New Milford, Connecticut

General

ACS, 2020–2024

	New Milford	State
Current Population	28,334	3,624,508
Land Area *mi²*	62	4,842
Population Density *people per mi²*	460	748
Number of Households	10,667	1,434,007
Median Age	42	41
Median Household Income	$106,411	$95,781
Poverty Rate	7%	10%

Economy

Top Industries

Lightcast, 2024 (2 and 3 digit NAICS)

	Jobs	Share of Industry
1 Retail Trade	1,663	
Food and Beverage Stores		*25%*
2 Health Care and Social Assistance	1,548	
Ambulatory Health Care Services		*58%*
3 Government	1,470	
Local Government		*84%*
4 Accommodation and Food Services	1,137	
Food Services and Drinking Places		*99%*
5 Other Services (except Public Admin)	662	
Personal and Laundry Services		*37%*
Total Jobs, All Industries	9,672	

SOTS Business Registrations

Secretary of the State, March 2026

New Business Registrations by Year

Year	2021	2022	2023	2024	2025
Total	322	349	376	324	374

Total Active Businesses 2,809

Key Employers

Data from Municipalities, 2026

1. Kimberly Clark
2. Candlewood Valley Health & Rehab
3. Neeltran Inc
4. New Milford Hospital
5. Vision Engineering

Demographics

ACS, 2020–2024

Age Distribution

		New Milford	State
Under 10	3,056	11%	10%
10 to 19	3,803	13%	13%
20 to 29	3,333	12%	13%
30 to 39	3,330	12%	13%
40 to 49	3,254	11%	12%
50 to 59	3,542	13%	14%
60 to 69	4,998	18%	13%
70 to 79	2,230	8%	8%
80 and over	788	3%	5%

Race and Ethnicity

	New Milford	State
Asian	3%	5%
Black	4%	10%
Hispanic or Latino/a	12%	18%
White	76%	62%
Other	4%	5%

Hispanic includes those of any race. Remaining racial groups include only non-hispanic. 'Other' includes American Indian, Alaska Native, Native Hawaiian, Pacific Islander, two or more races.

Language Spoken at Home

	New Milford	State
English	77	87%
Spanish	6	13%

Educational Attainment

	New Milford	State
High School Diploma Only	25	27%
Associate Degree	8	8%
Bachelor's Degree	23	26%
Master's Degree or Higher	16	19%

Housing

ACS, 2020–2024

	New Milford	State
Median Home Value	$391,500	$366,900
Median Rent	$1,609	$1,488
Housing Units	11,641	1,541,822

	New Milford	State
Owner-Occupied	66	80%
Detached or Semi-Detached	65	80%
Vacant	7	8%

Schools

CT Department of Education, 2025-26

School Districts

	Available Grades	Total Enrollment	Pre-K Enrollment	4-Year Grad Rate (2023-24)
New Milford School District	PK-12	3,446	120	87%
Statewide	-	497,764	20,604	89%

Smarter Balanced Assessments

Met or Exceeded Expectations, 2024-25

	Math	ELA
New Milford School District	37%	44%
Statewide	46%	50%

New Milford, Connecticut

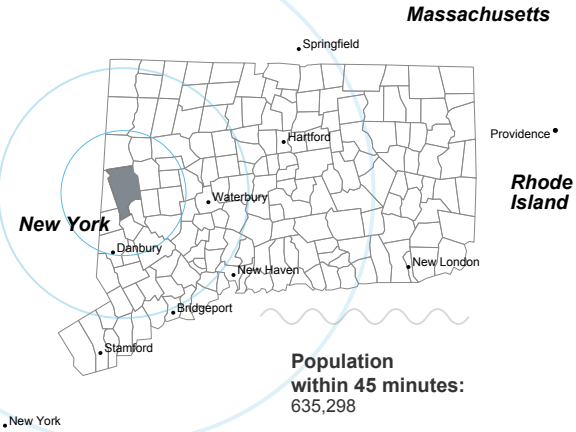
Labor Force

CT Department of Labor, 2025

	New Milford	State
Employed	15,187	1,869,450
Unemployed	602	76,777
Unemployment Rate	4	4%
Self-Employment Rate*	10	14%

*ACS, 2020–2024

Catchment Areas of 15mi, 30mi, and 60mi



Population within 45 minutes: 635,298

Access

ACS, 2020–2024

	New Milford	State
Mean Commute Time *	30 min	26 min
No Access to a Car	4	9%
No Internet Access	3	6%

Commute Mode

Public Transport	1	3%
Walking or Cycling	2	3%
Driving	77	81%
Working From Home *	15	16%

Public Transit

CT*transit* Service	-
Other Public Bus Operations	Housatonic Area Regional Transit (HART)
Train Service	-

** 5 year estimates include Covid-19 pandemic data*

Fiscal Indicators

CT Office of Policy and Management, State FY 2022-23

Municipal Revenue

Total Revenue	$124,618,031
Property Tax Revenue	$91,317,046
per capita	$3,229
per capita, as % of state avg.	96%
Intergovernmental Revenue	$26,350,771
Revenue to Expenditure Ratio	106%

Municipal Expenditure

Total Expenditure	$117,140,896
Educational	$77,659,782
Other	$39,481,114

Grand List

Equalized Net Grand List	$5,870,093,712
per capita	$207,600
per capita, as % of state avg.	104%
Commercial/Industrial Share of Net Grand List	12%
Actual Mill Rate	28.45
Equalized Mill Rate	15.41

Municipal Debt

Moody's Rating (2025)	Aa1
S&P Rating (2025)	AAA
Total Indebtedness	$56,913,164
per capita	$2,013
per capita, as % of state avg.	69%
as percent of expenditures	49%
Annual Debt Service	$5,218,850
as % of expenditures	4%

About Town Profiles

The Connecticut Town Profiles are two-page reports of demographic and economic information for each of Connecticut's 169 municipalities. Reports for data are available from profiles.ctdata.org

Feedback is welcome, and should be directed to info@ctdata.org.

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