



January 2016 Guide

Important trends to know in 2016 [Login to watch your videos and download your bonuses](#)

Important trends to know about in 2016 & January 2016 Overview and Guide

Remember, there are **62 GREAT days** to capitalize your efforts in 2016 because there are **62 Green Days in all of 2016.**

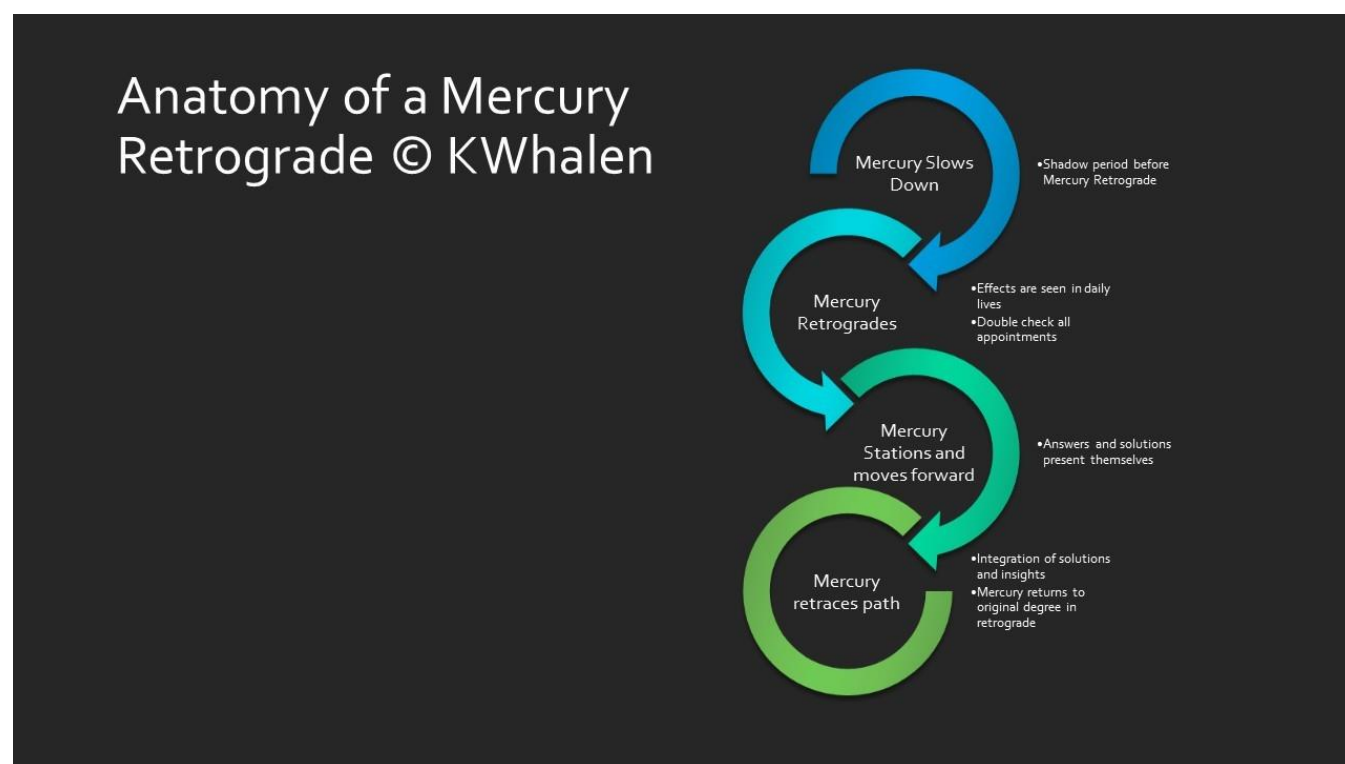
Those of you who purchased an annual calendar will have access to ALL the Green Days for the year.

Major events which occur in January:

- Mercury Retrogrades Jan 5 – Jan 25, 2016
- Jupiter Retrogrades Jan 8 – May 9, 2016
- Sun appears to move into Capricorn January 14, 2016
- Eclipse Patterns shift into Leo and Aquarius January 2016

Make sure to read the January Guide in Detail that follows these themes in January.

Mercury Retrogrades on January 5 – January 25, 2016 Will you make the most of it?
Read your Mercury Report in the bonus area for paid members!



