Hampton, Connecticut

General

ACS, 2020–2024

	Hampton	State
Current Population	1,647	3,624,508
Land Area *mi²*	25	4,842
Population Density *people per mi²*	66	748
Number of Households	698	1,434,007
Median Age	52	41
Median Household Income	$109,167	$95,781
Poverty Rate	6%	10%

Economy

Top Industries

Lightcast, 2024 (2 and 3 digit NAICS)

	Jobs	Share of Industry
1 Government	262	
Local Government		*88%*
2 Health Care and Social Assistance	88	
Social Assistance		*47%*
3 Mgmt of Companies and Enterprises	78	
Mgmt of Companies and Enterprises		*100%*
4 Other Services (except Public Admin)	60	
Religious, Grantmaking, Civic, Prof. Org		*42%*
5 Construction	37	
Specialty Trade Contractors		*68%*
Total Jobs, All Industries	611	

SOTS Business Registrations

Secretary of the State, March 2026

New Business Registrations by Year

Year	2021	2022	2023	2024	2025
Total	12	15	22	24	18

Total Active Businesses 143

Key Employers

Data from Municipalities, 2026

1. EASTCONN
2. Silver Slippers Home Care LLC
3. Rossi Sawmill
4. Woodhill Farm
5. Donahue Construction

Demographics

ACS, 2020–2024

Age Distribution

		Hampton	State
Under 10	186	11%	10%
10 to 19	176	11%	13%
20 to 29	123	7%	13%
30 to 39	145	9%	13%
40 to 49	166	10%	12%
50 to 59	245	15%	14%
60 to 69	379	23%	13%
70 to 79	177	11%	8%
80 and over	50	3%	5%

Race and Ethnicity

	Hampton	State
Asian	<1%	5%
Black	<1%	10%
Hispanic or Latino/a	5%	18%
White	91%	62%
Other	4%	5%

Hispanic includes those of any race. Remaining racial groups include only non-hispanic. 'Other' includes American Indian, Alaska Native, Native Hawaiian, Pacific Islander, two or more races.

Language Spoken at Home

	Hampton	State
English	77	95%
Spanish	2	13%

Educational Attainment

	Hampton	State
High School Diploma Only	25	34%
Associate Degree	8	13%
Bachelor's Degree	17	23%
Master's Degree or Higher	13	19%

Housing

ACS, 2020–2024

	Hampton	State
Median Home Value	$295,800	$366,900
Median Rent	$1,285	$1,488
Housing Units	744	1,541,822

	Hampton	State
Owner-Occupied	66	90%
Detached or Semi-Detached	65	95%
Vacant	6	7%

Schools

CT Department of Education, 2025-26

School Districts

	Available Grades	Total Enrollment	Pre-K Enrollment	4-Year Grad Rate (2023-24)
Hampton School District	PK-6	71	13	
Regional School District 11	7-12	192	0	*
Statewide	-	497,764	20,604	89%

Smarter Balanced Assessments

Met or Exceeded Expectations, 2024-25

	Math	ELA
Hampton School District	31%	62%
Regional School District 11	29%	43%
Statewide	46%	50%

Hampton, Connecticut

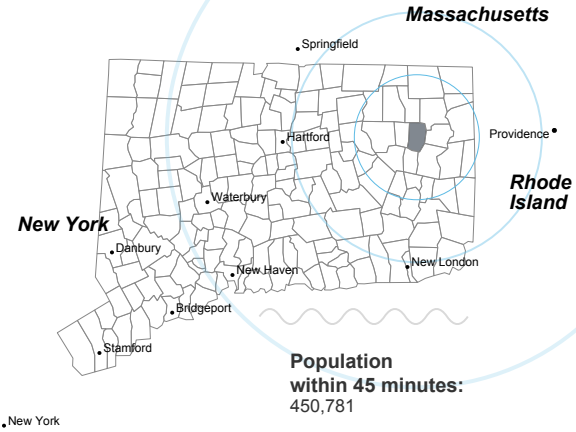
Labor Force

CT Department of Labor, 2025

	Hampton	State
Employed	882	1,869,450
Unemployed	32	76,777
Unemployment Rate	3 4%	
Self-Employment Rate*	10 12%	

*ACS, 2020–2024

Catchment Areas of 15mi, 30mi, and 60mi



Population within 45 minutes: 450,781

Access

ACS, 2020–2024

	Hampton	State
Mean Commute Time *	29 min	26 min
No Access to a Car	1 9%	
No Internet Access	4 6%	

Commute Mode

Public Transport	0 3%
Walking or Cycling	0 3%
Driving	77 82%
Working From Home *	16 18%

Public Transit

CT*transit* Service	-
Other Public Bus Operations	Windham Region Transit District (WRTD)
Train Service	-

** 5 year estimates include Covid-19 pandemic data*

Fiscal Indicators

CT Office of Policy and Management, State FY 2022-23

Municipal Revenue

Total Revenue	$5,315,091
Property Tax Revenue	$3,514,684
per capita	$2,020
per capita, as % of state avg.	60%
Intergovernmental Revenue	$1,613,424
Revenue to Expenditure Ratio	92%

Municipal Expenditure

Total Expenditure	$5,757,127
Educational	$3,829,363
Other	$1,927,764

Grand List

Equalized Net Grand List	$329,544,282
per capita	$189,393
per capita, as % of state avg.	95%
Commercial/Industrial Share of Net Grand List	3%
Actual Mill Rate	22.49
Equalized Mill Rate	11.82

Municipal Debt

Moody's Rating (2025)	-
S&P Rating (2025)	-
Total Indebtedness	$23,517
per capita	$14
per capita, as % of state avg.	0%
as percent of expenditures	0%
Annual Debt Service	$0
as % of expenditures	0%

About Town Profiles

The Connecticut Town Profiles are two-page reports of demographic and economic information for each of Connecticut's 169 municipalities. Reports for data are available from profiles.ctdata.org

Feedback is welcome, and should be directed to info@ctdata.org.

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