



<p>ADAPTABILITY openness to changing conditions</p>	<p>ADVOCACY encourages multiple views by promoting: choice, expression of opinions, and equal rights</p>	<p>APPRECIATION recognizes the inherent qualities within self, others, and everyday experiences</p>	<p>ATTENTION purposefully and selectively directs the mind</p>
<p>BRAVERY overcomes fear and uncertainty to take action</p>	<p>CHARITY shares one's time, talents, and resources</p>	<p>CIVILITY uses respectful words and actions towards others</p>	<p>COMPASSION recognizes human needs and is motivated to address</p>
<p>CREATIVITY constructs, connects, and adapts information in new ways</p>	<p>CURIOSITY interested and willing to explore and discover</p>	<p>DISCERNMENT considers relevant information to make sound decisions</p>	<p>EMPATHY feels what others feel</p>
<p>ENGAGEMENT interacts with things and/or people across environments</p>	<p>FAIRNESS ensures equality without discrimination</p>	<p>FORGIVENESS acknowledges wrongdoing without seeking revenge or punishment</p>	<p>GRATITUDE expresses and shows thanks for things given or benefited from</p>
<p>HONESTY acts and speaks from one's truth and with integrity</p>	<p>HOPE shows optimism despite human hardships</p>	<p>HUMOR approaches life with playfulness and lightheartedness</p>	<p>KINDNESS helpful, generous, and unconditional approach to self and others</p>
<p>LOVE affection and devotion for self and all living things</p>	<p>LOVE OF LEARNING orientation and openness to new knowledge and new experiences</p>	<p>PATIENCE remains steady and calm during personal discomfort</p>	<p>PERSISTENCE continues or finishes what is started, despite difficulty, distractions, and challenges</p>
<p>RELIANCE recognizes interdependence with others and the environment</p>	<p>RESILIENCE capacity to recover from adversity</p>	<p>RESPONSIBILITY accepts ownership of one's actions</p>	<p>SELF-REGULATION shows discretion in one's thoughts, emotions, and actions</p>
<p>TEAMWORK works effectively with others to achieve mutual goals</p>	<p>TOLERANCE fair and objective attitude toward differences in others</p>	<p>TRUST belief in and reliance on objects, self, and others</p>	<p>ZEST enthusiasm for life</p>

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