



# NUTRITION FACTS

**February 2017**

|  | calories | calories from fat | total fat (g) | sat fat (g) | trans fat (g) | cholesterol (mg) | sodium (mg) | carbohydrates (g) | dietary fiber (g) | sugars (g) | protein (g) | vitamin a (IU) % | vitamin c (mg) % | calcium % | iron(mg) % |
|--|----------|-------------------|---------------|-------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|------------------|------------------|-----------|------------|
| <b>THE ORIGINAL STEAKBURGER™</b>         |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| Bacon 'n Cheese Double Steakburger™      | 480      | 250               | 28            | 12          | 1             | 80               | 740         | 31                | <1                | 5          | 25          | 4                | 2                | 15        | 30         |
| Bacon Lovers Steakburger™                | 690      | 390               | 43            | 16          | 1             | 115              | 1390        | 42                | 0                 | 9          | 33          | 10               | 0                | 20        | 15         |
| Cajun Double Steakburger                 | 870      | 570               | 63            | 21          | 2             | 130              | 970         | 37                | 0                 | 6          | 37          | 6                | 0                | 15        | 20         |
| Cheddar Cheesy Double Steakburger™       | 800      | 470               | 53            | 28          | 1             | 160              | 1290        | 35                | 4                 | 7          | 46          | 60               | 15               | 70        | 20         |
| Chipotle Double Steakburger™             | 650      | 390               | 44            | 15          | 1             | 95               | 1240        | 37                | 3                 | 8          | 27          | 45               | 10               | 20        | 20         |
| Double Steakburger™                      | 390      | 190               | 21            | 8           | 1             | 55               | 330         | 30                | <1                | 4          | 19          | 0                | 2                | 6         | 25         |
| Double Steakburger™ with Cheese          | 440      | 230               | 25            | 11          | 1             | 70               | 590         | 31                | <1                | 5          | 22          | 4                | 2                | 15        | 25         |
| Garlic Double Steakburger™ with Cheese   | 630      | 380               | 42            | 13          | 1             | 75               | 1250        | 38                | 0                 | 7          | 23          | 4                | 2                | 15        | 15         |
| Guacamole Single Steakburger™            | 380      | 180               | 21            | 7           | 0.5           | 40               | 650         | 34                | 3                 | 5          | 15          | 4                | 10               | 15        | 25         |
| Guacamole Double Steakburger™            | 670      | 390               | 44            | 13          | 1             | 75               | 940         | 47                | 6                 | 9          | 25          | 10               | 25               | 15        | 15         |
| Jamaican Jerk Double Steakburger™        | 540      | 270               | 30            | 11          | 1             | 70               | 940         | 46                | 0                 | 13         | 23          | 6                | 4                | 15        | 15         |
| Jalapeno Crunch Steakburger™             | 700      | 390               | 44            | 12          | 1             | 75               | 1600        | 54                | 1                 | 7          | 25          | 10               | 8                | 15        | 20         |
| Meat Lovers Double Steakburger™          | 700      | 390               | 44            | 17          | 1.5           | 110              | 1750        | 44                | 1                 | 15         | 30          | 4                | 4                | 15        | 20         |
| Portobello 'n Swiss Steakburger™         | 540      | 260               | 29            | 11          | 1             | 70               | 830         | 44                | 2                 | 8          | 27          | 30               | 10               | 20        | 15         |
| Prince of Royale                         | 460      | 230               | 26            | 10          | 0.5           | 235              | 810         | 35                | <1                | 5          | 24          | 10               | 2                | 15        | 30         |
| Royale Double Steakburger®               | 620      | 330               | 37            | 12          | 1             | 260              | 950         | 41                | <1                | 8          | 30          | 35               | 10               | 10        | 20         |
| Signature Steakburger™ w/Cheese          | 790      | 200               | 49            | 21          | 1.5           | 65               | 1550        | 48                | 2                 | 10         | 41          | 15               | 10               | 100       | 2          |
| Single Steakburger™                      | 280      | 100               | 11            | 4.5         | 0             | 30               | 310         | 30                | <1                | 4          | 12          | 0                | 2                | 4         | 25         |
| Single Steakburger™ with Cheese          | 330      | 140               | 16            | 7           | 0.5           | 40               | 570         | 31                | <1                | 5          | 15          | 4                | 2                | 15        | 25         |
| Triple Steakburger™                      | 510      | 270               | 30            | 12          | 1             | 85               | 350         | 30                | <1                | 4          | 26          | 0                | 2                | 6         | 30         |
| Triple Steakburger™ with Cheese          | 610      | 350               | 39            | 17          | 1.5           | 110              | 870         | 31                | <1                | 5          | 32          | 8                | 2                | 20        | 30         |
| Western BBQ 'n Bacon Double Steakburger™ | 700      | 330               | 36            | 12          | 1             | 80               | 1130        | 65                | <1                | 24         | 27          | 8                | 6                | 15        | 20         |
| Wisconsin Buttery Double Steakburger™    | 700      | 430               | 47            | 21          | 1.5           | 75               | 760         | 45                | <1                | 14         | 23          | 15               | 2                | 15        | 15         |
| 7x7 Steakburger™                         | 1330     | 880               | 98            | 45          | 3.5           | 290              | 4490        | 34                | 1                 | 6          | 74          | 30               | 2                | 60        | 50         |
| <b>CLASSIC MELTS</b>                     |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| All American Melt                        | 900      | 590               | 65            | 23          | 2             | 140              | 1340        | 35                | 2                 | 5          | 39          | 10               | 2                | 25        | 35         |
| Frisco Melt                              | 750      | 480               | 53            | 17          | 1             | 95               | 1160        | 41                | 1                 | 12         | 26          | 10               | 2                | 30        | 30         |
| Grilled Cheese Steakburger Melt          | 720      | 460               | 51            | 18          | 1             | 95               | 1550        | 35                | 2                 | 5          | 28          | 15               | 2                | 30        | 30         |
| Patty Melt                               | 650      | 360               | 40            | 14          | 1             | 80               | 1000        | 47                | 3                 | 18         | 25          | 8                | 4                | 20        | 30         |
| <b>STEAKBURGER SHOOTERS®</b>             |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| BBQ                                      | 140      | 50                | 6             | 2           | 0             | 15               | 250         | 16                | 0                 | 4          | 6           | 0                | 0                | 4         | 6          |
| BBQ with Cheese                          | 170      | 70                | 8             | 3.5         | 0             | 20               | 390         | 16                | 0                 | 5          | 7           | 2                | 0                | 8         | 6          |
| Chipotle                                 | 160      | 80                | 9             | 2.5         | 0             | 15               | 260         | 13                | 0                 | 2          | 6           | 0                | 0                | 2         | 6          |
| Chipotle with Cheese                     | 180      | 100               | 11            | 4           | 0             | 25               | 400         | 13                | 0                 | 2          | 7           | 2                | 0                | 6         | 6          |
| Frisco                                   | 160      | 80                | 9             | 2.5         | 0             | 15               | 280         | 14                | 0                 | 3          | 6           | 0                | 0                | 2         | 6          |
| Frisco with Cheese                       | 190      | 100               | 11            | 4           | 0             | 25               | 410         | 14                | 0                 | 3          | 7           | 2                | 0                | 8         | 6          |
| Garlic                                   | 250      | 170               | 19            | 5           | 0             | 25               | 520         | 13                | 0                 | 2          | 7           | 2                | 0                | 6         | 6          |
