

BOARD OF HEALTH

Minutes of Meeting of November 11, 2016

Chair Carol Bradford, Board members Susan Sama, Linda Huet-Clayton, Health Director William Murphy and BOH Administrative Assistant Michele Korman were present in the DPW conference room at 4:00pm and the meeting commenced at 4:00pm.

1. Minutes of Meeting of October 10, 2016 were approved
2. Invoices were approved
3. Correspondence was reviewed and included the following:
 - (a) DPH drinking water memo: 10/14/16
 - (b) Mass Dept. of Public Health: Bi-Weekly Zika Virus Update: 11/14/16
 - (c) Household Hazardous Waste Collection Agreement: Clean Harbors
 - (d) Boston Public Health: Recent Increase in Suspected Overdose deaths: 10/11/16
 - (e) Commonwealth of Mass: Executive Office of Energy & Env. Affairs: Drought Conditions: 10/7/16
 - (f) MHOA memo: Public Health Concerns
 - (g) DEP memo: Approval of Supplemental Hydrogeological Evaluation Report: 10/20/16
 - (h) CDC advisory memo: Guidance for women/men of reproductive age as it relates to Zika infection: 10/19/16
 - (i) DPH memo: Request for continued surveillance & reporting of acute flaccid myelitis (AFM) in all ages
 - (j) Rockport raises minimum age for tobacco sales to 21: 10/14/16
 - (k) Tata & Howard memo: Letter of transmittal for Water System Impact Report
 - (l) Planning Dept. memo: Coolidge Sub-division Comprehensive Permitting for Phase II: 10/12/16
 - (m) Region 4A memo: Correspondence

4:00-4:05pm: Resident Concerns

- No concerns submitted

4:05pm: DJ Wilson: Tobacco Control Director & Public Health Liaison for Mass Municipal Association:

- Mr. Wilson met with the Board to discuss updating current Sudbury Board of Health Tobacco Regulations
- He discussed that many advances have been made since Sudbury's Regs were adopted/approved/updated in 2014.
- Some of the items Mr. Wilson touched upon were:
 1. Raising the purchase age from 19 to 21- years
 2. Incorporate new "tobacco-definition" to expand to include retail establishments as well as separate out:
 - a. Traditional cigarette(s) definition
 - b. Liquid-based-cigarette(s)
 - c. Vape/vape shop definition
 - d. Update cigar-related-definitions
 3. Update cessation signage for retailers including training programs for retailers and employees
 4. Mr. Wilson advised the Board to ponder a tobacco-cap related to how many retail establishments are allowed not only in town, but allowed to sell tobacco related products. 82- cities/towns across Massachusetts have already adopted a tobacco-cap within their towns.
 5. Institute an out-right-ban on vending machines
 6. No new retail establishments should be allowed within 500-ft. of a school
 7. Include definition/protocol for e-cigarette(s)
 8. Think about banning flavored-cigarette-products, as Rhode Island has done, with the exception of menthol/mint- flavors

4:25pm: Hazardous Waste Collection:

- Health Director, William Murphy briefed the Board Hazardous Waste Collection:
 1. An average of 40-minute wait time
 2. Think about regionalizing with other towns for future planning
 3. Future planning procedures, including traffic patterns, etc.

Health Director's Report:

Health Director's Report October 2016

Food Inspections- The remaining school cafeteria inspections were conducted. (Noyes, Loring, LS High, and Haynes). Schools were advised to increase monitoring for pest and rodents.

Septic Inspections- There were 3 soil evaluations and 18 installation/repair inspections.

Household Hazardous Waste Collection- There was comprehensive planning for the HHW collection throughout the month. Meetings were held with DPW personnel and Clean Harbors representatives. Traffic, disposal set-ups, and logistics were discussed.

ALICE Training- Bill Murphy attended the two day ALICE training sponsored by the police department. ALICE training provides an effective response to active shooters. Teachers, law enforcement, and town staff attended. Contents of course will be shared with departmental staff.

Social Worker Office Relocation- The social worker's office is being relocated from the Flynn building to the DPW building. The office is being constructed and will be finished in November.

Emergency Preparedness Panel at COA- Police, fire, and health department staff participated in a panel discussion of emergency planning and procedures for the seniors at the COA. Phyllis and the nursing interns presented along with the

department heads. List of Meetings:

1. Department heads _staff meeting (attended by Phyllis in my absence)
2. Staff meeting
3. Flu Clinic
4. Coolidge Apartment expansion
5. National Development - Meadow Walk
6. Melone Gravel Pit- Geo-Insight - November 17th presentation
7. Eversource Transmission Line – Selectman's meeting at LS High

Nurse Report:

October 2016 BOH Nurse Report

At the Sudbury COA there was 4 BP/Glucose screening dates with a total of 65 attendants. Health information on a variety of health topics was incorporated in each visit depending upon the client's health care educational needs.

Health information Board was updated to Emergency Preparedness. The BOH participated in a panel discussion this month held at the Senior Center on Emergency Preparedness. We had 20 attendees. They received information on emergency planning and we raffled off an emergency preparedness kit.

No BP clinics were held for the town this month instead we did flu vaccination clinics.

There were 4 communicable diseases reported for Sudbury for the month of September that required follow up and case reporting to the state.

On October 6th we had our largest flu clinic held at the Sudbury Senior Center. In 2015 we had 105 vaccinations. This year we had 140 vaccinations. We decided to order an additional 60 doses after the Oct 6th clinic. Our current inventory is approximately 160 doses. We have 3 scheduled dates in November for Flu clinics at the Board of Health by appointment only. We have completed all school clinics, town wide employee clinics and low income housing clinics. There was a total of 10 clinics in October. Gave a total of 252 flu shots this month. Increased amount of time spent on the MIIS and Insurance reimbursement after each flu clinic.

Many complicated home visits. Had multidisciplinary meeting with one client's health care team. Working closely with Bethany Hadvab on many cases. Starting to research fall occurrences at Orchard Hill to see if there are any policies that we may suggest to relieve some of the EMS calls to that facility for lift assist.

On October 13th completed an EDS quarterly drill. Published in the Town Manager's website for flu. Also published a Zika Travel advisory on the town's website.

Attended a PHEP meeting on October 20th. Cambridge Health Alliance is our new sponsoring agency in the HMCC Coalition. Completed a work plan and budget for the BP 5 fiscal year of this grant cycle which was approved. There has been an increased amount of work with the PHEP funding. Future discussion on this topic is needed.

Future plans for November are to continue current screenings. Conduct 5 more flu clinics. Memory Screening at the Sudbury Senior Center on November 7th. Intern from Worcester state starts in Late October.

Respectfully Submitted by:
Phyllis Schilp BSN, RN
10/28/2016

Miscellaneous BOH Business:

- Susan Matatia, PT-Social Worker resigned
- FY '18- budget meeting will be coming up
- Next BOH meeting scheduled for Tuesday December 13 @ 3:45pm

Meeting Adjourned: 5:30pm

Respectfully submitted: Michele Korman
Sudbury Board of Health