East Lyme, Connecticut

General

ACS, 2020–2024

	East Lyme	State
Current Population	18,721	3,624,508
Land Area *mi²*	34	4,842
Population Density *people per mi²*	550	748
Number of Households	8,004	1,434,007
Median Age	49	41
Median Household Income	$105,044	$95,781
Poverty Rate	5%	10%

Economy

Top Industries

Lightcast, 2024 (2 and 3 digit NAICS)

	Jobs	Share of Industry
1 Health Care and Social Assistance	1,153	
Ambulatory Health Care Services		*44%*
2 Retail Trade	919	
Food and Beverage Stores		*26%*
3 Accommodation and Food Services	900	
Food Services and Drinking Places		*99%*
4 Government	770	
Local Government		*78%*
5 Manufacturing	405	
Transportation Equip Mfg		*70%*
Total Jobs, All Industries	5,515	

SOTS Business Registrations

Secretary of the State, March 2026

New Business Registrations by Year

Year	2021	2022	2023	2024	2025
Total	158	199	189	179	208

Total Active Businesses 1,597

Key Employers

Data from Municipalities, 2026

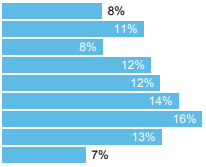
1. East Lyme Aquatic & Fitness Center
2. Birk Manufacturing Inc
3. Mariner Health of Bridebrook
4. Stop & Shop Supermarket
5. Birk Manufacturing

Demographics

ACS, 2020–2024

Age Distribution

		State
Under 10	1,474	10%
10 to 19	2,088	13%
20 to 29	1,480	13%
30 to 39	2,196	13%
40 to 49	2,332	12%
50 to 59	2,604	14%
60 to 69	2,958	13%
70 to 79	2,354	8%
80 and over	1,235	5%



Race and Ethnicity

	State
Asian	5%
Black	10%
Hispanic or Latino/a	18%
White	62%
Other	5%

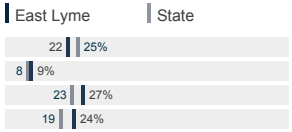


Hispanic includes those of any race. Remaining racial groups include only non-hispanic. 'Other' includes American Indian, Alaska Native, Native Hawaiian, Pacific Islander, two or more races.

Language Spoken at Home



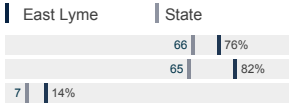
Educational Attainment



Housing

ACS, 2020–2024

	East Lyme	State
Median Home Value	$412,600	$366,900
Median Rent	$1,462	$1,488
Housing Units	9,283	1,541,822



Schools

CT Department of Education, 2025-26

School Districts

	Available Grades	Total Enrollment	Pre-K Enrollment	4-Year Grad Rate (2023-24)
East Lyme School District	PK-12	2,447	60	94%
Statewide	-	497,764	20,604	89%

Smarter Balanced Assessments

Met or Exceeded Expectations, 2024-25

	Math	ELA
East Lyme School District	63%	69%
Statewide	46%	50%

East Lyme, Connecticut

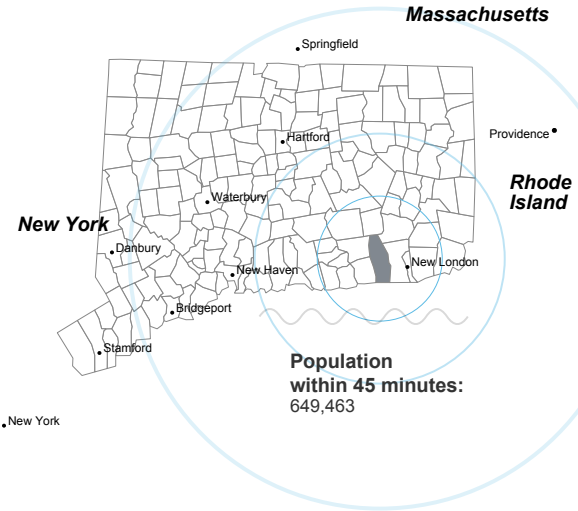
Labor Force

CT Department of Labor, 2025

	East Lyme	State
Employed	9,043	1,869,450
Unemployed	301	76,777
Unemployment Rate	3 4%	
Self-Employment Rate*	8 10%	

*ACS, 2020–2024

Catchment Areas of 15mi, 30mi, and 60mi



Access

ACS, 2020–2024

	East Lyme	State
Mean Commute Time *	25 min	26 min
No Access to a Car	2 9%	
No Internet Access	4 6%	

Commute Mode

Public Transport	0 3%
Walking or Cycling	1 3%
Driving	76 77%
Working From Home *	16 22%

Public Transit

CT*transit* Service	-
Other Public Bus Operations	Southeast Area Transit District (SEAT)
Train Service	-

** 5 year estimates include Covid-19 pandemic data*

Fiscal Indicators

CT Office of Policy and Management, State FY 2022-23

Municipal Revenue

Total Revenue	$83,603,421
Property Tax Revenue	$66,304,705
per capita	$3,503
per capita, as % of state avg.	104%
Intergovernmental Revenue	$11,254,059
Revenue to Expenditure Ratio	101%

Municipal Expenditure

Total Expenditure	$82,644,745
Educational	$55,753,655
Other	$26,891,090

Grand List

Equalized Net Grand List	$3,946,475,812
per capita	$208,488
per capita, as % of state avg.	104%
Commercial/Industrial Share of Net Grand List	7%
Actual Mill Rate	23.84
Equalized Mill Rate	16.72

Municipal Debt

Moody's Rating (2025)	-
S&P Rating (2025)	AA
Total Indebtedness	$73,452,812
per capita	$3,880
per capita, as % of state avg.	132%
as percent of expenditures	89%
Annual Debt Service	$8,059,429
as % of expenditures	10%

About Town Profiles

The Connecticut Town Profiles are two-page reports of demographic and economic information for each of Connecticut's 169 municipalities. Reports for data are available from profiles.ctdata.org

Feedback is welcome, and should be directed to info@ctdata.org.

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