



SUDBURY SENIOR CENTER
COUNCIL ON AGING
Town of Sudbury, Massachusetts

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Sudbury Council on Aging Board Meeting

Tuesday, October 8, 2019

3:00 PM

Sudbury Senior Center
40 Fairbank Road
Sudbury, Massachusetts 01776-1681

Agenda

- 3:00 Call to Order
- 3:05 Minutes from Meetings of September 11, 2019 (May)
- 3:10 Vote: COA Goals (Beeler)

- 3:15 Special Guest: Laury Hammel of Longfellow Health Clubs

- 3:30 Director's Report
- 3:40 BayPath Elder Services Report (Tabloski)
- 3:45 Vote: Recommendation of new COA Member (Membership Comm.)
- 3:50 Transportation Update (Lasky/Galloway)
- 4:00 Dementia Friendly Update (Galloway)
- 4:10 COA Webpage Content (Galloway)
- 4:15 Tax Work-off Program Changes (Galloway)
- 4:20 Haskell Field Fitness Equipment (Galloway/Tabloski)
- 4:25 Fairbank Community Center Update (Beeler/Levine)
- 4:50 Chairman's Comments

Other thoughts/comments

Next Meeting Date/All times are approximate.

These agenda items are those reasonably anticipated by the Chair which may be discussed at the meeting. Not all items listed may in fact be discussed and other items not listed may also be brought up for discussion to the extent permitted by law.