| Ketchup and Mustard                      | 140      | 50                | 6             | 2           | 0             | 15               | 290         | 15                | <1                | 3          | 6           | 0                | 0                | 2         | 6          |
| Ketchup and Mustard with Cheese          | 160      | 70                | 8             | 3.5         | 0             | 20               | 430         | 15                | <1                | 3          | 7           | 4                | 0                | 6         | 6          |

|                                    | calories | calories from fat | total fat (g) | sat fat (g) | trans fat (g) | cholesterol (mg) | sodium (mg) | carbohydrates (g) | dietary fiber (g) | sugars (g) | protein (g) | vitamin a (IU) % | vitamin c (mg) % | calcium % | iron(mg) % |
|------------------------------------|----------|-------------------|---------------|-------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|------------------|------------------|-----------|------------|
| Ketchup and Onion                  | 140      | 50                | 6             | 2           | 0             | 15               | 290         | 15                | <1                | 3          | 6           | 0                | 0                | 2         | 6          |
| Ketchup and Onion with Cheese      | 160      | 70                | 8             | 3.5         | 0             | 20               | 420         | 15                | <1                | 4          | 7           | 4                | 0                | 8         | 6          |
| Steakburger Shooter® - Plain       | 130      | 50                | 6             | 2           | 0             | 15               | 210         | 12                | 0                 | 2          | 6           | 0                | 0                | 2         | 6          |
| Steakburger Shooter® with Cheese   | 150      | 70                | 8             | 3.5         | 0             | 20               | 340         | 13                | 0                 | 2          | 7           | 2                | 0                | 6         | 6          |
| <b>SANDWICHES</b>                  |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| Bacon, Lettuce, 'n Tomato Sandwich | 380      | 160               | 18            | 4           | 0             | 40               | 860         | 40                | 2                 | 7          | 14          | 30               | 10               | 8         | 25         |
| Turkey Club Sandwich               | 520      | 210               | 24            | 7           | 0             | 85               | 1920        | 34                | 5                 | 10         | 37          | 45               | 15               | 25        | 15         |
| Grilled Cheese Sandwich            | 410      | 210               | 23            | 9           | 0             | 40               | 1130        | 37                | 1                 | 4          | 14          | 15               | 0                | 30        | 25         |
| Grilled Cheese 'n Bacon Sandwich   | 460      | 240               | 26            | 10          | 0             | 50               | 1290        | 37                | 1                 | 4          | 17          | 15               | 0                | 30        | 25         |
| Grilled Chicken Sandwich           | 370      | 110               | 12            | 1.5         | 0             | 55               | 980         | 51                | <1                | 8          | 25          | 25               | 4                | 8         | 10         |
| Spicy Chicken Sandwich             | 580      | 220               | 26            | 4.5         | 0             | 55               | 1780        | 51                | 4                 | 10         | 27          | 50               | 15               | 10        | 8          |
| Chicken Fingers (3)                | 370      | 180               | 20            | 3           | 0             | 55               | 920         | 26                | 2                 | 0          | 21          | 0                | 2                | 2         | 10         |
| Fish Plate (LTO)                   | 890      | 530               | 59            | 10          | 0             | 90               | 780         | 63                | 4                 | 6          | 25          | 4                | 2                | 4         | 15         |
| Fish Sandwich (LTO)                | 470      | 200               | 23            | 4           | 0             | 50               | 630         | 47                | 2                 | 5          | 21          | 25               | 2                | 6         | 20         |
| <b>GENUINE CHILI</b>               |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| Chili 3-way                        | 830      | 330               | 36            | 18          | 0             | 65               | 1490        | 94                | 12                | 9          | 33          | 25               | 10               | 10        | 45         |
| Chili 5-way                        | 1170     | 570               | 63            | 33          | 1.5           | 145              | 2030        | 99                | 14                | 11         | 53          | 45               | 15               | 70        | 50         |
| Chili Bowl                         | 880      | 420               | 47            | 23          | 0             | 85               | 2030        | 75                | 19                | 3          | 40          | 25               | 10               | 15        | 60         |
| Chili Cup                          | 440      | 210               | 24            | 12          | 0             | 40               | 1010        | 38                | 10                | 1          | 20          | 15               | 6                | 8         | 30         |
| Chili Deluxe - Bowl                | 1220     | 670               | 74            | 39          | 1.5           | 165              | 2560        | 81                | 20                | 5          | 61          | 45               | 15               | 80        | 60         |
| Chili Deluxe - Cup                 | 610      | 330               | 37            | 19          | 0.5           | 85               | 1280        | 40                | 10                | 2          | 31          | 25               | 8                | 40        | 30         |
| Chili Mac                          | 860      | 330               | 36            | 18          | 0             | 65               | 1210        | 104               | 6                 | 15         | 27          | 30               | 10               | 8         | 35         |
| Chili Mac Supreme                  | 1080     | 470               | 52            | 27          | 1             | 125              | 1500        | 109               | 6                 | 17         | 44          | 45               | 15               | 70        | 35         |
| <b>SIDES</b>                       |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| Applesauce                         | 90       | 0                 | 0             | 0           | 0             | 0                | 0           | 21                | 1                 | 19         | 0           | 2                | 110              | 0         | 0          |
| Baked Beans                        | 290      | 10                | 1             | 0           | 0             | <5               | 970         | 62                | 8                 | 29         | 9           | 10               | 2                | 20        | 25         |
| Cottage Cheese w/Pineapple Ring    | 150      | 50                | 6             | 4           | 0             | 35               | 230         | 10                | 0                 | 4          | 14          | 4                | 6                | 4         | 0          |
| Creamy Coleslaw                    | 140      | 100               | 11            | 1.5         | 0             | 20               | 190         | 10                | 1                 | 9          | <1          | 25               | 25               | 4         | 2          |
| Salsa (1oz.)                       | 0        | 0                 | 0             | 0           | 0             | 0                | 90          | 0                 | 0                 | 0          | 0           | 2                | 4                | 0         | 0          |
| Small Garden Salad                 | 45       | 10                | 1             | 0           | 0             | 0                | 105         | 8                 | 1                 | 2          | 2           | 50               | 20               | 2         | 4          |
| Vegetable Soup - Bowl              | 130      | 30                | 3             | 0.5         | 0             | 0                | 1740        | 24                | 3                 | 6          | 3           | 60               | 30               | 4         | 6          |
| Vegetable Soup - Cup               | 60       | 15                | 1.5           | 0           | 0             | 0                | 870         | 12                | 2                 | 3          | 2           | 30               | 15               | 2         | 4          |
| Cheese French Fries - Small        | 330      | 160               | 18            | 4.5         | 1.5           | 10               | 610         | 38                | 3                 | <1         | 5           | 2                | 0                | 10        | 4          |
| Cheese French Fries - Regular      | 620      | 320               | 35            | 9           | 3.5           | 20               | 1210        | 69                | 6                 | 2          | 11          | 4                | 0                | 17        | 10         |
| Cheese French Fries - Large        | 830      | 400               | 44            | 12          | 3.5           | 24               | 1280        | 97                | 8                 | 2          | 13          | 4                | 0                | 19        | 17         |
| Chili Cheese Fries - Small         | 450      | 230               | 26            | 9           | 1.5           | 25               | 910         | 45                | 5                 | 1          | 10          | 6                | 0                | 12        | 10         |
