



Steak n Shake Ingredient and Allergen List

FOOD ALLERGEN WARNING: Our restaurants prepare and serve products that contain Peanuts, Tree Nuts, Wheat, Soy, Milk, Egg, and Fish. To ensure our guest's safety we cannot guarantee any of our products are free of these allergens.

Eating raw or undercooked meats, poultry or eggs may increase your risk of foodborne illness. To ensure our guest do not incur such a risk, we cannot cook STEAKBURGER™ patties rare or medium rare. Thank you for your understanding.

While a particular ingredient statement for an individual product may not list one of these allergens, our products may be prepared in an environment that is shared with products containing one or more of these allergens. Accordingly, Steak n Shake cannot assure that any menu item will be "allergen free."

Neither Steak n Shake, its franchisees, its suppliers nor its employees assume any responsibility for sensitivity or allergy to any food product or ingredient provided by or in our restaurants.

Anyone with any food sensitivity, allergies, special dietary needs, or specific dietary inquiries and/or concerns should consult a medical professional of their own selection regarding the suitability of our food products and/or ingredients, and should regularly review the information contained at www.steaknshake.com for content updates. **This information is correct as of August 2017.**

Steakburgers™

Original Steakburgers™ (Single, Double, Triple)

Steakburgers and Regular Bun.

Contains: wheat, milk, soy

Original Steakburgers™ with Cheese (Single, Double, Triple)

Steakburgers, American Cheese, and Regular Bun.

Contains: wheat, milk, soy

Bacon 'n Cheese Single Steakburger™

Steakburger, Regular Bun, American Cheese, and Bacon.

Contains: wheat, milk, soy

Bacon 'n Cheese Double Steakburger™

Steakburgers, Regular Bun, American Cheese, and Bacon.

Contains: wheat, milk, soy

Bacon Lovers Double Steakburger™

Steakburgers, Knotted Bun, American Cheese, Hardwood Smoked Bacon, Ketchup, Mayonnaise, and Savory Seasoning.

Contains: wheat, soy, milk, eggs. May contain tree nuts

Bacon 'n Cheese Triple Steakburger™ Xtreme

Steakburgers, Regular Bun, American Cheese, and Bacon.

Contains: wheat, milk, soy

Cajun Steakburger™

Steakburgers, Cajun Seasoning, Buttery Blend, Knotted Bun, American Cheese, and Cajun Sassy Sauce.

Contains: milk, eggs, hydrolyzed soy protein, MSG

Garlic Double Steakburger™

Steakburgers, Buttered Knotted Bun, American Cheese, Garlic Spread, Garlic Salt, and Savory Seasoning.

Contains: wheat, milk, soy, eggs



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Grilled Portobello 'n Swiss Steakburger™

Steakburgers, Knotted Bun, Swiss Cheese, Fresh Portobello Mushrooms, Caramelized Onions, Savory Seasoning, Garlic Mayo, and Liquid Margarine.

Contains: wheat, milk, soy, eggs

Guacamole Steakburger™ (Single)

Steakburger, Regular Bun, Guacamole, and Pepperjack Cheese.

Contains: wheat, soy, milk, eggs

Guacamole Double Steakburger™

Steakburgers, Knotted Bun, Pepperjack Cheese, Fresh Guacamole, Red Onion, Tomato, Lettuce, Chipotle Sauce, and Liquid Margarine.

Contains: wheat, soy, milk, eggs

Jalapeno Crunch Double Steakburger™

Steakburgers, Knotted Bun, Pepperjack Cheese, Crispy Onions, Salsa, Pickled Jalapeno, Chipotle Sauce Savory Seasoning.

Contains: wheat, milk, soy, eggs

Prince of Royale Steakburger™

Steakburger, Regular Bun, Fried Egg, Bacon, and American Cheese.

Contains: wheat, milk, soy, eggs

Prime Steakburger™

Steakburger, Brioche Bun, American Cheese, Iceberg Lettuce, Tomato, Onion, Pickles, and Savory Seasoning.

Contains: wheat, milk, soy, eggs

Royale Steakburger®

Steakburgers, Knotted Bun, Farm-Fresh Egg, American Cheese, Bacon, Tomato, Lettuce, Reduced Calorie Mayonnaise, Liquid Margarine, and Savory Seasoning.

Contains: wheat, soy, milk, eggs

7x7 Steakburger™

Steakburgers, Regular Bun, American Cheese, and Savory Seasoning.

Contains: wheat, milk, soy

Western BBQ 'n Bacon Steakburger™

Steakburgers, Knotted Bun, Pepperjack Cheese, Bacon, Jalapeno Peppers, Red Onion, Tomato, Lettuce, Chipotle Sauce, and Liquid Margarine.

Contains: wheat, milk, soy

Wisconsin Buttery Steakburger™

Steakburgers, Knotted Bun, American Cheese, Caramelized Onions, Butter, and Liquid Margarine.

Contains: wheat, milk, soy

Steakburger Shooters®

BBQ Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, and BBQ Sauce.

Contains: wheat, soy

Chipotle Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, and Chipotle Sauce.

Contains: wheat, soy, eggs



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Frisco Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, and Frisco Sauce.

Contains: wheat, soy, eggs

Garlic Shooter

Steakburger, Mini Bun, Garlic Spread, Garlic Salt, Butter Spread, American Cheese, and Steakburger™ 'n Fry Seasoning.

Contains: wheat, milk, soy, eggs

Ketchup & Mustard Shooter

Steakburger, Mini Bun, Fry 'n Steakburger™ Seasoning, Ketchup, and Mustard.

Contains: wheat, soy

Classic Melts

Frisco Melt

Steakburgers, Sourdough Bread, American Cheese, Swiss Cheese, Frisco Sauce, and Liquid Margarine.

Contains: wheat, soy, milk, eggs

Patty Melt

Steakburgers, Rye Bread, American Cheese, Grilled Onions, and Liquid Margarine.

Contains: wheat, soy, milk

Steak Franks®

Steak Frank

All Beef Steak Frank, Bun, Mustard, Ketchup, and Relish (if requested).

Contains: wheat, soy (bun)

Chili Cheese Steak Frank

All Beef Steak Frank, Bun, Genuine Chili, Cheddar-Jack Cheese, and Onion.

Contains: wheat, soy (bun and lecithin from chili), milk

Chili 'n Cheese Foot Long

Steak Frank, Hot Dog Bun, Chili, and Onion.

Contains: wheat, milk, soy (bun)

Classic Foot Long

Steak Frank, Hot Dog Bun, and Mustard.

Contains: wheat, soy (bun)

Sandwiches

BLT

Sourdough Bread, Bacon, Tomato, Lettuce, and Mayonnaise.

Contains: wheat, soy, eggs, milk

Chicken Fingers 'n Fries

Fried Chicken Fingers, French Fries, and Choice of Sauce – BBQ, Honey Mustard, Ranch, Chipotle, or Buffalo.

Contains: wheat, milk, (Sauces – refer to individual dressing/sauce for ingredients)

Grilled Cheese

Sourdough Bread, American Cheese, and Liquid Margarine.

Contains: wheat, soy, milk



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Grilled Chicken Sandwich

Grilled Chicken Fillet, Knotted Bun, Tomato, Lettuce, Mayonnaise, and Liquid Margarine.

Contains: wheat, soy, eggs

Spicy Chicken Sandwich

Fried Spicy Chicken Fillet, Knotted Bun, Tomato, Lettuce, and Mayonnaise.

Contains: wheat, soy, eggs, milk

Turkey Club

Sourdough Bread, Turkey, Bacon, Tomato, Lettuce, and Mayonnaise.

Contains: wheat, soy, eggs

Steakburger™ and Sandwich Components

Meat, Poultry, Fish

Steakburger™

100% pure beef patty.

All Beef Steak Franks

Beef, Water, Salt, Less than 2% of the following: Flavorings, Potassium Lactate, Sorbitol, Sodium Phosphate, Sodium Diacetate, Paprika, Sodium Erythorbate, and Sodium Nitrate.

Hormel Bacon

Cured With Water, Salt, Sugar, Sodium Phosphate, Natural Flavor (Water, Natural Flavors), Sodium Diacetate, Sodium Erythorbate, and Sodium Nitrite.

Chicken, Spicy Fillet

Chicken Breast Fillets with Rib Meat, Water, Salt, Sodium Phosphates, Gum Arabic, Spices, Paprika, Spice Extractives and Extractives of Paprika. Battered with Water, Wheat Flour, Modified Corn Starch, Salt, Spices, Yellow Corn Flour, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Extractives of Paprika, Garlic Powder, and Natural Flavor. Breaded with Wheat Flour, Salt, Spices, Garlic Powder, Extractive of Paprika, less than 2% Silicon Dioxide (anticaking agent). Predusted with Wheat Flour, Wheat Gluten, Salt, Spices, Egg White Solids, and Spice Extractives. Breeding set in Vegetable Oil.

Contains: egg, wheat

Chicken, Grilled Fillet

Chicken Breast with Rib Meat, Water, Seasoning (Sugar, Salt, Modified Corn Starch, Autolyzed Yeast Extract, Dried Onion, Dried Yeast, Spices, Dried Garlic, Paprika, Disodium Inosinate, Disodium Guanylate, Hydrolyzed Soy Protein, Soybean Oil, Natural Flavors, Chicken Flavor, Hydrolyzed Corn Protein, Chicken Fat), Rice Starch, and Sodium Phosphates.

Contains: soy

Chicken Fingers

Chicken Breast Tenderloins, containing up to 11% of solution of Water, Salt, Sodium Phosphates. Breaded with Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Modified Corn Starch, Yellow Corn Flour, Salt, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Soybean Oil, Paprika, Spices. Battered with Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Buttermilk Solids, Spices, Salt, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Flavor (Spice Extractive, Gum Arabic), and Guar Gum. Breeding set in Vegetable Oil (Corn Oil and/or Soybean Oil).

Contains: wheat, milk, soy

Turkey, Shaved Oven Roasted

Turkey Breast, Water, Modified Food Starch, Contains 2% or less of Potassium Lactate, Salt, Sugar, Sodium Phosphates, Carrageenan, Sodium Diacetate, and Natural Flavor.



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Buns and Breads

Bread, Rye

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Rye Flour, Yeast, Salt, High Fructose Corn Syrup, Corn Syrup, Wheat Gluten, Soybean Oil, Sugar, Caraway (Ground and Seeds), Cornmeal, Wheat Gluten, Dough Conditioners (Mono and Diglycerides, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide), Soy Lecithin, Calcium Propionate and Potassium Sorbate (to retain freshness), Contains 2% or less of the following: Wheat Starch, Acetic Acid, Vinegar, Yeast Nutrients (Calcium Sulfate, Ammonium Phosphate, Ammonium Chloride), Fumaric Acid, Calcium Stearoyl Lactylate, Sodium Stearoyl Lactylate, Niacin, Ferrous Sulfate (Iron), Monocalcium, Phosphoric Acid, Xanthan Gum, Lactic Acid, Thiamine Hydrochloride, Enzymes, Riboflavin, Folic Acid, Natural Flavors, Onion Powder, and Corn Starch.

