

# BECOME SUICIDE ALERT!



# safeTALK

*suicide alertness for everyone*

Learn four basis steps to recognize persons with thoughts of suicide and connect them with suicide helping resources.

**This three-hour training can help you make a difference.**

## Why come to safeTALK?

Most people with thoughts of suicide invite help. Often these opportunities are missed, dismissed or avoided — leaving people more alone and at greater risk. safeTALK training prepares you to help by using TALK (Tell, Ask, Listen and KeepSafe) to identify and engage people with thoughts of suicide and to connect them with further help and care.

## Who should attend safeTALK?

safeTALK is for everyone who wants to help prevent suicide: front line workers, clergy, volunteers, parents, youth, \* teachers, law enforcement,...anyone who wants to help prevent suicide.

*\*safeTALK is for anyone age 15 and older.*

## How can I get safeTALK training?

**Monday, April 8, 2019 9am-12:30pm**

Sudbury Police Station, 75 Hudson Rd, Sudbury

**FREE—Advanced registration is required.**

*Please email [tobucc@gmail.com](mailto:tobucc@gmail.com)*

Social Work CEUs available

SafeTALK is brief, affordable  
and internationally recognized.  
Find more information at  
[LivingWorks.net/programs/safetalk](http://LivingWorks.net/programs/safetalk)



**American  
Foundation  
for Suicide  
Prevention**