. He is the Risen One!" The Rosary has always expressed this knowledge born of faith and invited the believer to pass beyond the darkness of the Passion in order to gaze upon Christ's glory in the Resurrection and Ascension. ... Mary herself would be raised to that same glory in the Assumption. (*Prayed on Wednesdays and Sundays.*)

From the Apostolic Letter *The Rosary of the Virgin Mary*, Pope John Paul II, Oct. 16, 2002.

## PRAYERS OF THE ROSARY

### THE SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### THE APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit, and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

### OUR FATHER

Our Father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

### HAIL MARY

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### GLORY BE TO THE FATHER

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

### HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope, to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this vale of tears; turn, then, most gracious Advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

(Additional Prayers after the Rosary follow the Mysteries)





### FIRST JOYFUL MYSTERY THE ANNUNCIATION

And when the angel had come to her, he said, "Hail, full of grace, the Lord is with thee. Blessed art thou among women."

(Luke 1:28)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: HUMILITY



### FIRST LUMINOUS MYSTERY BAPTISM OF JESUS

And when Jesus was baptized, ... the heavens were opened and He saw the Spirit of God descending like a dove, and alighting on Him, and lo, a voice from heaven, saying "this is My beloved Son," with whom I am well pleased."

(Matthew 3:16-17)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: OPENNESS TO THE HOLY SPIRIT



### SECOND JOYFUL MYSTERY THE VISITATION

Elizabeth was filled with the Holy Spirit and cried out in a loud voice: "Blest are you among women and blest is the fruit of your womb."

(Luke 1:41-42)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: LOVE OF NEIGHBOR



### SECOND LUMINOUS MYSTERY WEDDING AT CANA

His mother said to the servants, "Do whatever He tells you." ... Jesus said to them, "Fill the jars with water." And they filled them up to the brim.

(John 2:5-7)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: TO JESUS THROUGH MARY



### THIRD JOYFUL MYSTERY THE BIRTH OF JESUS

She gave birth to her first-born Son and wrapped Him in swaddling clothes and laid Him in a manger, because there was no room for them in the place where travelers lodged.

(Luke 2:7)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: POVERTY



### THIRD LUMINOUS MYSTERY PROCLAIMING THE KINGDOM

"And preach as you go, saying, 'The kingdom of heaven is at hand.' Heal the sick, raise the dead, cleanse lepers, cast out demons. You received without pay, give without pay."

(Matthew 10:7-8)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: REPENTANCE AND TRUST IN GOD



### FOURTH JOYFUL MYSTERY THE PRESENTATION

When the day came to purify them according to the law of Moses, the couple brought Him up to Jerusalem so that He could be presented to the Lord, for it is written in the law of the Lord, "Every first-born male shall be consecrated to the Lord."

(Luke 2:22-23)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: OBEDIENCE



### FOURTH LUMINOUS MYSTERY TRANSFIGURATION

And as He was praying, the appearance of His countenance was altered and His raiment become dazzling white. And a voice came out of the cloud saying, "This is My Son, My chosen; listen to Him!"

(Luke 9:29, 35)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: DESIRE FOR HOLINESS



### FIFTH JOYFUL MYSTERY FINDING THE CHILD JESUS IN THE TEMPLE

On the third day they came upon Him in the temple sitting in the midst of the teachers, listening to them and asking them questions.

(Luke 2:46)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: JOY IN FINDING JESUS




### FIFTH LUMINOUS MYSTERY INSTITUTION OF THE EUCHARIST

And He took bread, and when He had given thanks He broke it and gave it to them, saying, "This is My body which is given for you." ... And likewise the cup after supper, saying, "This cup which is poured out for you is the new covenant in My blood."

(Luke 22:19-20)

One Our Father, Ten Hail Marys, One Glory Be, etc.