You CAN save money on sales, travel and last minute tickets to entertainment during this time too. Keep your eyes open.

The year will start with a bang! There are two big Green Days in the last three days of 2015 which set up the New Year with hope and positive action. But, right on the heels of the New Year is the first Mercury Retrograde of the year. This means you want to hit the ground running this year in those first five days, and then plan on revising, and re-planning your big projects through the third week of January.

This Mercury Retrograde moves from Earth into Fire. So, if you think about this, it sets up a metaphor in our lives of focusing on the objects and things which no longer serve us, and throwing them into a fire that transforms things into something new.

Just like the molten Earth from undersea volcanoes creates islands; just like the Hawaiian islands are growing every day from the magma of volcanoes under the sea.

Notice that there will be more FIRE metaphors this month too.



Metamorphosis is the word for the January Mercury Retrograde

2016 begins and we are already thrown into a situation of molting and transformation.

But the new is only coming as the old is destroyed or transformed.

Notice how a Chrysalis turns into a molten liquid inside its shell to become something completely different and that soars!

Jupiter Retrogrades Jan 8 – May 9, 2016

Jupiter is the largest planet in our solar system – its entire size, including its magnetosphere is actually ten times larger than our sun! So, when Jupiter retrogrades, we will all feel like the engines on a huge streamliner ship are coming to a halt. Imagine, the groaning of the engines as they work against momentum to slow and stop. The waters below the ship appear to become quiet but there is a tremendous ebb that has been created (here the energy around Jupiter and the rays it sends to Earth).

Jupiter is just orbiting around the Sun, and when it gets close to Earth it appears to be traveling across our skies in the opposite direction (30% of Jupiter's orbit appears retrograde to us.)

See the images I have in the Mercury report, you can see why we call this *retrograde*.

Jupiter retrograde will bring challenges to teachers, students, gurus, education associated organizations, including Universities. As individuals, we might feel that we do not trust our inner guidance or guides as much as we usually do – this is both a feeling and a time to double check our intuition and to double check our sources, and make sure we are speaking the Truth.

We are being asked to ask if we REALLY need to share some information or if silence or waiting might serve someone we care about better.

Letting someone find their own answer is often the best and most difficult path – and retrograde

Jupiter is asking each of us, since we are all teachers and are all students, to weigh whether to say something most of the time.

Jupiter slows down

In this same way, January 7 through at least January 15, 2016 Jupiter barely moves – intensifying the inward looking for answers, that may not come to the surface yet.

Internal Answers: It is like waiting to hear when thunder will hit after seeing lightening. Notice, how there is excitement, anticipation and wonder at when the sound/answer will come? And a release and rumbling in our chest when we feel the answer. In the same way, Jupiter retrograde is asking you to 'sit with' your questions for a very long time, and honestly just keep showing up in your life, keep your daily disciplines and your practices.

It is said that when Jupiter retrogrades that the guru or teacher does not know when to stop talking.

In India, traditionally, weddings and major spiritual events are not set for any time during Jupiter Retrograde.

As you can see, there are still Green Days on the Calendar during this Jupiter Retrograde time, but I suggest keeping the Green Day events to smaller gatherings or strictly commercial pursuits.

Retrograde Jupiter – a positive spin

In modern interpretation, Jupiter retrograde will bring a turning around or a whole new way to look at and apply education (radical notions in education will emerge during this time, with something like teaching through video games will come up) and unique children with hidden and strange talents may become the center of world news.

If you are a student, then I suggest using Neuro Linguistic Programming (NLP) on yourself and using hypnotherapy to embed your school work in your subconscious mind in an ingenious approach to retaining knowledge. It is a method I personally developed, and think that anyone can apply.

When you finish a chapter, review the top points you want to remember, then place your hand on your body (for instance, place your right hand around your left wrist, gently) and repeat the topics that you want to remember, both out loud and silently.

Then when you are in the test, you can simply place your right hand on your left wrist again, and you will be able to remember those points easier.

Or you can look in a certain direction or think of an image that holds some of the clues for you – any of these can work, depending on your personal style of learning visually, kinesthetically or auditorally.

Retrograde Jupiter will bring unique and 'out of the box' solutions to education and teaching professions.

