



ENERGY-SAVING TIPS

Lighting

- Turn off lights when you leave a room or when they're not needed.
- Use light-emitting diode bulbs (LEDs) for your lighting needs.

Appliances & Electronics

- Look for the ENERGY STAR® label when shopping for a variety of electronics and appliances, such as light bulbs, dehumidifier, ceiling fans, TVs, DVD players/recorders, home stereo equipment, cordless phones, dishwashers, clothes washers and dryers, refrigerators and freezers. The ENERGY STAR label lets you know the product is one of the more efficient ones on the market. They will save you money everyday!

Washer & Dryer

- Wash clothes in cold or warm water rather than hot, and rinse in cold water. The temperature of the rinse water has no effect on cleaning. Also, put heavy loads (such as towels or blankets) through the spin cycle twice, if your machine allows you to do this. This will remove more of the water and make the drying time shorter.
- Always fill the washer and dryer to capacity whenever possible. If you must wash smaller loads of laundry, use the proper water level for each individual load.
- When you use a dryer, be sure to clean the lint filter after each load.

Dishwasher

- Be sure that the dishwasher is full, but not overloaded. Use the shortest wash cycle that will clean your dishes properly. Be sure to use the recommended amount of detergent.
- Turn off the drying cycle on your dishwasher; open the door and let the dishware and silverware air dry.
- When hand washing dishes, fill the sink with water and use a stopper. Fill a large pot rather than wash or rinse dishes under running hot water.

Refrigerator

- The recommended temperature for your refrigerator is between 38° F to 40° F. Don't over cool!

Oven & Range

- Put a lid on a pot to boil water. The water boils faster and you'll use less energy.
- Prepare meals in a slow cooker, electric frying pan, toaster oven or microwave when you can.
- Allow frozen meats to thaw in the refrigerator completely before cooking.

Heating & Cooling

- During the hot summer months, close insulated drapes or shades to keep out unwanted heat and sun. In the winter, open the drapes and shades to let the heat from the sun in! On cloudy days, close drapes and shades to cut down on heat loss.
- Close heating vents and radiator valves in unused areas. Make sure that drapes and furniture do not block registers for supply or return air.
- Keep doors and windows closed as much as possible. This includes closet doors and rooms not in use.
- Use fans instead of air conditioners whenever possible.
- Keep outside heating exhaust vents clear of snow.
- Have your furnace/boiler checked and cleaned annually.
- Change heating system filters regularly.

Water

- Save water costs by turning off the tap when you shave or brush your teeth.
- Many hot water heaters are factory set for 140° F which is a lot higher than you need. Reset it to 120° F.
- Take showers instead of baths. A three-minute shower uses about half the water of a bath and reduces your hot water heating needs.

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