| Chili Cheese Fries - Regular       | 800      | 420               | 47            | 15          | 3.5           | 40               | 1650        | 81                | 9                 | 2          | 18          | 10               | 2                | 22        | 18         |
| Chili Cheese Fries - Large         | 1190     | 610               | 68            | 23          | 3.5           | 64               | 2160        | 120               | 14                | 3          | 27          | 15               | 2                | 29        | 35         |
| French Fries - Small               | 240      | 100               | 11            | 2           | 0             | 0                | 80          | 33                | 3                 | 0          | 2           | 0                | 0                | 2         | 4          |
| French Fries - Regular             | 440      | 190               | 21            | 4           | 0             | 0                | 140         | 60                | 6                 | 0          | 5           | 0                | 0                | 2         | 8          |
| French Fries - Large               | 640      | 270               | 30            | 6           | 0             | <5               | 210         | 87                | 8                 | <1         | 7           | 0                | 0                | 4         | 15         |
| Onion Rings - Regular              | 440      | 220               | 25            | 12          | 1             | 0                | 750         | 48                | 4                 | 5          | 6           | 0                | 0                | 4         | 4          |
| Onion Rings - Large                | 880      | 450               | 50            | 25          | 2             | 0                | 1500        | 95                | 7                 | 9          | 13          | 0                | 0                | 10        | 8          |
| Cajun Seasoned Fries - Small       | 250      | 100               | 11            | 2           | 0             | 0                | 170         | 33                | 3                 | 0          | 3           | 0                | 0                | 2         | 4          |
| Cajun Seasoned Fries - Regular     | 450      | 190               | 21            | 4           | 0             | 0                | 260         | 60                | 6                 | 0          | 5           | 0                | 0                | 2         | 8          |

|  | calories | calories from fat | total fat (g) | sat fat (g) | trans fat (g) | cholesterol (mg) | sodium (mg) | carbohydrates (g) | dietary fiber (g) | sugars (g) | protein (g) | vitamin a (IU) % | vitamin c (mg) % | calcium % | iron(mg) % |
|--|----------|-------------------|---------------|-------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|------------------|------------------|-----------|------------|
| Cajun Seasoned Fries - Large                             | 650      | 270               | 30            | 6           | 0             | <5               | 390         | 87                | 8                 | <1         | 7           | 0                | 0                | 4         | 15         |
| Parmesan Cheese 'n Herbs Seasoned Fries - Small          | 250      | 100               | 12            | 2           | 0             | 0                | 150         | 33                | 3                 | 0          | 3           | 0                | 0                | 2         | 4          |
| Parmesan Cheese 'n Herbs Seasoned Fries - Regular        | 450      | 190               | 21            | 4           | 0             | 0                | 290         | 60                | 6                 | 0          | 5           | 0                | 0                | 2         | 8          |
| Parmesan Cheese 'n Herbs Seasoned Fries - Large          | 650      | 270               | 30            | 6           | 0             | <5               | 420         | 87                | 8                 | <1         | 7           | 0                | 0                | 4         | 15         |
| Salt 'n Vinegar Seasoned Fries - Small                   | 250      | 100               | 11            | 2           | 0             | 0                | 260         | 33                | 3                 | 0          | 2           | 0                | 0                | 2         | 4          |
| Salt 'n Vinegar Seasoned Fries - Regular                 | 450      | 190               | 21            | 4           | 0             | 0                | 510         | 60                | 6                 | 0          | 5           | 0                | 0                | 2         | 8          |
| Salt 'n Vinegar Seasoned Fries - Large                   | 650      | 270               | 30            | 6           | 0             | <5               | 760         | 88                | 8                 | <1         | 7           | 0                | 0                | 4         | 15         |
| <b>SALADS</b>  |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| Fried Chicken Salad                                      | 470      | 230               | 26            | 6           | 0             | 75               | 1050        | 34                | 5                 | 4          | 27          | 120              | 40               | 20        | 15         |
| Garden Bowl Salad  | 400      | 240               | 27            | 13          | 0             | 60               | 550         | 24                | 7                 | 5          | 19          | 80               | 40               | 45        | 6          |
| Grilled Chicken Salad                                    | 270      | 90                | 10            | 3.5         | 0             | 65               | 860         | 30                | 3                 | 6          | 26          | 120              | 40               | 20        | 15         |
| Grilled Chicken Taco Salad                               | 590      | 390               | 44            | 10          | 0.5           | 85               | 1760        | 34                | 5                 | 7          | 28          | 80               | 35               | 35        | 10         |
| Beef Taco Salad  | 580      | 430               | 48            | 12          | 1             | 55               | 2250        | 26                | 6                 | 6          | 15          | 80               | 30               | 35        | 10         |
| Small Garden Salad                                       | 45       | 10                | 1             | 0           | 0             | 0                | 105         | 8                 | 1                 | 2          | 2           | 50               | 20               | 2         | 4          |
| <b>SALAD DRESSINGS</b>                                   |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| Blue Cheese - (1 oz)                                     | 130      | 120               | 13            | 2.5         | 0             | 10               | 270         | 1                 | 0                 | 1          | 1           | 0                | 0                | 2         | 0          |
| Honey French - (1 oz)                                    | 120      | 90                | 10            | 1.5         | 0             | 0                | 310         | 8                 | 0                 | 7          | 0           | 2                | 2                | 0         | 0          |
| Honey Mustard - (1 oz)                                   | 130      | 110               | 12            | 2           | 0             | 10               | 115         | 5                 | 0                 | 4          | 0           | 8                | 0                | 0         | 0          |
| Ranch - (1 oz)   | 150      | 140               | 16            | 2.5         | 0             | 10               | 260         | 1                 | 0                 | 1          | 0           | 0                | 0                | 0         | 0          |
| Thousand Island - (1 oz)                                 | 130      | 100               | 11            | 1.5         | 0             | 5                | 290         | 7                 | 0                 | 7          | 0           | 2                | 2                | 0         | 0          |
| Light Italian - (1 oz)                                   | 90       | 80                | 9             | 1.5         | 0             | 15               | 500         | 3                 | 0                 | 2          | <1          | 2                | 0                | 2         | 0          |
| <b>HAND-DIPPED Milkshakes</b>                            |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| Banana Milkshake - Kids                                  | 420      | 100               | 10            | 8           | 0             | 40               | 180         | 77                | 3                 | 59         | 12          | 10               | 25               | 35        | 2          |
| Banana Milkshake - Small                                 | 420      | 100               | 10            | 8           | 0             | 40               | 180         | 77                | 3                 | 59         | 12          | 10               | 25               | 35        | 2          |
| Banana Milkshake - Regular                               | 680      | 180               | 18            | 13          | 0             | 70               | 240         | 125               | 6                 | 92         | 17          | 15               | 45               | 50        | 4          |
| Birthday Cake Milkshake - Kids                           | 500      | 150               | 15            | 10          | 0             | 55               | 260         | 83                | 0                 | 71         | 12          | 8                | 6                | 40        | 2          |
| Birthday Cake Milkshake - Small                          | 500      | 150               | 16            | 10          | 0             | 55               | 260         | 83                | 0                 | 71         | 12          | 8                | 6                | 40        | 2          |
| Birthday Cake Milkshake - Regular                        | 820      | 260               | 27            | 17          | 0             | 95               | 410         | 135               | 0                 | 115        | 16          | 10               | 8                | 50        | 4          |
