



Embodying the COSMIC METALS

COPPER

7 Day Activation Series

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Welcome

This series of Light activations is designed to enhance your body's ability to utilize copper for physical, mental, emotional and spiritual expansion.

Each activation is overseen by YOUR Higher Self, bringing in exactly what is appropriate for you in the NOW moment. This allows your body to infuse this frequency based upon your current health and state of being, while expanding into new levels of connection aligned with your unique path of awakening.

We are infinitely connected to the cosmos. As we evolve and expand our consciousness, our ability to navigate higher streams of Light consciousness becomes more and more fine-tuned.

Working with the cosmic copper frequency in this capacity will improve the way copper functions within your body and energy systems.

Each day you receive a PDF explanation and MP3 activation via email, approximately 20-30 minutes in length, to listen to at your leisure. It is best if you can listen during the 24 hour window. However, it is not required, as you need to follow your own intuition and guidance as to what is appropriate for you.

This is an experiential series. All that is required is a deep desire to love yourself as you are in the NOW moment, a willingness to listen to your body and Higher Self, the courage and determination to act upon your guidance, and to breathe into the expansive opportunities which are your birthright as a Divine Being of Light. Thank you for sharing this journey of Light with me...

Raquel