

~Help Us Help The Ottawa Food Bank~

Patient Appreciation Day

Saturday September 22, 2007

11:00 AM-1:00 PM



Bring family and friends and join us at the Hampton Wellness Centre for lots of food, drinks, prizes, popcorn, healthy smoothies, face painting, and much, much

For every can of non-perishable food you bring in for the Ottawa Food Bank you will receive a ballot for our Grand Prize!

Every patient who brings a guest will receive 10 ballots for our Grand Prize!

GRAND PRIZES INCLUDE:

- 1. NINTENDO WII CONSOLE**
- 2. 2 GB IPOD NANO**
- 3. PANASONIC PORTABLE DVD PLAYER**

Spinal assessments for all attendees!

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