



Embodying the Cosmic Crystals

KUNZITE

Raquel SPENCER

Day 6

Your ability to surrender, relax and stay grounded is paramount for this activation of Light. At times you may feel as if you are totally disconnected from this physical plane of existence.

Going in for another "sweep of the hidden levels of your subconscious mind and the distortions held within", Cosmic Kunzite continues to upgrade your ability to hold purer and more rarified levels of Love and self-worth.

Your ability to acknowledge and Love all aspects of yourself, as you are now, allows for deep transformation and empowerment to awaken within. Feel the support from the Cosmic Buddha, Divine Mother, Athena and more, as you descend into the abyss (your unconscious patterns) and emerge into a more enlightened state of self-Love and Light.

Please remember to take extra special care of your Divine Vehicle. As mentioned in the Preparations, I recommend washing your sheets with sea salt added to your wash to clear the energies being released during your dream state.

In addition, write down any emotions, patterns, resistance or awareness that surfaces for you. This assists you with a deeper level of release. Remember, we are in a constant state of evolution and self-realization! Enjoy the journey.

Raquel