| Black Raspberry Chocolate Chip Milkshake - Kids (LTO)    | 660      | 270               | 31            | 20          | 0             | 85               | 160         | 89                | 2                 | 77         | 14          | 15               | 2                | 30        | 10         |
| Black Raspberry Chocolate Chip Milkshake - Small (LTO)   | 660      | 270               | 31            | 20          | 0             | 85               | 160         | 89                | 2                 | 77         | 14          | 15               | 2                | 30        | 10         |
| Black Raspberry Chocolate Chip Milkshake - Regular (LTO) | 930      | 390               | 44            | 28          | 0             | 130              | 220         | 130               | 2                 | 114        | 20          | 20               | 2                | 40        | 10         |
| Butterfinger® Milkshake - Kids                           | 520      | 150               | 16            | 11          | 0             | 40               | 250         | 89                | <1                | 73         | 12          | 8                | 6                | 40        | 2          |
| Butterfinger® Milkshake - Small                          | 520      | 150               | 16            | 11          | 0             | 40               | 250         | 89                | <1                | 73         | 12          | 8                | 6                | 40        | 2          |
| Butterfinger® Milkshake - Regular                        | 740      | 230               | 23            | 16          | 0             | 70               | 320         | 126               | <1                | 106        | 16          | 10               | 8                | 50        | 2          |
| Chocolate Banana Milkshake - Kids                        | 470      | 130               | 13            | 10          | 0             | 50               | 200         | 83                | 2                 | 65         | 11          | 8                | 15               | 35        | 4          |
| Chocolate Banana Milkshake - Small                       | 470      | 130               | 13            | 10          | 0             | 50               | 200         | 83                | 2                 | 65         | 11          | 8                | 15               | 35        | 4          |
| Chocolate Banana Milkshake - Regular                     | 690      | 180               | 18            | 14          | 0             | 70               | 280         | 126               | 4                 | 97         | 16          | 10               | 25               | 50        | 6          |
| Chocolate Covered Strawberry Milkshake - Kids            | 490      | 180               | 18            | 14          | 0             | 55               | 210         | 75                | 1                 | 64         | 12          | 8                | 25               | 40        | 4          |
| Chocolate Covered Strawberry Milkshake - Small           | 490      | 180               | 18            | 14          | 0             | 55               | 210         | 75                | 1                 | 64         | 12          | 8                | 25               | 40        | 4          |
| Chocolate Covered Strawberry Milkshake - Regular         | 720      | 240               | 25            | 20          | 0             | 70               | 300         | 116               | 2                 | 97         | 17          | 10               | 40               | 60        | 10         |
| Chocolate Fudge Brownie Milkshake - Kids                 | 620      | 180               | 20            | 12          | 0             | 45               | 290         | 104               | 2                 | 82         | 14          | 8                | 6                | 40        | 10         |
| Chocolate Fudge Brownie Milkshake - Small                | 620      | 180               | 20            | 12          | 0             | 45               | 290         | 104               | 2                 | 82         | 14          | 8                | 6                | 40        | 10         |
| Chocolate Fudge Brownie Milkshake - Regular              | 960      | 300               | 31            | 21          | 0             | 75               | 410         | 163               | 4                 | 127        | 19          | 10               | 8                | 60        | 20         |
| Chocolate Milkshake - Kids                               | 410      | 130               | 13            | 10          | 0             | 50               | 200         | 70                | <1                | 58         | 11          | 8                | 6                | 35        | 2          |
| Chocolate Milkshake - Small                              | 410      | 130               | 13            | 10          | 0             | 50               | 200         | 70                | <1                | 58         | 11          | 8                | 6                | 35        | 2          |

|   | calories | calories from fat | total fat (g) | sat fat (g) | trans fat (g) | cholesterol (mg) | sodium (mg) | carbohydrates (g) | dietary fiber (g) | sugars (g) | protein (g) | vitamin a (IU) % | vitamin c (mg) % | calcium % | iron(mg) % |
|---|----------|-------------------|---------------|-------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|------------------|------------------|-----------|------------|
| Chocolate Milkshake - Regular               | 580      | 180               | 18            | 13          | 0             | 70               | 280         | 99                | 1                 | 82         | 15          | 10               | 8                | 50        | 4          |
| Chocolate Peanut Butter Milkshake - Kids    | 540      | 210               | 23            | 10          | 0             | 40               | 320         | 74                | 3                 | 59         | 17          | 8                | 6                | 40        | 10         |
| Chocolate Peanut Butter Milkshake - Small   | 540      | 210               | 24            | 10          | 0             | 40               | 320         | 74                | 3                 | 59         | 17          | 8                | 6                | 40        | 10         |
| Chocolate Peanut Butter Milkshake - Regular | 920      | 390               | 43            | 18          | 0             | 70               | 520         | 119               | 6                 | 94         | 28          | 10               | 8                | 50        | 20         |
| Cookie Dough Milkshake - Kids               | 520      | 150               | 15            | 10          | 0             | 40               | 260         | 88                | <1                | 73         | 12          | 8                | 6                | 35        | 0          |
| Cookie Dough Milkshake - Small              | 520      | 150               | 15            | 10          | 0             | 40               | 260         | 88                | <1                | 73         | 12          | 8                | 6                | 35        | 0          |
| Cookie Dough Milkshake - Regular            | 740      | 220               | 23            | 16          | 0             | 70               | 320         | 125               | <1                | 106        | 16          | 10               | 8                | 50        | 0          |
| Dark Chocolate Milkshake - Kids             | 460      | 130               | 14            | 10          | 0             | 40               | 200         | 78                | 1                 | 68         | 12          | 8                | 6                | 40        | 4          |
| Dark Chocolate Milkshake - Small            | 460      | 130               | 14            | 10          | 0             | 40               | 200         | 78                | 1                 | 68         | 12          | 8                | 6                | 40        | 4          |
| Dark Chocolate Milkshake - Regular          | 680      | 210               | 22            | 16          | 0             | 70               | 290         | 116               | 2                 | 102        | 16          | 10               | 8                | 50        | 10         |
| Double Chocolate Fudge Milkshake - Kids     | 550      | 170               | 17            | 14          | 0             | 45               | 240         | 93                | 2                 | 76         | 13          | 8                | 6                | 40        | 8          |
| Double Chocolate Fudge Milkshake - Small    | 550      | 170               | 17            | 14          | 0             | 45               | 240         | 93                | 2                 | 76         | 13          | 8                | 6                | 40        | 8          |
| Double Chocolate Fudge Milkshake - Regular  | 880      | 280               | 29            | 23          | 0             | 70               | 360         | 147               | 3                 | 118        | 18          | 10               | 8                | 60        | 15         |
| Heath Bar Milkshake - Kids                  | 510      | 160               | 18            | 11          | 0             | 45               | 290         | 80                | <1                | 75         | 13          | 10               | 0                | 40        | 0          |
| Heath Bar Milkshake - Small                 | 510      | 160               | 18            | 11          | 0             | 45               | 290         | 80                | <1                | 75         | 13          | 10               | 0                | 40        | 0          |
| Heath Bar Milkshake - Regular               | 730      | 230               | 26            | 16          | 0             | 70               | 390         | 114               | <1                | 105        | 17          | 15               | 0                | 60        | 0          |
| M&M's® Milkshake - Kids                     | 550      | 160               | 17            | 12          | 0             | 45               | 210         | 92                | 1                 | 82         | 12          | 10               | 6                | 40        | 2          |
| M&M's® Milkshake - Small                    | 550      | 160               | 17            | 12          | 0             | 45               | 210         | 92                | 1                 | 82         | 12          | 10               | 6                | 40        | 2          |
