

The **ABC**'s of Feeling Words



absorbed, accepted, affectionate, agreeable, amazed, astonished, aware, blessed, blissful, bold, brave, bright, bubbly, calm, capable, caring, cheerful, comfortable, content, content, cooperative, cozy, creative, curious, daring, delightful, determined, dynamic, encouraged, energetic, enjoying, excited, fantastic, fascinated, focused, free, friendly, gentle, generous, giddy, glad, glee, good, great, grateful, happy, hardy, healthy, helpful, heroic, honored, hopeful, humane, humble, important, independent, inspired, interested, jolly, joyful, jubilant, justified, keen, kind, knightly, knowledgeable, liberated, like, loved, magical, merry, merciful, motivated, needed, nice, nimble, nourished, open-minded, optimistic, passionate, peaceful, playful, pleased, pleasant, proud, quiet, quirky, qualified, quizzical, reassured, relaxed, relieved, respected, safe, satisfied, secure, sensitive, sorry, strong, surprised, sympathetic, tender, thankful, thoughtful, thrilled, unafraid, unique, united, upbeat, validated, vibrant, victorious, vital, weird, well, witty, wonderful, worthy.



Pre-K Teach & Play™

afraid, aggressive, alarmed, alone, annoyed, anxious, ashamed, awful, bad, bitter, blue, bored, clumsy, concerned, confused, controlled, cross, cruel, dependent, depressed, disappointed, discouraged, disconnected, disgusted, doubtful, dread, dumb, embarrassed, empty, exhausted, fearful, fed-up, frustrated, fuming, furious, gloomy, grieved, grouchy, grumpy, guilty, hate, heartbroken, hectic, homesick, hopeless, horrible, hostile, hurt, ignored, impatient, impulsive, inadequate, incompetent, insecure, isolated, insulted, jealous, jilted, jittery, kept, kept out, lethargic, lonely, lost, lousy, mad, mean, miserable, missed, mournful, needy, nervous, nosy, numb, offended, offensive, overwhelmed, painful, pathetic, petrified, pessimistic, quarrelsome, queasy, quick-tempered, rebellious, rejected, resentful, restless, sad, serious, scared, shaken, shame, shock, sorrowful, startled, stuck, stubborn, tense, terrible, timid, tired, troubled, uncomfortable, uneasy, unhappy, upset, unmotivated, unlovable, unpleasant, unsure, vengeful, violent, void, vulnerable, wary, withdrawn, weary, weak, woeful, worked-up, worried.

