

# Are you one of the 161, 000 people in the Ottawa Region without a Medical Doctor? Then you NEED to read this!

Hi, we are Dr. Mike and Dr. Lise. Most of you probably recognize us either from health empowerment lectures within the community, press release in the local newspaper, or major events in the Ottawa Region, such as Kids Day International and the Kids of Steel Triathlon to name a few. What you may not know is that for many of our patients we are their only doctor! That's right... they see us for many of the reasons that they used to see their medical doctors for: headaches, neck pain, low back pain, sore muscles, pinched nerves, numbness or soreness in their arms and legs, arthritis pain, fibromyalgia, fatigue and many more conditions that chiropractic can help.

You see, chiropractors today have an education that is equal to most medical doctors' education in classroom hours in anatomy, physiology, bio-chemistry, x-ray, etc... Where the two educations differ vastly is that medical doctors focus on medications and their many potential side effects in an attempt to mostly treat symptoms. In fact, much of a medical doctor's day is spent writing prescriptions and getting people to take drugs. All our days are spent finding and treating the cause of our patients' problems, which then often allows them to reduce or even get rid of their medications! You see, chiropractic actually seeks the cause of your problem instead of covering it up with drugs and their many dangerous possible side effects. The millions of people who see chiropractors frequently report increased energy, decreased stress, better sleep, less hospitalization, fewer surgeries and less sick days from work.

Do not misunderstand us... If we were in car accident tomorrow we would want to go straight to the emergency room and have them piece us back

together and use medications temporarily to help us through that crisis. That is where modern medicine shines.

But, if you are sick or tired, or you have a health problem that you just cannot seem to shake, you may need to see a chiropractor. Now, taking care of your health shouldn't cost you an arm and a leg, which is why I am offering you my initial exam for just a \$35 donation to the Children's Wish Foundation which includes, in my office: a consultation, postural assessment, spinal

including four-time Ontario's Strongest Man title holder and two-time Canadian Super Heavy Weight Power Lifting Champion Travis Lyndon are saying about chiropractic:

*When I was in school, I fell off a slide and my mother brought me to a chiropractor. I have been under chiropractic care since then, two thirds of my life. Because of this, I rarely have medical problems, and am in peak performing condition. I do not get stiff, sore muscles and this allows me to be at my best during competitions!* -T. Lyndon



From left to right: Noah Reid, Dr. Lise Cloutier, Dr. Michael Reid, Pierce Reid

images, if necessary, and a report of findings. This evaluation will allow you to see how your body is coping with the physical, chemical and emotional stressors of life. You are not obligated to any further treatment. If yours is not a chiropractic case, I will refer you to the appropriate healthcare professional immediately. In fact, here are just a few examples of what local people,

*I turned to chiropractic because of pain in my neck and lower back pain from previous car and bicycle accidents. Since being under care, the pains have diminished, I have less restriction in my neck when swimming and a better range of motion in my trunk during golf and overall. I like the positive environment at the clinic and the speed in which I receive treatments.* -Jeff J.

*Hampton Family Chiropractic changed my life. The pain I had endured for years in my neck and back were removed. The doctors directed me to better health and listened attentively to all my feedback. I now experience more energy, a more positive attitude, more success in both of my careers and my height increased by 1/2 an inch! The staff at Hampton is attentive and professional and work with patients to better our lives.*

-Joe C.

The first twenty callers will also receive a book that my wife, Dr. Lise Cloutier, and I co-authored entitled "The World's Best Kept Health Secret Revealed".

Our promise to you is that you will only pay the \$35.00 donation for all of this, if you are one of the first 20 people to call my office before Feb.15th, 2008 (the exams take about an hour so we are limited to the first 20 callers)! There is absolutely no obligation to begin care with this offer. Why are we doing this? It has been brought to our attention that over 14% of residents in the Ottawa Region do not have a medical doctor and may need help. We are excited to share with you digitally enhanced spinal images, a paperless office which allows short to no wait times, thermography and so much more. Our qualifications? We graduated from the Canadian Memorial Chiropractic College in 1992 and 1995 respectfully, and then built one of the most successful family and wellness based chiropractic clinics in Canada. Dr. Mike is the Canadian President of the World Chiropractic Alliance; We have been entrusted to treat babies and the elderly. We are conveniently located at 1419 Carling Ave., Suite 209, at the Hampton Park Plaza, with plenty of parking available. Call our team at 613.761.1600 to make an appointment. We can help you!

- Dr. Michael Reid and Dr. Lise Cloutier