A Brief Author’s Guide to Article Submission

Eliminate frustration and speed up your peer review time with these steps.

**Review the Complete Submission Guidelines on Journal Homepage**
Submissions that do not adhere to guidelines will be returned for further editing before being sent out for review.

**Follow the Ethical Reporting Guidelines**
Make sure that your paper is in compliance with the ethical reporting guidelines listed in the Manuscript Guidelines. This includes, but is not limited to, a conflict of interest statement, patient consent, human and animal welfare statements, declaration of funding, and acknowledgements.

**Double Check the Blinding**
Make sure you have blinded your paper according to the journal’s Submission Guidelines. In case of double blinding this includes checking that author names, institutions, and organizations are not present in any part of the manuscript, including the acknowledgements. Do not allude to any of your prior research in a way that identifies you.

**Collect Author Information**
This includes names, email addresses, institutional affiliations and ORCIDs for ALL authors. It is not good practice to add another author after acceptance!

**Create a Title Page**
This is a structured page that generally includes a full-length title, names and affiliations of all authors, address of corresponding author, conflict of interest statement, human and animal welfare statements, declaration of funding, and acknowledgements. Refer to the journal’s Submission Guidelines when formatting your title page.

**Create a Cover Letter**
Briefly state who you are and why you are submitting to the journal. What is the impact of your study? Not all journals require a cover letter. See the complete Submission Guidelines for details.

**Submit Your Paper**
When submitting, pay close attention to who is listed as the contact author as this person will be receiving all emails regarding the submission while it is in the peer review system. This cannot be changed after submission! Additionally, make sure that the corresponding author is listed on the manuscript title page.

**Do Not Submit Elsewhere**
Do not submit your paper to more than one journal while it’s under review! If you need to withdraw your paper, please contact the editorial office. Papers that have been previously published will be rejected and returned.

**Double Check the Contact Author**
When submitting, pay close attention to who is listed as the contact author as this person will be receiving all emails regarding the submission while it is in the peer review system. This cannot be changed after submission! Additionally, make sure that the corresponding author is listed on the manuscript title page.

**Format Your Paper Correctly**
This is done through the journal’s online submission portal found in the Submission Guidelines or journal homepage. Submissions sent by email will be returned.

**Secure Funding to Pay Publication Charge**
Secure funding for when your paper is accepted. Many universities have funding available for this purpose for their faculty. See the Submission Guidelines for the exact publication charge.

**Polish Up the English**
Manuscripts across all journals are frequently returned when they are hard to read! When in doubt, have a native-English speaker read over your manuscript or work with a language service.

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