



Embodying the COSMIC ELEMENTS **AIR**

13 Day Activation Series

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Day 9

Transmission: 25:57

Music: [Sean Maher - Winter Wind](#)

The Cosmic Air works with the mind to bring about a new level of crystalline clarity. Your ability to focus will be enhanced as you embody this frequency of Light.

The mind, your thoughts and your breath create. As you focus on what you want to manifest in your life, your enhanced Light will manifest it faster into reality. Cosmic Air helps to bring you into Divine Flow and amplifies your creations (positive or not so positive). You are the creator.

With the re-patterning, new ideas, inspirations and desires begin to surface. Take time to “play” with this new energy. You are a master co-creator. This is already truth. Now it’s time to refine, focus and amplify this skill to bring in what you really want to create.

Take time to really reflect on that. What do you really want? What is truly important for you? What would bring your soul the most joy?

Once your focus and inspirations form, bring that desire into your heart. Call forth your own Divine Essence of Light into your heart and pulse that desire out into the fields of creation. You might want to start with the small stuff, so the universe can quickly show you how powerful you are ... and it helps your personality/ego to wrap your “mind” around it. Play with this, have fun and hone your skills. Oh, and it works better if you are single focused... sending just one thing out into the fields at a time.

Breathe and remember you’re really awesome at this. You’ve just had a few blocks up till now...