

BOARD OF HEALTH

Minutes of Meeting of April 5, 2016

Chair Carol Bradford, Board members Susan Sama, Linda Huet-Clayton, and William Murphy, Health Director were present in the Silva conference room at 4:00pm and the meeting commenced at 4:00pm.

1. Minutes of Meeting of February 23 were approved.
2. Invoices were Approved
3. Correspondence was reviewed and included:
 - (a) Mass Dept. of Public Health memo: Zika Virus Advisory
 - (b) MEMA Report: February 10, 2016
 - (c) Sanborn-Head memo: Proposed Re-development Project: 528 BPR, Sudbury
 - (d) East Middlesex Mosquito Control Project: Process for Sudbury Residents to Exclude property from spraying
 - (e) Irrigation Well list: Since 2000
 - (f) Planning Dept. memo: Village @ Sudbury Station: February 17, 2016
 - (g) MEMA Reports: Volume 15, Issue # 2
 - (h) Planning Dept. memo: Avalon Sudbury Comprehensive Permit Application: February 26, 2016
 - (i) Planning Dept. memo: Village @ Sudbury Station Comprehensive Permit Application: March 21, 2016
 - (j) Rising Opioid epidemic in communities: Training: May 16, 2016
 - (k) DPH memo: Clinical Advisory: Mumps
 - (l) DPH memo: Gastrointestinal Disease: Infection Control Guidelines
 - (m) MHOA memo: Mass. Tobacco Control Compliance Checks

Social Worker Update

Three qualified candidates were offered the position of Community Social Worker and all withdrew. The Board discussed next steps and decide to re-advertise and interview potential candidates. Director Bill Murphy would screen all resumes first to verify if minimum qualifications were met and Carol Bradford, Chairman, Maryanne Bilodeau, Human Resources and Mr. Murphy would conduct the interviews.

Raytheon Development

Mr. Murphy presented the proposed re-development of the Raytheon site to the Board. Potential health related impacts were discussed. Environmental investigation and remediation is ongoing. Mr. Murphy discussed drafting a memo to the Zoning and Planning Boards about the Boards concerns. The memo would include the following:

1. Progress updates of the hazardous material release and remediation must be submitted;
2. A spreadsheet of proposed sewage flows will be required;
3. Deed restrictions for number of bedrooms at Avalon;

4. Request open sand beds be replaced with subsurface ones;
5. Information regarding solid waste facilities are adequately sized;
6. Limit noise from the wastewater treatment generator;
7. Make provisions to inspect the sewer line installations in the absence of a sewer department;
8. Show compliance with the swimming pool regulations and mandate a Certified Pool Operator;
9. Mandate the assisted living operation operate as a Closed POD (Point of Dispensing) site under emergency management provisions;
10. Submit all policies regarding tenant landlord disputes, keeping of pets, wildlife feeding, power outages, dog waste, smoking in units, noise, etc.
11. Information regarding installation and treatment of groundwater irrigation wells.

Sudbury Station

Mr. Murphy presented the proposed development of the Sudbury Station site to the Board. Potential health related impacts were discussed. Mr. Murphy discussed drafting a memo to the Zoning and Planning Boards about the Boards concerns. The memo would include all of the similar and applicable Raytheon site concerns as well as:

1. Address the height of the retaining wall, grading, cover material over the leaching area near building #1;
2. Show locations of utilities;
3. Address issues of storm water and high groundwater.

Health Director's Report March 2015

Food inspections- Conrad's opened this month after a substantial renovation of the building. There were many site visits leading up to the opening. The owners, managers, cooking staff, and servers all have a high level of food safety and sanitation knowledge. Pete and Jen's Backyard Birds is relocating from Verrill Farms in Concord to North Road in Sudbury. They plan on moving sometime in April. Mandy McKenzie, owner of 20 Elaine Road, was granted a residential food permit to prepare "delicious South African homemade treats". Odor and trash complaints were resolved at Friendly's and Lavender's. A complaint against Dunkin Donuts was investigated but no violations were found.

Housing Inspections- The following housing inspections are active: 1055 Boston Post Road, 214 Boston Post Road, 12 Easy Street, 12 Mayberry Road, and 40 Indian Ridge Road. Housing issues involve multiple inspections, detail correspondence, and various enforcement actions. They are time consuming matters. All property owners are working towards compliance

Septic Inspections- The septic installation season has begun despite weather delays. There were 3 soil evaluations and 8 installation inspections.