Contains: wheat, soy

Bread, Sourdough

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Yeast, High Fructose Syrup, Contains 2% or less of the following: Soybean Oil, Sugar, Salt, Fumaric Acid, Vinegar, Malic Acid, Lactic Acid, Acetic Acid, Sodium Diacetate, Tricalcium Phosphate, Dough Conditioners (Mono and Diglycerides, Ascorbic Acid, Azodicarbonamide, L-Cysteine Hydrochloride, Calcium Peroxide), Wheat Gluten, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Tricalcium Phosphate, Calcium Salts, Calcium Stearoyl Lactylate, Sodium Stearoyl Lactylate, Soy Lecithin, Corn Starch, Xanthan Gum, Enzymes, Thiamine Hydrochloride, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy

Bread, Wheat

Enriched Bleached Wheat Flour (Wheat Flour Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Whole Wheat Flour, Wheat Bran, Yeast, High Fructose Corn Syrup, Honey, Wheat Gluten, Rye Flour, Contains 2% or less of the following: Soybean Oil, Salt, Molasses, Vinegar, Cultured Wheat Flour, Butter (Milk), Malt Extract (Corn and Barley), Dough Conditioners (Sodium Stearoyl Lactylate, Ascorbic Acid, Azodicarbonamide, DATEM, Mono and Diglycerides, Calcium Stearoyl Lactylate, Ascorbic Acid, Calcium Peroxide, Calcium Iodate, Ethoxylated Mono- and Diglycerides), Soy Lecithin, Yeast Nutrients (Calcium Sulfate, Monocalcium Phosphate, Ammonium Sulfate), Caramel Color, Enzymes, Soy Flour, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy, milk

Bun, Brioche

Enriched Flour (Wheat, Malted Barley, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Flour (Wheat, Malted Barley), Sugar, Yeast, Palm Oil, Wheat Gluten, Salt, Contains Less Than 2% of Each of the Following: Cultured Wheat, Vinegar, Natural Flavors, Soybean Oil, Guar Gum, Enzymes, Ascorbic Acid, Corn Flour, Coloring (Turmeric, Paprika), Dextrose, Corn Starch, and Topping (Water, Pea Protein, Dextrose, Maltodextrin, Modified Food Starch).

Contains: wheat

Bun, Foot Long Hot Dog

Enriched Wheat Flour (Wheat Flour, Malted Barley, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Corn Syrup, Soybean Oil, Contains 2% or Less of the Following: Yeast, Wheat Gluten, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Ascorbic Acid, Azodicarbonamide, Calcium Peroxide), Calcium Propionate (Preservative), Yeast Nutrients (Calcium Sulfate, Ammonium Sulfate), and Citric Acid.

Contains: wheat



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Bun, Steakburger™

Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Dough Conditioners (Mono and Diglycerides, Ethoxylated Mono and Diglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Sodium Stearoyl Lactylate), Malt, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate (to retain freshness), Soy Lecithin, Soy Flour, Whey, Enzymes, and Calcium Dioxide.

Contains: wheat, soy, milk

Bun, Knotted

Wheat Flour, Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of the following: Soybean Oil, Wheat Gluten, Salt, Dough Conditioners (Monoglycerides, Sodium Stearoyl Lactylate, Azodicarbonamide), Corn Starch, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Calcium Propionate (preservative), and Wheat Starch.

Contains: wheat, soy

Bun, Mini Kaiser

Enriched Flour (Wheat Flour), Malted Barley Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Contains 2% or less of each of the following: Wheat Gluten, Salt, Calcium Sulfate, Dough Conditioners (Contains one or more of the following: Sodium Stearoyl Lactylate, Calcium Stearoyl Lactylate, Mono and/or Diglycerides, Calcium Peroxide, Calcium Iodate, DATEM, Ethoxylated Mono- and Diglycerides, Azodicarbonamide), Enzymes, Monocalcium Phosphate, and Calcium Propionate (to retard spoilage).

Contains: wheat, soy

Bun, Steak Franks

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Vegetable Oil (Soybean Oil or Canola Oil), Yeast, Contains 2% or less of the following: Salt, Wheat Gluten, Dough Conditioners (Mono and Diglycerides, Sodium Stearoyl Lactylate, Calcium Stearoyl-2 Lactylate, Ascorbic Acid, Calcium Peroxide, Polysorbate 60, Azodicarbonamide, DATEM), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Soy Flour, Soy Lecithin, Corn Starch, Calcium, and Calcium Propionate (to retain freshness).

Contains: wheat, soy

Cheese and Cheese Sauce

Cheese, American

Cultured Milk, Salt, Enzymes, Artificial Color, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Citric Acid, Sorbic Acid (preservative), Lecithin, and Artificial Color.

Contains: milk, soy

Cheese, American – Mini

Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, and Soy Lecithin.

Contains: milk, soy

Cheese, Cheddar Sauce

Water, Aged Cheddar Cheese (Cultured Milk, Salt, Enzymes, Annatto Color), Partially Hydrogenated Soybean Oil, Corn Starch-Modified, Nonfat Dry Milk, Contains 2% or less of Sodium Phosphate, Salt, Casein, Corn Starch, Sodium Citrate, Whey, Acetic Acid, Cellulose Gum, Monoglycerides, Parmesan Cheese (Milk, Cultures, Salt, Enzymes), Yeast Extract, Citric Acid, Lactic Acid, Spice (Mustard Flour), Natural Flavors (typically found naturally occurring in cheese and other dairy products), Bleu Cheese (Milk, Cultures, Salt, Enzymes), Swiss Cheese (Milk, Cultures, Salt, Enzymes), Annatto Color, Maltodextrin, Whey Protein Concentrate, Cream, Yellow No. 6, Caramel Color, and Butter Oil.

Contains: milk



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Cheese, Colby Jack

Pasteurized Milk, Cheese Culture, Salt, Enzymes, and Annatto (Color).

Contains: milk

Cheese, Monterrey Jack

Cultured Pasteurized Milk, Salt, Enzymes, Potato Starch and Powdered Cellulose (added to prevent caking) and Natamycin (a natural mold inhibitor).

Contains: milk

Cheese, Pepper Jack

Cultured Milk, Water, Sodium Citrate, Cream, Salt, Jalapeno Puree, Sorbic Acid (preservative), Sodium Pyrophosphate, Jalapeno Peppers*, Natural Flavor, Red Bell Peppers*, Soy Lecithin, Enzymes, and Calcium Chloride. *Dried

Contains: milk, soy

Cheese, Swiss

Cultured Milk, Salt, Enzymes, and Powdered Cellulose (to prevent caking). Aged over 60 days.

Contains: milk

Cheese, Wisconsin Cheddar

Cultured Pasteurized Milk, Salt, Enzymes, Annatto Color, Potato Starch, Powdered Cellulose added to prevent caking, and Natamycin (a natural mold inhibitor).

Contains: milk

Sauces and Dressings

Cajun Seasoning

Salt, Spices (including black, red, white pepper), Paprika, Garlic Powder, Onion Powder, Hydrolyzed Soy Protein, Monosodium Glutamate, Natural Flavors, Soybean Oil (as processing aid), Fractionated Coconut Oil, Corn Syrup Solids, Lemon Juice Solids, Not More Than 20% Calcium Silicate Added to Prevent Caking.

Contains: hydrolyzed soy protein, MSG

Cajun Sassy Sauce

Soybean Oil, Vinegar, Water, Egg Yolk, Salt, Chili Garlic Sauce (aged cayenne pepper, water, red bell pepper, garlic, chili de arbol pepper, vinegar, salt, potassium sorbate, sodium Metabisulfite), Buttermilk Solids, Contains Less Than 2% of: Spices, Chipotle in Adobo (water, chipotle pepper, tomato paste, vinegar, salt, oleoresin paprika, natural flavor, oleoresin capsicum), Salt, Potassium Sorbate, Sodium Benzoate and Calcium Disodium EDTA (as preservatives), Garlic, Onion, Red Bell Pepper, Natural Flavor, Xanthan Gum, Paprika, Polysorbate 60, and Yeast Extract.

Contains: eggs

Fresh Salsa

Roma Tomatoes, Fire Roasted Tomatoes:(Unpeeled Diced Tomatoes Tomato Juice, 2% or Less of: Salt, Citric Acid, Yeast Extract, Calcium Chloride, Natural Flavor, Onion Juice, Garlic Powder, Onion Powder), Jalapeno, Cilantro, Lime Juice, Salt, Onion, Chipotle Peppers in Spicy Adobo Sauce: (Chipotle Peppers, Tomato Puree, Onions, Vinegar, Canola Oil, Sugar, Salt, Paprika and Garlic.

Garlic Mayonnaise

Soybean Oil, Water, Garlic Puree (garlic and vinegar), Vegetable Puree (carrot, celery, onion, salt and citric acid), Egg Yolk, distilled Vinegar, Sugar, Whole Eggs (dried), Modified Food Starch, Lemon Juice Concentrate, Potassium Sorbate, Sodium Benzoate (preservatives), Citric Acid, Natural Flavors, Calcium Disodium EDTA (to protect freshness), and Caramel Color.

Contains: eggs

Garlic Salt

Salt, Dehydrated Garlic, Sugar, Modified Food Starch, Contains 2% or Less of Each of the Following: Dehydrated Parsley, Garlic Oil and Soybean Oil.

Contains: soy



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Garlic Spread

Soybean Oil, Garlic, Corn Syrup, Distilled Vinegar, Water, Egg Yolk, Contains Less Than 2% of: Salt, Spices, Potassium Sorbate, Sodium Benzoate and Calcium Disodium EDTA (Preservatives), Natural Flavor, Turmeric, and Apo-Carotenal (Color).

Contains: soy, egg

Ketchup

Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, and Natural Flavorings.

Mayonnaise, Reduced Calorie

Water, Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Modified Corn Starch, Salt, Spice, Xanthan Gum, Potassium Sorbate, Sodium Benzoate (preservatives), Citric Acid, Calcium Disodium EDTA (to protect flavor), Natural and Artificial Flavors, and Yellow 5.

Contains: eggs

Mustard

Distilled Vinegar, Mustard Seed, Water, Mustard Seed, Mustard Bran, Salt, Turmeric, and Paprika.

Parmesan Garlic & Herb Seasoning

Ingredients: Parmesan Cheese Blend (Parmesan Cheese [Part-skim Milk, Cheese Culture, Salt, Enzymes], Sodium Phosphate, Salt, Lactic Acid), Salt, Dehydrated Garlic, Spices, Modified Food Starch, contains 2% or less of each of the following: Dry Yeast, Autolyzed Yeast Extract, Natural Flavor, Palm Oil, Soybean Oil, and Silicon Dioxide (anticaking agent).

