



Lawndale Vigil Orientation Guide
14623 Hawthorne Blvd, Lawndale
7am-7pm, Daily



Our Mission

To fast & pray, hold peaceful vigil, and conduct outreach *to end abortion in our community.*





Our History – How did 40 Days for Life Begin?

- An hour of prayer from a small group of people asking how to end abortion in their community. God's response – fast & pray and stand vigil!
- First 40 Days for Life vigil was held in Bryan, Texas
- Others began to call and repeat in other cities
- Fall 2007 was the first nationally coordinated campaign
- Soon the world came knocking. Now in 31 countries!
- **This Fall there are over 500 cities globally in the campaign**, creating a 24 hour prayer chain. We are not alone in this fight for life!
- Movement of the Holy Spirit, God is doing amazing things:
 - 1 million volunteers have participated
 - 17,226 babies & women saved from abortion
 - 206 abortion workers converted
 - 107 abortion facilities closed
- Untold graces flowing, especially for those wounded by abortion
- Prayer warriors growing ever closer to God



By signing up to participate in the vigil, you agree to abide by this Statement of Peace:

- I will pursue only peaceful, prayerful and lawful solutions to the violence of abortion by supporting life from natural conception to natural death
- I will show compassion and reflect Christ's love to all
- I will not intentionally cause harm or commit crimes or violence
- I am in no way, directly or indirectly, associated with any abortion provider including Planned Parenthood

While participating in a 40 Days for Life activity:

- I will not obstruct or block driveways, sidewalks, roadways or any lawful passage
- I will not litter, deface, damage or trespass on another's property
- I will closely attend to any minors in my care
- I will not threaten, curse, yell at or verbally abuse anyone
- I will neither commit any act of violence, threaten or touch any person, nor display or discuss weapons
- I will be polite and cooperative with law enforcement and valid civil authority
- If asked to leave by a valid authority, I will comply and contact 40 Days for Life HQ

I will strive to maintain the safety of myself and others by:

- Trying to have at least two vigil participants on site at a time and never being alone after dark
- Holding vigil in a safe, public and lawful location
- Immediately calling and cooperating with law enforcement and recording any incident if I feel unsafe or if any act of violence or damage is made or threatened
- Leaving and calling law enforcement if I feel threatened or endangered

If I am a minor, I will participate in 40 Days for Life only in the presence of or with the written permission of a parent or guardian.



#WhyWePray

- Prayer brings Christ's presence to this place of death: "For where 2 or 3 are gathered together in my name, there I am with them." Matt 18:20
- Prayer changes people's hearts: "The people which sat in darkness saw great light; and to them which sat in the region and shadow of death light is sprung up." Matthew 4:16
- It leaves God in charge of the results: "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land." 2 Chronicles 7:14
- This is a spiritual battle that we are fighting, which requires prayer to overcome evil. "Why could we not drive the spirit out? Jesus said to them, 'This kind can only come out through prayer.'" Mark 9:29
- This is our Mission!



#WhyWeFast

- Some Demons can only be cast out only through both prayer and fasting.
- Draws us closer to God.
- Makes our prayers stronger.
- Helps us stay focused on our prayer and purpose.
- “And when he had fasted forty days and forty nights, he was afterward hungry.” Matthew 4:2
- Reminds us to pray for the protection of life even when we are not physically present at the vigil.
- Additional resources:
 - I want to fast, but I really like food: <https://www.40daysforlife.com/2016/03/08/podcast-10/>
 - 5 Tips for Keeping Your Fast (Even when it’s really hard): <https://www.40daysforlife.com/5-tips-for-keeping-your-fast>



#WhyWeStandVigil

- Because the **no show rate rise to 75% when someone is outside praying**, which saves lives and financial hurts the clinic
- To be a last **sign of hope** for the mothers, fathers, and babies before they enter the abortion facility
 - 64% of post abortive women felt pressured to abort
 - 79% say they never received counseling on alternative options
- To be **the first sign of mercy** as the leave the center
- To **bear witness to the babies that have died** in this place
- To be **in solidarity with the souls of those lives that have been lost**, for the mothers and fathers and families that have been wounded by abortion, and for the abortion workers
- To be **a witness in our culture for life**.



Logistics

Vigil location: **147th & Hawthorne Blvd** west side, in front of the Lawndale Medical Center Building. The address is 14623 Hawthorne Blvd

Vigil time: **7 am – 7pm EVERYDAY**, Rain or Shine

Parking: 2 hours, but they don't monitor it, free along the Blvd or 147th St.

Weather: Dress in layers as mornings may be cool, mid-day warm, after 2pm gets cold & windy

Bathrooms: Community center, Library, or Café (should buy something)

Water: Bring your own. We keep a couple of bottles in the bin in case.

Food: Keep in mind most people are trying to fast, at least while they are out praying, so try not to eat while at the vigil just to be respectful.

Covid 19: Follow the local guidelines at the time of the vigil for distancing and mask wearing. Especially be aware when approaching others.

Signs & Brochures: Feel to bring your own signs. Brochures and some signs will be available.



