Old Saybrook, Connecticut

General

ACS, 2020–2024

	Old Saybrook	State
Current Population	10,575	3,624,508
Land Area *mi²*	15	4,842
Population Density *people per mi²*	702	748
Number of Households	4,672	1,434,007
Median Age	57	41
Median Household Income	$114,333	$95,781
Poverty Rate	5%	10%

Economy

Top Industries

Lightcast, 2024 (2 and 3 digit NAICS)

	Jobs	Share of Industry
1 Accommodation and Food Services	1,435	
Food Services and Drinking Places		*92%*
2 Retail Trade	1,228	
General Merchandise Retailers		*27%*
3 Health Care and Social Assistance	1,053	
Ambulatory Health Care Services		*59%*
4 Government	785	
Local Government		*87%*
5 Construction	388	
Specialty Trade Contractors		*70%*
Total Jobs, All Industries	6,737	

SOTS Business Registrations

Secretary of the State, March 2026

New Business Registrations by Year

Year	2021	2022	2023	2024	2025
Total	171	138	177	151	189

Total Active Businesses 1,668

Key Employers

Data from Municipalities, 2026

1. Saybrook Point Inn
2. Sound Manufacturing Inc.
3. From You Flowers
4. Iterum Therapeutics
5. Telyon

Demographics

ACS, 2020–2024

Age Distribution

		Old Saybrook	State
Under 10	575	5%	10%
10 to 19	900	9%	13%
20 to 29	1,089	10%	13%
30 to 39	642	6%	13%
40 to 49	941	9%	12%
50 to 59	1,705	16%	14%
60 to 69	2,147	20%	13%
70 to 79	1,385	13%	8%
80 and over	1,191	11%	5%

Race and Ethnicity

	Old Saybrook	State
Asian	<1%	5%
Black	<1%	10%
Hispanic or Latino/a	5%	18%
White	90%	62%
Other	3%	5%

Hispanic includes those of any race. Remaining racial groups include only non-hispanic. 'Other' includes American Indian, Alaska Native, Native Hawaiian, Pacific Islander, two or more races.

Language Spoken at Home

	Old Saybrook	State
English	77	91%
Spanish	5	13%

Educational Attainment

	Old Saybrook	State
High School Diploma Only	16	25%
Associate Degree	7	8%
Bachelor's Degree	23	34%
Master's Degree or Higher	19	24%

Housing

ACS, 2020–2024

	Old Saybrook	State
Median Home Value	$538,200	$366,900
Median Rent	$1,846	$1,488
Housing Units	5,985	1,541,822

	Old Saybrook	State
Owner-Occupied	66	85%
Detached or Semi-Detached	65	90%
Vacant	7	22%

Schools

CT Department of Education, 2025-26

School Districts

	Available Grades	Total Enrollment	Pre-K Enrollment	4-Year Grad Rate (2023-24)
Old Saybrook School District	PK-12	990	85	95%
Statewide	-	497,764	20,604	89%

Smarter Balanced Assessments

Met or Exceeded Expectations, 2024-25

	Math	ELA
Old Saybrook School District	59%	69%
Statewide	46%	50%

Old Saybrook, Connecticut

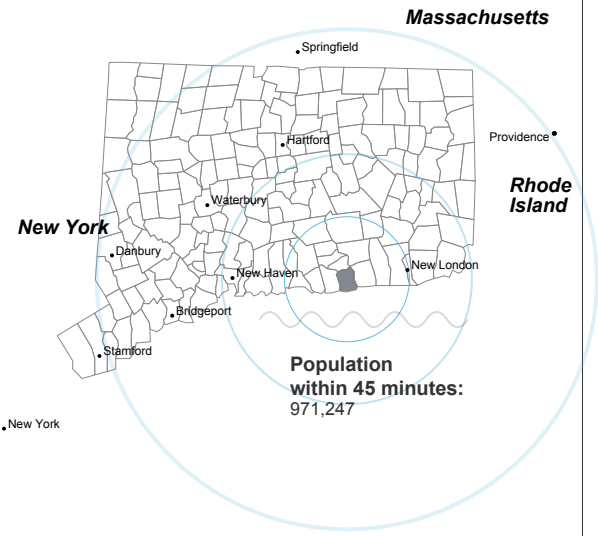
Labor Force

CT Department of Labor, 2025

	Old Saybrook	State
Employed	5,544	1,869,450
Unemployed	173	76,777
Unemployment Rate	3 4%	
Self-Employment Rate*	10 12%	

*ACS, 2020–2024

Catchment Areas of 15mi, 30mi, and 60mi



Access

ACS, 2020–2024

	Old Saybrook	State
Mean Commute Time *	28 min	26 min
No Access to a Car	3 9%	
No Internet Access	6 6%	

Commute Mode

Public Transport	1 3%
Walking or Cycling	1 3%
Driving	72 77%
Working From Home *	16 26%

Public Transit

CT*transit* Service	Express
Other Public Bus Operations	Estuary Transit District d.b.a. 9 Town Transit
Train Service	Amtrak, Shore Line East

** 5 year estimates include Covid-19 pandemic data*

Fiscal Indicators

CT Office of Policy and Management, State FY 2022-23

Municipal Revenue

Total Revenue	$55,571,827
Property Tax Revenue	$48,158,883
per capita	$4,556
per capita, as % of state avg.	136%
Intergovernmental Revenue	$4,979,088
Revenue to Expenditure Ratio	107%

Municipal Expenditure

Total Expenditure	$51,859,077
Educational	$31,445,577
Other	$20,413,500

Grand List

Equalized Net Grand List	$4,593,540,378
per capita	$434,542
per capita, as % of state avg.	217%
Commercial/Industrial Share of Net Grand List	15%
Actual Mill Rate	20.08
Equalized Mill Rate	10.35

Municipal Debt

Moody's Rating (2025)	Aa1
S&P Rating (2025)	-
Total Indebtedness	$21,716,661
per capita	$2,054
per capita, as % of state avg.	70%
as percent of expenditures	42%
Annual Debt Service	$3,823,276
as % of expenditures	7%

About Town Profiles

The Connecticut Town Profiles are two-page reports of demographic and economic information for each of Connecticut's 169 municipalities. Reports for data are available from profiles.ctdata.org

Feedback is welcome, and should be directed to info@ctdata.org.

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