Sauce, Barbecue

High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Modified Corn Starch, Water, Salt, Pineapple Concentrate, Natural Smoke Flavor, Spices, Caramel Color, Sodium Benzoate, Potassium Sorbate (preservative), and Natural Flavors.

Sauce, Chipotle

Soybean Oil, Water, Vinegar, Egg Yolk, Sugar, Chipotle Sauce (Water, Sugar, Chipotle Peppers, Vinegar, Salt, Modified Food Starch), Salt, Chipotle in Adobo (Water, Chipotle Peppers, Tomato Paste, Vinegar, Salt, Oleoresin Paprika, Natural Flavor, Oleoresin Capsicum), Chipotle Pepper Sauce (Red Jalapeno Peppers, Vinegar, Sugar, Salt, Onions), Natural Smoke Flavor, Garlic, Modified Food Starch, Spice, Xanthan Gum, Red Peppers, Ancho Chili Pepper, Red Bell Pepper, Polysorbate 60, Corn Oil, Onion, Potassium Sorbate, Sodium Benzoate, Calcium Disodium EDTA (Preservatives), Maltodextrin, Sorbitol, Olive Oil, Hydrolyzed Protein (Wheat, Soy), Paprika, Yeast Extract, Disodium Inosinate, Disodium Guanylate, Natural Extractives of Turmeric and Annatto, and Natural Flavor.

Contains: eggs, soy, wheat

Sauce, Frisco

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Relish (Cucumbers, Water, Corn Syrup, Vinegar, Salt, Artificial Flavor, Spices, Turmeric, Calcium Chloride, Alum, Xanthan Gum, Sodium Benzoate (preservative), Polysorbate 80), Sugar, Salt, Egg Yolks, Honey, Tomato*, Onion*, Concentrated Lemon Juice, Potassium Sorbate, Sodium Benzoate (preservatives), Xanthan Gum, Propylene Glycol Alginate, Garlic Powder, Onion Powder, Natural Flavor, Paprika, Spice, Calcium Disodium EDTA (to protect flavor), Yellow 6, and Red 40. *Dehydrated.

Contains: eggs

Other Toppings

Seasoning, Fry 'n Steakburger™ (Steakburger Shooters®, Cheesy Cheddar)

Salt, Dehydrated Onion and Garlic, Sugar, Spices, Paprika, Turmeric, and Soybean Oil.

Savory Seasoning (Portobello 'n Swiss Steakburger™, Royale Steakburger®, California Double Steakburger™)

Salt, Spices, Dehydrated Garlic, Soybean Oil, and Silicon Dioxide (added less than 2% as an anti-caking agent).



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Guacamole

Fresh Avocados, Fresh Jalapeño Peppers, Fresh Red Onion, Fresh Cilantro, Salt, Fresh Lemon and Lime Juice.

Onions, Caramelized

Onions, Liquid Margarine (Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid [added to protect flavor], Artificial Flavors, Colored with Beta Carotene, and Dimethylpolysiloxane [antifoaming agent]).

Contains: soy

Onions, Crispy

Onions, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (may contain one or more of the following: Sunflower, Safflower Oil), and Salt.

Contains: wheat. Packaged in a facility that also packages tree nuts

Pickles, Dill - Sliced

Pickles (Cucumbers, Water, Salt, Vinegar, Calcium Chloride), Water, Distilled White Vinegar, Alum, Salt, Potassium Sorbate (preservative), Calcium Chloride, Natural Flavorings, Calcium Disodium EDTA added to protect flavor, Garlic Powder, Polysorbate 80, and Yellow 5.

Pickle Relish, Mustard

Fresh Onions, Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, Turmeric), Pickles (Cucumbers, Water, Salt, Vinegar, Calcium Chloride, Water, Distilled White Vinegar, Alum, Salt, Potassium Sorbate (preservative), Calcium Chloride, Natural Flavorings, Calcium Disodium EDTA added to protect flavor, Garlic Powder, Polysorbate 80, Yellow 5), Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarind, Salt, Garlic Cloves, Chili Peppers, Natural Flavor, Shallots), and Black Pepper.

Contains: soy, fish (anchovies)

Mushrooms, Portobello

Fresh Portobello Mushrooms.

Pico de Gallo

Fresh Tomatoes, Fresh Jalapeño Peppers, Fresh Red Onion, Fresh Cilantro, and Fresh Lime Juice.

Sour Cream

Grade Cultured Cream

Contains: milk

Fresh Leaf Lettuce

Iceberg Lettuce

Fresh Onion Slices

Fresh Tomato Slices

Liquid Margarine (for Grilling)

Soybean Oil, Hydrogenated Soybean Oil, Soy Lecithin (Soy), and Artificial Butter Flavor. Colored with Beta Carotene. TBHQ and Citric Acid added to help protect flavor. Dimethylpolysiloxane, an antifoaming agent added.

Contains: soy

Genuine Chili

Genuine Chili

Chili Beef, and Chili Beans.

Contains: soy (lecithin)



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Chili Deluxe

Genuine Chili, Chopped Onions, and Shredded Cheddar-Jack Cheese.

Contains: milk, soy (lecithin)

Chili 3-Way

Spaghetti, Genuine Chili with Extra Chili Beef, and Chili Mac Sauce.

Contains: wheat, soy (lecithin), fish (anchovies)

Chili 5-Way

Spaghetti, Genuine Chili with Extra Chili Beef, Chili Mac Sauce, Diced Onions, and Shredded Cheddar-Jack Cheese.

Contains: wheat, milk, soy (lecithin), fish (anchovies)

Chili Mac

Spaghetti, Chili Beef, and Chili Mac Sauce.

Contains: wheat, soy (lecithin), fish (anchovies)

Chili Mac Supreme

Spaghetti, Chili Beef, Chili Mac Sauce, Diced Onions, and Shredded Cheddar-Jack Cheese.

Contains: wheat, milk, soy (lecithin), fish (anchovies)

Chili Components

Genuine Chili

Chili Beef (Beef, Beef Fat, Seasoning (Chili Peppers, Spices, Cumin, Dehydrated Garlic, Salt), Salt, Soy Lecithin), Chili Beans (Prepared Light Red Kidney Beans, Water, Salt, Garlic Powder, Spice, Dextrose, Paprika, Calcium Chloride [to maintain firmness], and Calcium Disodium EDTA [added as a preservative]).

Contains: soy (lecithin)

Chili Beef

Beef, Beef Fat, Seasoning (Chili Peppers, Spices, Cumin, Dehydrated Garlic, Salt), Salt, and Soy Lecithin.

Contains: soy (lecithin)

Chili Beans

Prepared Kidney Beans, Water, Salt, Seasoning Blend (Garlic Powder, Spice, Dextrose, and Paprika), Calcium Chloride, and Disodium EDTA (preservative).

Chili Mac Sauce

Tomato Paste, Distilled Vinegar, Water, High Fructose Corn Syrup, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarind, Salt, Garlic, Cloves, Chili Peppers, Natural Flavorings, Shallots), Salt, Sodium Benzoate, Potassium Sorbate (to protect freshness), Onion Powder, Garlic Powder, Spices, Caramel Color, and Red 40.

Contains: soy, fish (anchovies)

Spaghetti

Semolina (Wheat), Enriched with Iron (Ferrous Sulfate) and B Vitamins (Niacin, Thiamin Mononitrate, Riboflavin, Folic Acid).

Contains: wheat

Diced Onions

Fresh diced onions.

Cheese, Cheddar-Jack Fancy Shredded

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch and Powdered Cellulose (to prevent caking), and Natamycin (natural mold inhibitor).

Contains: milk



Steak n Shake Ingredient and Allergen List

Cheese, Parmesan / Romano, Grated

Parmesan Cheese (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Romano Cheese made from Cow's Milk (Cultured Pasteurized Part-Skim Milk, Salt, Enzymes), Powdered Cellulose (prevent caking), and Potassium Sorbate (preservative).

Contains: milk

Crackers, Oyster

Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (contains one or more of the following Vegetable Oils: Canola Oil, Corn Oil, Palm Oil, Soybean Oil), Salt, Leavening (Sodium Bicarbonate), and Wheat Gluten.

Contains: wheat, soy

Crackers, Saltine

Enriched Flour (Wheat Flour, Niacinamide, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean with TBHQ, Salt, Contains 2% or less of Corn Syrup, Leavening (Baking Soda, Yeast), and Soy Lecithin.

Contains: wheat, soy

Salads

Fried Chicken Salad

Fried Chicken Fingers, Lettuce Blend, Tomatoes, Carrots, Red Cabbage, Cheddar-Jack Cheese, and Choice of Dressing.

Contains: wheat, milk, and allergens from choice of dressing

Garden Bowl Salad

Lettuce Blend, Tomatoes, Carrots, Red Cabbage, Cheddar-Jack Cheese, Croutons, Avocado, and Choice of Dressing.

Contains: wheat, milk, soy and allergens from choice of dressing

Grilled Chicken Salad

Grilled Chicken Fillet, Lettuce Blend, Tomatoes, Carrots, Red Cabbage, Cheddar-Jack Cheese, Croutons, and Choice of Dressing.

Contains: wheat, soy, milk + allergens from choice of dressing

Chicken Taco Salad

Lettuce, Chicken Taco Meat (Grilled Chicken Breast, Salsa, Seasoning), Cheddar-Jack Cheese, Tortilla Strips, Tomato, and Ranch Dressing.

Contains: wheat, milk, soy, eggs

Taco Salad

Lettuce, Taco Meat (Steakburger, Salsa, Seasoning), Cheddar-Jack Cheese, Tortilla Strips, Tomato, and Ranch Dressing.

Contains: wheat, milk, soy, eggs

Salad Components

Cheese, Cheddar-Jack Fancy Shredded

Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes, Artificial Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch, Powdered Cellulose (to prevent caking), and Natamycin (natural mold inhibitor).

Contains: milk



Steak n Shake Ingredient and Allergen List

Croutons, Seasoned

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Partially Hydrogenated Soybean and/or Cottonseed Oil, Whey, Salt, Yeast, 2% or less of High Fructose Corn Syrup, Sugar, Calcium Propionate (preservative), Calcium Peroxide, Calcium Sulfate, Ascorbic Acid, Azodicarbonamide, Spices, Parsley*, Onion Powder, Wheat Gluten, Colors (Paprika, Turmeric, Extractive of Paprika), and Spice Extractive, TBHQ (to preserve freshness). *Dehydrated.

Contains: wheat, milk, soy

Packaged in a facility that also packages tree nuts.

Lettuce Blend

Fresh Iceberg and Romaine Lettuces.