Eclipse Markers (Rahu and Ketu) shift to Leo and Aquarius for 18 months in January 2016



BIG shifts are afoot all in January 2016 this year. And according to those big shifts, you will have some opportunities to really do things differently, if you are prepared for those world changing shifts. Along with the Mercury Retrograde, there is simultaneously a shift in a pattern that governs each of our lives and world patterns - for 18 months at a time.

This pattern will be felt in at least two ways:

1. This changes the flavor and results of Yellow Days for the next 18 months in the Conscious Calendar system, for expanded influence and good on these Yellow Days. This is a rare pattern that only occurs once every 19 years!
2. There is a literal shift on January 9, 2015 that sets this new combination for Yellow Days, and brings where the eclipses occur into two new constellations – Leo and Aquarius.

So, if you had planets in either of these signs when you were born, you will be feeling a combination of goodwill for the next 6 months, and major tumult, chaos and change over the next 18 months.

Wha? Yes, all of this is happening at the same time, and all of it is shifting in January 2016, with some of the currents beginning to spill the banks of the river in December 2015.

January Guide in Detail

January 1 & 2 Yellow Days These days the Moon is with Rahu in Virgo, so these are the literal LAST time that this flavor of Yellow Day will occur for another 18.5 years. For many of you who have major planets in your birth chart, like Sun, Moon or Ascendant, this is welcome relief for you. Since it is the beginning of the year, plan on the chaos of these Yellow Days getting lost in the logic that it is a New Year and everyone is feeling the ACTUAL verge of shifting of major emotional and healing patterns this month.

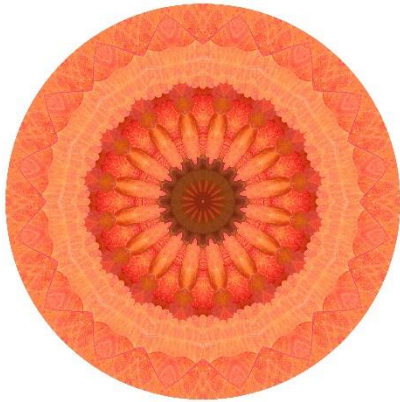
Expect to be able to really establish those new routines on Sunday January 3rd MUCH better.

Better yet – Start your New Year's resolution on December 27 and 28 to get a running start – you will be more successful this way.

Jan 3 - 5, 2016 Mars and Moon together giving great fire and ability to have valuable ideas and take action.

January 5 – 10, 2015 Weekly Insight

KEEP your perspective this week folks! Give yourself plenty of listening to inner voice and time in nature, otherwise you might feel cranky and confused.



Jupiter Retrogrades January 7, 2016 – May 9, 2016

Jan 7, 2016 Jupiter goes Retrograde in Leo for over 3 months.

For two days the Moon is with Venus (creative) and Saturn (contemplative if not egging on fear here). This combination – in the two days before the new Moon on Jan 9 / 10 bring a deeply Zen kind of creativity – try being a lazy artist and simplify how you get inspired. Lay down and finger paint for instance, is an aligned act.

Jan 8, 2016 Venus and Saturn cross in Scorpio exactly (influences our sense of feeling like we ‘like’ or ‘love’ our life less, or that we might feel disconnected through January 10, 2015). If you meditate, you can have some beautiful insights during this time! Through detachment beauty emerges.

Jan 7 & 8, 2016 The Moon is with Venus (creative) and Saturn (contemplative if not egging on fear here). This combination – in the two days before the new Moon bring a deeply Zen kind of creativity – try being a lazy artist and simplify how you get inspired. Lay down and finger paint for instance, is an aligned act.

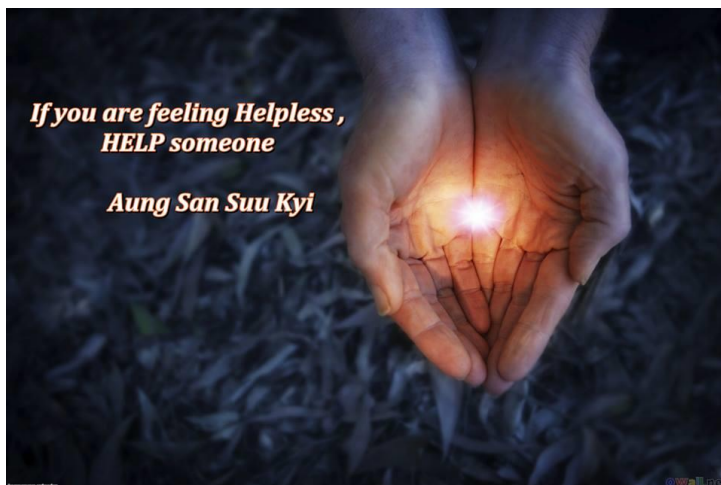
Jan 9, 2016 The Red Day in January This is the Day the Moon becomes New, but it is not until Jan 10 that the Moon is New after Sunrise around the world! So, this day will still be very good to rest and recuperate as your one day this month to lay low. In the N. hemisphere, we are over the hump of the darkest time of the year!

