



DON'T SUFFER from headaches or migraines any longer!

Volunteers Needed

It is estimated that 73% of all headaches and migraines are caused by problems in the neck. Research shows:

- A study of 6,000 people who suffered from recurring headaches for 2 to 25 years showed that spine injury was the most important factor in the cause of the headache.
- Headaches and migraines accepted for treatment at 98.7 % and 93.6% with percentage well and improved at 83.2% and 86.6% respectively.
- A team of doctors at Syracuse University has established with scientific, anatomical proof that damaged structures in the neck are the cause of the pain for many chronic headache sufferers.

An international team of scientists is investigating the potential benefits of drug-free chiropractic care on general health and wellness, including increased vitality and energy. If you frequently feel fatigued, 'run-down' or suffer from headaches or migraines, you may be eligible to participate in a global research project conducted by RCS Research Clinical Science™. No drug therapy is used in this study.

RCS International Scientific Advisory Panel

- Margaret V. Ames., PhD., US Department of Health and Human Services, Bethesda, Maryland.
- Janet c. Blanks, PhD, Prof, Department of Biomedical Sciences, Florida Atlantic University (FAU)
- Douglas Broadfield, PhD, Asst Prof, Dept of Anthropology, FAU.
- James Fallon, PhD, Prof, Department of Anatomy & Neurobiology, University of California-Irvine, College of Medicine.
- Christopher Kent, DC, President, Council on Chiropractic Practice.
- Tadashi Matsuhisa, MD, Member, Japanese Orthopedic Surgeon Association.
- Isaac Ogwel Opole, MD, PhD, Resident, Dept of Internal Medicine. Kansas University Medical Centre.
- Yoshimi Shibara, PhD Assoc Prof, Dept of Biomedical Sciences, FAU
- Mimi Sutherland, BSN, RN, Long Term Care Insurance Specialist
- Michael Whitehurst, EdD, Prof, Exercise Science and Health Promotion, College of Education, FAU.
- Jang-Yen Wu, PhD, Prof Dept of Biomedical Sciences, FAU.

Participants receive, at absolutely no cost:

- Evaluation by chiropractic health care professionals who are authorized RCS Researchers. This may include an x-ray, physical
- Examination and report of findings explaining the results of the evaluation.
- Customized Vitality Wellness Index™ report comparing the results of your wellness evaluation with those of the larger population.

Participants are under no obligation to accept any health care services and may withdraw from the study at any time.

Participants will:

- Make an appointment, at their convenience, at an RCS Authorized Research Site™.
- Complete the RCS "Self-Reported Quality of Life Study"™.
NOTE: This may also be completed on a home or office computer
- Undergo a full chiropractic evaluation.
- Make a follow-up appointment to review the results of the evaluation and receive their Vitality Wellness Index™.



Please call an RCS clinic near you for more information or to schedule your complimentary examination & report of findings:

Carling Ave 613 761 1600

Kanata 613 591 9151

Barrhaven 613 823 7900

Orleans 613 837 2883

www.ottawawellnessnetwork.com 1-877-727-7077