

# Celebrating 7 years of Extraordinary Health and Healing for the Families of St. Albert

## Why are we celebrating?

"We feel honoured and blessed to have the opportunity to practice in this amazing community" says Dr. Karen Osburn, part of the husband and wife chiropractic team at Synergy Family Wellness Centre. "It's always been our dream as chiropractors and as human beings to help kids and adults reach their potential in health and in life."

## Why do we see kids?

"Some of the first misalignments of the spine, subluxations, can occur from the birth process. And, according to the National Safety Council, about half of all children will have a fall head first from a high place in the first year of life. So, this is why we see many babies and children to correct subluxations early on in life. THIS is true prevention," states Dr. Ed Osburn. "The adjustments are so extremely gentle and the kids love coming into the office."

Drs. Ed and Karen and the rest of the outstanding Synergy Family Wellness Centre team are incredibly passionate about teaching and empowering their patients through a focus on education with ALL patients (kids, too!).

"We've found that our patients that truly understand how their body functions, how chiropractic works, and the benefits of their care, are the ones that get the most phenomenal results," shares Dr. Karen. "We share with our patients new health research, tips on how to be healthier, patient testimonials, or fun office events and workshops that we invite and encourage our patients and their families to attend."

## So what do the patients at Synergy Family Wellness Centre think?

"Within 3 visits my pain disappeared and I began to feel more energized!"  
— Jan D.

"The service at Synergy is exceptional!"  
—Andrea C.

"Chiropractic is a natural and regular part of my healthy life."  
— Tera S.

"Chiropractic care has helped me immensely. I sleep better and feel better both physically and emotionally."  
— Sarah L.

"Chiropractic has given me the greatest improvement in my life and I look forward to the future!"  
— Marilyn Q.

"I greatly respect and admire the professionalism, efficiency, and caring attitude of the entire Synergy team."  
— Donna L.

"I have been impressed with your work, the way you present yourself, and your outlooks, that I have recommended your clinic to everyone I know!"  
— Andrew F.

"The health benefits of chiropractic care is amazing! I tell everybody I know about our experience and results daily. Synergy Family Wellness Centre is awesome!"  
— Lisa D.

For more testimonials, feel free to visit [www.synergychiropractors.com](http://www.synergychiropractors.com), and to watch some of the NEW video patient testimonials.

**Drs. Karen and Ed provide services and procedures in their office that allow them to serve their patients best.** A high-tech paperless software system, detailed electronic Doctors' notes, and efficient office procedures. All of this allows the office to run on time, with little or no waiting, and to focus on what is most important – to serve the patients.



"Many of our patients comment how it always feels so calm in the office, but yet lots of energy. That everything is always so efficient, how wonderful our team is at meeting their needs, and how smooth the flow is in the office," divulges Dr. Ed.

Drs. Karen and Ed have also incorporated pharmaceutical grade nutritional supplements, cervical pillows (including NEW customized prescription pillows), customized orthotics.....all to help support their patients' chiropractic care programs to get even greater results.

**"Does chiropractic achieve great results with back pain, neck pain, headaches, arthritis, fatigue, carpal tunnel, and many other things? You bet.** However, the greatest gift that we feel our patients receive with their care is not just feeling better, but functioning better by having more energy, sleeping better, a stronger immune system, and adapting better to stress in their lives."

## ADVERTISING FEATURE

Synergy Family Wellness Centre has seen amazing changes over 7 years, but their mission is ongoing.

**"Our mission is to help as many people as we can live extraordinary levels of health with gentle and safe chiropractic care,"** explains Dr. Ed. "And we look forward to the next 7 years of helping people to continue to live a life of full expression, unbelievable health and vitality, and the best that they can be!"

For more information about how chiropractic may change your life, please call Synergy Family Wellness Centre at 780-418-4331 or visit their website at [www.synergychiropractors.com](http://www.synergychiropractors.com).



Dr. Karen on a chiropractic mission trip in Dominican in 2007



Doctors and Team at Patient Appreciation Day at Grandin Theatre in July. Over 500 lbs. of food was raised for the St. Albert Food Bank.

- Feel free from:**
- Migraine headaches
  - Carpal tunnel
  - Allergies & asthma
  - Back pain
  - Neck pain
  - Arthritis
  - Fatigue

**synergy**  
family wellness centre

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