| M&M's® Milkshake - Regular                  | 770      | 240               | 25            | 17          | 0             | 70               | 270         | 129               | 1                 | 115        | 16          | 10               | 8                | 50        | 2          |
| Nutella® Milkshake - Kids                   | 490      | 190               | 20            | 11          | 0             | 40               | 190         | 70                | 1                 | 62         | 12          | 10               | 6                | 70        | 0          |
| Nutella® Milkshake - Small                  | 490      | 190               | 20            | 11          | 0             | 40               | 190         | 70                | 1                 | 62         | 12          | 10               | 6                | 70        | 0          |
| Nutella® Milkshake - Regular                | 800      | 350               | 37            | 20          | 0             | 70               | 260         | 109               | 2                 | 97         | 18          | 10               | 8                | 110       | 2          |
| Oreo® Cookies 'n Cream Milkshake - Kids     | 500      | 140               | 15            | 9           | 0             | 40               | 280         | 84                | <1                | 68         | 12          | 8                | 6                | 35        | 6          |
| Oreo® Cookies 'n Cream Milkshake - Small    | 500      | 140               | 15            | 9           | 0             | 40               | 280         | 84                | <1                | 68         | 12          | 8                | 6                | 35        | 6          |
| Oreo® Cookies 'n Cream Milkshake - Regular  | 720      | 220               | 23            | 15          | 0             | 70               | 350         | 121               | <1                | 102        | 15          | 10               | 8                | 50        | 6          |
| Oreo® Mint Milkshake - Kids                 | 550      | 170               | 18            | 11          | 0             | 50               | 280         | 91                | <1                | 78         | 11          | 8                | 6                | 35        | 6          |
| Oreo® Mint Milkshake - Small                | 550      | 170               | 18            | 11          | 0             | 50               | 280         | 91                | <1                | 78         | 11          | 8                | 6                | 35        | 6          |
| Oreo® Mint Milkshake - Regular              | 710      | 220               | 23            | 14          | 0             | 70               | 350         | 118               | <1                | 102        | 15          | 10               | 8                | 50        | 6          |
| Oreo® Red Velvet Milkshake - Kids           | 610      | 180               | 19            | 10          | 0             | 55               | 380         | 101               | 1                 | 82         | 13          | 8                | 6                | 40        | 8          |
| Oreo® Red Velvet Milkshake - Small          | 610      | 180               | 19            | 10          | 0             | 55               | 380         | 101               | 1                 | 82         | 13          | 8                | 6                | 40        | 8          |
| Oreo® Red Velvet Milkshake - Regular        | 940      | 290               | 42            | 17          | 0             | 95               | 550         | 156               | 2                 | 128        | 18          | 10               | 8                | 50        | 8          |
| Mocha Milkshake - Kids                      | 380      | 100               | 10            | 8           | 0             | 40               | 180         | 67                | 0                 | 60         | 11          | 8                | 6                | 40        | 2          |
| Mocha Milkshake - Small                     | 380      | 100               | 10            | 8           | 0             | 40               | 180         | 67                | 0                 | 60         | 11          | 8                | 6                | 40        | 2          |
| Mocha Milkshake - Regular                   | 600      | 180               | 18            | 13          | 0             | 70               | 250         | 104               | <1                | 95         | 15          | 10               | 8                | 50        | 4          |
| Orange Freeze - Kids                        | 360      | 90                | 9             | 7           | 0             | 35               | 160         | 64                | 0                 | 58         | 9           | 6                | 6                | 30        | 0          |
| Orange Freeze - Small                       | 360      | 90                | 9             | 7           | 0             | 35               | 160         | 64                | 0                 | 58         | 9           | 6                | 6                | 30        | 0          |
| Orange Freeze - Regular                     | 580      | 170               | 17            | 12          | 0             | 60               | 220         | 102               | 0                 | 94         | 13          | 8                | 10               | 40        | 0          |
| Peanut Butter Milkshake - Kids              | 530      | 210               | 23            | 10          | 0             | 40               | 290         | 71                | 2                 | 61         | 17          | 8                | 6                | 40        | 6          |
| Peanut Butter Milkshake - Small             | 530      | 210               | 24            | 10          | 0             | 40               | 290         | 71                | 2                 | 61         | 17          | 8                | 6                | 40        | 6          |
| Peanut Butter Milkshake - Regular           | 840      | 390               | 43            | 18          | 0             | 70               | 470         | 98                | 4                 | 82         | 27          | 10               | 8                | 50        | 15         |
| Peanut Butter Cup Milkshake - Kids          | 540      | 180               | 19            | 12          | 0             | 45               | 220         | 86                | <1                | 76         | 13          | 15               | 6                | 60        | 2          |
| Peanut Butter Cup Milkshake - Small         | 540      | 180               | 19            | 12          | 0             | 45               | 220         | 86                | <1                | 76         | 13          | 15               | 6                | 60        | 2          |
| Peanut Butter Cup Milkshake - Regular       | 760      | 250               | 26            | 18          | 0             | 70               | 280         | 123               | <1                | 108        | 16          | 20               | 8                | 80        | 2          |
| Salted Caramel Milkshake - Kids             | 450      | 130               | 13            | 10          | 0             | 50               | 600         | 78                | 0                 | 71         | 36          | 8                | 6                | 35        | 0          |
| Salted Caramel Milkshake - Small            | 450      | 130               | 13            | 10          | 0             | 50               | 600         | 78                | 0                 | 71         | 36          | 8                | 6                | 35        | 0          |
| Salted Caramel Milkshake - Regular          | 610      | 180               | 18            | 13          | 0             | 70               | 800         | 106               | 0                 | 97         | 49          | 10               | 8                | 50        | 0          |
| Snickers Shake - Kids                       | 450      | 130               | 14            | 9           | 0             | 40               | 220         | 74                | 0                 | 65         | 12          | 8                | 6                | 40        | 0          |
| Snickers Shake - Small                      | 450      | 130               | 14            | 9           | 0             | 40               | 220         | 74                | 0                 | 65         | 12          | 8                | 6                | 40        | 0          |

|  | calories | calories from fat | total fat (g) | sat fat (g) | trans fat (g) | cholesterol (mg) | sodium (mg) | carbohydrates (g) | dietary fiber (g) | sugars (g) | protein (g) | vitamin a (IU) % | vitamin c (mg) % | calcium % | iron (mg) % |
|--|----------|-------------------|---------------|-------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|------------------|------------------|-----------|-------------|
| Snickers Shake - Regular                     | 670      | 210               | 21            | 15          | 0             | 70               | 290         | 112               | 0                 | 98         | 16          | 10               | 8                | 50        | 0           |
| Strawberry Banana Milkshake - Kids           | 400      | 100               | 10            | 8           | 0             | 40               | 180         | 71                | 2                 | 58         | 11          | 10               | 30               | 35        | 2           |
| Strawberry Banana Milkshake - Small          | 400      | 100               | 10            | 8           | 0             | 40               | 180         | 71                | 2                 | 58         | 11          | 10               | 30               | 35        | 2           |
| Strawberry Banana Milkshake - Regular        | 640      | 180               | 18            | 13          | 0             | 70               | 240         | 113               | 4                 | 91         | 16          | 10               | 60               | 50        | 2           |
| Strawberry Milkshake - Kids                  | 430      | 130               | 13            | 10          | 0             | 50               | 180         | 75                | 0                 | 69         | 10          | 8                | 10               | 35        | 0           |
