

BOARD OF HEALTH

Minutes of Meeting of February 14th, 2017

Chair Carol Bradford, Board members Susan Sama, Linda Huet-Clayton, William Murphy, Health Director, Michele Korman, BoH Admin., Beth Suedmeyer, Environmental Planner for the Sudbury Planning Board, and John Drubinski, Chairman of the Bruce Freeman Rail Trail Task Force were present in the DPW Conference Room at 4:00pm and the meeting commenced at 4:00pm.

Bruce Freeman Rail Trail- Beth Suedmeyer, Environmental Planner for the Sudbury Planning Board and John Drubinski, Chairman of the Bruce Freeman Rail Trail Task Force made a presentation the Board in an effort to seek support and advance the phases of the project.

The Board of Selectman are seeking \$330,000 from Town Meeting to continue the advancement of the 45% design phase of Sudbury's 4.4 mile section of the 25 mile corridor from Lowell to Framingham.

Sudbury is next in line for additional State allocated funds for the design and construction and is already underway with the 25% design.

A PowerPoint presentation was made highlighting the benefits of the trail including walking, bicycling, jogging, in-line skating and cross country skiing. The trail promotes a transportation alternative and connects schools such as Lincoln-Sudbury HS, Haynes and Nixon. It connects retail establishments to other points of interest locally and regionally. The trail intersects MassTransit stops.

A 10 ft wide trail is being proposed using non-porous asphalt. The Town would cover the cost of design and the State would cover the cost of construction. The town would also be responsible for maintenance post construction.

The Board asked about access for emergency vehicles, wetland concerns, and alternative access and routes. Ms. Suedmeyer and Mr. Drubinski answered all question to the Boards satisfaction.

The Board discussed the projects and came to the consensus that the health and environmental benefits outweighed the construction concerns.

Susan Sama motioned to write a letter in support of the project, Bradford seconded. Motion passed 3-0-0.

Discussion of Tobacco Regulations- Mr. Murphy presented the proposed revisions to the Tobacco Control regulations. Mr. Murphy indicated that he has been working with DJ Wilson, Tobacco D.J. Wilson Tobacco Control Director/Public Health Liaison for the Massachusetts Municipal Association. Mr. Murphy presented the proposed changes include the following:

- Modifying the definitions of tobacco products (to capture e-cigarettes, vaporization, and aerosolization), flavored tobacco, minors, and smoke;
- Prohibiting e-cigarettes wherever smoking is prohibited;
- Raising the age of tobacco sales to minors from 19 years to 21 years (consistent with all surrounding towns);
- Capping the number of permits to the number already issued (9) and “retiring the permit” when the establishment closes;
- Prohibiting tobacco sales within 500 ft schools;
- Mandatory posting of cessation information at point of sale;
- Prohibiting the sale of single cigars and raising the minimum price of multi-packs to \$5.00;
- Limiting the sale of flavored tobacco products to smoking bars and adult only stores;
- Modifying the enforcement section to increase penalties for frequent violators

The Board agreed that these were important changes to the regulations and critical to protecting public health, particularly for Sudbury youth. The Board asked that a hearing be scheduled at the next regular meeting in March and instructed Mr. Murphy to hold the meeting at the Flynn Building at 8:00 pm to allow the stakeholders to have the opportunity to be heard.

Carol Bradford made a motion to proceed to a public hearing with the regulations as drafted. Huet-Clayton, seconded. The motion passed 3-0-0.

Discussion of Proposed Town By-Laws: Ban of Plastic Bags and Plastic Water Bottles.

Mr. Murphy notified the Board of Health that two citizens petitions were filed for proposed bylaws banning point of sale retail plastic bags of .4 mil or less and plastic water bottles of 1 liter or less. Both proposed bylaws are intended to reduce plastics in the environment and encourage safer alternatives. The Board of Health agent and Police Officers are the specified enforcement agents of the bylaws.

Both bylaws are scheduled for warrant articles at the upcoming Town Meeting.

Mr. Murphy told the Board he met with the petitioners and asked that they reconsider the following:

1. Removing police officers as enforcement agents;
2. Reconsider enforcement implementation dates until 2018;
3. Remove small retailers from the bag bill until a later time and focus on larger generators such as the grocery stores;
4. Ask for a funding mechanism;

The Board decided to investigate the effectiveness of the petitions before voting to take a position. Chair Carol Braford asked that the issue be tabled until the next regularly scheduled meeting.

