



Embodying the COSMIC ELEMENTS *ETHER*

13 Day Activation Series

Raquel SPENCER

Day 11

Transmission: 29:30

Music: [Winter Wind - Sean Maher](#)

Enlightenment is both a Spiritual and Physical process. It is a merging or fusing of your Body (cells) and Spirit (Light) to bring about a change in your perceptions (mind) to facilitate a Shift in Consciousness. This merging brings a new awareness or perception of your Higher Self and your connection to the Divine. When your body holds more “Light as Information”, your soul begins to remember the truth of who you are.

Perceptions shift as more Light is embodied and the memory that you are not separate from Source anchors more fully into your life. As humans, the goal is not to escape this reality - it is to embody the skills, memory and understanding of how to co-create in physicality to bring this experience into alignment with who you really are.

This activation continues to activate the pathways in the higher mind to bring this into a conscious realization and to further enhance your ability to experience this within your current waking lives.

Whew.... Allow the music to carry you into a state of Self Love and Light. You are a magnificent BEING. Breathe and KNOW THIS TRUTH.

Raquel