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## TWELVE ACTIONS

TO CREATE AN EXTRAORDINARY LIFE\*

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1. Speak the truth
2. Ask for what you want
3. Keep your agreements
4. Take responsibility for your experiences
5. Create financial security for yourself
6. Add good feelings to your life
7. Acknowledge your self-worth
8. Practice active compassion
9. Make time for creative expression
10. Cultivate attentive awareness
11. Develop a connection to a higher power
12. Associate with like-minded people

\*From *Let It Be Easy* by Tolly Burkan ([letitbeeasy.com](http://letitbeeasy.com))  
Available at any bookstore or [Amazon.com](http://Amazon.com)