
Local Support Resources

Skagit Valley Pregnancy Care Center

110 N 15th St, Mount Vernon, WA

All services FREE

skagitpregnancycare.org 360-428-4777

Pregnancy tests, Ultrasound, Options Education, Well Women & Male Health Exams, STI Testing. Parenting education, support group, & resource support. Wide range of referrals.

Cornerstone Services

120 N 18th St, Mount Vernon

infocusministries.org/cornerstoneservices

360-419-5416

Labor & delivery classes, pregnancy options education, abortion recovery, storehouse, abortion pill reversal referrals. All services free.

Life Haven

Maternity Home, 425-477-2919

Prepares

prepares@ccsww.org, 206-737-9264

Resource support and activities from pregnancy through child's fifth birthday.



Nearby Resources

Abundant Life

Referral services for pregnancy support, housing, medical, adoption
abundantlifewa.org

Antioch Adoptions:

www.antiochadoptions.org

3W Medical for Women

On-line science-based classes for reproductive health and cycle monitoring (FEMM) - a method of natural birth control
3wmedical.org

Rachel's Vineyard

Weekend retreats for women and men needing healing after abortion
projectrachel@ccsww.org

National Hotlines

Abortion Pill Reversal:

24/7 Helpline: 877-558-0333

And Then There Were None

AbortionWorker.com

Call/text: 888-570-5501

Pregnancy Option Line

OptionLine.org 800-712-Help

Text "Helpline" to 313131



Mount Vernon

Campaign

Volunteer

Guide

24 Sep - 2 Nov 2025



Register at

40daysforlife.com/mountvernon

Prayer Focus

1. Closure of the Mt Vernon Planned Parenthood clinic!
2. God will remove the veil of deception from clients, their families, clinic employees and passers-by. That He will give them wisdom and an understanding of the evils of abortion; that they will repent, and make pro-life decisions; ultimately receive Christ as Lord and Savior!
3. That fathers of the unborn, parents of abortion minded women, and their friends will encourage women to choose life!
4. Praise for states that have enacted pro-life laws. Protect these laws from legal challenges.
5. Wisdom for President Trump, his administration and all leaders in a position to enact pro-life laws and policies. Give them the courage to do what is right!
6. That those who have attacked pro-life organizations & churches will be exposed & justice will be done to discourage future attacks.
7. That God protect pro-life clinics, churches, organizations and sidewalk prayer warriors from deceived and angry pro-abortion activists.
8. That no other pharmacies decide to distribute abortion pills and those that are will stop.
9. That Cornerstone's medical staff will be prepared to implement the full vision by Nov!

Milestones of Early Life

1. **Conception:** At the moment a sperm penetrates the mother's egg cell a living individual is formed with unique DNA. All inherited features are set: sex, hair and eye color, etc. The first cell soon divides into two, then they divide again, and again, etc., as they move into the womb for implantation. Only a living being can do these things!
2. **Day 17:** Blood vessels start forming.
3. **Days 18-20:** Foundations of the brain, spinal cord, and nervous systems laid.
4. **Day 21:** The heart starts to beat!
5. **Day 22:** Eyes and ears start to develop.
6. **Day 26-27:** Lungs start to form.
7. **Day 28-32:** Arms, legs, mouth, nose, thyroid, tongue start to form. Blood flows in baby's veins separate from the mother. Face appears.
8. **Day 40:** Brain waves, first reflex movements - touching face, flex neck.
9. **Day 41-44:** Fingers, toes and joints start to form. Nerve connections develop, brain develops into three parts.
10. **6 Weeks:** Responds to stimulus.
11. **8 Weeks:** Well formed baby the size of a thumb. Every organ present.
12. **11 Weeks:** Urinates. Vocal cords and taste buds form. Facial expressions including smiling.

Birth Control Abortion in Disguise

Science is Clear - Life Begins at the Moment of Conception

Common forms of birth control can physically harm the woman and cause an abortion early in pregnancy!

1. The Pill:

A. Primarily prevents ovulation; can fail up to 10% (some forms up to 50%) of the time; antibiotics, some nutrients increase failure rate.

B. Thickens cervical mucus to prevent sperm entry (can fail)

C. Thins lining of uterus so fertilized egg can not implant - abortion!

D. The longer a person is on the pill, the greater the chance of failure.

E. Risk to woman: heart disease, high blood pressure, blood clots, irregular bleeding, weight gain

2. Depo-Provera (the shot): same intended effects of the pill above. First two can **fail 40-60%** of the time leading to "C" - **abortion!**

Risk to woman: uterine cancer, osteoporosis, arthritis, blood clots, stroke.

3. Hormone Implants: slowly releases hormones for 5 years to get the effects of the pill above, **50-65% failure** for first two effects - **abortion!**

4. Intrauterine Device (IUD): DOES NOT prevent ovulation or fertilization! Prevents implantation of fertilized egg by irritating and inflaming the lining of the uterus - **abortion!**

Risk to woman: hemorrhage, pelvic infection, tubal pregnancy, perforation of uterus