| Strawberry Milkshake - Small                 | 430      | 130               | 13            | 10          | 0             | 50               | 180         | 75                | 0                 | 69         | 10          | 8                | 10               | 35        | 0           |
| Strawberry Milkshake - Regular               | 600      | 180               | 18            | 13          | 0             | 70               | 250         | 102               | 0                 | 94         | 14          | 10               | 15               | 50        | 0           |
| Turtle Caramel Nut Milkshake - Kids          | 570      | 160               | 16            | 12          | 0             | 45               | 300         | 99                | <1                | 79         | 13          | 10               | 6                | 45        | 4           |
| Turtle Caramel Nut Milkshake - Small         | 570      | 160               | 16            | 12          | 0             | 45               | 300         | 99                | <1                | 79         | 13          | 10               | 6                | 45        | 4           |
| Turtle Caramel Nut Milkshake - Regular       | 810      | 240               | 25            | 18          | 0             | 75               | 380         | 137               | <1                | 113        | 18          | 15               | 10               | 60        | 4           |
| Ultimate Banana Milkshake - Kids             | 440      | 130               | 13            | 10          | 0             | 50               | 180         | 77                | 2                 | 65         | 11          | 8                | 15               | 35        | 0           |
| Ultimate Banana Milkshake - Small            | 440      | 130               | 13            | 10          | 0             | 50               | 180         | 77                | 2                 | 65         | 11          | 8                | 15               | 35        | 0           |
| Ultimate Banana Milkshake - Regular          | 640      | 180               | 18            | 13          | 0             | 70               | 250         | 115               | 3                 | 94         | 16          | 10               | 25               | 50        | 2           |
| Vanilla Milkshake - Kids                     | 410      | 100               | 10            | 8           | 0             | 40               | 170         | 74                | 0                 | 65         | 10          | 8                | 6                | 35        | 0           |
| Vanilla Milkshake - Small                    | 410      | 100               | 10            | 8           | 0             | 40               | 170         | 74                | 0                 | 65         | 10          | 8                | 6                | 35        | 0           |
| Vanilla Milkshake - Regular                  | 600      | 180               | 18            | 13          | 0             | 70               | 240         | 104               | 0                 | 92         | 14          | 10               | 8                | 50        | 0           |
| Very Berry Strawberry Milkshake - Kids       | 350      | 100               | 10            | 8           | 0             | 40               | 180         | 57                | <1                | 51         | 11          | 8                | 25               | 35        | 0           |
| Very Berry Strawberry Milkshake - Small      | 350      | 100               | 10            | 8           | 0             | 40               | 180         | 57                | <1                | 51         | 11          | 8                | 25               | 35        | 0           |
| Very Berry Strawberry Milkshake - Regular    | 530      | 180               | 18            | 13          | 0             | 70               | 240         | 86                | <1                | 77         | 14          | 10               | 40               | 50        | 0           |
|  |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |             |
| <b>SIGNATURE STEAK FRANKS</b>                |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |             |
| Chicago Style Steak Frank                    | 420      | 250               | 27            | 10          | 1             | 60               | 1580        | 30                | 2                 | 9          | 15          | 2                | 6                | 8         | 20          |
| Chili Cheese Steak Frank                     | 620      | 390               | 44            | 19          | 1.5           | 105              | 1590        | 31                | 3                 | 4          | 26          | 10               | 2                | 30        | 25          |
| Steak Frank                                  | 380      | 240               | 27            | 10          | 1             | 60               | 1120        | 22                | <1                | 3          | 14          | 0                | 0                | 6         | 20          |
|  |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |             |
| <b>FOOTLONG HOT DOGS</b>                     |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |             |
| Chili Cheese Footlong Hot Dog                | 720      | 440               | 49            | 10          | 1.5           | 105              | 1870        | 43                | 3                 | 6          | 28          | 10               | 4                | 20        | 15          |
| Classic Footlong Hot Dog                     | 520      | 310               | 35            | 2           | 1             | 70               | 1480        | 34                | 1                 | 4          | 19          | 0                | 0                | 2         | 8           |
|  |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |             |
| <b>KIDS PLATES</b>                           |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |             |
| Chicken Finger (2) and Fries                 | 400      | 190               | 21            | 3.5         | 0             | 40               | 660         | 38                | 3                 | 0          | 16          | 0                | 2                | 2         | 10          |
| Grilled Cheese and Fries                     | 570      | 270               | 30            | 10          | 0             | 40               | 1180        | 58                | 3                 | 4          | 15          | 15               | 0                | 30        | 25          |
| Mac and Cheese                               | 170      | 45                | 5             | 1.5         | 0             | 10               | 340         | 26                | 1                 | 5          | 6           | 0                | 0                | 15        | 6           |
| Mac and Cheese w/Applesauce                  | 260      | 45                | 5             | 1.5         | 0             | 10               | 340         | 47                | 2                 | 24         | 6           | 2                | 110              | 15        | 6           |
| Mini Corn Dogs 'n Fries                      | 200      | 80                | 9             | 2.5         | 0             | 30               | 470         | 23                | <1                | 5          | 7           | 0                | 0                | 4         | 8           |
| Steakburger™ and Fries                       | 430      | 170               | 19            | 6           | 0             | 30               | 360         | 51                | 3                 | 5          | 14          | 0                | 2                | 6         | 25          |
| Steakburger™ w/Cheese and Fries              | 480      | 210               | 23            | 8           | 0.5           | 40               | 620         | 52                | 3                 | 5          | 16          | 4                | 2                | 15        | 25          |
| Steakburger™ Minis (2) and Fries             | 310      | 150               | 17            | 7           | 0.5           | 40               | 530         | 26                | <1                | 3          | 14          | 4                | 0                | 15        | 10          |
| Steakburger™ Minis (2) With Cheese and Fries | 400      | 170               | 19            | 6           | 0             | 30               | 310         | 46                | 3                 | 3          | 13          | 0                | 0                | 6         | 15          |
| Steak Frank and Fries                        | 540      | 310               | 34            | 12          | 1             | 60               | 1170        | 43                | 3                 | 3          | 15          | 0                | 0                | 6         | 20          |
|  |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |             |
| <b>DESSERTS</b>                              |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |             |
| Chocolate Chip Cookie                        | 200      | 90                | 10            | 4.5         | 0             | 10               | 180         | 25                | 1                 | 14         | 2           | 6                | 0                | 0         | 6           |
| Coke Float                                   | 520      | 200               | 22            | 14          | 0.5           | 100              | 140         | 74                | 0                 | 64         | 6           | 15               | 0                | 25        | 2           |
| Hot Fudge Sundae                             | 460      | 200               | 23            | 16          | 0             | 50               | 160         | 61                | 2                 | 46         | 7           | 8                | 0                | 20        | 10          |
| Oreo® Ice Cream Sandwich                     | 240      | 90                | 10            | 4           | 0             | 20               | 35          | 36                | 1                 | 19         | 4           | 210              | 0                | 90        | 2           |
| Root Beer Float                              | 530      | 200               | 22            | 14          | 0.5           | 100              | 170         | 78                | 0                 | 70         | 6           | 15               | 0                | 25        | 0           |
| Strawberry Sundae                            | 300      | 130               | 15            | 9           | 0             | 50               | 90          | 40                | <1                | 33         | 4           | 8                | 15               | 15        | 0           |

