



Embodying the COSMIC ELEMENTS *EARTH*

13 Day Activation Series

Raquel SPENCER

Day 1

Transmission: 32:27

Music: [Mother Earth - Daniel Schotsborg](#)

Earth, Gaia, Divine Mother, these are all names for the cosmic body spiraling through space, upon which we live. She is a sentient Being of Light. She is ancient, cosmic and conscious.

We begin this journey connecting into her crystalline core via our four lower chakras; our heart, solar plexus, sacral and base chakras. These chakras bring us into physical reality, allowing us to manifest and have this amazing human experience.

Of the planets within our solar system, Earth is the only known planetary body capable of sustaining human life. And she has been doing so for eons. Just as your cells hold the memory of your life, so do the cells of Gaia.

Within her cosmic and physical body is a vast library of knowledge - too vast for any one human consciousness to hold. Nonetheless, accessing the appropriate records can provide knowledge and wisdom to expand our level of consciousness and connection to source energy.

During this activation you will begin to connect to your “own unique frequency” which is stored within the library of Gaia. Guided by your higher self, only the streams which will benefit you in this NOW moment will be targeted to prevent overload.

Pay attention to your dreams and meditations as you begin to access this information. Breathe and allow the music to carry you as we connect to the cosmic wisdom of Gaia.

Raquel