Dos & Don'ts

Our purpose is to stand vigil, pray, fast & engage with community members or those visiting the facility;

- Not a social hour, save your catch ups for later. Come to **pray**.
- Be respectful that people are **fasting**; limit your food consumption
- Taking **photos** of volunteers to share is good, however, be respectful of those visiting the building
- If there is a problem, **call 911 or non-emergency police line 310.219.2750**, then inform the vigil leader.
- **Do sign-in** so that I can keep track of whose coming and going.
- Do engage with people at the vigil, home, work, church, shopping anywhere.
- Do take on the **40 Day Challenge** to do one thing each day to defend life!
- Do **Pray & Fast** at the Vigil Site and beyond.
- Do **spread the word** about the vigil & invite others to join us.



Take the 40 Day Challenge!

Wear an item that says 40 Days for Life or similar to remind you to share about our efforts AND **Do 1 thing EVERYDAY** to fight for life:

- Pray 1 hour at the vigil
- Fast and offer it up for our endeavors
- Tell someone about 40 Days for Life ministry
- Minister to someone in a pregnancy crisis
- Minister to someone wounded by abortion
- Share and post pro-life or 40 Days for Life messages on Social Media
- Invite a friend or coworker to come with you to the Vigil
- Watch Unplanned or another pro-life movie w/friends
- Read a 40 Days for Life story
- Donate money to 40 Days for Life or other pro-life organizations



Outreach Tips

- Don't stand as a gauntlet near the entrance
- Have at least one person set apart and approachable
- If engaging with the women & men entering the clinic don't wear sunglasses, make eye contact
- Be friendly, and personable, offer your name, maybe ask to follow-up, give or get phone # after the conversation
- Slow down the conversation, create time to breath and think; maybe offer them some water (bottles in the bin).
- Give them resources, information, and encouragement, limit opinions rather facilitate their own decision making
- Meet them where they are at and bring along in the conversation
- Always be peaceful and calm
- Know your facts it helps shift their thinking!!!



Facts to Know:

- Baby's heartbeat can be heard at 21 days
- Brainwaves after 6 weeks
- Abortion increases a women's chances of breast cancer & suicide
- 79% of post abortive woman say they were not provided with any alternative options (nearly 80%)
- 64% of post abortive woman (2 out of 3) say they felt pressured into having an abortion
- CA has 400 abortion facilities the most of any State; next closest is NY with 200

More Sources for Facts & Responses to the Pro-Abortion Arguments

Live Action: <https://prolifereplies.liveaction.org>

Human Coalition: <https://www.humancoalition.org>

Human Life Alliance: <https://www.humanlife.org>

40 DAYS FOR LIFE®

THE BEGINNING OF THE END OF ABORTION





Options We Recommend

Options United: **877.398.7734** *24 hour free hotline* with counseling and referrals for pregnancy & adoption support & abortion healing

Pregnancy Help Center: **310.787.4357** 1311 Crenshaw Blvd Suite A Torrance phctorrance.org

Claris Health: Hotline 310-651-6525, Lynwood location 323-299-9977 3737 Martin Luther King Jr. Blvd #205, Lynwood clarishealth.org

A Real Option: 855-692-3678 for mothers considering adoption aRealOption.com

Brave Love for mothers considering adoption bravelove.org

Abortion Recovery

Rachel's Vineyard: 877 HOPE 4 ME (877.467.3463) rachelsvineyard.org

Silent No More: silentnomoreawareness.org

By Your Side: 877.301.9684 byyoursidela.org



LIFE ON THE SIDEWALK SCENARIOS

- 1) Mother and father come to PP to have an abortion because they cannot afford another child.
 - Resources: “Be a Hero” flyer, Covered California Information, Options United, Pregnancy Help Center, Claris Health, Adoptions United
- 2) Woman is being forced to have an abortion against her wishes.
 - Resources: “You are not alone” flyer, “Be a Hero” flyer, Harvest Home, Options United, Pregnancy Help Center, Claris Health, Adoptions United
- 3) Man wants to engage in an intellectual debate on the value of abortion. He says, “Every woman has the right to control her own body. A fetus is part of a woman’s body.”
 - Resources: “Winning the War on Words,” Robert Spitzer S.J. “Ten universal Principals”, “Power of 7” Audio Girls Ministry
- 4) Two young ladies say “Oh we are not pregnant,” yet they have the small paper bag in their hand. Likely it contains contraception.
 - Resource: Human Alliance Sheet on Chastity



Apps & Social Media Resources

- **40DaysforLife.com:** lets you schedule and manage your volunteer hours, follow their daily updates, listen to podcasts, and order from the store
- **App for Life:** Option United shares names of abortion minded women that have called their counseling line for help, so you can pray specifically for a woman at risk of having an abortion
- **Power of 7 app:** Powerful pro-life responses to 7 common pro-abortion arguments
- **FB/Instagram:** Follow 40 Days for Life and share message of life and your experience on the sidewalk; ask others to join in on the sidewalk or at least to pray along with you/us thru SM
- **Live Action:** Follow and re-share their post on SM



How do I sign up for hours to volunteer?

- <http://40daysforlife.com/Lawndale> or
- <http://40daysforlife.com/Carson>
- Download the *40 Days for Life* App
- Text or email Laura: **202.361.5166**
- **Sign-up Sheet** on the sidewalk!

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**Thank you for joining us.
See you on the sidewalk!!!
Laura Frederick
40DaysforLife.com/Lawndale**