



Embodying the COSMIC METALS **COPPER**

7 Day Activation Series

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Day 4

We begin to embody the metaphysical properties of copper during this activation of Light. Utilizing the frequency to restructure pathways within our matrix, any limiting belief systems begin to unravel.

Our beliefs play a major role in how we live our lives. If we believe something is easy, it tends to be easy. If we believe that something is impossible, it tends to be impossible. As we expand our perceptions of reality, our belief systems change and expand as well.

During this activation, the image of someone manifesting a physical object out of thin air comes to me repeatedly. Often, even if we have personally witnessed such an occurrence, our subconscious struggles with accepting this as real. We choose to rationalize what optical illusion or trickery is responsible for what we think is impossible.

Copper works within the neural pathways of the brain as a key element in health and functionality. The metaphysical properties of the higher frequencies of cosmic copper open up new energetic connections in the body and energy systems/matrix to allow for new perceptions of reality to form more rapidly. This cosmic frequency works as a bridge between your higher wisdom and knowing and your human perception and understanding.

Breathe and allow yourself to receive the highest level of this frequency. Your beliefs and perceptions create your experience. Expand into the multidimensional being that you are.

Raquel