Fresh Tomato

Fresh Carrots

Fresh Red Cabbage

Fried Tortilla Strips

Ground corn treated with lime, water, cellulose gum, propionic acid (to preserve freshness), benzoic acid (preservative), phosphoric acid (to preserve freshness), guar gum, amylase, artificial coloring (dextrose, FD&C Red #40, FD&C Yellow #5, and FD&C Yellow #6).

Salad Dressings

Bleu Cheese Dressing

Soybean Oil, Water, Bleu Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Natamycin (A Preservative)), Distilled Vinegar, Egg Yolks, Sugar, Salt, High Fructose Corn Syrup, Natural Bleu Cheese Flavor, Potassium Sorbate And Sodium Benzoate (Added As Preservatives), Xanthan Gum, Sour Cream Solids (Cream, Nonfat Milk Cultures, Cultured Nonfat Milk, Lactic Acid, Citric Acid, BHA (A Preservative)), Lactic Acid, Spice, and Granulated Garlic.

Contains: milk, eggs

Honey Mustard Dressing

Soybean Oil, Water, Honey, Brown Sugar, Whole and Egg Yolks, Corn Cider Vinegar, Milk, Distilled Vinegar, Spices, Horseradish, Worcestershire Sauce (Vinegar, Molasses, High Fructose Corn Syrup, Anchovies, Water, Hydrolyzed Soy and Corn Protein, Onions, Tamarinds, Salt, Garlic, Cloves, Chili Peppers, Natural Flavorings, Shallots), Sour Cream Solids (Sour Cream [Cream, Nonfat Milk, Cultures], Cultured Nonfat Milk, Lactic Acid, Citric Acid, BHA [preservative]), Dijon Mustard Solids (Dijon Mustard [Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Tartaric Acid, Spices], Maltodextrin, Modified Food Starch, Natural Flavors), Salt, Sweet Cream Solids (Sweet Cream, Nonfat Milk, Sodium Caseinate and Silicon Dioxide [anti-caking agent]), Xanthan Gum, Natural and Artificial Flavors, Concentrated Lemon Juice, Aquaresin Paprika, Beta Carotene, and Calcium Disodium EDTA (to protect flavor).

Contains: milk, eggs, fish (anchovies), soy

Light Italian Dressing

Water, Vinegar (Cider, Distilled), Soybean Oil, Corn Syrup, Salt, Contains Less than 2% of: Xanthan Gum, Garlic, Onion, Sodium Benzoate, Potassium Sorbate, Calcium Disodium EDTA as preservatives, Propylene Glycol Alginate, Maltodextrin, Hydrolyzed Soy Protein (Soy), Red Bell Peppers, Spices, Yeast Extract, Natural Flavor, Caramel, Yellow #5, Sunflower Oil, and Yellow #6.

Contains: soy

Buttermilk Ranch Dressing

Soybean Oil, Distilled Vinegar, Water, High Fructose Corn Syrup, Egg Yolks, Buttermilk, Salt, Garlic Juice, Whey, Sodium Benzoate, Potassium Sorbate (Added As Preservatives), Monosodium Glutamate, Xanthan Gum, Natural Butter Flavor, Polysorbate 60, Lactic Acid, Dehydrated Onion, Spices, Titanium Dioxide, and Calcium Disodium EDTA (Added To Protect Flavor).

Contains: milk, eggs



Steak n Shake Ingredient and Allergen List

Thousand Island Dressing

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Relish (Cucumbers, Water, Corn Syrup, Vinegar, Salt, Artificial Flavor, Spices, Turmeric, Calcium Chloride, Alum, Xanthan Gum, Sodium Benzoate (preservative), Polysorbate 80), Sugar, Salt, Egg Yolks, Honey, Tomato*, Onion*, Concentrated Lemon Juice, Potassium Sorbate and Sodium Benzoate (preservatives), Xanthan Gum, Propylene Glycol Alginate, Garlic Powder, Onion Powder, Natural Flavor, Paprika, Spice, Calcium Disodium EDTA (to protect flavor), Yellow 6, and Red 40.

*Dehydrated.

Contains: eggs

Sides

Baked Beans

Prepared Beans.

Contains: No allergens

Cajun Fries

French Fries and Cajun Seasoning.

Contains: Hydrolyzed soy protein, MSG

Cheese Fries

French Fries, and Cheese Sauce.

Contains; milk

Chili Cheese Fries

French Fries, Genuine Chili, and Cheese Sauce.

Contains; milk, soy (lecithin)

Creamy Coleslaw

Coleslaw Mix, and Coleslaw Dressing.

Contains: egg

Cup of Chili

Genuine Chili.

Contains: soy (lecithin)

Garden Salad

Lettuce Blend, Tomatoes, Carrots, Red Cabbage, Croutons, and Choice of Dressing.

Contains: see dressings for possible allergens

Onion Rings

Breaded Onions.

Contains: wheat, soy, milk

Parmesan Cheese 'n Herbs French Fries

French Fries, and Parmesan Garlic and Herb Seasoning.

Contains: milk, soy

Thin 'n Crispy Fries

French Fries



Steak n Shake Ingredient and Allergen List

Vegetable Soup

Cooked Vegetables (Water, Onions, Celery, Carrots, Tomatoes [Tomatoes, Tomato Juice, Salt, Citric Acid, Calcium Chloride], Green Beans, Sweet Bell Peppers, Potatoes, Peas, Corn, Spinach), Ketchup (Tomato Concentrate [Water, Tomato Paste], High Fructose Corn Syrup, Corn Syrup, Vinegar, Salt, Onion Powder, Spice, Natural Flavors), Vegetable Base (Vegetables [Carrots, Celery], Hydrolyzed Vegetable Protein [Hydrolyzed Corn Protein, Salt, Soybean Oil], Sugar, Modified Corn Starch, Soybean Oil, Maltodextrin, Onion Powder, Natural Flavor, Disodium Guanylate, Disodium Inosinate), Tomato Paste, Corn Starch, Hydrolyzed Wheat Gluten Protein (with a maximum of 2% Soybean Oil), Soybean Oil, Dehydrated Garlic, and Spices.

Contains: wheat, soy

Sides Components

Baked Beans

Prepared Beans, Water, Sugar, Tomato Paste, Salt, Modified Corn Starch, Paprika, Brown Sugar, Oleoresin Paprika, Natural Flavorings, and Dextrose.

Baked Bean Sauce

High Fructose Corn Syrup, Onion, Brown Sugar, Vinegar, Water, Tomato Paste, Corn Syrup, Molasses, Modified Food Starch, Contains Less Than 2% of: Salt, Spices, Natural Smoke Flavor, Potassium Sorbate (preservative), Paprika, Xanthan Gum, Garlic, Caramel Color, Sugar, and Tamarind. Spices – Mustard Flour. Smoked Flavor – Smoke Hickory Flavor, and Worcestershire Sauce Concentrate.

Contains: No Allergens

Cheese, Cheddar Sauce

Water, Aged Cheddar Cheese (Cultured Milk, Salt, Enzymes, Annatto Color), Partially Hydrogenated Soybean Oil, Corn Starch-Modified, Nonfat Dry Milk, Contains 2% or less of Sodium Phosphate, Salt, Casein, Corn Starch, Sodium Citrate, Whey, Acetic Acid, Cellulose Gum, Monoglycerides, Parmesan Cheese (Milk, Cultures, Salt, Enzymes), Yeast Extract, Citric Acid, Lactic Acid, Spice (Mustard Flour), Natural Flavors (typically found naturally occurring in cheese and other dairy products), Blue Cheese (Milk, Cultures, Salt, Enzymes), Swiss Cheese (Milk, Cultures, Salt, Enzymes), Annatto Color, Maltodextrin, Whey Protein Concentrate, Cream, Yellow No. 6, Caramel Color, and Butter Oil.

Contains: milk

Coleslaw Dressing

Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Egg Yolks, Salt, Sugar, Xanthan Gum, Propylene Glycol Alginate, Spice, Sodium Benzoate (preservative), Beta Carotene, Artificial Flavors, and Calcium Disodium EDTA (to protect flavor).

Contains: egg

Coleslaw Mix

Green Cabbage and Carrots.

French Fries, Thin 'n Crispy

Potatoes, Batter Mix (Modified Food Starch, Rice Flour, Corn Flour, Dextrin, Salt, Leavening (Bicarbonate of Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Dextrose and/or Corn Syrup Solids, Xanthan Gum), Vegetable Oil (Soybean), Dextrose, and Disodium Dihydrogen Pyrophosphate (to maintain natural color).

Macaroni and Cheese, Kraft®

Cooked Enriched Macaroni Product (Water, Enriched Macaroni Product [Durum Wheat Semolina, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate (Vitamin B1), Riboflavin [Vitamin B2], Folic Acid], Cheese Sauce (Water, Canola Oil, Whey, Skim Milk, Buttermilk Solids, Whey Protein Concentrate, Granular Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cream, Contains less than 2% of Salt, Sodium Phosphate, Calcium Phosphate, Modified Food Starch, Monoglycerides, Citric Acid, Xanthan Gum, Yellow 5, Yellow 6, Lactic Acid, Artificial Flavor, and Vitamin D3.

Contains: wheat, milk



Steak n Shake Ingredient and Allergen List

Onion Rings

Onions, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean and/or Canola Oil), Wheat Flour, Yellow Corn Flour, Bleached Wheat Flour, Water, Contains 2% or less of Dextrose, Iodized Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Oleoresin Paprika, Partially Hydrogenated Soybean Oil, Polysorbate 80, Salt, Soy Flour, Sugar, and Whey.

Contains: wheat, soy, milk

Fountain

Classic Milk Shakes

Premium Ice Cream for Shakes, 2% Reduced Fat Milk, Choice of Syrup (Chocolate, Vanilla, Strawberry, Banana, Dark Chocolate, Orange Freeze), Whipped Topping, and Maraschino Cherry.

Contains: milk

Specialty Milk Shakes

Premium Ice Cream for Shakes, 2% Reduced Fat Milk, Vanilla Syrup, Whipped Topping, Maraschino Cherry, Choice of: Birthday Cake, Butterfinger®, Caramel Apple, Chocolate Banana, Chocolate Chip Cookie Dough, Chocolate Covered Strawberry, Chocolate Peanut Butter, Oreo® Cookies 'n Cream, Heath Bar, Kit Kat®, M&M's®, Nutella®, Oreo® Mint, Peanut Butter, Peanut Butter Cup, Pumpkin Spice, S'mores, Strawberry Banana, Very Berry Strawberry, Turtle Caramel Nut, and Ultimate Banana.

Contains: milk, allergens from toppings, candy or cookies, nuts, soy

Breakfast Milkshakes

Premium Ice Cream for Shakes, 2% Reduced Fat Milk, Whipped Topping, Maraschino Cherry and Choice of: Caramel Frappe, Cinnamon Crunch, Cocoa Krispies, Frosted Flakes, and Honey Smacks.

