

## Sudbury Grocery and Prescription Home Delivery

### GROCERY

#### **ROCHE BROTHERS**

Whether you order online or by phone:

- You will need a debit or credit card
  - You will be provided a 2 hour delivery window, during which time you need to be home
  - The delivery person can carry bags into the kitchen or other room in the house if you would like
  - You are eligible for in-store sale prices. Please note that you will get the active sales on the day of delivery, NOT on the day you order.
1. **Online** at [www.Rochebros.com](http://www.Rochebros.com)
    - a. Click the green “Shop Online” button on the top right of the page
    - b. New to online shopping? You can call 781-694-5280 and let the customer service representative know that you are new to the process and would like someone to walk you through the online order process. They are available 7 days/week from 8:30a-5p.
      - i. Be prepared with a detailed list of items, including brand and quantity
    - c. \$9.95 delivery fee
  2. **By phone** at 781-694-5442
    - a. Available Monday-Wednesday 9am-5pm
    - b. \$14.95 convenience and delivery fee
    - c. When you call, you will be directed to a voicemail. Leave your name, phone number and state that you want to place an order for home delivery over the phone.
    - d. Calls are answered in the order that they arrive, so it may take a few hours for someone to get back to you
    - e. They require that you are prepared with a detailed list of items, including brand and quantity to expedite the process
    - f. When a customer service representative calls you back, they will set up a delivery time. They ask that you are planfull and call several days ahead of time because they have high call volumes. They cannot guarantee same day service, but will do so if they are able.

#### **STOP & SHOP (PEAPOD)**

Whether you order online or by phone:

- You will need a debit or credit card
  - You will be provided a 2 hour delivery window, during which time you need to be home
  - Minimum purchase of \$60
  - No same day service
  - You are eligible for in-store sale prices. Please note that you will get the active sales on the day the order is placed, as long as the order is delivered within 7 days
1. **Online** at [www.Peapod.com](http://www.Peapod.com)
    - a. While they do not have the availability to walk customers through the online buying process, their customer service line can answer questions about the ordering process: 1-800-573-2763
    - b. \$6.95-\$9.95 delivery fee and at times an additional fuel surcharge.
  2. **By phone** through a company called Tele-Grocers at 1-888-902-7467
    - a. Available Monday-Friday 11am-6pm
    - b. When you call, you will be directed to a voicemail. Leave your name, phone number and state that you want to place an order for home delivery over the phone.
    - c. Calls are answered in the order that they arrive, so it may take a few hours for someone to get back to you

- d. They require that you are prepared with a detailed list of items, including brand and quantity to expedite the process
- e. \$9.95 delivery fee plus a \$7.95-\$10.95 convenience fee depending on cost of the order

### **WHOLE FOODS**

- You will need a credit or debit card.
- For delivery, you must be an Amazon Prime member. You will need to sign into your account.
  - Prime will automatically determine delivery location based on your home address. Change the location if you would like delivery elsewhere.
  - Prime offers 2-hour free delivery. This may vary during times of high demand.
- There is no minimum order.
- You are eligible for in-store sale prices.
- Order online at <https://delivery.wholefoodsmarket.com/> or by logging into your Amazon account.

### **OTHER CONSIDERATIONS**

Many grocery stores, as well as large stores like Walmart and Target, allow people to reserve groceries online and to pick them up at the store at a designated time. This saves time and also reduces the physical demands of grocery shopping. Walmart in Hudson and Target in Marlborough do not current deliver to Sudbury. This is an evolving industry, so please check the store website for changes to services area. In addition to the above resources, visit store website to order online:

<https://grocery.walmart.com/>

<https://www.target.com/c/grocery/-/N-5xt1a>

### **PRESCRIPTION**

#### **CVS PHARMACY**

501 Boston Post Road, Sudbury, MA 01776  
978-443-7141

- You will need a debit or credit card
- Contact the pharmacy by phone or visit: <https://www.cvs.com/content/delivery>

#### **SUDBURY PHARMACY**

447 Boston Post Road, Sudbury, MA 01776  
978-443-6311

- You will need a debit or credit card
- Deliveries are Monday-Friday
- Must order by 12pm for same day delivery
- Delivers to all of Sudbury

#### **SHAW'S PHARMACY**

155 Great Road, Stow, MA 01775  
978-897-1736

- You will need a debit or credit card
- Need to visit the store to complete paperwork prior to first delivery
- Deliveries are Monday-Friday
- Must order at least 24 hours in advance
- Delivers to addresses within 20 miles of the store.