Nuisance Complaints- There is an increase in complaints regarding the keeping of animals. Issues of noise and odor are common. I work with Doug Stone, Fire Capt., on a hazardous material incident that was resolved by a cooperative effort between departments.

Public Health Nurse- I took Phyllis to the State Lab to pick up TB supplies and went to the Region 4A meeting in her absence.

List of conferences and trainings-

1. Licensed Lead Paint Determination Inspection Training
2. Onsite Wastewater Seminar

List of Meetings:

1. Meeting with Town Counsel- regarding housing inspections, Warrant Article, and enforcement
2. Meeting with representatives from Sudbury Pines regarding septic upgrade;
3. Meeting with Dave Henley, Mosquito Commissioner
4. Meeting at DPH in Canton updating local health on State programs

March 2016 BOH Nurse Report

At the Sudbury COA there was 5 BP/Glucose screening dates with a total of 80 attendants. Health information on a variety of health topics was incorporated in each visit depending upon the client's health care educational needs.

The Health Information Board was continued at the Sudbury Senior Center. The health topic was Prostate and Breast Cancers. We provided educational information for seniors to view as well as to take home. The health talk this month was Diabetes Awareness Day. We did a Diabetes screening at the senior center where 9 participants were screened with 5 of the 9 identified as at risk for diabetes. Educational information and teaching was given. Zika Virus advisory was submitted to the Town Manager's newsletter as well as posted on the BOH and BOH nurse website.

Town Building BP screenings had 11 attendees in March. Musketaquid Housing and Longfellow Glenn monthly B/P screenings continues as well as a monthly education board. There were a total of 4 participants.

There were 25 communicable diseases reported for Sudbury for the month of March that required follow up and case reporting to the state. 14 of the 25 were Influenza. Wellness initiative at the DPW building continued with weekly weigh ins, healthy lifestyle booklets, and weekly emails.

One camp application has come in so far this year. Expecting more next month.

Investigated Norovirus outbreak at Wingate. Educational instruction was given and policy guidelines for state GI outbreaks in Long Term Care facilities reviewed with interim Nursing Supervisor. This is the second outbreak within a month at Wingate. State DPH made aware.

Attended MAPHN and PHEP monthly meetings. Attended a VFC vaccine compliance training. Also attended a Medical Marijuana meeting through MHOA

on March 17th. Very informative meeting on the medical use and what needs to happen in order to open a dispensary. Attended a Zika webinar on March 23rd. Information on disease and mosquito control were discussed. Re-certified in CPR. Thanks to Carol Bradford!!!

I have been elected to serve on the MRC Advisory Board for Region 4A. This will enable Sudbury to have a bigger role in deciding on funds and trainings for the MRC units.

This month we received an additional funding for shelter supplies from PHEP/MRC funds of 1500\$. We were able to purchase: batteries, pack and play cribs (2), Animal cages for shelter (7), New shelter signs and large shelter rules signs (3), and 4 portable trash cans.

Held a MRC Shelter Training at the senior center on March 2nd from 6:30pm-8:30pm. We had 15 people in attendance. Cathy Corkery started the training with a presentation and then we did a tour of facilities with job description review and ended with sheltering scenario's. An email was sent on 3/9 to the general MRC volunteers with the presentation for their review.

Region 4A voted unanimously to **not** concur with the budget set forth by DPH for the CDC grant for emergency planning. Many towns are frustrated with DPH involvement feeling they are micromanaging the grant and that they are denying claims for supplies ordered by towns which should be approved. The non-concurrence vote does not put our monetary allotment at risk it just sends a message to DPH regarding our option of their handling of the grant.

More social work inquiries are coming into health office. Provided assistance with Social work issues on 3 different community members with follow up services as well. Coordinated spring food baskets with a local church for 16 families. Taking over for Hope Sudbury Applications in the interim until a new social worker comes on board. I have processed 6 applications with 3 pending applications this month.

Future plans for April are to continue current screenings. I will be attending the Massachusetts Public Health Association Convention with subjects of Zika awareness and hoarding. Also attending a Heat Emergency Seminar with the Fire Department.

Respectfully Submitted by: 4/1/2016

Phyllis Schilp BSN, RN

Meeting Adjourned: 5:00pm

Next Board of Health Meeting Scheduled: Tuesday May 10, 2016 @ 4:00pm

Respectfully submitted: Michele Korman, Sudbury BOH 4/5/16