Contains: milk, allergens from toppings, cereal, wheat

Floats – Root Beer, Coke, Soft Drinks

Premium Ice Cream for Shakes, and Choice of Soft Drinks.

Contains: milk

Malts

Premium Ice Cream for Shakes, 2% Reduced Fat Milk, Choice of Flavored Syrup, Malt Syrup, Whipped Cream, and Maraschino Cherry.

Contains: milk

Desserts

Fresh-Baked Cookies

Chocolate Chunk.

Contains: milk, wheat, soy, eggs

Hot Fudge Sundae

Premium Vanilla Ice Cream, Hot Fudge, Whipped Topping, Maraschino Cherry, and Chopped Almonds.

Contains: milk, soy, nuts

Oreo® Ice Cream Sandwich

Premium Vanilla Ice Cream and Oreo® Cookie Wafer.

Contains: milk, soy, wheat

Strawberry Sundae

Premium Vanilla Ice Cream, Strawberry Topping, Whipped Topping, Maraschino Cherry, and Chopped Almonds.

Contains: milk, nuts



Steak n Shake Ingredient and Allergen List

Fountain and Dessert Components

Almonds, Diced, Buttered, Toasted

Almonds (Almonds, Canola Oil, Salt), Butter (Cream [Milk], Natural Flavorings).

Contains: milk, nuts

Butterfinger® Pieces

Corn Syrup, Sugar, Ground Roasted Peanuts, Hydrogenated Palm Kernel Oil, Cocoa, Molasses, less than 1% of Whey, Confectioner's Corn Flakes, Nonfat Milk, Salt, Lactic Acid Esters, Soy Lecithin, Soybean Oil, Cornstarch Artificial Flavors, TBHQ and Citric Acid (to preserve freshness), Yellow 5, and Red 40.

Contains: milk, nuts, soy

Caramel Sauce

Corn Sweeteners (Corn and High Fructose Corn Syrups), Sweetened Condensed Skim Milk (Skim Milk, Sugar, Corn Syrup), Sugar, Cream, Butter, Water, Salt, Mono and Diglycerides, Xanthan Gum, Sodium Bicarbonate, and Natural Flavor.

Contains: milk

Chocolate Chunks

Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin (an Emulsifier), and Vanilla.

Contains: soy

Chocolate Chunk Cookies

Enriched Bleached Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Reduced Iron, Riboflavin, Folic Acid), Semisweet Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Milkfat, Soy Lecithin [emulsifier], Vanillin [artificial flavor], Natural Flavor), Sugar, Margarine (Partially Hydrogenated Soybean Oil, Water, Salt, Soy Lecithin, Mono and Diglycerides, Natural Flavor, Colored with Beta Carotene, Vitamin A Palmitate), Butter [Cream, Salt], High Fructose Corn Syrup, Eggs, Contains less than 2% of the following: Water, Molasses, Modified Corn Starch, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Natural and Artificial Flavor.

Contains: wheat, milk, soy, eggs

Manufactured on shared equipment with peanuts and tree nuts.

Milk Chocolate Chips

Sugar, Cocoa Butter, Whole Milk, Chocolate Liquor, Soy Lecithin (emulsifier), and Vanillin (artificial flavor).

Contains: milk, soy

Chocolate Chip Cookie Dough Crumbles

Bleached Wheat Flour (enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Sugar, Vegetable Oil (Contains one or more of the following: Canola Oil, Soybean Oil, Palm Oil, Cottonseed Oil), Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin [emulsifier], and Vanillin [artificial flavor]), Chocolate Flavored Chips (Sugar, Partially Hydrogenated Palm Kernel Oil, Cocoa Powder, Cocoa Powder processed with Alkali, Sorbitan Monostearate, Polysorbate 60, Soy Lecithin [emulsifier], Salt, and Vanillin [artificial flavoring], may contain Milk), Dextrose, Molasses, Apple Powder, Water, Salt, Natural and Artificial Vanilla Flavoring.

Contains: wheat, milk, soy. *Processed in a facility with Wheat, Eggs, Dairy, Soy, Nuts, and Peanuts.*

Chocolate Fudge Sauce

Corn Syrup, Water, Sugar, Partially Hydrogenated Palm Kernel Oil, Nonfat Dry Milk, Cocoa Processed with Alkali, Cocoa, Modified Corn Starch, Salt, Sodium Bicarbonate, Potassium Sorbate (preservative), Mono and Diglycerides (vegetable), Artificial Flavors, and Soy Lecithin (emulsifier).

Contains: milk, soy



Steak n Shake Ingredient and Allergen List

Cinnamon Crunch

Whole Wheat Flour, Sugar, Rice Flour, Canola Oil, Fructose, Dextrose, Maltodextrin, Contains 2% or Less of: Salt, Calcium Carbonate, Cinnamon, Soy Lecithin, Trisodium Phosphate, Vitamin C (Sodium Ascorbate), Caramel (Color), Annatto Extract (Color), Iron (Ferrous Fumarate), Vitamin A (Palmitate), Niacin (Niacinamide), Zinc (Zinc Oxide), B12 (Cyanocobalamin), Vitamin B1 (Thiamine Mononitrate), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin D (Cholecalciferol), Vitamin B2 (Riboflavin), and Folic Acid.

Contains: wheat, soy

Cocoa Krispies

Rice, Sugar, Cocoa Processed With Alkali, Contains 2% or Less of Semisweet Chocolate (Sugar, Chocolate, Dextrose), Partially Hydrogenated Vegetable Oil (Coconut, Soybean and/or Cottonseed), Salt, Malt Flavor, Artificial Flavor, BHT for Freshness, Calcium Carbonate, Vitamin C (Ascorbic Acid and Sodium Ascorbate), Iron, Vitamin E (Alpha Tocopherol Acetate), Niacinamide, Zinc Oxide, Vitamin A Palmitate, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Hydrochloride), Folic Acid, Vitamin D and Vitamin B12.

Cocoa Crispy Rice Variegate

Soybean Oil, Powdered Sugar (Sugar, Cornstarch), Crisp Rice (Rice Flour, Sugar, Salt), Cocoa Krispies (Rice, Sugar, Cocoa Processed With Alkali, Contains 2% or Less of Semisweet Chocolate (Sugar, Chocolate, Dextrose), Hydrogenated Vegetable Oil (Coconut, Soybean and/or Cottonseed), Salt, Malt Flavor, Artificial Flavor, BHT, Calcium Carbonate, Vitamin C (Ascorbic Acid and Sodium Ascorbate), Iron, Vitamin E (Alpha Tocopherol Acetate), Niacinamide, Zinc Oxide, Vitamin A Palmitate, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamine Hydrochloride), Folic Acid, Vitamin D, Vitamin B-12, Coconut Oil, Nonfat Dry Milk, Cocoa, Mono and Diglycerides, Soy Lecithin, and Salt.

Contains: milk, soy

Cookies and Cream, Chopped

Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid), High Oleic Canola Oil and/or Palm Oil and/or Canola Oil and/or Soybean Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Cornstarch, Leavening (Baking Sodium and/or Calcium Phosphate), Salt, Soy Lecithin, Vanillin (artificial flavor), and Chocolate.

Contains: wheat, soy

Manufactured on equipment that processes peanut containing product.

Frosted Flakes

Milled Corn, Sugar, Contains 2% or Less of Malt Flavor, Salt, BHT for Freshness, Iron, Vitamin C (Ascorbic Acid and Sodium Ascorbate), Niacinamide, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Hydrochloride), Vitamin A Palmitate, Folic Acid, Vitamin D, and Vitamin B12.

Contains: soy

Graham Cracker Pieces

Unenriched Wheat Flour, Margarine (Palm Oil, Water, Soybean Oil, Salt, Natural Flavor [Milk], Soy Lecithin [Emulsifier]), Sugar, Graham Flour, Brown Sugar, Honey Powder (High Fructose Corn Syrup, Wheat Starch, Corn Syrup, Soy Flour, Calcium Stearate [anti-caking agent] and Soy Lecithin [processing aid]), Water, Artificial Flavor, Salt, Natural Flavor (contains Dairy components), Baking Soda, and Potassium Sorbate (Preservative).

Contains: wheat, soy, dairy. Manufactured in a plant that processes or uses peanuts, tree nuts, eggs, soy, wheat and dairy.

Golden White Sheet Cake:

Sugar, Enriched Bleach Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Palm and Soybean Oils), Water, Eggs, Corn Syrup. Contains 2% or Less of Each of the Following: High Fructose Corn Syrup, Skim Milk, Glycerin, Margarine (Palm Oil, Water, Soybean Oil, Salt, Mono and Diglycerides, Artificial Flavor, Annatto (Color), Calcium Disodium Edta (Preservative), Vitamin A Palmitate), Propylene Glycol Mono and Diesters of Fat and Fatty Acids, Lactylic Esters of Fatty Acids, Baking Powder (Corn Starch, Sodium Aluminum Phosphate, Baking Soda, Monocalcium Phosphate), Whey, Modified Corn Starch, Natural and Artificial Flavors, Salt, Corn Starch, Colored with (Titanium Dioxide, Yellow 5), Gums (Guar, Xanthan, Gellan), Cream of Tartar, Sodium Alginate, Soy Lecithin, and Soy Flour.

Contains: wheat, eggs, milk, soy



Steak n Shake Ingredient and Allergen List

Heath English Toffee Bar

Milk Chocolate (Sugar, Cocoa Butter, Chocolate, Nonfat Milk, Milkfat, Lactose, Soy Lecithin, Salt and Vanillin, Artificial Flavor), Sugar, Palm Oil, Dairy Butter (Milk), Almonds (Roasted in Cocoa Butter and/or Sunflower Oil), Salt, Artificial Flavor and Soy Lecithin.

Contains: milk, nuts, soy

Honey Smacks

Sugar, Wheat, Dextrose, Honey, Contains 2% or Less of Vegetable Oil (Hydrogenated or Partially Hydrogenated Soybean), Salt, Caramel Color, Soy Lecithin, BHT for Freshness, Vitamin C (Sodium Ascorbate), Niacinamide, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin A Palmitate, Vitamin B2 (Riboflavin), Vitamin B1 (Thiamin Hydrochloride), Folic Acid, Vitamin D and Vitamin B12.

Ice Cream, Milk Shakes

Milk, Sugar, Nonfat Milk Solids, Cream, Corn Syrup, Whey, Stabilized and Emulsified by Guar Gum, Mono and Diglycerides, Locust Bean Gum and Carrageenan.

Contains: milk

Ice Cream, Premium Vanilla

Milk, Sugar, Cream, Nonfat Milk Solids, Corn Syrup, Whey, Stabilized and Emulsified by Mono and Diglycerides, Guar Gum, Cellulose Gum, Carrageenan, Artificial Vanilla Flavor, Yellow 5, and Yellow 6.

