

**What is 40 days for Life?**

It is an international peaceful campaign that combats the evil of abortion through prayer, fasting, peaceful vigil and community outreach. For more information go to [40daysforlife.com](http://40daysforlife.com).

**Where is our local 40 Days for Life Campaign?**

We pray outside the Care Reproductive Health Clinic which offers late term and third trimester abortions. We stand on the public sidewalk in front of the 5454 Wisconsin Avenue Chevy Chase Barlow Building. The clinic is located in the 1300 suite. I have never done anything like this before. God is calling the church to lead the battle to save innocent lives and protect women from the pain, regret and deep emotional wounds caused from having abortions.

**How do I sign up?** You can sign up on our online vigil calendar at [www.40daysforlife.com/bethesda](http://www.40daysforlife.com/bethesda). You can also email me your name and your dates you would like to sign up for. You can still come if you haven't signed up.

**What do I need?** Bring anything that you would like to pray with. 40 Days for Life Signs are sometimes available to borrow. We will have flyers with information & phone numbers of local pregnancy centers, post abortion resources and help line phone numbers.

**Can I go alone?** It is a safe and very busy area. Bring a friend if you can. "When two or three are gathered together in my name, there I am in the midst of them." Matthew 18:20

**Where do I park?** You can park in the underground parking next to the building. There is

also free parking at the Collection at Chevy Chase and the Giant Grocery Store.

**What if I am unable to make the time I designated to pray?** People get sick and unexpected situations happen. Pray to the Holy Spirit for God to send someone in your place. Please remember to update your time on the online vigil calendar.

**What should I do?** Stand or walk along the sidewalk, outside the Barlow Building and pray for the abortionists, the people that work in the clinic, the women coming to have abortions, the father of the child and their families. Pray the rosary, read the Bible, or whatever you feel God is calling you to do. Smile and your peace and joy will be contagious.

**Can I bring my children?** Yes. We do have families who bring their children.

**What should I expect might happen when I am there?** You will have a peaceful and powerful prayer experience. Drivers may honk and wave. People might say unkind or offensive things to you. Do not engage or argue with them. Smile & pray for them. This is God's battle not ours. People may ask you questions. Answer with facts or accurate information that you know. The best thing to say if you don't know the answer is "I do not know."

**How do I contact them?** Email me if you have any questions, ideas or inspirational stories to share! God is with you and I am praying for you! [marycardoza826@gmail.com](mailto:marycardoza826@gmail.com) Or you can text me (301) 509-2372.