|  | calories | calories from fat | total fat (g) | sat fat (g) | trans fat (g) | cholesterol (mg) | sodium (mg) | carbohydrates (g) | dietary fiber (g) | sugars (g) | protein (g) | vitamin a (IU) % | vitamin c (mg) % | calcium % | iron(mg) % |
|--|----------|-------------------|---------------|-------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|------------------|------------------|-----------|------------|
| Brownie Fudge Sundae                               | 810      | 370               | 41            | 26          | 0             | 75               | 460         | 106               | 3                 | 71         | 9           | 6                | 0                | 15        | 20         |
| <b>DRINKS</b>                                      |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| Coca-Cola® Classic - (20 fl oz glass w/ice)        | 170      | 0                 | 0             | 0           | 0             | 0                | 5           | 47                | 0                 | 47         | 0           | 0                | 0                | 0         | 0          |
| Coke Zero® - (20 fl oz glass w/ice)                | 0        | 0                 | 0             | 0           | 0             | 0                | 5           | 0                 | 0                 | 0          | 0           | 0                | 0                | 0         | 0          |
| Diet Coke® - (20 fl oz glass w/ice)                | 0        | 0                 | 0             | 0           | 0             | 0                | 15          | 0                 | 0                 | 0          | 0           | 0                | 0                | 0         | 0          |
| Diet Coke® Caffeine-free - (20 fl oz glass w/ice)  | 0        | 0                 | 0             | 0           | 0             | 0                | 15          | 0                 | 0                 | 0          | 0           | 0                | 0                | 0         | 0          |
| Sprite® - (20 fl oz glass w/ice)                   | 170      | 0                 | 0             | 0           | 0             | 0                | 40          | 45                | 0                 | 45         | 0           | 0                | 0                | 0         | 0          |
| Barq's® Root Beer - (20 fl oz glass w/ice)         | 190      | 0                 | 0             | 0           | 0             | 0                | 40          | 52                | 0                 | 52         | 0           | 0                | 0                | 0         | 0          |
| Dr Pepper® - (20 fl oz glass w/ice)                | 170      | 0                 | 0             | 0           | 0             | 0                | 40          | 44                | 0                 | 44         | 0           | 0                | 0                | 0         | 0          |
| Hi-C Flashin' Fruit Punch - (20 fl oz glass w/ice) | 180      | 0                 | 0             | 0           | 0             | 0                | 15          | 48                | 0                 | 48         | 0           | 0                | 170              | 0         | 0          |
| Cherry Limeade - (20 fl oz glass w/ice)            | 210      | 0                 | 0             | 0           | 0             | 0                | 40          | 56                | 0                 | 55         | 0           | 0                | 6                | 0         | 0          |
| Minute Maid Lemonade - (20 fl oz glass w/ice)      | 170      | 0                 | 0             | 0           | 0             | 0                | 70          | 44                | 0                 | 44         | 0           | 0                | 0                | 0         | 0          |
| Fanta® Orange (20 fl oz glass w/ice)               | 180      | 0                 | 0             | 0           | 0             | 0                | 0           | 49                | 0                 | 49         | 0           | 0                | 0                | 0         | 0          |
| Nestle® Pure Life Bottled Water - (16.9 fl oz)     | 0        | 0                 | 0             | 0           | 0             | 0                | 0           | 0                 | 0                 | 0          | 0           | 0                | 0                | 0         | 0          |
| Red Bull® Energy Drink - (8.4 fl oz)               | 110      | 0                 | 0             | 0           | 0             | 0                | 100         | 28                | 0                 | 27         | 0           | 0                | 0                | 0         | 0          |
| Red Bull® Energy drink Sugar free - (8.4 fl oz)    | 10       | 0                 | 0             | 0           | 0             | 0                | 100         | 3                 | 0                 | 0          | 0           | 0                | 0                | 0         | 0          |
| Iced Tea - Unsweetened - (20 fl oz glass w/ice)    | 0        | 0                 | 0             | 0           | 0             | 0                | 10          | 1                 | 0                 | 0          | 0           | 0                | 0                | 0         | 0          |
| Iced Tea - Sweetened - (20 fl oz glass w/ice)      | 170      | 0                 | 0             | 0           | 0             | 0                | 10          | 44                | 0                 | 42         | 0           | 0                | 0                | 0         | 0          |
| Hot Tea - (8 fl oz mug)                            | 0        | 0                 | 0             | 0           | 0             | 0                | 5           | <1                | 0                 | 0          | 0           | 0                | 0                | 0         | 0          |
| Hot Chocolate - (8 fl oz mug)                      | 110      | 35                | 3.5           | 3           | 0             | 50               | 160         | 17                | 0                 | 9          | <1          | 0                | 0                | 30        | 4          |
| Premium Blend Coffee - Regular - (8 fl oz mug)     | 0        | 0                 | 0             | 0           | 0             | 0                | 0           | 0                 | 0                 | 0          | 0           | 0                | 0                | 0         | 0          |
| Premium Blend Coffee - Decaf - (8 fl oz mug)       | 0        | 0                 | 0             | 0           | 0             | 0                | 0           | 0                 | 0                 | 0          | 0           | 0                | 0                | 0         | 0          |
| Milk - Reduced fat - (12 fl oz glass)              | 150      | 50                | 6             | 4           | 0             | 25               | 125         | 14                | 0                 | 15         | 10          | 10               | 2                | 35        | 0          |
| Chocolate Milk - reduced fat - (12 fl oz glass)    | 240      | 50                | 6             | 3.5         | 0             | 25               | 210         | 28                | 2                 | 30         | 9           | 15               | 0                | 35        | 4          |
| <b>BREAKFAST</b>                                   |          |                   |               |             |               |                  |             |                   |                   |            |             |                  |                  |           |            |
| Bagel Sandwich w/bacon                             | 450      | 150               | 16            | 7           | 0             | 275              | 1200        | 51                | 2                 | 5          | 24          | 10               | 0                | 15        | 25         |
| Bagel Sandwich w/sausage                           | 570      | 260               | 29            | 11          | 0             | 275              | 1240        | 50                | 2                 | 4          | 26          | 10               | 0                | 20        | 30         |
| Bagel Sandwich w/Steakburger                       | 470      | 160               | 18            | 8           | 0.5           | 195              | 920         | 51                | 2                 | 4          | 24          | 8                | 0                | 20        | 30         |
| Sausage Biscuit                                    | 520      | 340               | 28            | 21          | 0             | 50               | 1240        | 30                | 1                 | 3          | 12          | 0                | 0                | 4         | 20         |
| Egg and Cheese Biscuit                             | 450      | 270               | 30            | 19          | 0             | 225              | 1140        | 31                | <1                | 4          | 13          | 10               | 0                | 15        | 15         |
| Sausage and Egg Biscuit                            | 600      | 400               | 44            | 23          | 0             | 265              | 1310        | 31                | 1                 | 3          | 19          | 6                | 0                | 8         | 25         |
| Sausage, Egg and Cheese Biscuit                    | 650      | 430               | 48            | 26          | 0             | 275              | 1570        | 31                | 1                 | 4          | 21          | 10               | 0                | 15        | 25         |
| Bacon, Egg and Cheese Biscuit                      | 520      | 320               | 35            | 21          | 0             | 275              | 1530        | 32                | <1                | 5          | 19          | 10               | 0                | 15        | 15         |
| Breakfast Bowl with Hash Browns                    | 420      | 320               | 35            | 8           | 0.5           | 150              | 500         | 16                | 2                 | 1          | 10          | 8                | 15               | 15        | 6          |
| Breakfast Bowl without Hash Browns                 | 240      | 160               | 18            | 7           | 0.5           | 295              | 520         | 5                 | <1                | 2          | 15          | 15               | 15               | 20        | 6          |