FRUIT OF THE MYSTERY: ADORATION

	<p><b>FIRST SORROWFUL MYSTERY</b> <b>THE AGONY IN THE GARDEN</b></p> <p>In His anguish He prayed with all the greater intensity, and His sweat became like drops of blood falling to the ground. Then He rose from prayer and came to His disciples, only to find them asleep, exhausted with grief.</p> <p>(Luke 22:44-45)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>SORROW FOR SIN</i></p>		<p><b>FIRST GLORIOUS MYSTERY</b> <b>THE RESURRECTION</b></p> <p>You need not be amazed! You are looking for Jesus of Nazareth, the one who was crucified. He has been raised up; He is not here. See the place where they laid Him."</p> <p>(Mark 16:6)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>FAITH</i></p>
	<p><b>SECOND SORROWFUL MYSTERY</b> <b>THE SCOURGING AT THE PILLAR</b></p> <p>Pilate's next move was to take Jesus and have Him scourged.</p> <p>(John 19:1)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>PURITY</i></p>		<p><b>SECOND GLORIOUS MYSTERY</b> <b>THE ASCENSION</b></p> <p>Then, after speaking to them, the Lord Jesus was taken up into Heaven and took His seat at God's right hand.</p> <p>(Mark 16:19)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>HOPE</i></p>
	<p><b>THIRD SORROWFUL MYSTERY</b> <b>CROWNING WITH THORNS</b></p> <p>They stripped off His clothes and wrapped Him in a scarlet military cloak. Weaving a crown out of thorns they fixed it on His head, and stuck a reed in His right hand ...</p> <p>(Matthew 27:28-29)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>COURAGE</i></p>		<p><b>THIRD GLORIOUS MYSTERY</b> <b>DESCENT OF THE HOLY SPIRIT</b></p> <p>All were filled with the Holy Spirit. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them.</p> <p>(Acts 2:4)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>LOVE OF GOD</i></p>
	<p><b>FOURTH SORROWFUL MYSTERY</b> <b>CARRYING OF THE CROSS</b></p> <p>...carrying the cross by Himself, He went out to what is called the Place of the Skull (in Hebrew, Golgotha).</p> <p>(John 19:17)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>PATIENCE</i></p>		<p><b>FOURTH GLORIOUS MYSTERY</b> <b>THE ASSUMPTION</b></p> <p>You are the glory of Jerusalem ... you are the splendid boast of our people ... God is pleased with what you have wrought. May you be blessed by the Lord Almighty forever and ever.</p> <p>(Judith 15:9-10)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>GRACE OF A HAPPY DEATH</i></p>
	<p><b>FIFTH SORROWFUL MYSTERY</b> <b>THE CRUCIFIXION</b></p> <p>Jesus uttered a loud cry and said, "Father, into Your hands I commend My spirit." After He said this, He expired.</p> <p>(Luke 23:46)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>PERSEVERANCE</i></p>		<p><b>FIFTH GLORIOUS MYSTERY</b> <b>THE CORONATION</b></p> <p>A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars.</p> <p>(Revelation 12:1)</p> <p>One Our Father, Ten Hail Marys, One Glory Be, etc.</p> <p>FRUIT OF THE MYSTERY: <i>TRUST IN MARY'S INTERCESSION</i></p>

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## *Prayers after the Rosary*

### **The “Hail Holy Queen”**

"Hail, Holy Queen, Mother of mercy; our life, our sweetness and our hope. To thee we cry, poor banished children of Eve, mourning and sighing in this valley of tears. Turn then, O most gracious advocate, thine eyes of mercy towards us; and after this, our exile, show unto us the most Blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary; pray for us O holy Mother of God; that we may be made worthy of the promises of Christ."

### **The "Prayer after the Rosary"**

“And let us pray:

"O God, Whose only Begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that by meditating on the mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise, through the same Christ, Our Lord, Amen."

### **The Divine Invocation**

"May the Divine assistance remain always with us; and may the souls of the faithful departed, through the mercy of God, rest in peace, Amen."

### **Prayer for the Holy Father**

“The Lord preserve him and give him life and make him blessed upon the earth; and deliver him not up to the will of his enemies.”

(Please Pray: Our Father, Hail Mary, Glory Be)

“Lord, Source of eternal life and truth, give to Thy shepherd, Benedict, a spirit of courage and right judgment, a spirit of knowledge and love. By governing with fidelity those entrusted to his care may he, as successor to the apostle Peter and the Vicar of Christ, build your Church into a sacrament of unity, love and peace for all the world. We ask this through our Lord Jesus Christ, Thy Son, Who lives and reigns with Thee and the Holy Spirit, one God, forever and ever. Amen.”

### **Angel of Peace Prayer from Fatima**

The Archangel Gabriel prostrated himself and repeated three times to the children of Fatima:

“My God, I believe, I adore, I trust and I love Thee! I beg pardon for those who do not believe, do not adore, do not trust and do not love Thee."

Then he continued:

“Most Holy Trinity – Father, Son and Holy Spirit – I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences whereby He is offended. And through the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners.”

Mary, Queen of the Holy Rosary, pray for us.

Mary, Queen of Peace, pray for us.

Mary, Our Loving Mother, pray for us.

St. Joseph, pray for us.

### **The Sign of the Cross**

† In the Name of the Father and of the Son and of the Holy Spirit. Amen.