



Embodying the COSMIC METALS **COPPER**

7 Day Activation Series

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Day 5

Copper is a conductor of Light and energy, used in many applications in the physical world to enhance the flow of electricity. Embodying the cosmic copper within our own bodies allows for the flow of Light and energy to take on a purer quality. This upshifted frequency enhances our communication network between our cells, our energy matrix and our higher self.

This activation amplifies the ability for your higher mind, its connectivity mechanisms, to utilize more effectively the rarified streams of Light wisdom available to you. The clearer the “wiring” and complex construction of the pathways, networks within your body and matrix, the clearer the communication becomes.

You may experience surges of energy through your body. Please make sure to ground into the crystalline core of the planet throughout your day, preferably maintaining a constant connection. This provides a natural and easy pathway for the “excess” flow of Light to pass through your body without taxing your system.

Please pay close attention to your “intuitive hits” and inspirations. The spectrum of Light your matrix is now able to access and process is increasing. It’s your job to recognize the changes (in other words, expand your beliefs and open your mind) to receive new types of information and guidance from your Higher Self. Expand, expand, expand...

Raquel