| Cheddar Scrambler (a la carte)                     | 600      | 430               | 47            | 16          | 0             | 700              | 730         | 10                | 0                 | 9          | 31          | 20               | 2                | 20        | 25         |
| California Skillet - Chicken                       | 670      | 380               | 43            | 10          | 0             | 525              | 1770        | 40                | 5                 | 6          | 42          | 25               | 45               | 25        | 15         |
| California Skillet - Sausage                       | 760      | 520               | 58            | 16          | 0             | 525              | 1660        | 28                | 5                 | 5          | 31          | 25               | 45               | 25        | 20         |
| Country Skillet                                    | 1240     | 850               | 94            | 36          | 4             | 450              | 2520        | 63                | 3                 | 4          | 31          | 20               | 10               | 15        | 35         |
| Portobello and Swiss Skillet                       | 1020     | 760               | 83            | 21          | 0             | 610              | 1670        | 28                | 3                 | 6          | 36          | 15               | 15               | 30        | 25         |
| Sausage Gravy and Biscuits (full order)            | 1070     | 670               | 74            | 43          | 8             | 55               | 3150        | 86                | 2                 | 7          | 13          | 6                | 0                | 8         | 30         |
| Sausage Gravy and Biscuits (half order)            | 540      | 330               | 37            | 21          | 4             | 25               | 1580        | 43                | 1                 | 3          | 7           | 2                | 0                | 4         | 15         |
| 1 Egg (over easy, medium, hard)                    | 80       | 50                | 5             | 1.5         | 0             | 185              | 70          | 0                 | 0                 | 0          | 6           | 6                | 0                | 2         | 4          |
| 1 Egg (scrambled)                                  | 80       | 50                | 6             | 2           | 0             | 190              | 75          | <1                | 0                 | 0          | 6           | 6                | 0                | 4         | 4          |
| 2 Eggs (over easy, medium, hard)                   | 150      | 90                | 10            | 3           | 0             | 370              | 140         | <1                | 0                 | 0          | 13          | 10               | 0                | 6         | 10         |
| 2 Eggs (scrambled)                                 | 160      | 100               | 11            | 4           | 0             | 375              | 150         | 1                 | 0                 | 0          | 13          | 10               | 0                | 6         | 10         |

|   | calories | calories from fat | total fat (g) | sat fat (g) | trans fat (g) | cholesterol (mg) | sodium (mg) | carbohydrates (g) | dietary fiber (g) | sugars (g) | protein (g) | vitamin a (IU) % | vitamin c (mg) % | calcium % | iron(mg) % |
|---|----------|-------------------|---------------|-------------|---------------|------------------|-------------|-------------------|-------------------|------------|-------------|------------------|------------------|-----------|------------|
| Side Order Bacon (2 slices)                                 | 100      | 60                | 7             | 2.5         | 0             | 25               | 330         | <1                | 0                 | <1         | 8           | 0                | 0                | 4         | 0          |
| Side Order Bacon (4 slices)                                 | 200      | 130               | 14            | 5           | 0             | 55               | 660         | 1                 | 0                 | 1          | 16          | 2                | 0                | 6         | 0          |
| Side Order Sausage (1 patty)                                | 200      | 160               | 18            | 6           | 0             | 50               | 430         | 0                 | 0                 | 0          | 9           | 0                | 0                | 0         | 8          |
| Side Order Sausage (2 patties)                              | 410      | 320               | 36            | 12          | 0             | 95               | 860         | <1                | 0                 | 0          | 17          | 2                | 0                | 2         | 15         |
| Side Order Pancakes - a la carte (2 incl. butter and syrup) | 540      | 140               | 16            | 9           | 0             | 45               | 1100        | 94                | 1                 | 41         | 6           | 8                | 0                | 20        | 15         |
| Side Order Hash Browns (5 pieces)                           | 260      | 160               | 17            | 6           | 0             | 0                | 570         | 23                | 2                 | 0          | 3           | 0                | 0                | 2         | 2          |
| Side Order Shredded Hash Browns                             | 320      | 240               | 26            | 3.5         | 0             | 0                | 300         | 19                | 2                 | 0          | 2           | 0                | 10               | 2         | 2          |
| Side Order Biscuit (1)                                      | 310      | 180               | 20            | 15          | 0             | 0                | 810         | 30                | <1                | 3          | 3           | 0                | 0                | 4         | 10         |
| Potato and Egg Taco   | 120      | 80                | 9             | 2           | 0             | 85               | 170         | 5                 | 0                 | <1         | 4           | 2                | 2                | 2         | 2          |
| Sausage, Egg and Cheese Taco                                | 180      | 90                | 10            | 4           | 1             | 105              | 360         | 17                | 0                 | <1         | 6           | 4                | 4                | 10        | 10         |
| Toast - Rye (buttered)                                      | 240      | 90                | 10            | 1.5         | 0             | 0                | 440         | 30                | 2                 | 1          | 6           | 0                | 0                | 4         | 20         |
| Toast - Sourdough (buttered)                                | 230      | 90                | 10            | 1.5         | 0             | 0                | 370         | 30                | 1                 | 1          | 5           | 0                | 0                | 6         | 20         |
| Toast - Thick White (buttered)                              | 260      | 90                | 10            | 1.5         | 0             | 0                | 360         | 36                | 1                 | 3          | 6           | 0                | 0                | 6         | 25         |
| Toast - Wheat (buttered)                                    | 210      | 90                | 10            | 1.5         | 0             | 0                | 270         | 26                | 2                 | 4          | 5           | 0                | 0                | 4         | 20         |
| French Toast Sticks   | 550      | 160               | 18            | 3           | 0             | 0                | 620         | 90                | 1                 | 36         | 6           | 0                | 0                | 8         | 15         |
| Pancakes - Bread Side (2 incl. butter and syrup)            | 430      | 130               | 14            | 8           | 0             | 40               | 670         | 73                | <1                | 37         | 3           | 8                | 0                | 10        | 6          |
| Banana Pancakes   | 950      | 150               | 16            | 6           | 0             | 50               | 2440        | 187               | 6                 | 70         | 18          | 2                | 15               | 45        | 30         |
| Chocolate Chip Pancakes                                     | 1290     | 350               | 38            | 19          | 0             | 60               | 2470        | 224               | 4                 | 118        | 20          | 2                | 0                | 50        | 30         |
| Minute Maid Orange Juice                                    | 140      | 0                 | 0             | 0           | 0             | 0                | 0           | 34                | 0                 | 30         | 0           | 0                | 200              | 2         | 0          |
| Kid's Silver Dollar Pancakes (3 incl. butter and syrup)     | 490      | 130               | 15            | 8           | 0             | 40               | 880         | 83                | <1                | 39         | 5           | 8                | 0                | 15        | 10         |
| Kid's Egg (scrambled) Bacon and Toast                       | 250      | 130               | 14            | 4           | 0             | 200              | 420         | 16                | <1                | 1          | 13          | 6                | 0                | 8         | 15         |
| Kid's Egg (scrambled) Sausage and Toast                     | 300      | 170               | 19            | 6           | 0             | 210              | 460         | 16                | <1                | <1         | 13          | 6                | 0                | 6         | 20         |
| Kid's Chocolate Chip Pancakes                               | 630      | 150               | 16            | 8           | 0             | 35               | 1270        | 116               | 2                 | 57         | 9           | 0                | 0                | 25        | 15         |