Middletown, Connecticut

General

ACS, 2020–2024

	Middletown	State
Current Population	47,958	3,624,508
Land Area *mi²*	41	4,842
Population Density *people per mi²*	1,169	748
Number of Households	20,390	1,434,007
Median Age	38	41
Median Household Income	$79,438	$95,781
Poverty Rate	12%	10%

Economy

Top Industries

Lightcast, 2024 (2 and 3 digit NAICS)

	Jobs	Share of Industry
1 Health Care and Social Assistance	6,035	
Hospitals		*35%*
2 Government	3,800	
State Government		*62%*
3 Manufacturing	2,902	
Fabricated Metal Product Mfg		*42%*
4 Transportation and Warehousing	1,810	
Couriers and Messengers		*73%*
5 Retail Trade	1,646	
Food and Beverage Stores		*30%*
Total Jobs, All Industries	25,328	

SOTS Business Registrations

Secretary of the State, March 2026

New Business Registrations by Year

Year	2021	2022	2023	2024	2025
Total	459	501	537	472	624

Total Active Businesses 3,701

Key Employers

Data from Municipalities, 2026

1. Community Health Center
2. Connecticut Valley Hospital
3. FedEx
4. Middlesex Health
5. RTX Corporation (Pratt & Whitney)

Demographics

ACS, 2020–2024

Age Distribution

		Middletown	State
Under 10	3,848	8%	10%
10 to 19	5,194	11%	13%
20 to 29	9,524	20%	13%
30 to 39	6,541	14%	13%
40 to 49	5,523	12%	12%
50 to 59	6,208	13%	14%
60 to 69	5,773	12%	13%
70 to 79	3,250	7%	8%
80 and over	2,097	4%	5%

Race and Ethnicity

	Middletown	State
Asian	6%	5%
Black	13%	10%
Hispanic or Latino/a	13%	18%
White	63%	62%
Other	6%	5%

Hispanic includes those of any race. Remaining racial groups include only non-hispanic. 'Other' includes American Indian, Alaska Native, Native Hawaiian, Pacific Islander, two or more races.

Language Spoken at Home

	Middletown	State
English	77	83%
Spanish	6	13%

Educational Attainment

	Middletown	State
High School Diploma Only	25	27%
Associate Degree	8	9%
Bachelor's Degree	23	23%
Master's Degree or Higher	17	19%

Housing

ACS, 2020–2024

	Middletown	State
Median Home Value	$295,300	$366,900
Median Rent	$1,446	$1,488
Housing Units	21,644	1,541,822

	Middletown	State
Owner-Occupied	53	66%
Detached or Semi-Detached	50	65%
Vacant	6	7%

Schools

CT Department of Education, 2025-26

School Districts

	Available Grades	Total Enrollment	Pre-K Enrollment	4-Year Grad Rate (2023-24)
Middletown School District	PK-12	4,344	237	90%
Statewide	-	497,764	20,604	89%

Smarter Balanced Assessments

Met or Exceeded Expectations, 2024-25

	Math	ELA
Middletown School District	30%	40%
Statewide	46%	50%

Middletown, Connecticut

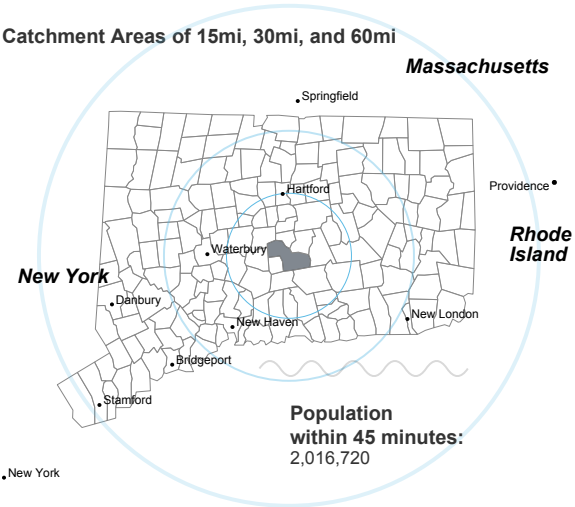
Labor Force

CT Department of Labor, 2025

	Middletown	State
Employed	25,997	1,869,450
Unemployed	1,035	76,777
Unemployment Rate	4 4%	
Self-Employment Rate*	6 10%	

*ACS, 2020–2024

Catchment Areas of 15mi, 30mi, and 60mi



Access

ACS, 2020–2024

	Middletown	State
Mean Commute Time *	23 min	26 min
No Access to a Car	9 11%	
No Internet Access	6 7%	

Commute Mode

Public Transport	1 3%
Walking or Cycling	3 6%
Driving	76 77%
Working From Home *	14 16%

Public Transit

CT*transit* Service	Express
Other Public Bus Operations	Middletown Transit District (MAT)
Train Service	-

** 5 year estimates include Covid-19 pandemic data*

Fiscal Indicators

CT Office of Policy and Management, State FY 2022-23

Municipal Revenue

Total Revenue	$199,202,000
Property Tax Revenue	$130,750,000
per capita	$2,725
per capita, as % of state avg.	81%
Intergovernmental Revenue	$53,041,000
Revenue to Expenditure Ratio	113%

Municipal Expenditure

Total Expenditure	$176,177,000
Educational	$106,636,000
Other	$69,541,000

Grand List

Equalized Net Grand List	$7,115,436,115
per capita	$148,288
per capita, as % of state avg.	74%
Commercial/Industrial Share of Net Grand List	21%
Actual Mill Rate	32.46
Equalized Mill Rate	19.82

Municipal Debt

Moody's Rating (2025)	-
S&P Rating (2025)	AAA
Total Indebtedness	$146,662,000
per capita	$3,056
per capita, as % of state avg.	104%
as percent of expenditures	83%
Annual Debt Service	$27,246,000
as % of expenditures	15%

About Town Profiles

The Connecticut Town Profiles are two-page reports of demographic and economic information for each of Connecticut's 169 municipalities. Reports for data are available from profiles.ctdata.org

Feedback is welcome, and should be directed to info@ctdata.org.

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