



Embodying the COSMIC METALS **COPPER**

7 Day Activation Series

Raquel SPENCER

Day 3

Copper has been recognized for its healing properties by many cultures for thousands of years. It has the conductive ability to pulse Light energy into the subatomic levels of your body, improving your natural ability to repair and heal.

This activation continues to upshift the effectiveness of copper in your body systems. As a natural part of your Divine vehicle of Light, copper accelerates the healing process and increases vitality.

I encourage you to follow your guidance if you are drawn to have physical copper on your body or in your home. If you currently experience a sensitivity to physical copper, this may change after this series of activations. Your body is going through an energetic metamorphosis, stepping into higher levels of conscious expansion.

Please remember to intentionally upshift all of the electronics in your life to match your frequency, daily.

Also, please know that I am doing my best to articulate what is happening during these activations. I am only able to scratch the surface of what I actually see transpiring. This is such uncharted territory, often I am at a loss for words.

Breathe and remember you are a Divine Being of Light.

Raquel