Contains: milk

Kit Kat® Pieces

Sugar, Wheat Flour, Nonfat Milk, Cocoa Butter, Chocolate, Palm Kernel Oil, Lactose (Milk), Milk Fat, Contains 2% or Less of Soy Lecithin, PGPR Emulsifier, Yeast, Vanillin, Artificial Flavor, Salt and Sodium Bicarbonate.

Contains: milk, soy, wheat

M&M's®

Milk Chocolate (Sugar, Chocolate, Skim Milk, Cocoa Butter, Lactose, Milkfat, Soy Lecithin, Salt, Artificial Flavors, Sugar, Cornstarch, Less than 1% of the following: Corn Syrup, Gum Acacia, Coloring (Includes Blue 1 Lake, Red 40 Lake, Yellow 6, Yellow 5, Blue 1, Blue 2 Lake, Yellow 6 Lake, Yellow 5 Lake, Blue 2), and Dextrin.

Contains: milk, soy (lecithin), peanuts

Processed in a plant that also processes peanuts.

Maraschino Cherries

Cherries, High Fructose Corn Syrup, Water, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Citric Acid, Artificial Flavor, Red 40, and Sulfur Dioxide (preservative).

Nutella®

Sugar, Palm Oil, Hazelnuts, Cocoa, Skim Milk, Whey (Milk), Lecithin as Emulsifier (Soy), and Vanillin (artificial flavor).

Contains: tree nuts, dairy, and soy

Reese's Peanut Butter

Roasted Peanuts; Sugar; Contains 2% or Less of: Hydrogenated Vegetable Oil (Grapeseed, Cottonseed and Soybean Oil); Salt; Peanut Oil; Monoglycerides; Molasses; and Corn Starch.

Contains: nuts. *Processed in a plant that also processes wheat, egg, and tree nut products*

Peanut Butter Cups

Milk Chocolate, (Sugar, Cocoa Butter, Dry Whole Milk, Chocolate, Soy Lecithin [emulsifier], Salt, Vanilla), Ground Peanuts, Sugar, Palm Kernel Oil, Lactose, Salt, and Soy Lecithin (emulsifier).

Contains: milk, nuts, soy. *Processed in a plant that also processes wheat, egg, and tree nut products*

Strawberries (for Milk Shakes)

Sliced Strawberries and Sugar.



Steak n Shake Ingredient and Allergen List

Syrup, Apple

High Fructose Corn Syrup, Water, Natural Flavors, Malic Acid, Sodium Benzoate, and Potassium Sorbate.

Syrup, Banana

High Fructose Corn Syrup, Water, Banana Puree, Natural Flavors, Citric Acid, Sodium Benzoate (preservative), Sodium Citrate, Cellulose Gum, Yellow 5, and Yellow 6.

Syrup, Birthday Cake

High Fructose Corn Syrup, Water, Sugar, Natural and Artificial Flavors, Potassium Sorbate, Sodium Benzoate (Preservatives), and Phosphoric Acid.

Syrup, Caramel Frappe

High Fructose Corn Syrup, Water, Caramel Color, Contains 2% or Less of Natural Flavor, Instant Coffee, Sodium Benzoate, and Sorbic Acid (Preservatives).

Contains: sulfites

Syrup, Cherry

High Fructose Corn Syrup, Water, Natural and Artificial Flavors, Citric Acid, Sodium Benzoate (preservative), Red 40, and Blue 2.

Syrup, Chocolate

Corn Syrup, High Fructose Corn Syrup, Water, Cocoa, Salt, Natural Flavors, Potassium Sorbate (preservative), and Cellulose Gum.

Syrup, Dark Chocolate

High Fructose Corn Syrup, Corn Syrup, Water, Sugar, Cocoa processed with Alkali, Contains 2% or less of Salt, Mono- and Diglycerides, Polysorbate 60, Xanthan Gum, Vanillin, and Artificial Flavor.

Syrup, Green Mint

High Fructose Corn Syrup, Water, Natural Flavor, Sodium Benzoate (preservative), Citric Acid, Yellow 5, and Green 3.

Syrup, Malt

Molasses, High Fructose Corn Syrup, Malt Syrup, Water, Caramel Color, Salt, Preservatives (Potassium Sorbate, Benzoic Acid, and Sorbic Acid).

Syrup, Pumpkin

High Fructose Corn Syrup, Condensed Nonfat Milk, Sugar, Brown Sugar, Corn Syrup, Pumpkin Puree, Contains 15 or Less of Annatto (Color), Spices, Natural Flavor, Caramel Color, Salt, and Potassium Sorbate (Preservative).

Contains: milk

Syrup, Orange Freeze

High Fructose Corn Syrup, Water, Citric Acid, Concentrated Orange Juice, Natural Flavors, Sodium Benzoate and Potassium Sorbate (preservatives), Yellows 5, Yellow 6, Xanthan Gum, Modified Food Starch, Citrus Oil, Ester Gum, and Vegetable Oil.

Syrup, Strawberry

High Fructose Corn Syrup, Water, Strawberry Puree, Natural Flavors, Citric Acid, Concentrated Strawberry Juice, Malic Acid, Sodium Benzoate (preservative), and Red 40.

Syrup, Toasted Marshmallow

Sugar, Water, Natural and Artificial Flavors, Sodium Benzoate, and Phosphoric Acid.

Syrup, Vanilla

High Fructose Corn Syrup, Water, Corn Syrup, Natural Flavors, Potassium Sorbate, Sodium Benzoate and Benzoic Acid (preservatives), and Caramel Color.



Steak n Shake Ingredient and Allergen List

Whipped Topping

Cream, Milk, Sugar, Mono- and Diglycerides, Polysorbate 80, Carrageenan, Natural Flavors, Maltodextrin, and Nitrous Oxide as Whipping Propellant.

Contains: milk

Beverages

Milk, 2% (Regular or Chocolate)

Reduced Fat Milk, Vitamin A Palmitate, and Vitamin D3.

Coffee

Premium Coffee Blend.

Coffee, Decaffeinated

Premium Coffee Blend.

Tea, Iced

100% Black Tea.

Tea, Hot

100% Darjeeling Tea.

Tea, Sweet

Tea, and Sugar.

Cherry Limeade

Sprite®, Cherry Syrup, Fresh Lime, and Maraschino Cherry

Coca-Cola®

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Phosphoric Acid, Natural Flavors, and Caffeine.

Diet Coke®

Carbonated Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Natural Flavors, Citric Acid, Potassium Citrate, Potassium Benzoate (to protect taste), Caffeine, Aspartame, and Dimethylpolysiloxane.

Coca-Cola Zero®

Carbonated Water, Caramel Color, Phosphoric Acid, Potassium Citrate, Aspartame, Potassium Benzoate (to protect taste), Natural Flavors, Acesulfame Potassium, Caffeine, and Dimethylpolysiloxane.

Diet Coke® Caffeine Free

Carbonated Water, Caramel Color, Phosphoric Acid, Potassium Benzoate and Potassium Sorbate (to protect taste), Sodium Saccharin, Natural Flavors, Citric Acid, Aspartame, Potassium Citrate, and Dimethylpolysiloxane.

Barq's® Root Beer

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Sodium Benzoate (to protect taste), Citric Acid, Caffeine, Artificial and Natural Flavors, and Acacia.

Fanta® Orange

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Sodium Benzoate (to protect taste), Natural Flavors, Modified Food Starch, Sodium Polyphosphates, Glycerol Ester of Rosin, Yellow 6, Brominated Vegetable Oil, and Red 40.

Dr. Pepper®

Carbonated Water, High Fructose Corn Syrup, Caramel Color, Phosphoric Acid, Artificial and Natural Flavors, Sodium Benzoate (to protect taste), and Caffeine.



Steak n Shake Ingredient and Allergen List

High-C Flashn' Fruit Punch

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural and Artificial Flavors, Ascorbic Acid (Vitamin C), Sodium Benzoate (to protect taste), Modified Food Starch, Red 40, Glycerol Ester of Wood Rosin, and Brominated Vegetable Oil.

Minute Maid Lemonade

Water, High Fructose Corn Syrup, Citric Acid, Sodium Citrate, Potassium Benzoate (to protect taste), Modified Food Starch, Glycerol Ester of Wood Rosin, Natural and Artificial Flavors, Brominated Vegetable Oil, and Yellow 5.

Minute Maid Orange Juice

Contains Frozen Concentrated Orange Juice.

This product is gluten free. This product contains no detectable levels of milk, eggs, fish, crustaceans shellfish, tree nuts, wheat, peanuts, and soybeans.

Nestle® Pure Life® Bottled Water

Purified Water, Calcium Chloride, Sodium Bicarbonate, and Magnesium Sulfate.

Red Bull® Energy Drink

Carbonated Water, Sucrose, Glucose, Sodium Citrate, Taurine, Glucuronolactone, Caffeine, Inositol, Niacinamide, Calcium-Pantothenate, Pyridoxine HCL, Vitamin B1`2, Natural and Artificial Flavors, and Colors.

Hot Chocolate, Swiss Miss Cocoa

Sugar, Corn Syrup, Modified Whey, Cocoa (processed with Alkali), Hydrogenated Coconut Oil, Nonfat Dry Milk, less than 2% of Salt, Dipotassium Phosphate, Carrageenan, Artificial Flavor, and Mono- and Diglycerides.

Contains: milk

Sprite®

Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate (to protect taste), and Dimethylpolysiloxane.

Kids Menu

Steakburger™ 'n Fries

Steakburger, Regular Bun, and French Fries.

Contains: wheat, milk, soy

Steakburger™ w/Cheese 'n Fries

Steakburger(s), Regular Bun, American Cheese, and French Fries.

Contains: wheat, milk, soy

Mini Corn-Dogs and Fries

Mini Corn-Dogs (Turkey), and French Fries.

Contains: wheat, milk, soy, eggs

Grilled Cheese 'n Fries

Sourdough Bread, American Cheese, Liquid Margarine, and French Fries.

Contains: wheat, milk, soy

Chicken Fingers 'n Fries

Chicken Fingers, Sauce Choice, and French Fries.

Contains: wheat, milk, + allergens from choice of sauce

Kraft® Macaroni and Cheese

Enriched Macaroni, and Cheese Sauce.

Contains: wheat, milk



Steak n Shake Ingredient and Allergen List

Steakburger™ Minis 'n Fries

Steakburger Mini (2), Mini Buns (2), Fry 'n Steakburger™ Seasoning, Ketchup, Mustard, and French Fries.

Contains: soy

Steakburger™ Minis w/Cheese 'n Fries

Steakburger Mini (2), Mini Buns (2), Fry 'n Steakburger™ Seasoning, American Cheese, Ketchup, Mustard, and French Fries.