In the S. hemisphere, you are just past your mid-summer point, and the Red Day in January has just a little less than the most robust Red Day of the year you had in December. You see the Red day in December for those in the N. hemisphere is the lowest lunar energy of the year, and the Red Day in June in the S. hemisphere is the lowest energy of your year.

Jan 10, 2016 New Moon in Sagittarius



The Moon is new in a Fire sign with the Sun and the Moon in that constellation today. Look for the inner fire – look for where you naturally lose time, this is where your dharma or purpose and your skill sets meet.



New Moon Theme window of effect: January 7 – January 16, 2016

The Theme of the New Fire Moon moves from aligning you with purpose and passion to release. How will you share these talents with the world? Like a sprout, just emerging from its seed, almost breaking through the surface of the soil –

January 12 & 13 Yellow Days - the Moon is with Ketu in Aquarius. The first Yellow Days of this kind for the next 18 months! Notice how they feel different? A little more hope, even if your days goes awry. Jupiter helps the Yellow Days for the next 6 months have a silver lining.

January 14, 2016 Mercury Crosses the Sun – the messages you are supposed to ‘listen to’ begin being sent to you. Look for them over the next two weeks.

January 15 The Sun appears to move into Capricorn for one month - in our orbit around the Sun. The Capricorn Sun month grounds all activities with pragmatism and a flexibility to move with the trends and energy to help make things happen. We are now ‘over the hump’ of Solstice, and planning and scheduling and realistic visioning is the theme of mid January to mid February.

Full Moon Window of effect: January 17 – January 31, 2016
With the Full Moon peaking in the middle of this window

Jan 17, 2016 Mild Green Day A Light and Swift Moon Day on the ninth lunar day of building light and positivity (since the Moon is in Ashwini, a very auspicious lunar mansion) opposite an impulsive Mars in Libra. This is a Mild Green Day because of the influence of Mars, and the two retrograde planets.

Jan 22, 2016 Full Green day The Moon on this day is opposite a lovely Venus and still retrograding Mercury, which has slowed down and inspires this almost full Moon to spread knowledge and good will on this day. The Moon is 90% full on this day – which is more powerful to act upon for good fruition – rather than on the full moon day itself (unless there are special conditions).

Jan 23 or 24, 2016 Full Moon in Cancer approximately 17:46 PT / Sunday Jan 24, 2016 1:45 UTC / 12:45 pm AEDT Sydney Australia



January 23/24, 2016 The Theme of the Full Water Moon in Cancer this month is more about what it will take to sustain the growth of what you have just started. It is when a new sprout extends beyond the barrier of the soil that it is most vulnerable.

This full Moon comes to a deeply spiritual place in the skies and gives an auspicious blessing to the day (there are just not special glances from the planets of light, so it is not a Green Day).

Jan 25, 26 & 27, 2016 Yellow Days The Moon is in Leo with Rahu and Retrograde Jupiter these three days. Plan on extra active Yellow days mixed with expansive opportunities – BE MINDFUL AND CAREFUL of double checking facts and what those opportunities are...with Jupiter retrograde, you will want to double check what someone is saying, even if they mean well.

January 25, 2016 Mercury goes direct in Sagittarius. Look back at the Mercury diagram at the beginning – see that the messages, changes and upheavals are now over, and the integration of the lessons from Mercury Retrograde now soak into your life and mind.

SPECIAL NOTE OF THE MEGA RED DAYS FOR 2016

Mark your calendar now with these dates

March 9 and 22/23, 2016

(Regular Red Day on March 8, so plan on no major activities during these days.)

August 31/September 1 and September 16, 2016

Make Sure to download and read your Mega Red Day report as part of your goodie bag, so you know how to use these days for positive change in your life. Otherwise, these can be days of chaos or the seeds of chaos.