

Suggested Model for Order of Prayer Time

(Bring your Bible!)

*“ACTS” is a good outline modeled after the
Lord’s Prayer, Daniel 9, Nehemiah 9)*

ARMOR OF GOD

Prayer at Planned Parenthood

Involves Spiritual Warfare

Ephesians 6.10-18

Psalms 144

Exorcism/Spiritual Warfare prayers:

(from <https://www.catholicexorcism.org/deliverance-prayers-for-the-laity>)

[Read this first](#)

[Opening Prayer](#)

[Perimeter Prayer](#)

[Prayer to Protect Faculties](#)

[Prayer Against Retaliation](#)

ADORATION (WORSHIP)

Catholics: 5 minutes silent Adoration

Rev. 4. 8b “Holy, holy...”

with Rev. 5.12

Sing Holy, Holy, Holy

Protestants: Read out loud:

Psalms 24, 84, 95, 96, 100

and/or: Psalms 139, 145

Psalms 148, 150

Pick any two or three

CONFESSION

Catholics: Confiteor (“I confess....”)

Protestants: Psalm 51, Daniel 9, and
the Lord’s Prayer are great models

THANKSGIVING

Psalms 103, 139, 2 Cor. 9.15

SUPPLICATION

Catholics: Rosary or Divine Mercy

Chaplet with “Catholic Addendums” on
40-Days/Charleston Website

Protestants: See Prayer Packet on 40-Days
Website for many wonderful suggestions,
and/or pray as God leads with respect
to abortion, Planned Parenthood workers,
and fathers/mothers considering abortion.