

Free Ultrasounds

Alpha Pregnancy Care Center

(Also offers free supplies for mothers and more)

Website: <https://alphacare.org/>

Albany location

Address: 518 Clinton Avenue
Albany, New York 12206

Phone #: 518-462-2188

Hours: Mon-Fri: 9am-4pm

Amsterdam location

Address: 1050 Riverfront Center
Amsterdam, NY 12010

Phone #: 518-842-5025

Hours: Mon-Thur: 9am-4pm

Fri: By appointment only

Cohoes location

Address: 159B Remsen Street
Cohoes, NY 12047

Phone #: 518-279-7673

Hours: Mon, Tue, Thur, Fri: 8:30am-1:30pm

Wed: By appointment only

Schenectady location

Address: 967 Albany Street
Schenectady, NY 12307

Phone #: 518-688-2677

Hours: Mon: 11am-5pm

Tue-Thur: 10am-5:30pm

Fri: 12pm-4pm

Alight Care Center

Website: <https://alight.org/>

Appointments: Call/text 518-818-6350

Office: Call 518-270-5540

Address: 838 Fifth Ave Troy, NY 12180

Abortion Pill Reversal

Website: <https://reverseabortionpill.com/>

Phone #: 855-249-4848

Help After Abortion

Afterabortion.org

Website: <https://afterabortion.org/help-healing/>

Phone #: 1-866-482-5433 (24/7 hotline)

Project Rachel

Website: <https://www.rcda.org/ife/post-abortion-care>

Phone #: 518-312-3825

Adoption Resources

Birthright of Schenectady

(Also offers free pregnancy tests, free maternity and baby items, and more)

Website: <https://birthright.org/schenectady>

Address: 12 Jay St.

Suite 1

Schenectady, NY 12305

Phone #: 518-370-1532

Hours: Mon-Fri: 10am-1pm

Birthright of Ballston Spa

(Also offers free pregnancy tests, free maternity and baby items, and more)

Website: <https://birthright.org/schenectady>

Address: 1490 Saratoga Rd.

Ballston Spa, NY 12020

Phone #: 518-885-4117

Hours: Mon-Fri: 10am-3pm

Catholic Charities of Albany

(Also offers care for pregnant and parenting adolescents and their families; group residence and family care for children; prevention services and supports for families at risk, as well as daycare services, free maternity and baby supplies, and more)

Website: <https://www.ccrda.org/get-help/albany-county/expecting-parents-infants/>

Address: 27 North Main Ave.

Albany, NY 12203

Phone #: 518-482-8836

Other Resources

Standingwithyou.org

Call/text 1-877-910-0096