

**40 Days for Life** is a peaceful, pro-life prayer campaign that includes three components: prayer and fasting, peaceful vigil, and community outreach. The peaceful vigil is praying outside the abortion clinic. The following are details about all that is involved in the peaceful vigil:

- 1) Vigil hours are from 7 am - 7 pm every day of the 40 days.
- 2) There is a 50 metre access zone around the abortion clinic (Woman's Health Options - 12409 - 109 A Ave., Edmonton). There is a map on the 40 Days for Life Edmonton website (under "Resources"). Be sure to stay outside the 'dotted line.'
- 3) In addition to standing near the abortion clinic (50 metres away) – for example, on the corner of 109 A Ave. and 125 St., we can walk around the block and pray (stay outside the 50 m access zone), we can stand on 124 St. We also have permission to pray outside St. George's Greek Orthodox Church (10831 – 124 St., Edmonton) – we can pray, with our signs, on the sidewalk in front, on the steps, as well as the parking lot.
- 4) **Signs** are available at St. Andrew's Church (12810 -111 Ave., Edmonton). Go through the double wooden doors (close to the automatic glass doors) that are facing 111 Ave. Inside the doors you will see a table - under the table is a rubbermaid tote that contains the signs. Church hours are 7 am - 9 pm daily.

There will be fetal models and brochures that you can take and give to people as you have opportunity. As well, there will be hand warmers and toe warmers you can take. Access zone maps will also be in the tote.

- 5) In order to take part in 40 Days for Life, you need to sign a **statement of peace**. When you sign up on the 40 Days for Life website ([40daysforlife.com/edmonton](http://40daysforlife.com/edmonton)), you will sign an e-version of the statement of peace. If you would rather not sign up on the website, please sign a paper statement of peace, and scan (or take a picture) it and email it to [info@edmontonprolife.org](mailto:info@edmontonprolife.org). You only need to sign the statement of peace once.
- 6) **The Back Porch** (10958 - 124 St. - directly across the street from the abortion clinic) is a pro-life pregnancy resource centre that offers information to women and men considering all their pregnancy options. If you happen to talk with someone considering abortion, this is a good place to refer that person to.
- 7) It is also good to know about the crisis pregnancy centres in Edmonton and area. There is the **Gianna Centre** (780-482-5111; email: [giannacentre@cssalberta.ca](mailto:giannacentre@cssalberta.ca)); 9040 - 95 Ave., Edmonton. There is also the **Pregnancy Care Centre** (10434 - 122 Street.); ph. 780-424-2624; [info@pregnancycarecentre.ca](mailto:info@pregnancycarecentre.ca). There is **Parkland Pregnancy Support Centre** (15B Alberta Ave., Spruce Grove (780-962-5505; [admin@parklandpregnancy.ca](mailto:admin@parklandpregnancy.ca)))

- 8) **Abortion Pill Reversal information** – for anyone who has taken the first dose of the abortion pill and wishes to reverse the effects of the abortion pill. Please encourage her to call the 24/7 Hotline number 877-558-0333, to speak with a medical professional. Live chat is available on the website <https://abortionpillreversal.com/>. Also, people can email the Hotline Consultants at [help@apr.life](mailto:help@apr.life). Heartbeat International has Medical Professionals waiting to take her call, answer her questions, and connect her with a reversal provider in her area. They will assess what medication she has taken, her symptoms, and find her the help she needs for reversal. They will assist her to find a provider in her area and stay in communication until she has started the progesterone. Note: there is one provider within 25 miles of Edmonton.
- 9) When we are praying outside the abortion clinic, we can get different kinds of feedback. Often, there is no feedback, sometimes there is positive, and sometimes there is negative. When we get negative feedback, we need to remember to respond peacefully and in love. Usually, I don't say anything at all. I just pray for them. Usually, the negative feedback is in the form of someone giving you the finger, or maybe yelling at you as they drive by. Always try to go out there with someone else or when others are out there. Chances are this won't happen, but if you ever feel you are in danger, leave the area and call the police.