Contains: soy, milk

Applesauce

Musselman's Apple Sauce.

Baked Beans

Prepared Beans.

Contains: No Allergens

Jr. Chocolate Chip Cookie Sundae

Premium Vanilla Ice Cream, Chocolate Chip Cookie, Hot Fudge, Whipped Topping, and Maraschino Cherry.

Contains: milk, wheat, soy, eggs

Kids Components

Applesauce

Apples, High Fructose Corn Syrup, Corn Syrup, Water, and Ascorbic Acid (to maintain color).

Baked Beans

Prepared Beans, Water, Sugar, Tomato Paste, Salt, Modified Corn Starch, Paprika, Brown Sugar, Oleoresin Paprika, Natural Flavorings, and Dextrose.

Baked Bean Sauce

High Fructose Corn Syrup, Onion, Brown Sugar, Vinegar, Water, Tomato Paste, Corn Syrup, Molasses, Modified Food Starch, Contains Less Than 2% Of: Salt, Spices, Natural Smoke Flavor, Potassium Sorbate (Preservative), Paprika, Xanthan Gum, Garlic, Caramel Color, Sugar, and Tamarind.

Contains: No Allergens

Bread, Sourdough

Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, Yeast, High Fructose Syrup, Contains 2% or less of the following: Soybean Oil, Sugar, Salt, Fumaric Acid, Vinegar, Malic Acid, Lactic Acid, Acetic Acid, Sodium Diacetate, Tricalcium Phosphate, Dough Conditioners (Mono and Diglycerides, Ascorbic Acid, Azodicarbonamide, L-Cysteine Hydrochloride, Calcium Peroxide), Wheat Gluten, Yeast Nutrients (Calcium Sulfate, Ammonium Chloride), Tricalcium Phosphate, Calcium Salts, Calcium Stearoyl Lactylate, Sodium Stearoyl Lactylate, Soy Lecithin, Corn Starch, Xanthan Gum, Enzymes, Thiamine Hydrochloride, Calcium Propionate and Potassium Sorbate (to retain freshness).

Contains: wheat, soy

Bun, Steakburger

Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Contains 2% or less of the following: Salt, Dough Conditioners (Mono and Diglycerides, Ethoxylated Mono and Diglycerides, DATEM, Ascorbic Acid, Calcium Peroxide, Azodicarbonamide, Sodium Stearoyl Lactylate), Malt, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate (to retain freshness), Soy Lecithin, Soy Flour, Whey, Enzymes, and Calcium Dioxide.

Contains: wheat, soy, milk



Steak n Shake Ingredient and Allergen List

Cheese, American

Cultured Milk, Salt, Enzymes, Artificial Color, Water, Cream, Sodium Citrate, Salt, Sodium Phosphate, Citric Acid, Sorbic Acid (preservative), Lecithin, and Artificial Color.

Contains: milk, soy

Cheese, American – Mini

Cultured Milk, Water, Cream, Sodium Citrate, Salt, Sorbic Acid (preservative), Sodium Phosphate, Artificial Color, Enzymes, Acetic Acid, and Soy Lecithin.

Contains: milk, soy

Chocolate Chunk Cookies

Enriched Bleached Wheat Flour (Flour, Niacin, Thiamine Mononitrate, Reduced Iron, Riboflavin, Folic Acid), Semisweet Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Milkfat, Soy Lecithin [emulsifier], Vanillin [artificial flavor], Natural Flavor), Sugar, Margarine (Partially Hydrogenated Soybean Oil, Water, Salt, Soy Lecithin, Mono and Diglycerides, Natural Flavor, Colored with Beta Carotene, Vitamin A Palmitate), Butter [Cream, Salt], High Fructose Corn Syrup, Eggs, Contains less than 2% of the following: Water, Molasses, Modified Corn Starch, Leavening (Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Salt, Natural and Artificial Flavor.

Contains: wheat, milk, soy, eggs

Manufactured on shared equipment with peanuts and tree nuts.

Chocolate Fudge Sauce

Corn Syrup, Water, Sugar, Partially Hydrogenated Palm Kernel Oil, Nonfat Dry Milk, Cocoa Processed with Alkali, Cocoa, Modified Corn Starch, Salt, Sodium Bicarbonate, Potassium Sorbate (preservative), Mono and Diglycerides (vegetable), Artificial Flavors, and Soy Lecithin (emulsifier).

Contains: milk, soy

French Fries, Thin 'n Crispy

Potatoes, Batter Mix (Modified Food Starch, Rice Flour, Corn Flour, Dextrin, Salt, Leavening (Bicarbonate of Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Dextrose and/or Corn Syrup Solids, Xanthan Gum), Vegetable Oil (Soybean), Dextrose, and Disodium Dihydrogen Pyrophosphate (to maintain natural color).

Ice Cream, Premium Vanilla

Milk, Sugar, Cream, Non-fat Milk Solids, Corn Syrup, Whey, Stabilized and Emulsified by Mono and Diglycerides, Guar Gum, Cellulose Gum, Carrageenan, Artificial Vanilla Flavor, Yellow 5, and Yellow 6.

Contains: milk

Ketchup

Tomato Concentrate made from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, and Natural Flavorings

Macaroni and Cheese, Kraft®

Cooked Enriched Macaroni Product (Water, Enriched Macaroni Product [Durum Wheat Semolina, Niacin, Ferrous Sulfate [Iron], Thiamin Mononitrate (Vitamin B1), Riboflavin [Vitamin B2], Folic Acid], Cheese Sauce (Water, Canola Oil, Whey, Skim Milk, Buttermilk Solids, Whey Protein Concentrate, Granular Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cheddar Cheese [Pasteurized Milk, Cheese Culture, Salt, Enzymes], Cream, Contains less than 2% of Salt, Sodium Phosphate, Calcium Phosphate, Modified Food Starch, Monoglycerides, Citric Acid, Xanthan Gum, Yellow 5, Yellow 6, Lactic Acid, Artificial Flavor, and Vitamin D3.

Contains: wheat, milk

Maraschino Cherries

Cherries, High Fructose Corn Syrup, Water, Potassium Sorbate (preservative), Sodium Benzoate (preservative), Citric Acid, Artificial Flavor, Red 40, and Sulfur Dioxide (preservative).



Steak n Shake Ingredient and Allergen List

Mini-Corn Dogs

Batter/Breading: Enriched Bleached Wheat Flour (Enriched with Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Corn Flour, Sugar, Enriched Corn Meal (Enriched with Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains 2% or less of the following: Soy Flour, Modified Food Starch, Soybean Oil, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Brown Sugar, Salt, Dried Egg Yolk, Dried Egg White, Honey Solids (with Wheat Starch, Calcium Stearate, Soy Lecithin), Sodium Caseinate, Nonfat Dry Milk, Natural and Artificial Flavor, Soy Lecithin. Cooked in Vegetable oil (Contains one or more of the following: Corn Oil, Cottonseed Oil, Partially Hydrogenated Soybean Oil). **Frank:** Mechanically separated Turkey, Water, Salt, Corn Syrup, Contains 2% or less of the following: Potassium Lactate, Flavorings, Dextrose, Sodium Diacetate, Ascorbic Acid (Vitamin C), Natural Smoke Flavor, Extractives of Paprika, and Sodium Nitrite.

Contains: wheat, soy, milk, eggs

Mustard

Distilled Vinegar, Mustard Seed, Water, Mustard Seed, Mustard Bran, Salt, Turmeric, and Paprika.

Seasoning, Fry 'n Steakburger™ (Mini Steakburgers)

Salt, Dehydrated Onion and Garlic, Sugar, Spices, Paprika, Turmeric, and Soybean Oil.

Steakburger™

100% pure beef patty.

Fresh Tomatoes

Whipped Topping

Cream, Milk, Sugar, Mono- and Diglycerides, Polysorbate 80, Carrageenan, Natural Flavors, Maltodextrin, and Nitrous Oxide as Whipping Propellant.

Contains: milk

Liquid Margarine (for Grilling)

Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid (added to protect flavor), Artificially flavored, Colored with Beta Carotene, and Dimethylpolysiloxane (antifoaming agent).

Contains: soy

Breakfast

All You Can Eat Pancakes

Buttermilk Pancakes, Syrup, and Whipped Butter.

Contains: eggs, soy, wheat, milk

Bagel Sandwich

Scrambled Egg, American Cheese, Choice of Breakfast Meat, and Bagel.

Contains: wheat, eggs, milk, soy (cooking spray)

Biscuit Sandwich*

Scrambled Egg, American Cheese, Choice of Breakfast Meat, and Buttermilk Biscuit.

Contains: wheat, milk, soy, eggs

Banana Pancakes

Buttermilk Pancakes, Bananas, and Whipped Topping.

Contains: eggs, soy, wheat, milk

Cakes 'n Eggs*

Buttermilk Pancakes, Farm-Fresh Eggs, Choice of Breakfast Meat, Syrup, and Whipped Butter.

Contains: eggs, soy, wheat, milk



Steak n Shake Ingredient and Allergen List

Chocolate Chip Pancakes

Buttermilk Pancakes, Milk-Chocolate Chips, Powdered Sugar, Whipped Topping, and Syrup.

Contains: eggs, soy, wheat, milk

Breakfast Bowl with Hash Browns*

Shredded Hash Brown Potatoes, Breakfast Sausage, Pico de Gallo, Scrambled Eggs, Cheddar Cheese, Chipotle Mayonnaise, and Savory Seasoning.

Contains: milk, eggs, soy

Breakfast Bowl without Hash Browns*

Breakfast Sausage, Pico de Gallo, Scrambled Eggs, Cheddar Cheese, Chipotle Mayonnaise, and Savory Seasoning.

Contains: milk, eggs, soy

Breakfast Bowl – Sausage Gravy ‘n Biscuit

Buttermilk Biscuits, and Sausage Gravy.

Contains: milk, wheat, soy

Country Skillet*

Shredded Hash Brown Potatoes, Buttermilk Biscuit, Breakfast Sausage, Sausage Gravy, Farm-Fresh Eggs, and Wisconsin Cheddar Cheese.

Contains: wheat, milk, soy, eggs

Classic Egg Breakfast*

Farm-Fresh Eggs, Choice of Breakfast Meat, and Choice of Bread.

Contains: eggs, wheat, soy

Cheddar Scrambler*

Scrambled Eggs, Wisconsin Cheddar Cheese, Sausage, Caramelized Onions, Choice of Hash Brown Potatoes, and Choice of Bread.

Contains: eggs, milk, soy, wheat

Hash Browns, Seasoned

Seasoned Hash Brown Potatoes, and Soybean Oil.

Contains: soy

Hash Browns, Shredded

Shredded Hash Brown Potatoes, and Liquid Margarine.

