



Embodying the COSMIC METALS **COPPER**

7 Day Activation Series

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Day 1

Throughout the next 7 days, our intention is to prepare, upshift and infuse our bodies with the cosmic frequencies of copper. Copper is an amazing conduit of energy. This series of activations positively affects your nervous system, neural synapses, Light pathways, and so much more, to embody higher frequencies of Light.

Copper plays an important role, as a micronutrient, for a number of physical processes taking place within the body. We begin with an upshift of the effectiveness of copper within the blood.

This activation is completely directed by your higher self to ensure absolute balance and alignment with your current physical state of being. Copper, as an essential micronutrient, requires a harmonious balance throughout the body to ensure health and vitality. It is essential to keep the proper levels of copper while increasing the Light quotient. Upshifting the efficiency of copper in the blood is a necessary first step, as we begin increasing the metaphysical/quantum properties of copper into our matrix of Light.

This series ABSOLUTELY increases the amount of Light you are running through your body. Please set your intention, on a daily basis, to upshift all of the electronics in your life (computers, cell phones, appliances, etc.) to match your current frequency. Simply send a flow of Light energy throughout all electronics in your fields to upshift in accordance with your frequency.

Breathe and remember you are a Divine Being of Light.

Raquel