Discussion of the In-Ground Irrigation By-Law changes- A group of concerned citizens are proposing changes to the In-Ground Irrigations Bylaw to include water restrictions for wells in times of drought conditions. Currently the Board of Health is the administrator and enforcement agent for this bylaw. Mr. Murphy indicated that this could be controversial because most well owners have spent a considerable amount of money installing wells to avoid restrictions by the Sudbury Water District. Mr. Murphy indicated that the restrictions would be implemented only in severe drought conditions declared by the State Environmental Secretary and confirmed by the Sudbury Board of Selectmen. The Board decided to investigate the effectiveness of the petitions before voting to take a position. Chair Carol Braford asked that the issue be tabled until the next regularly scheduled meeting.

Health Director's Report- Highlights of the Report

Food Inspections- DiVinci's will be opening on February 18th opening. Pre-opening inspection are ongoing. A residential food permit was issued to Sweet and Savory, a resident on Kato Dr., to prepare non-potentially hazardous party snacks.

Septic Inspections- There were 2 soil evaluations and 10 installation/repair inspections.

Housing- Additional inspections at 1055 Boston Post Road have been conducted. Four violations were cited. A housing inspection at 25 Lynne Road was requested by the tenant. Multiple violations that are deemed serious have been cited. A criminal complaint was issued for failure to restore heat and failure to maintain safe egresses. The building department and fire department are involved.

Coolidge Development- A legal interpretation was requested from DEP on the issue of whether the development should require a groundwater discharge permit and a wastewater treatment plant or be allowed to utilize a septic system. A meeting with Sudbury Town Counsel is scheduled.

Bylaws and regulation changes- Significant amount of time and resources have been directed toward revising the Tobacco Control regulations, Irrigation By-law, proposed plastic bag ban and water bottle sale.

Nurse's Report-

At the Sudbury COA there was 5 BP/Glucose screening dates with a total of 92 attendants. Health information on a variety of health topics was incorporated in each visit depending upon the client's health care educational needs. Health information board remained the topic of Flu. We are starting to see a rise in flu in town.

There were 6 communicable diseases reported for Sudbury that required follow up and case reporting to the state. A respiratory illness outbreak occurred at Orchard Hill which required consultation and reporting.

There were many complicated home visits which required working closely with Bethany Hadvab on many cases.

Attended an MRC executive meeting on January 5th. A new candidate has been hired. There has been an increased amount of work with the PHEP funding. Future discussion on this topic is needed.

Attended a training at town building on active threat and ICS communications. Updating the EDS plan and will distribute when completed. Met with Marie Royea CERT to discuss upcoming trainings and events needed for CERT/MRC. Went to an American Red Cross Shelter training event in Wayland. Organizing a meeting and training for February with MRC. Attended a PHEP meeting and completed the quarterly expense report for funding. Met with the new Planner for region 4A through CHA. Topics discussed were how to collaborate together with emergency planning and on-going communication issues with CHA.

Social Worker Report- Highlights

Donations/Volunteers-Significant time was spent coordinating holiday donations, including: collecting donations and connecting with those in need, drop offs and picks ups and writing thank you notes to donors.

Phone Consultations/Case Management-Several complex cases required a great deal of time and energy. Themes this month: families in financial need, need for mental health services, families concerned about aging family members who want to remain in their homes but are having difficulty doing so safely.

Individuals Served-There was an increase in individuals served this month. Many residents were looking for support around the holidays or were willing to volunteer goods and services to help those in need. It should be noted that this only included contacts with the individual, and not contacts with other collaterals making inquiries on behalf of Sudbury residents.

Other-Increased areas of service this month should be of particular note given that this writer was out of the office 7 days this month, including two paid holidays and 5 days of vacation time.

21 Woodside Road Variance Request- The Board granted Mr. Murphy the authority to grant a septic variance to the owner of 21 Woodside Road. The owner sought a variance to allow the septic to remain within 10 ft of a property line. The owner owns two contiguous lots and is selling one. The variance is being requested to avoid relocating the

septic system. Chair Bradford made a motion to allow Mr. Murphy to grant the variance upon review of an stamped engineering plan. Sama seconded. Motioned passed 3-0-0.

Correspondence and Minutes- The monthly correspondence and minutes of the December meeting were reviewed and approved.

Meeting Ajourned at 6:10 pm.