Contains: soy

Homestyle Breakfast*

Farm-Fresh Eggs, Choice of Breakfast Meat, Choice of Hash Brown Potatoes, and Choice of Bread.

Contains: eggs, soy, wheat

French Toast Sticks

Bread (enriched wheat flour, malted barley flour, niacin, iron, folic acid, thiamine mononitrate, riboflavin), Water, High Fructose Corn Syrup, Yeast, Soybean Oil, Wheat Gluten, Corn Flour, Salt, Calcium Sulfate, Dough Conditioners (sodium stearoyl lactylate, ascorbic acid enzyme, calcium peroxide), calcium propionate (preservative), Yeast Nutrients (Monocalcium phosphate, calcium sulfate, ammonium sulfate), Cornstarch, Glyceryl Monooleate, Turmeric, Paprika Oleoresins (color), polysorbate 60, polysorbate 80, soy lecithin, soy flour), Water, Enriched Wheat Flour (wheat flour niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Soybean Oil, Sugar, Yellow Corn Flour, Contains 2% or Less of the following: Carrageenan, Dextrose Gum Arabic, Leavening (baking soda, Monocalcium phosphate), Natural and Artificial Flavor, Polysorbate 80, Salt, Soy Flour, Soy Lecithin and Yeast.

Contains: wheat, soy

Potato and Egg Taco*

Shredded Hash Brown Potatoes, Scrambled Eggs, Flour Tortilla

Contains: wheat, milk, eggs



Steak n Shake Ingredient and Allergen List

Sausage, Egg and Cheese Taco*

Scrambled Eggs, Sausage, Pico de Gallo, Chipotle Sauce, Flour Tortilla

Contains: wheat, milk, eggs, soy

Sausage Gravy 'n Biscuits

Buttermilk Biscuits, and Sausage Gravy.

Contains: milk, wheat, soy

Kid's Breakfast

Chocolate Chip Pancakes

Buttermilk Pancakes, Milk-Chocolate Chips, Powdered Sugar, Whipped Topping, and Syrup.

Contains: eggs, soy, wheat, milk

Egg, Bacon or Sausage 'n Toast*

Farm-Fresh Egg, Breakfast Bacon or Sausage, and Toast.

Contains: egg, wheat, soy

Silver Dollar Pancakes

Pancakes (3), Syrup, and Whipped Butter.

Contains: eggs, milk, soy

Breakfast Components

Bagel

Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Ferrous Sulfate [Iron], Thiamin Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid [AB Vitamin]), Water, High Fructose Corn Syrup, Contains 2% or less of each of the following: Wheat Flour, Salt, Yellow Corn Meal, Malted Barley and Corn Flour, Molasses, Yeast, Wheat Gluten, Sodium Stearoyl Lactylate, Monoglycerides, Soybean Oil, Enzymes, and Calcium Propionate (to retard spoilage).

Contains: wheat

Bacon

Cured with Water, Salt, Sugar, Sodium Phosphates, Sodium Erythorbate, and Sodium Nitrate.

Biscuit

Enriched Unbleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, Hydrogenated Palm Kernel Oil, Buttermilk, Leavening (Sodium Aluminum Phosphate, Baking Soda, Sodium Acid Pyrophosphate, Monocalcium Phosphate), Skim Milk, Soybean Oil, Contains less than 2% of the following: Sugar, Salt, Water, Modified Corn Starch, Artificial Flavor, and Soy Lecithin (An Emulsifier),

Contains: wheat, milk, soy

Bread

Choice of Wheat, Rye, or Sourdough.

Contains: see individual items for allergens

Cheese, Cream Spread

Pasteurized Milk and Cream, Water, Lactose, Salt, Cheese Culture, Stabilizers (Carob Bean and/or Xanthan and/or Guar Gums), Potassium Sorbate (preservative), and Citric Acid.

Contains: milk

Eggs, Farm-Fresh*

USDA Grade A Non-Pasteurized Shell Eggs.

Contains: egg, soy (cooking spray)



Steak n Shake Ingredient and Allergen List

Eggs, Scrambled*

Whole Eggs, Nonfat Milk, Egg Whites, Dextrose, Xanthan Gum, Citric Acid, Artificial Butter Flavor (Butter, Cream, and Milk), Partially Hydrogenated Soybean and Cottonseed Oil, Soy bean Oil, Lipolyzed Butter Oil, Flavors and Artificial Flavors, and Annatto (color).

Contains: eggs, milk, soy

Eggs, Cholesterol Free*

Egg Whites, Nonfat Milk, Modified Food Starch, Whey Protein Isolate, Soybean Oil, Xanthan Gum, Natural Egg Flavor, Liquid Pepper Extract, Natural and Artificial Butter Flavor [Butter (Cream), Lipolyzed Butter Oil, Medium Chain Triglycerides, Natural and Artificial Flavors, Soybean Oil, and Annatto Extract], Yellow 5 (Color), Beta Carotene (Color), and Annatto (Color). Contains less than 1/2 gram Lactose per serving.

Contains: eggs, milk, soy (cooking spray)

Flour Tortilla

Prepared Flour (Enriched Bleached Flour (Wheat, Niacin, Iron, Zinc, Thiamin, Riboflavin and Folic Acid), Amylase Enzyme, Ascorbic Acid, Benzoyl Peroxide), Beef Fat, Water Salt, Contains less than 2% of the following Corn Starch, Calcium Carbonate, Calcium Propionate, CMC, Arabic Gum, Guar Gum, Whey, Sorbic Acid, Fumaric Acid, Lcysteine, Tricalcic Phosphate.

Contains: Wheat, Milk

Fresh Salsa

Roma Tomatoes, Fire Roasted Tomatoes:(Unpeeled Diced Tomatoes Tomato Juice, 2% or Less of: Salt, Citric Acid, Yeast Extract, Calcium Chloride, Natural Flavor, Onion Juice, Garlic Powder, Onion Powder), Jalapeno, Cilantro, Lime Juice, Salt, Onion, Chipotle Peppers in Spicy Adobo Sauce: (Chipotle Peppers, Tomato Puree, Onions, Vinegar, Canola Oil, Sugar, Salt, Paprika and Garlic.

Hash Browns, Silver Dollar

Potatoes, Vegetable Oil (contains one or more of the following oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dehydrated Potato Flakes (Potatoes, Mono- and Diglycerides, Sodium Acid Pyrophosphate and Citric Acid added to maintain natural color), Seasoning Blend (Salt, Potato Starch – Modified, Dehydrated Onion, Modified Cellulose, Sodium Acid Pyrophosphate [to maintain natural color], Baking Powder [Sodium Acid Pyrophosphate, Baking Soda, Corn Starch, Monocalcium Phosphate], Sodium Alginate, Spices, Garlic Powder, Calcium Lactate, Sodium Citrate, Xanthan Gum, Malic Acid, Annatto and Turmeric Extract [color]), and Dextrose.

Hash Browns, Shredded

Potatoes, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), and Dextrose.

Honey

Honey.

Jam, Strawberry

Strawberries, High Fructose Corn Syrup, Corn Syrup, Sugar, Fruit Pectin, and Citric Acid.

Jelly, Grape

Concord Grape Juice, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid, and Sodium Citrate.

Milk Chocolate Chips

Sugar, Cocoa Butter, Whole Milk, Chocolate Liquor, Soy Lecithin (emulsifier), and Vanillin (artificial flavor).

Contains: milk, soy

Onions, Caramelized

Onions, Liquid Margarine (Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid [added to protect flavor], Artificial Flavors, Colored with Beta Carotene, and Dimethylpolysiloxane [antifoaming agent]).

Contains: soy



Steak n Shake Ingredient and Allergen List

Pancakes

Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid, may contain Malted Barley Flour, Enzymes, Ascorbic Acid), Sugar, Dextrose, Sodium Bicarbonate, Soy Flour. Contains 2% or less of the following: Canola or Soybean Oil, Partially Hydrogenated Soybean and Cottonseed Oils, Sodium Aluminum Phosphate, Monocalcium Phosphate, Nonfat Milk, Salt, Eggs, Buttermilk, Natural and Artificial Flavors, Caramel Color, Yellow #6, Yellow #5, Yellow #5 Lake, and Yellow #6 Lake.

Contains: egg, milk, soy, wheat

Sausage Gravy

Gravy Mix: [Modified Food Starch, Partially Hydrogenated Soybean Oil, Corn Syrup Solids, Maltodextrin, Salt, Bleached Enriched Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Sodium Caseinate, Yeast Extract, Palm Oil, Spice, Natural Flavors, Mono & Diglycerides, Annatto Extract, Caramel Color, FD&C Yellow #5, Silicon Dioxide (added less than 2% as an Anti-Caking Agent)], and **Sausage:** (Pork, Water, Salt, Spice Extractives, Sugar, Monosodium Glutamate).

Contains: milk, wheat, soy

Sausage Patty

Pork, Water, Salt, Spice Extractives, Sugar, and Monosodium Glutamate.

Strawberries (for Fruit 'n Yogurt Parfait)

Strawberries.

Syrup

Corn Syrup, High Fructose Corn Syrup, Water, Cellulose Gum, Caramel Color, Salt, Sodium Benzoate and Sorbic Acid (preservatives), Artificial and Natural Flavors, and Sodium Hexametaphosphate.

Grilling Oil, Frying Oil and Cooking Spray

Liquid Margarine (for Grilling)

Partially Hydrogenated Soybean Oil, Soybean Lecithin, TBHQ and Citric Acid (added to protect flavor), Artificially flavored, Colored with Beta Carotene, and Dimethylpolysiloxane (antifoaming agent).

Contains: soy

Frying Oil

Soybean Oil, Partially Hydrogenated Soybean Oil with TBHQ, and Dimethylpolysiloxane (an antifoaming agent) added.

Cooking Spray

Soybean Oil, Soy Lecithin (heat resistant), Silicone Dioxide, Water and Propellant (non-chlorofluorocarbon).

Contains: soy

Miscellaneous Condiments

Butter, Salted

Cream, and Salt.

Contains: milk

Frank's Redhot Sauce

Aged Cayenne Red Peppers, Vinegar, Water, Salt, and Garlic Powder.

Half & Half

Milk, Cream, Contains less than 1% of each of the following: Sodium Citrate and Disodium Phosphate.

Contains: milk

Pepper

Black Pepper.



Steak n Shake Ingredient and Allergen List

Salt

Table Salt.

Sugar

White Granulated Sugar.

Sweetener ("Pink Label")

Nutritive Dextrose, 3.6% Calcium Saccharin (28.8mg. per packet), and Calcium Silicate (anti-caking agent).

Sweetener ("Blue Label")

Dextrose with Maltodextrin, and Aspartame.

Contains: Phenylalanine

Sweetener ("Yellow Label")

Dextrose with Maltodextrin, and Sucralose.