



Day 7

Transmission: 29:37

Music: [417 Mhz - Daniel Schotsborg](#)

We continue to gather our unique frequency of Light from around the globe. The next portal of Light we connect into is directly south of the Maldives islands and to the east of the Seychelles islands in the Indian Ocean.

The advanced lifetime we are tapping into during this activation is one in which we lived underground within the belly of Gaia. As we integrate the information and codes stored here, our skill for telepathy expands.

This civilization did not rely on the spoken word. They communicated telepathically. During this activation the neural pathways within our systems re-ignite to integrate this cellular memory from our own signature of Light.

You may experience some discomfort in the head region or perhaps experience a headache as this energy comes in. Remember to take care of your body. Take something for the inflammation that may occur, such as turmeric, krill or fish oil.

Give this time to integrate; then begin to notice how much more you're "picking up" naturally.

You may notice that almost all the locations are within the same latitude around the globe. This is not a coincidence. Other than the Zone of Silence, most are almost exactly at the same latitude. Just an interesting observation.

Raquel